### How do vaccines get approved for mass distribution? Doctors explain

At UCHealth in Colorado, volunteers are rolling up their sleeves for a shot at protection from coronavirus. **Thomas Campbell** [professor of medicine at CU School of Medicine] is chief investigator, leading Phase 3 trials of Moderna’s experimental vaccine.

*Today, Sept. 22, 2020*

### Many parents are hesitant to give their kids a Covid-19 vaccine. What if schools require it?

With the pandemic, a vaccine may be our only way out, said **Lauren Grossman**, an assistant professor of emergency medicine and general internal medicine at the University of Colorado School of Medicine. “In this particular case, I don't see how we have much of a choice, to be honest,” she said. “Look at what we're going through now with schools reopening.”

*NBC News, Sept. 23, 2020*

### Colorado Doctors Studying COVID-19 Survivors With Post-Illness Symptoms

**Sarah Jolley**, a pulmonologist with UCHealth University of Colorado Hospital [and assistant professor of medicine at CU School of Medicine], says Elizabeth isn't alone. “We have certainly had patients who have had prolonged symptoms after COVID.”

*CBS4, Sept. 20, 2020*
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<th><strong>360: As parents balance a career and their child’s remote learning, is it OK to leave kids home alone?</strong></th>
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<td>Colorado Children’s Hospital pediatrician Antonio Chiesa [associate professor of pediatrics at CU School of Medicine] says under the right circumstances, leaving a child home isn’t necessarily a bad thing. “This is a big developmental milestone and really important and it can give the child a real sense of empowerment and sense of autonomy,” Chiesa said.</td>
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<td><em>Channel 7, Sept. 22, 2020</em></td>
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<th><strong>Is It Safe to Run a Race During COVID-19?</strong></th>
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<td>“The risk of spreading COVID-19 is lower in outdoor settings where safe social-distancing practices are in place,” Connie Savor Price, chief medical officer and infectious disease specialist at Denver Health Medical Center [and professor of medicine at CU School of Medicine], told POPSUGAR. “If you can spread out and avoid physical contact, and don a mask when within six feet of others, it’s probably OK.”</td>
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<td><em>Pop Times, Sept. 17, 2020</em></td>
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<th><strong>Young women may face greater stroke risk than young men</strong></th>
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<td>“We have this sense of security that women don’t have as many strokes because estrogen in premenopausal women can be protective for cardiovascular events, but that’s a false assumption,” said the study’s lead author, Michelle Leppert, an assistant professor of neurology at University of Colorado School of Medicine.</td>
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<td><em>Herald Review (Big Rapids, Mich.), Sept. 18, 2020</em></td>
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<th><strong>Know the symptoms of ovarian cancer: 23-year-old survivor spreads the word</strong></th>
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<td>Saketh Guntupalli, a gynecological oncologist at UCHealth [and CU School of Medicine], says ovarian cancer is a disease that whispers, and these kinds of symptoms should prompt a discussion with your doctor.</td>
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<td><em>Fox31, Sept. 20, 2020</em></td>
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What Experts Want BIPOC Women to Know About Menopause

Nanette Santoro, professor and E. Stewart Taylor chair of obstetrics and gynecology at the University of Colorado School of Medicine, who has contributed to the research in SWAN, notes that lean Black women — as opposed to Black women with obesity — are most likely to have the longest lasting and most severe hot flashes.

Everyday Health, Sept. 17, 2020

As Summers Get Smokier, Is It Time For A New Generation Of Air Quality Warnings?

Tony Gerber, a pulmonologist at National Jewish Health [and professor of medicine at CU School of Medicine], agrees there should be more precise ways to warn the public about the danger of wildfire smoke. He imagines a phone app that could issue warnings based on someone’s personal health profile. “Then it could just spit out: the air quality is safe today! You’re not going to have a problem,” he said.

CPR News, Sept. 17, 2020

Teenager Is Pain Free Thanks To Robot-Assisted Spine Surgery

“There's a stress fracture in her spine,” said Mark Erickson, orthopedic surgeon at Children’s Hospital Colorado [and professor of orthopedics at CU School of Medicine], who specializes in pediatric spine surgery. He would realign the bones and add a graft. The doctor would get help from a robot. “It’s a new frontier that’s super exciting,” said Erickson. Her surgery was Erickson’s 100th robot-assisted pediatric spine surgery.

