



School of Medicine

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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### [Average Age Of COVID Hospitalizations In Colorado Drops](#)

“It’s affecting everyone across all sorts of different levels of education, religion, etc.,” said **Michelle Barron**, the senior medical director of infection prevention and control at UCHHealth [and professor of medicine at CU School of Medicine]. “There is no one who is potentially being spared.”

*CBS4, Aug. 12, 2021*



### [The delta variant has become more confusing with mixed messaging](#)

Many worry that more contagious equals more dangerous, but **Connie Savor Price**, the chief medical officer at Denver Health [and professor of medicine at CU School of Medicine] says that’s not always the case. “The original variants were a little less transmissible or contagious than what we are seeing now with the delta variant,” Savor Price said.

*Channel 7, Aug. 10, 2021*



### [Most Kids Are heading Back To School Unvaccinated And Under A Mix Of COVID-19 Rules. Are They Safe?](#)

As cases start to rise around the country and Colorado as well, families have “more questions and more anxiety,” said **Jessica Cataldi**, a pediatrician and infectious disease specialist with Children’s Hospital Colorado [and assistant professor of pediatrics at CU School of Medicine]. “The heart of it is really how to keep their kids safe.” She urged parents to advise their children to wear masks in crowded indoor spaces, like schools, even if their school district doesn’t require it.

*CPR News, Aug. 9, 2021*



### [For Some Colorado Kids Who Have Lost Caregivers To COVID, It's Been 'Loss Upon Loss'](#)

"Those often manifest as difficulties that (new) caregivers then come in and say, 'This child is really struggling with sleep. They're refusing to eat. They don't want to go to school. They don't want to sleep without me.' Those are some of the common things that we're seeing," said **Ayelet Talmi**, a pediatric psychologist with Children's Hospital Colorado [and professor of psychiatry at CU School of Medicine].



**Maya Bunik**, the medical director of the Child Health Clinic, part of the Children's Hospital system, [and professor of pediatrics at CU School of Medicine] gives an example of two kids who lost their mother to COVID-19 back in March; their grandmother is now taking care of them. "I saw them just last week," Bunik said. "I saw the 5-year-old. And of course, because of age related things, the 5-year-old just keeps asking if mom's going to come back. The 7-year-old understands it."

*KUNC, Aug. 11, 2021*



### [Some parents are slipping young kids in for the COVID-19 vaccine, but doctors discourage the move as 'risky'](#)

"I know there's a lot of anxiety out there, but it really doesn't justify going outside the lines," said **Sean O'Leary**, an infectious diseases specialist at Children's Hospital Colorado [and professor of pediatrics at CU School of Medicine]. "The number one issue with any vaccine is safety for the patient."

*USA Today, Aug. 11, 2021*



### [As employers and university adopt vaccine mandates, Colorado school districts mostly quiet](#)

**Daniel Goldberg**, public health law and ethics professor at the University of Colorado Anschutz Medical Campus, said that a common misconception is that because the vaccines are currently under an emergency use authorization, that they are experimental, which he said is false. "If it's gone through the process to get emergency use authorization, it is an approved intervention," Goldberg said. "In terms of the amount of data that we have, these are the most evaluated therapies we've ever used anywhere. We have hundreds of millions of uses in like five months."

*Chalkbeat Colorado, Aug. 9, 2021*



### [Here's what the COVID vaccine could look like if it gets full FDA approval](#)

"There's was a concern that anthrax might be weaponized and be used as a biological or bioterrorism weapon to attack the United States – to attack the United States military," said **Thomas Campbell**, UCHHealth Chief Clinical Research Officer [and professor of medicine at CU School of Medicine].

*9News, Aug. 10, 2021*



### [COVID Vaccinations Dwindling In El Paso County As Hospitalizations Increase](#)

In addition, hospitalizations for COVID-19 across the UCHHealth system have doubled in less than four weeks. "We are in a spike directly caused by the unvaccinated," said **Richard Zane**, Chief Innovation Officer for UCHHealth and Chair of Emergency Medicine for the CU School of Medicine. "Those patients are almost all in the areas with the lowest vaccination rates."

*CBS4, Aug. 7, 2021*



### [Thousands of Coloradans overdue for second COVID-19 vaccine: Experts say it's not too late](#)

Senior Medical Director of Infection Prevention at UCHHealth **Michelle Barron** [professor of medicine at CU School of Medicine] says time is of the essence, and people need to stop waiting and debating and get vaccinated. "There has been over a billion vaccines given across the world. They are safe, they are highly effective, and if we are ever going to get back to some type of normalcy, everybody has to pitch in, and everybody has to care about somebody beyond themselves," Barron said.

