



School of Medicine

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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[COVID In Colorado: Gov. Jared Polis Envisions A 'Very Close To Normal' Summer](#)

"I hope [Polis] is right. As far as concerts and 30 person barbecues, those kind of things, I just don't know. I think a lot of that depends on what we do now. What we are doing now lays the foundation for that to even be a conversation," said **Michelle Barron**, Sr. Medical Director of Infection Prevention at UHealth [and professor of medicine at CU School of Medicine].

*CBS4, March 2, 2021*

[Schools, travel industry say continued mask wearing possible in wake of pandemic](#)

"I think, unfortunately, COVID-19 is going to be with us for the long term," Michelle Barron, Medical Director of Infection Prevention for UC Health said.

*Fox31, March 3, 2021*



[Vaccine-Hesitant Coloradans Could Prolong the COVID-19 Misery](#)

"Vaccines are a victim of their own success because they work, and so parents don't see these diseases anymore that historically killed thousands or millions of children and, in some cases, adults as well," says **Sean O'Leary**, a pediatric infectious disease specialist with Children's Hospital Colorado and the University of Colorado School of Medicine. "We need to do everything we can to stop [this pandemic], and a vaccine is probably our best way for this to end."

*5280, March 2021*



### [A year of COVID-19 in Colorado through the eyes of 2 doctors](#)

**Sarah Rowan**, an infectious disease and public health expert [and associate professor of medicine at CU School of Medicine], was on the floor at the hospital and remembers the day very well. “The ice is broken,” she said. “And within the next few days, we had several patients in the hospital with COVID.”



“We knew we were going to hit a big surge,” said **Anuj Mehta**, a pulmonologist [and assistant professor of medicine at CU School of Medicine] who saw the sickest of those patients in the hospital’s intensive care unit. “We overwhelmed, I think, the people resources, but luckily we never ran out of hospital beds or ventilators,” Mehta said.

*Fox31, March 1, 2021*



### [A researcher compares Johnson and Johnson’s COVID-19 vaccine to Pfizer, Moderna](#)

“You get a vaccine the first chance you get. That’s point number one,” said **Ross Kedi**, a Professor of Immunology at the University of Colorado Anschutz Medical Campus who studies different vaccines.

*Fox43 (York, Penn.), Feb. 26, 2021*

### [An expert answers our questions about the science behind creating a COVID-19 vaccine](#)

9NEWS talked to **Ross Kedi**, a professor with the CU Anschutz School of Medicine.

*9News, Feb. 19, 2021*

### [Colorado Doctor Calls Johnson & Johnson Vaccine News ‘Very Exciting’](#)

“This is very exciting,” said **Ross Kedi**, a professor of immunology at the University of Colorado Anschutz Medical Campus. “It’s another home run.”

*CBS4, Feb. 25, 2021*



### [COVID In Colorado: Johnson & Johnson Vaccine Adds To Arsenal In Coronavirus Battle](#)

“It’s not apples and apples when we’re comparing across these trials,” said **Thomas Campbell**, chief clinical research officer for UHealth [and professor of medicine at CU School of Medicine].

*CBS4, March 2, 2021*



### [COVID In Colorado: Type 1 Diabetics Move Up For Vaccination Eligibility](#)

“When the data came out this summer that indicated that people with Type 1 were at the same risk, or maybe even greater, that was a surprise to a lot of us,” said **Todd Alonso**, an Associate Professor at the Barbara Davis Center at the University of Colorado. “It’s really clear that older adults, 50 and over, are at least as high of a risk as Type 2.”

*CBS4, March 3, 2021*



### [Can the COVID-19 vaccine end long-term symptoms?](#)

**Anuj Mehta**, professor of pulmonary and critical care medicine at Denver Health [and assistant professor of medicine at CU School of Medicine], told KDVR the COVID-19 vaccine is safe for those with long-term COVID-19 symptoms.

*Deseret News, March 1, 2021*



### [Estes Park woman tests positive for COVID-19 days before her 2<sup>nd</sup> Moderna vaccine dose](#)

“It’s the SARS-CoV-2 virus you get infected with but if you get sick, like shortness of breath, cough, lose your sense of taste or smell. That’s COVID19,” **David Wyles**, the Chief of Infectious Diseases at Denver Health [and professor of medicine at CU School of Medicine], said.



**Richard Zane**, the Chief Innovation Officer at UHealth, said even if there is a vaccine, people still need to be wearing masks, practicing social distancing and washing hands. “Having a vaccine doesn’t mean you are in a plastic bubble. You can still be exposed to this virus and the virus can go in your nose and lungs. It’s the vaccine that prevents it from replicating or cause severe disease,” Zane said.

