



School of Medicine

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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[Life Expectancy In Colorado Fell Sharply During The Pandemic, Especially For People Of Color](#)

“I’m not surprised. I’m not surprised at all,” said **Lilia Cervantes**, an associate professor in the department of medicine at Denver Health [and CU School of Medicine]. She noted that since the pandemic began the U.S. has seen a “disproportionate burden of COVID-19 cases, hospitalizations and deaths in our Latino and Black communities. The same issues that the rest of the nation had are especially prevalent in Colorado.”

*CPR News, June 25, 2021*



[‘You are not doing your societal duty’: Local doctors send strong message to unvaccinated Coloradans](#)

“Not getting vaccinated if you have the opportunity to do so, is going to be one of the most selfish acts that history will view,” said **Richard Zane** with UHealth. “History will view you poorly because you did not participate in finishing this pandemic.”

*Fox31, June 27, 2021*



[Excitement for All-Star Week grows as well as concern for the delta variant’s spread](#)

“If you are not vaccinated, still wear a mask and avoid groups of large gatherings like the All-Star Game, because you would be at risk. There is going to be an unknown number of unvaccinated people that may or may not be infected with the virus,” said **David Beckham**, an infectious disease expert with UHealth [and CU School of Medicine].

*Channel 7, June 30, 2021*



### [Q&A: Neurologists navigate 'challenging' delivery of care during COVID-19](#)

Taken together, the COVID-19 pandemic and “pandemic politics” resulted in an environment “that made care provision challenging for community neurologists,” **Roman Ayele**, a research scientist at Denver-Seattle Center of Innovation, Rocky Mountain Regional VA Medical Center in Colorado and assistant professor adjunct at University of Colorado and colleagues wrote.

*Healio, June 28, 2021*



### [COVID-19 Pandemic Associated with Distress in Pediatric Type 1 Diabetes Population](#)

In a new study, presented at the 2021 American Diabetes Association Virtual Meeting, investigators, led by **Erin Cobry**, University of Colorado School of Medicine, collected data on the impact of COVID-19 on a pediatric population with type 1 diabetes (T1D).

*HCPLive, June 28, 2021*



### [What to know about vaccine-related heart issues and other insights from our event on the coronavirus vaccine and kids](#)

To help Coloradans navigate these concerns, The Colorado Sun held a virtual event Tuesday where Valenza and two other local experts — Kaiser Permanente pediatrician [and CU School of Medicine Associate Professor of Pediatrics] **Matthew Daley** and Denver Health critical care pulmonologist [and CU School of Medicine Assistant Professor of Medicine] **Anuj Mehta** — answered reader questions on vaccine safety and efficacy, and how to keep kids safe while they remain unvaccinated.

*Colorado Sun, June 30, 2021*



### [Editorial: A trusted messenger](#)

One logical response comes from physician **Matthew Wynia**. “That’s a really interesting one,” says Wynia, the director of the Center for Bioethics and Humanities at the University of Colorado’s Anschutz Medical Campus. “Because if the vaccines are not fragile, which they are, why would we need to transport them at 70 degrees below zero?”

*Boulder Daily Camera, June 26, 2021*



### [For providers with PTSD, the trauma of COVID-19 isn't over](#)

"It was once the surge started calming down that I began seeing more providers with the typical signs of PTSD," explains **Jo Vogeli**, a psychologist in the Department of Anesthesiology at the University of Colorado Anschutz Medical Campus. "That's when more people came to me and said, 'I don't know if I can keep doing this job.'"

*AAMC, June 29, 2021*



### [A Mental Health Crisis Flares Among Young Children](#)

"I anticipate that we will see this crisis grow in the fall as kids return to school and are trying to adjust to making up for a year of lost development," said **Jenna Glover**, a child psychologist at Children's Hospital Colorado [and assistant professor of psychiatry at CU School of Medicine].

*The New York Times, June 28, 2021*



### [The boarding crisis: Why some kids are waiting days in the ER for psychiatric ward beds](#)

"We too have seen an influx, particularly from January through May of this year, in unprecedented volumes. We're seeing increases of upwards 70 to 90% from our 2019 volumes," **Jason Williams**, the operations director for the Pediatric Mental Health Institute at Children's Hospital Colorado [and associate adjunct professor of psychiatry at CU School of Medicine] told ABC News.

