Veteran who fought on frontline of pandemic reminds everyone to stay vigilant

Veterans have fought for our freedom, and some never stopped serving, finding themselves on the frontline of this pandemic. Matt Bershinsky [instructor of orthopedics at CU School of Medicine] has been working at Children's Hospital in Colorado Springs for almost a decade. His military career started in 1989, and he's currently in the Air Force Reserves.

KOAA, Nov. 12, 2020

Colorado Doctors Plead With Everyone To Step Up: ‘Now Is The Time’

“We know people have pandemic fatigue and they want to hang out with neighbors and friends, but these social gatherings are spreading the virus. Now is the time to stop these exposures and avoid more hospitalizations and more deaths,” said Jean Kutner, Chief Medical Officer at UCHealth University of Colorado Hospital and Professor at the University of Colorado School of Medicine.

CBS4, Nov. 10, 2020

Colorado’s coronavirus deaths haven’t yet spiked as cases have. Health leaders say that’s not a reason for complacency.

Jean Kutner, the chief medical officer at UCHealth University of Colorado Hospital, said hospitals now have better drugs to treat coronavirus — remdesivir and dexamethasone, in particular. They are better at spotting and treating blood clots that can cause big problems in some COVID-19 cases. They are better at keeping patients’ oxygen levels up without using ventilators.

Colorado Sun, Nov. 11, 2020
Positive COVID-19 vaccine news is no reason to let your guard down

“While this news was actually very exciting, you have to temper it with A: we don’t have it yet. B: when we get it, there probably will not be a sufficient number amount to be able to just give it widely,” explained Michelle Barron, medical director of Infection Prevention at University of Colorado Hospital [and professor of medicine at CU School of Medicine].

9News, Nov. 9, 2020

Denver hospitals grapple with surge in COVID-19 cases

“It never really went away, but there’s definitely a surge happening right now,” Connie Savor Price, chief medical officer and infectious disease specialist at Denver Health [and professor of medicine at CU School of Medicine] said. “A curfew should be helpful in terms of lowering that transmission in the community.”

Fox31, Nov. 8, 2020

Colorado ICUs are filling up with COVID-19 patients

“What is frightening to me is that the community rates continue to increase,” said Connie Savor Price, chief medical officer at Denver Health [and professor of medicine at CU School of Medicine]. “Our surge is about two weeks behind that. So, I’m not seeing any relief anytime soon.” As of Monday, there were more than 1,000 patients hospitalized with COVID-19 in the state, filling 82% of Colorado’s ICU beds.

9News, Nov. 10, 2020

Doctor: Third COVID-19 wave threatens to overtake Colorado hospitals

Heather Young, an infectious disease specialist at Denver Health [and assistant professor of medicine at CU School of Medicine], said if the rate of coronavirus spread doesn’t stop soon, hospitals may run out of room. “The community cases still seem to increasing at an exponential rate,” said Young. “And so if we continue to see more cases in the community, we are going to surpass the number we took care of in the spring. It’s definitely concerning.”

Fox31, Nov. 11, 2020
ICU capacity could be exceeded next month if COVID-19 trends continue, state says

“For UCHealth, across our system, we have almost 220 hospitalized patients,” said Richard Zane, the chief of emergency medicine for UCHealth. “It essentially means, we’re busy.”

*9News, Nov. 5, 2020*

Colorado sets new hospitalization record, has added nearly 600 patients in past two weeks

“We’ve all gotten too relaxed in social settings, and we’re seeing people catching COVID-19 in these multi-family gatherings,” Richard Zane, the chief innovation office at UCHealth, said in the joint statement Tuesday.

*Denver Gazette, Nov. 11, 2020*

COVID In Colorado: More Coloradans Getting Tested, Supply Decreasing

“We’re working literally every hour to increase testing capacity,” said Richard Zane, Head of Emergency Care at UCHealth. It’s certainly concerning. There isn’t an hour that doesn’t go by where we aren’t working to get more reagent, more testing capacity.”

*CBS4, Nov. 11, 2020*

Doctors combat healthcare fatigue along with third COVID-19 wave

On the front lines fighting COVID-19 is Marc Moss of UCHealth University of Colorado [and CU School of Medicine], who says state officials should be taken seriously when they ask the public to hang on, practice public health protocols and finish the year strong.

*Fox31, Nov. 9, 2020*

Does a Negative COVID-19 Test Mean You Can Hang Out With Friends and Family? Here’s What Experts Say

“The problem is that it’s a snapshot in time,” says Jay Finigan, a pulmonologist at National Jewish Health [and associate professor of medicine at CU School of Medicine]. “That doesn’t mean you won’t have detectable coronavirus tomorrow or the day after.”

