Vaccine clinics in Aurora seek to combat disparities for underrepresented communities

“I am a Medical Doctor, I’m also a surgeon, and being from the community — being Black, being an immigrant being from Ghana — we are in a unique position to be able to really address and bridge that gap,” said Kweku Hazel [fellow in surgery at CU School of Medicine].

Channel 7, March 19, 2021

In Latinx Communities, Economic Insecurity, Immigration Fears, and Misinformation Fuel COVID-19 Disparities

Lilia Cervantes, of Denver Health and the University of Colorado, and colleagues, noted that Latinx people are more likely to be infected, hospitalized, and to die of COVID-19 compared to White individuals. In an effort to better understand the causes of the disparities, Cervantes and colleagues conducted semistructured interviews of 60 Latinx adults who were hospitalized in public hospitals in Denver and San Francisco between March and July 2020.

Contagion Live, March 19, 2021

1B.4 vaccination group begins Friday, includes all Coloradans 50 and up to get the vaccine

Vaccination group 1B.4 will begin receiving the COVID-19 vaccine on Friday, expanding the potential pool of recipients by millions of Coloradans....“It’s something that we’ve been working on for quite some time,” said Michelle Barron, the senior medical director of infection prevention at UCHealth [and professor of medicine at CU School of Medicine].

Channel 7, March 18, 2021
**Colorado hospitals work to keep up with latest vaccine phase**

Connie Savor Price, Chief Medical Officer at Denver Health [and professor of medicine for CU School of Medicine], says about 100,000 of those who are newly eligible are in the Denver Health system. “It’s really difficult, when we haven’t had a reliable supply of vaccine, to have enough slots opened up to accommodate suddenly 100,000 people who may be interested in the vaccine,” said Price.

*Fox31, March 19, 2021*

**Post a COVID Vaccine Selfie Or Not? Here’s What You Told Us**

At UCHealth, one of the state’s biggest vaccinators, people are neither encouraged or discouraged from taking selfies. But, stresses infectious disease expert Michelle Barron, [professor of medicine at CU School of Medicine.] “we ask people to be polite when they do it. To make sure that people who are in the picture want to be in the picture.”

*CPR News, March 19, 2021*

**How many COVID vaccine doses in Colorado have gone to waste?**

UCHealth is administering tens of thousands of doses a week and, so far, has tracked two doses they couldn’t use. One of which was accidentally dropped. Michelle Barron, with UCHealth [and CU School of Medicine], said they treat the vaccines like liquid gold.

Denver Health said they have had next to no waste so far, again referring back to waitlists and getting people in to take any leftover doses to make sure nothing is wasted. “I’m honestly not aware of a single wasted dose if they have extra,” said Simon Hambidge [professor of pediatrics at CU School of Medicine].

*9News, March 19, 2021*
### Can You Exercise After Getting the COVID-19 Vaccine? Here’s What Experts Say

These side effects usually start within a day or two of getting the vaccine, the CDC says, and they might impact your ability to do daily activities, including working out. But that’s not necessarily a bad thing. Those common side effects are ultimately a sign that your immune system is responding to the vaccine, David Wyles, infectious disease specialist and head of infectious disease at Denver Health [and professor of medicine at CU School of Medicine], tells *Health*.

*Health, March 18, 2021*

### ‘Large number of staff absences’ after COVID-19 vaccination prompts flexible learning day for some School District of Lancaster students

“What people misunderstand, first and foremost, the reason you feel sick is largely because of your immune response,” said Ross Kedl, a researcher from University Colorado School of Medicine. “When you get a vaccine, that’s simply a sign your immune system has been turned on and has moved forward robustly. You can take some reassurance from that. Feeling a little tough for a day or two beats the daylights out of the risks of COVID and the infection itself.”

*WNEP (Scranton, Penn.), March 22, 2021*

### Does the COVID-19 vaccine really stop ‘long-COVID’?

“The problem with COVID long-haulers is we really don’t understand the mechanism of their symptoms. We don’t think it’s related to the fact that they may have ongoing virus in their body since most of them have totally cleared the virus. And we don’t necessarily know if it’s related to a kind of antibody response,” said Anuj Mehta, who works in critical care medicine at Denver Health [and assistant professor of medicine at CU School of Medicine].

*Deseret News, March 18, 2021*

### Talking to kids about tragedies

Pediatric psychologist Jenna Glover [assistant professor of psychiatry at CU School of Medicine] said that as adults grapple with how to move forward in the aftermath of these events, it’s important to help kids and teens process them, too.

*Fox21 (Colorado Springs), March 24, 2021*
Is Coffee Good for Us? Maybe Machine Learning Can Help Figure It Out.

The Circulation study employed observational data, but its initial aim was not to assess the relationship between coffee and heart failure. This is how the lead author David Kao, a cardiologist at University of Colorado School of Medicine, characterized it to me: “The overall question was, What are the factors in daily life that impact heart health that we don’t know about that could potentially be changed to lower risk.”


Doctor gives advice on getting better rest on World Sleep Day

Katherine Green, director of the Sleep Center at UCHealth [and assistant professor of otolaryngology at CU School of Medicine], explains some of the science behind sleeping and offers advice on improving the quality of your rest.

9News, March 19, 2021

How pharmacogenomics enables precision approach to care

More education is important to the development of pharmacogenomics, according to Andrew Monte, associate professor at University of Colorado School of Medicine. In the third summit session, he cited a survey of 248 medical schools indicating that education about pharmacogenomics is slight, with 35% of schools providing only one or two hours of education in the topic and an additional 50% offering two to four hours of training.

AMA, March 18, 2021

Why This Doctor Recommends Moms Stay Weed-Free While Pregnant or Breastfeeding

Erica Wymore of Children’s Hospital Colorado [assistant professor of pediatrics at CU School of Medicine] authored a study that found THC, the chemical that gets cannabis users high, can linger in breast milk for 6 weeks or more after a mother stops using the drug. The impact on newborns is still hard to study.

Channel 10 (Boston), March 23, 2021