*ABC News, July 1, 2021*



### [Mental health crisis lingers from pandemic](#)

**Ben Usatch**, director of emergency medicine at the Highlands Ranch hospital [and assistant professor of emergency medicine at CU School of Medicine], said the 21-bed emergency room has a handful of patients needing mental health care on any given day.



**Jenna Glover**, director of psychology training at CHC [and assistant professor of psychiatry at CU School of Medicine], said in past years, there was a decrease in suicide attempts and emergency room visits for behavioral health in the summer months. That is not the case this year. "We're anticipating a spike in these visits as kids return to a 'normal' school year where they may be confronting challenges with setbacks in their education and in-person interactions," she said.

*Douglas County News-Press, June 28, 2021*



### [Hidden Dangers of Over-the-Counter Pain Relievers](#)

The key takeaway to OTC pain medication is to keep your health care provider in the loop, says **Hillary Lum**, a geriatrician and associate professor in the Division of Geriatric Medicine at the University of Colorado School of Medicine — especially “given that there are now more and more prescription-strength medications that are over the counter and the package inserts are really difficult to understand.”

*AARP, June 30, 2021*



### [Don't Call It a Comeback, But Coloradans Are Catching Summer Colds Again](#)

Typically, we catch colds when the weather gets *colder*, but **Sam Dominguez**, an infectious disease physician from the Children's Hospital Colorado [and CU School of Medicine], said that they're starting to see an uptick in cases right now.

*New Country 99.1, June 28, 2021*



### [Gun injury research gains steam](#)

“It's opening up whole new areas of junior researchers into the field,” **Emmy Betz**, director of the firearm injury prevention initiative at University of Colorado and NIH grant recipient, tells Axios. “When I started [12 years ago], I definitely got advice from well-meaning mentors who said don't go after gun violence. You can't get it funded,” Betz said.

*Axios, June 25, 2021*



### [Early birds may have an edge over night owls when it comes to depression](#)

“I do think there's probably a real increased risk that a large portion of the people whose circadian rhythms naturally helps them fall asleep around 2am may have an alarm go off at 7am. And that is going to be more problematic for those people who have sort of a shifted or delayed circadian rhythm, which is what we call the 'night owls',” said **Katherine Green** with the UCHealth Sleep Medicine Clinic [and CU School of Medicine].

*Fox31, June 25, 2021*



### [Passion for pediatric diabetes: A conversation with Kristen Nadeau, MD, MS](#)

Pediatric diabetes research is an area that hits close to home for **Kristen Nadeau**, professor of pediatric endocrinology at the University of Colorado Anschutz Medical Campus. A member of the Prairie Band of Potawatomi, Nadeau worked on two Native American reservations in medical school and observed a rising medical problem within the population.

*Healio, June 29, 2021*



### [Two CU Cancer Center studies provide insights into the link between inflammation and leukemia](#)

Two recent collaborative publications by CU Cancer Center members provide insights into how chronic inflammation can serve as a key factor in the development of leukemia and other blood cancers. **Eric Pietras**, CU Cancer Center member and assistant professor in the CU School of Medicine Division of Hematology, and **James DeGregori**, deputy director of the CU Cancer Center and professor in the Department of Biochemistry and Molecular Genetics, were corresponding authors on both papers.

*News-Medical, June 29, 2021*



### [How to Write Open Clinical Notes for a Good Patient Experience](#)

Most of that more negative wording shouldn't be too strenuous to cut out, according to **CT Lin**, a clinician at UC Health [and professor of medicine at CU School of Medicine] who has been sharing his clinical notes since the early 2000s.

*Patient Engagement HIT, June 28, 2021*



### [Cardiovascular Disease: Future Perspectives](#)

**Marc P. Bonaca**, of the University of Colorado School of Medicine, comments on the potential to personalize treatment with emerging therapies in the pipeline to better manage patients at high risk for cardiovascular disease in the future.

*HCPLive, June 28, 2021*