*Fox31, March 2, 2021*



### [Allergic reactions to COVID-19 vaccines rare, but ‘a lot of uncertainty’ remains](#)

“Globally, vaccinations are now contraindicated to anyone who has a history of reactions to one of its components and additional doses are contraindicated if you had a severe reaction to the first dose,” said **Matthew Greenhawt**, associate professor of pediatrics in the section of allergy/immunology at the Children’s Hospital Colorado and the University of Colorado School of Medicine and co-director of the Children’s Hospital Colorado Food Challenge Unit.

*Healio, March 3, 2021*



### [Going The Distance For Vaccines In The Mountain West](#)

**Richard Zane**, chair of emergency medicine at University of Colorado, is spearheading ways to get under-served communities vaccinated, like pop-up clinics in rural areas. “And it may be that there are only 500 people in that community that need to be vaccinated, in which case we’ll just do it once or enough to get the entire community,” he said.

*Wyoming Public Media, Feb. 25, 2021*



### [With ACIP Vote, J & J Covid-19 Vaccine Is Ready to Roll](#)

Immediately following the ACIP vote, **Matthew F. Daley**, a senior investigator at Kaiser Permanente Colorado and associate professor of Pediatrics at the University of Colorado School of Medicine, said: “I think, in the midst of this tragedy, we do have some reason for optimism.”

*Physician’s Weekly, March 2, 2021*



### [There’s COVID. And ‘Long COVID’](#)

**Daniel Goldberg**, a faculty member at the University of Colorado Anschutz Campus who studies medical history and ethics, said it’s fairly common for an acute medical issue to trigger lasting medical issues.

*BizWest, March 1, 2021*



### [1 Year Later, Doctors Are Still Trying To Understand COVID-19's Long Term Physical And Emotional Effects](#)

“One in five patients that are infected with COVID-19 end up having a mental health diagnosis within the next three months of the recovery,” said **Robert Lam** [assistant clinical professor of emergency medicine at CU School of Medicine]. “That I think is particularly disturbing.”

*CPR News, Feb. 25, 2021*



### [Local children, teens suffer long-term effects of COVID](#)

They're called “pediatric long haulers,” and the primary focus of the pediatric COVID assessment led by specialists like **Nathan Rabinovitch**, who are trying to find solutions for pediatric long haulers as young as five. “What seems to happen is they get COVID – they could have a very mild case – and then, all of a sudden a couple of months later, they have these symptoms that are hard to explain,” said Rabinovitch, a pediatric allergist and immunologist at NJH [and professor of pediatrics at CU School of Medicine].

*9News, March 1, 2021*



### [Inside 'post-Covid' clinics: How specialized centers are trying to treat long-haulers](#)

**Rebecca Keith**, an associate professor of pulmonary and critical care medicine at National Jewish Health [and CU School of Medicine], is a co-director of the facility's post-Covid-19 clinic....“It takes a multidisciplinary approach to try to help people,” she said. “Hopefully, as time goes on, science will catch up and we'll have more to offer.”



**Sarah Jolley**, a pulmonary and critical care specialist at UHealth University of Colorado Hospital [and assistant professor of medicine at CU School of Medicine], called for the medical community to create standardized definitions and guidelines of care.

*NBC News, March 1, 2021*



### [Colorado's "last responders" are exhausted after a year of coronavirus goodbyes](#)

At UCHHealth University of Colorado Hospital, **Jon Treem** [instructor of medicine at CU School of Medicine] is part of a team of palliative care specialists that treats patients with serious and complex illnesses, helping them manage symptoms to increase their quality of life.

*Colorado Sun, March 1, 2021*



### [Couple who had COVID last spring gets tested for antibodies and the results are surprising](#)

"Seeing this discordance between the two people is very much expected. One might have had milder disease, one might be older and one might be younger," said **Michelle Barron** with UCHHealth.

*Fox31, March 1, 2021*



### [When coronavirus attacked Colorado's health, it changed the state's health system forever](#)

"The rate of change in medicine and in science has never moved this fast in 100 years," said **Richard Zane**, chief innovation officer for UCHHealth's 25,000-employee system.

*Colorado Sun, March 3, 2021*



### [In Their Own Words: Why Health Experts Say Elementary Schools Should Open](#)

"I am an infectious diseases physician, respiratory virus researcher, pediatric hospitalist and mother of two. I have taken care of children with Covid-19 and seen its devastating complications. . . . I had to make the difficult choice to abandon the public school system, of which I was a strong proponent. My children needed to be in school. I needed them to be in school. I knew this could be done safely. I wish the same for everyone else." **Suchitra Rao**, Associate Professor, Pediatrics, University of Colorado School of Medicine; Pediatrician, Infectious Disease, Children's Hospital, Colorado

*The New York Times, March 2, 2021*



[Children's Hospital Colorado expert Dr. Sean O'Leary discusses latest on COVID-19 and Colorado schools](#)

**Sean O'Leary**, a pediatric infectious disease specialist at Children's Hospital Colorado [and professor of pediatrics at CU School of Medicine], discusses the latest science on COVID-19 in schools as many students begin to head back to the classroom in coming weeks.