*Parade, Nov. 11, 2020*
<table>
<thead>
<tr>
<th>Study Title</th>
<th>Quote</th>
<th>Source</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>UCHHealth study looks at antibody cocktail as way to prevent COVID-19 infection</td>
<td>“The structure of this study is based on exposure in the household where you know that your highest risk is at the time where that person is sick,” said Brian Montague, an infectious disease physician leading the study with the University of Colorado School of Medicine.</td>
<td>9News, Nov. 10, 2020</td>
<td></td>
</tr>
<tr>
<td>New Study Suggests Common Cold Antibodies Could Protect Against COVID-19</td>
<td>“The pre-existing antibodies the investigators found in uninfected people reacted with the bit of SARS-CoV-2 spike protein called ‘S2,’” said Philippa Marrack, chair of the Department of Immunology and Genomic Medicine at National Jewish Health [and Distinguished Professor of Immunology and Microbiology at CU School of Medicine].</td>
<td>HuffPost, Nov. 10, 2020</td>
<td></td>
</tr>
<tr>
<td>How to get your child home from college COVID-free for the holidays</td>
<td>Michelle Barron, the senior medical director for infection prevention at UCHHealth [and professor of medicine at CU School of Medicine], says testing before travel is a good idea, but it is not a free pass. “If I was at a party on Friday, I get tested Sunday, and I’m going to hang out with you and your family on Monday, I’m in that window where the tests may not pick up the virus,” Barron said.</td>
<td>Fox31, Nov. 11, 2020</td>
<td></td>
</tr>
<tr>
<td>Planning a ski trip during covid-19? Keep these safety tips in mind</td>
<td>David Beuther, a Denver-based pulmonologist at National Jewish Health [and assistant professor of medicine at CU School of Medicine] who plans to take a ski trip this season, says families may have to navigate these issues all winter, even with this week’s hopeful news of Pfizer’s coronavirus vaccine. “Overall, I don’t think there’s going to be a substantial change or relief of the pandemic during the next ski season.” “Skiing is such a low-risk activity, and it’s a low transmission activity,” says Darcy Selenke, the medical director of Grand County Public</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Image</td>
<td>Text</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------</td>
<td>------</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| ![Image](image1.png) | Health [instructor of family medicine at CU School of Medicine] and staff physician for Denver Health at the base of Winter Park Resort. “People naturally socially distance when they ski. It’s pretty hard to ski consistently within six feet of anybody.”

*Washington Post, Nov. 11, 2020*

| ![Image](image2.png) | Advice on talking to your children post-election

“The divisiveness has gotten so significant, and we really can’t help prevent our kids from getting exposed to it,” said Children’s Hospital Colorado child and adolescent psychologist **Jessica Hawks**.

*Channel 7, Nov. 5, 2020*

| ![Image](image3.png) | To Fight Suicide, Maps Offer Safe Gun Storage Options

“As clinicians, we might tell people you should get your gun out of the home and store it somewhere. And people would say, ‘Where?’” says **Emmy Betz**, an emergency room physician and associate professor at the [University of Colorado School of Medicine](https://www.ucdenver.edu).  

*U.S. News & World Report, Nov. 5, 2020*

| ![Image](image4.png) | A giant step forward for users of artificial legs

Her walk was assessed by a surgeon, **Jason Stoneback**, at the UCHealth University of Colorado Hospital on the Anschutz Medical Campus in Aurora....“You can see her upper torso is sort of shifting over the right side, so that she can maintain her balance through her gait.”

*CBS Sunday Morning, Nov. 8, 2020*

| ![Image](image5.png) | How All That Screen Time Actually Affects Your Eyes

“Usually, if people are going to develop myopia, they’re going to develop it in the first 20 years of life,” says **Richard Davidson**, ophthalmologist with UCHealth Sue Anschutz-Rodgers Eye Center. “But I do worry that people spending the majority of their time using their eyes at within 12 to 15 inches could accelerate and increase the magnitude of myopia.”*
<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
<th>Author</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elemental, Nov. 5, 2020</td>
<td>Dr Anne Reihman: Anti-IL5 Therapies Can Be Life-Changing for Patients With Eosinophilic Asthma</td>
<td>Anne Reihman, third-year pulmonary and critical care fellow, University of Colorado, Division of Pulmonary Sciences and Critical Care Medicine.</td>
</tr>
<tr>
<td>AJMC, Nov. 7, 2020</td>
<td>PD-1 Inhibitor Active in Progressive Basal Cell Cancer</td>
<td>Karl Lewis, of the University of Colorado Anschutz Medical Campus, reported during a press briefing prior to the Society for Immunotherapy of Cancer virtual meeting.</td>
</tr>
<tr>
<td>MedPage Today, Nov. 11, 2020</td>
<td>Mr. President-elect, America needs a Civilian Climate Corps</td>
<td>Jay Lemery, co-director of the Climate &amp; Health Program at the University of Colorado School of Medicine and co-author of “Enviromedics: the Impact of Climate Change on Human Health,” and co-author Lewis Goldfrank</td>
</tr>
<tr>
<td>The Hill, Nov. 10, 2020</td>
<td>Opinion: Why it’s crucial to protect yourself from coronavirus at work</td>
<td>Ross Kedl writes: “I am a proud member of the research community here in Colorado, having been a professor of immunology at the University of Colorado for the last 16 years. During these difficult times, we at the CU Anschutz Medical Campus have done much to alter our normal research programs to address the pandemic and its impact on Coloradans.”</td>
</tr>
<tr>
<td>Colorado Sun, Nov. 8, 2020</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>