*Channel 7, Aug. 6, 2021*

### [Some in US getting COVID-19 boosters without FDA approval](#)

But the verdict is still out on whether the general population might need them, said **Michelle Barron**, senior medical director for infection prevention at UCHHealth, a not-for-profit health care system. She said the best data in favor of possible boosters is for people whose immune systems are compromised.

*Associated Press via MSN, Aug. 7, 2021*



### [Some could get COVID vaccine booster shots as soon as September](#)

“What an additional booster does do is: It increases not only your immunity against the original strain, but sort of interestingly, it broadens your immunity to give you enhanced immunity against these various different strains that are out there,” said **Ross Kedi**, professor of immunology and microbiology at the University of Colorado Anschutz Medical Campus.

*Fox31, Aug. 5, 2021*



### [Group of health care workers and supporters protest UCHealth vaccine mandate](#)

“This is the most scrutinized vaccine that’s been given in our history,” **Michelle Barron**, senior medical director of infection prevention and control [and professor of medicine at CU School of Medicine], said. “It is safe. It is highly effective, and it is the way we are going to get ourselves out of this pandemic.” Barron said the majority of UCHealth employees disagreed with the group of protesters outside the hospital Monday.

*9News, Aug. 9, 2021*

### [Some UCHealth Employees Protest Being Required To Get COVID Vaccine](#)

“We have very good data looking at individuals that have received vaccination, did not receive vaccination, and looked at whether or not the rates of vaccination in those groups are the same. It’s not. If you just had natural immunity, your risk of getting infected is twice the amount of if you got vaccinated,” said **Michelle Barron**.

*CBS4, Aug. 9, 2021*

### [Colorado health care workers protest vaccine mandates as a condition of employment](#)

Requiring health care workers to get vaccines isn't anything new. In recent years, **Michelle Barron**, the medical director of infection control and prevention at the hospital, says workers statewide had to get the flu shot, along with any other vaccine required for employment, like mumps and measles. But even then, people put their body over their job. “We did go through the termination process. Luckily, there wasn’t that many. It was under ten people at that time. But we still did this,” Barron said.

*Channel 7, Aug. 9, 2021*



### [What Are the Symptoms of Coronavirus?](#)

“COVID symptoms, broadly speaking, are the same, because it’s still the same virus that’s infecting people,” says **Darlene Tad-y**, an associate professor of medicine at the University of Colorado, vice president of clinical affairs for the Colorado Hospital Association and a hospital medicine physician at UCHealth University of Colorado Hospital. “However, with the new strains -- the Delta variant, the Lambda variant – we’re seeing that the prominence of some of the symptoms is a little bit different.”

*Yahoo News, Aug. 11, 2021*



### [Microscopic particles make up the dirty air blanketing the Front Range](#)

**Todd Bull**, a pulmonologist with UCHealth and the director of University of Colorado Hospital’s Comprehensive Lung and Breathing Program, said particulate matter from the fire travels in the atmosphere. The particles are so small they are unable to be seen by the human eye. But all together, they create the haze in the sky. “Most Coloradans have sat around a campfire, and when that smoke shifts towards you, that’s what your experiencing,” Bull said.

*Fox31, Aug. 9, 2021*



### [Expert: Colorado directly in path of smoke from Western fires, could face more hazy days](#)

“So that really acknowledges the unfortunate importance of, how’s California doing? How’s Washington doing? Our fates are all linked,” said **Jeff Sippel** [associate professor of clinical practice of medicine at CU School of Medicine] with UCHealth. Sippel says UCHealth’s pulmonary clinics have been busy this week, with patients reporting eye and throat irritation, and asthma exacerbations.

*Fox31, Aug. 8, 2021*

### [Should you avoid outdoor exercise this weekend? Doctors say it depends](#)

“I think most people can get out and exercise regularly, with a few important clarifiers,” **Jeff Sippel** with UCHealth said. “What I would recommend is early in the morning is going to be better, perhaps later in the evening after the air has settled, and after a rainstorm, things like that, to minimize the exposure.”

*Fox31, Aug. 7, 2021*

[Living with smoke: With more severe wildfire seasons, air quality reports now checked as much as weather](#)

“PM 2.5 matters,” said **Jeff Sippel**, a pulmonologist with the UCHHealth Comprehensive Lung and Breathing Program in Aurora....PM 2.5 is shorthand for fine particulate matter that is more dangerous to human health because the microscopic particles of air pollution can get deep into human lungs or even into the blood stream, according to the U.S. Centers for Disease Control and Prevention.