*MSN, March 2, 2021*



[Colorado doctor featured on Golden Globes with actress Carey Mulligan](#)

**Fernando Holguin** has spent the last year treating COVID-19 patients – but on Sunday, Hollywood took a minute to honor health-care workers like him. "This year has been like no other. For those of you who are not in the hospital, you don't see it every day like we do," Holguin said. "There's a lot of really difficult, emotional moments being with these patients in the ICU and talking with their families."

*9News, Feb. 28, 2021*



[Baby Born With Abnormal Heart Now Thriving After Heart Transplant](#)

"Her heart was on the wrong side of her body, and she had multiple defects" said **Melanie Everitt**, professor of pediatrics at CU School of Medicine who leads Children's Hospital Colorado's heart transplant program. "Heart transplant is really the last resort."

*CBS4, March 2, 2021*



[Study: Inaccurate information is a barrier to good health care, education](#)

"Inaccurate information is a barrier to good health care because it can discourage people from taking preventive measures to head off illness and make them hesitant to seek care when they get sick," said lead author **Laura D. Scherer**, with the University of Colorado School of Medicine.

*News-Medical, March 1, 2021*



### [American Indians Have Highest Risk for Nonhemorrhagic Stroke](#)

**José M. Sanchez**, from the University of Colorado Anschutz Medical Campus, and colleagues examined the risk for nonhemorrhagic stroke among American Indians compared to Whites, Blacks, Hispanics, and Asians using the Healthcare Cost and Utilization Project for all adult California residents receiving care from 2005 to 2011. Data were included for 16,951,579 patients followed for a median of 4.1 years.

*HealthDay, March 3, 2021*



### [Study: Pediatric Adherence to Severe Asthma Drugs is About 57%](#)

The research, presented by **William Anderson**, of the Children's Hospital Colorado and University of Colorado School of Medicine, showed a near 50% adherence to controller therapy among pediatric severe asthma patients who were remotely monitored for their care via a Propeller Health device.

*HCP Live, Feb. 27, 2021*



### [Exercise, Not Testosterone Therapy, Improves Artery Health in Middle-Aged and Older Men](#)

The study results might look much different if researchers focused only on men with hypogonadism who would meet the clinical criteria for treatment with testosterone supplements, says **Robert Eckel**, past president of the American Heart Association and a professor emeritus at the University of Colorado Anschutz Medical Campus.

*Everyday Health, March 1, 2021*



### [Coffee: A Cup a Day Keeps Heart Failure Away](#)

Senior author David P. Kao, called the findings "surprising" given that coffee and caffeine have been linked to palpitations and high blood pressure. Kao is assistant professor of medicine in the Divisions of Cardiology and Biomedical Informatics/Personalized Medicine at the University of Colorado School of Medicine and is medical director of the Colorado Center for Personalized Medicine.

*Clinical Advisor, March 1, 2021*



### [Should You Take Supplements to Reduce Cholesterol?](#)

Red yeast rice extract—known commonly as “RYRE”—contains the same chemical, monacolin K, that is used in lovastatin, a prescription statin drug that prevents the body from producing cholesterol. As such, says **Robert Eckel**, an endocrinologist at the University of Colorado School of Medicine and former president of the American Heart Association, it should be treated as one and only used, if at all, under your doctor’s supervision.

*Health Central, March 2, 2021*



### [CU Anschutz School of Medicine creates new scholarship for Black students](#)

The University of Colorado Anschutz School of Medicine has established an endowment fund for Black students and other underrepresented students in honor of **Charles Blackwood**, the school’s first Black graduate.

*Aurora Sentinel, Feb. 22, 2021*

### [Trinidad native son, first Black doctor to graduate medical school at CU honored with endowed scholarship](#)

Recently the University of Colorado (CU) School of Medicine announced the establishment of an endowed scholarship fund, named after a Trinidad native, to support Black and other underrepresented medical students.

*The Chronicle-News, March 1, 2021*



### [DBJ’s 40 Under 40 class of 2021, Part 3 revealed: Denver’s got talent](#)

**Travis Leiker**, senior director of development at University of Colorado, is a 2021 DBJ 40 Under 40 winner.

*Denver Business Journal, March 3, 2021*



### [Gun Storage Bill Advances At Colorado Legislature](#)

**Maya Haasz**, [assistant professor of pediatrics at CU School of Medicine] who spoke in favor of the bill on behalf of Children’s Hospital Colorado and the American Academy of Pediatrics, testified she’s treated numerous children for gunshot wounds during her decade as a pediatric emergency medicine physician. “The cry of any parent whose toddler has died is agonizing,” Haasz said.

*CPR News, March 2, 2021*



**[Positively Colorado: Treatment center helps veterans, first responders with traumatic brain injuries](#)**

One of the buildings at the [CU Anschutz Medical Campus](#) in Aurora has a sign out front that says The Marcus Institute For Brain Health. It's easy to miss but what they do in that building is not. They change lives.

*9News, March 1, 2021*