CBS4, Sept. 22, 2020

Too much candy: Man dies from eating bags of black licorice

“It’s more than licorice sticks. It could be jelly beans, licorice teas, a lot of things over the counter. Even some beers, like Belgian beers, have this compound in it,” as do some chewing tobaccos, said Robert Eckel, a University of Colorado cardiologist and former American Heart Association president. He had no role in the Massachusetts man’s care.

KSAT (San Antonio), Sept. 23, 2020
What Is a Tele-ICU and How Does It Work?

Even beyond the current pandemic, tele-ICUs are a powerful way to augment limited resources in rural counties that lack critical care expertise and in urban areas facing temporary surges in traffic, says Benjamin Scott, an anesthesiologist at UCH [associate professor of anesthesiology at CU School of Medicine] and the chair-elect of the Society of Critical Care Medicine’s Tele-ICU Committee.

HealthTech, Sept. 18, 2020

University of Colorado School of Medicine and AristaMD Partner to Expand eConsults to Community Providers

“After conducting an extensive competitive evaluation, we selected AristaMD for their best-in-class technology, service and ability to launch the eConsult platform directly through the Epic EHR, creating a user-friendly experience for answering eConsults with minimal provider burden and workflow changes,” said Anne Fuhlbrigge, Senior Associate Dean for Clinical Affairs at the University of Colorado.

“Access to specialty care knowledge is a critical issue for our providers as well as our patients,” said Tillman Farley, Chief Medical Officer at Salud Family Health Centers [and associate professor of family medicine at CU School of Medicine]. “By partnering with CU and AristaMD, our providers will be able to consult specialists on patient questions that don’t require the patient to see a specialist in-person.”

Valdosta (Ga.) Daily Times, Sept. 22, 2020

How the Cerebellum Optimizes Split-Second Decision Making

“We wanted to know how this kind of decision making takes place,” senior author Diego Restrepo, professor of cell and developmental biology at CU School of Medicine, said in a news release. “How, for example, do you decide to swing or not swing at a fastball in baseball? We found an entire subset of [cerebellar] brain cells that change after learning.”

Psychology Today, Sept. 20, 2020
**Overactivation of fructose made in the brain may drive Alzheimer’s disease**

“In essence, we propose that Alzheimer’s disease is a modern disease driven by changes in dietary lifestyle in which fructose can disrupt cerebral metabolism and neuronal function,” said Richard Johnson, Professor, University of Colorado School of Medicine, CU Anschutz Medical Campus.

*News Medical, Sept. 23, 2020*

**Dupilumab long-term data show sustained improvement in moderate to severe asthma**

“In conclusion, long-term treatment with dupilumab is generally well tolerated,” said Michael E. Wechsler, director of the National Jewish Health Cohen Family Asthma Institute [and professor of medicine at CU School of Medicine].

*Healio, Sept. 22, 2020*

**Ticagrelor plus aspirin reduces ischemic limb events in diabetes, stable CAD: THEMIS**

Marc P. Bonaca, associate professor and director of vascular research at University of Colorado School of Medicine and executive director of clinical research and community health at CPC Clinical Research, presented the new analysis at the virtual European Society of Cardiology Congress.

*Healio, Sept. 18, 2020*

**Bose Releases Sleepbuds II, Says Tech ‘Clinically Proven’ To ‘Help People Fall Asleep Faster’**

Bose partnered with the University of Colorado Anschutz Medical Campus and the UCHealth CARE Innovation Center to test the effects of Bose’s sleep technology on 55 different individuals. All of them were made to use the Sleepbuds for some time.

*International Business Times, Sept. 23, 2020*

**Bose lulls to sleep with specialized SleepBuds II**

And it’s something Bose’s research with the University of Colorado’s Anschutz Medical Campus found worked, with 86 percent of participants advising that the Sleepbuds II helped them fall to sleep faster, while 76 percent said they helped them stay asleep.