*Steamboat Pilot & Today, Aug. 7, 2021*



[How is Colorado’s bad air quality affecting residents’ lungs?](#)

For weeks now, the air quality in the Denver metro area has been terrible. And Saturday could be the worst yet, as smoke from wildfires in California moves into Colorado and the Front Range. So we went to **Anthony Gerber**, a pulmonologist at National Jewish Health [and professor of medicine at CU School of Medicine], who treats patients with lung disease and conducts research, to ask him about the air quality and its impact.

*9News, Aug. 7, 2021*



[Poor Air In Denver Could Cause ‘More Chronic Heart & Lung Conditions’ In Health People](#)

“Most healthy patients are going to have some sort of irritating symptoms that are temporary, like irritation of the eyes, the throat, dry mouth, and maybe even some cough or chest tightness,” said **David Beuther**, a pulmonologist at National Jewish Health [and associate professor of medicine at CU School of Medicine].

*CBS4, Aug. 8, 2021*

[Outside workers affected the most by Denver’s poor air quality](#)

“...this kind of persistent regional haze and in particular pollution combined with the ozone for days and weeks on end is pretty unusual. And I think it's becoming more common, which is a big concern,” said **David Beuther** with National Jewish Health, a Denver hospital that specializes in respiratory treatment.

*9News, Aug. 10, 2021*

[Colorado Respiratory Doctor Offers Advice To Curb Symptoms From Bad Air](#)

“If your eyes are really irritated you can buy over-the-counter saline or saltwater drops without medication just to lubricate dry eyes,” said **David Beuther**, a pulmonologist at National Jewish Health. If you have a sore throat, you can use lozenges. Sinus issues can be helped with a saline rinse like a neti pot or squeeze bottle, also sold over the counter. Beuther adds, “And even gargling some of that saltwater solution can help your throat.”

*CBS4, Aug. 9, 2021*



### [Sleep Specialist on getting kids back on schedule](#)

**Katherine Green**, medical director of the UHealth Sleep Medicine Clinic [and assistant professor of otolaryngology at CU School of Medicine] says we have to start early to get kids back on healthy sleeping routine. Green also recommends that kids need that adequate amount of sleep to function properly. This is especially true for teens. Teens need about 8 to 10 hours of sleep per night in order for the brain and body to experience significant development.

*Fox31, Aug. 5, 2021*



### [Sneaky Signs of a UTI After 50](#)

**Lisa Corbin**, professor of clinical practice, University of Colorado Anschutz Medical Campus, describes a female patient — “the healthiest 60-year-old you’ll ever meet” — who was weaning off narcotics for chronic neck pain and started to feel sick and loopy. “She didn’t have any urinary symptoms whatsoever, but by the time she saw me, she looked so bad I took her straight to the emergency room. She had gotten septic from a urinary tract infection.”

*AARP, Aug. 5, 2021*



### [Rivaroxaban Safe, Effective in Renal Disease: VOYAGER PAD](#)

Since renal impairment is common among PAD patients and can increase blood levels of rivaroxaban, the trial investigators sought to assess whether the benefit of the therapy in this patient population outweighed any major increase in bleeding, said lead author **Judith Hsia** (University of Colorado School of Medicine, Aurora).

*TCTMD, Aug. 10, 2021*



### [Mental Health Huddle makes fantastic debut at Hanzlik's Gold Crown gym | Paul Klee](#)

Gold Crown's newest program is fantastic. Truly fantastic. World-changing, maybe. They call it the Health Huddle, and here's hoping the Health Huddle goes mainstream. "I'm a huge fan," says **Scott Cypers**, the director of stress and anxiety at the Johnson Depression Center on the CU-Anschutz Medical Campus.

*Colorado Springs Gazette, Aug. 9, 2021*



### [Akron Children's Hospital names Christopher A. Gessner to succeed retiring CEO](#)

A hospital executive with experience in Colorado and Pittsburgh has been named to succeed retiring Grace Wakulchik as president and CEO of Akron Children's Hospital. Effective Oct. 18, **Christopher A. Gessner** will succeed Wakulchik, Akron Children's Hospital announced in a news release late Thursday afternoon.

*Akron (Ohio) Beacon Journal, Aug. 5, 2021*



### [Splitstep Releases New Song and Accompanying Video for "Never Notice"](#)

The Denver, CO based acoustic, rock collective Splitstep deliver a bright acoustic sound with their melodic choruses, musical builds, and heartfelt lyrics. ... Splitstep consists of **Matt Golub**, drummer Daniel Carrillo, and a rotating cast of local artists. Outside of music, Matt is a medical student at the Anschutz Medical Campus and Carrillo is a well-known drummer in the local music scene who lends his talents to a variety of music projects.

*Vents Magazine, Aug. 6, 2021*