

March 6 - 12, 2020

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American hospital leaders call US coronavirus testing 'slow' and 'unacceptable'

Denver Health's chief medical officer, <u>Connie Savor Price</u>, [professor of medicine at CU School of Medicine] said it doesn't take quite that long at the company's hospital in the city, but "the turnaround time is still slow." "It's looking like between 24 and 48 hours, but ideally we would like to know sooner," Price said. "The sooner we know the sooner we can implement control measures on known positives."

CNBC, March 12, 2020



<u>'We Are In Pandemic Territory': All Hands On Deck As Hospitals Prep For Coronavirus Surge</u>

"It is a huge concern," said **Darlene Tad-y**, the hospital association's vice president of clinical affairs [and associate professor of medicine for CU School of Medicine]. "The progression of this or the spread of coronavirus could certainly overwhelm the systems that we have in place."



Michelle Barron, the medical director of infection prevention at the University of Colorado Hospital, pointed to other disease outbreaks as a demonstration of what can happen. She described how the SARS virus exploded in Toronto in 2003, with early transmission of the disease to a number of people leading to many others getting sick. "It can have that domino effect," she said.

CPR News, March 10, 2020



Two Cases Of New Coronavirus Found In Colorado

"Wash your hands, wash your hands, wash your hands, wipe down surfaces with sanitizing wipes. Keep your phone clean too," said **Michelle Barron**, medical director for Infection Control and Prevention at the University of Colorado Hospital on the Anschutz Medical Campus. "Stay hydrated, eat healthy. I mean, common things we recommend for flu actually are very much applicable for this as well."

CPR News, March 5, 2020

Your Healthy Family: UCHealth tightens hospital visitor policy

Michelle Barron, an infectious disease expert with UCHealth, says a virtual visit is a good way to assess a viral infection if you're looking for care advice on things like a cold, the flu or even COVID-19. "We have something called virtual visits that over an internet or cell connection allows you to speak with a physician, nurse practitioner or clinician who can ask you about your symptoms and get a better sense of your story and give you practical medical advice."

KOAA, March 11, 2020



COVID-19 testing criteria explained

"In some places it's going to be easier to get the testing done than others, so listening to your state and local health departments' guidance is probably the best way to go in terms of the decisions around who and when to test," said **Sean T. O'Leary**, a member of the AAP Committee on Infectious Diseases [and associate professor of pediatrics at CU School of Medicine].

AAP, March 5, 2020

Amid coronavirus threat, Coloradans nix church handshakes, rethink trips and take other precautions

"If you are going to places where there are a lot of people, you know, just (do) simple things — like washing your hands before and after you go into that place," said **Sean O'Leary**, an associate professor of pediatric infectious disease at the University of Colorado School of Medicine. "All of those are fairly straight forward measures. As time goes on ... we may see more recommendations for social distancing."

Denver Post, March 12, 2020



What you need to know about coronavirus quarantine and isolation orders

Both are essentially orders for a person to stay out of contact with other people in an attempt to curb the spread of an infectious disease, said **Robert Belknap**, an infectious disease doctor at Denver Health [and associate professor of medicine at CU School of Medicine]. "Quarantine is when someone has been exposed to an illness that could be contagious, but they're not yet under suspicion for actually having it," Belknap said.

Denver Post, March 12, 2020



<u>Coronavirus Concerning For People With Compromised Immune</u> Systems

The threat of infection from coronavirus, is especially concerning for people with compromised immune systems. **Thomas Campbell** works in the CU Cancer Center, his advice to patients about COVID-19 is simple. "It's important that people with cancer or other chronic illnesses be vaccinated for Influenza and take these precautions to protect themselves not only from COVID-19 but also from Influenza and other respiratory illnesses that circulate this time of year," he said.

CBS4, March 6, 2020



Doctor explains how viruses thrive in cold weather

At some point in your life, you may have heard someone say, 'You better put a coat on, or you'll catch a cold.' Maybe you've even said that yourself, but is it true? "So they are right, but probably for the wrong reason," said **David Beuther**, a pulmonologist with National Jewish Health [and assistant professor of medicine at CU School of Medicine].

9News, March 6, 2020



Does coronavirus outbreak make a case for Medicare-for-all?

Matthew K. Wynia, a doctor and the director of the University of Colorado's Center for Bioethics and Humanities told the Daily Beast that anxiety about incurring massive expenses is the opposite of what is wanted with the emergence of a potential pandemic. "In the context of a public health emergency, you want everyone to be able to access the healthcare system," he said. "You don't want people with a contagious illness deciding, 'I'm too afraid."

Yahoo! Finance, March 9, 2020

If Covid-19 gets bad, triage will be needed. Are we ready for that?

First Opinion column by **Matthew K. Wynia**, professor of medicine and public health and director of the Center for Bioethics and Humanities at the University of Colorado Anschutz Medical Campus, and co-author: "The emergence of a new infectious disease that rapidly spreads around the world, like <u>Covid-19</u>, makes disaster planning experts move into overdrive. Lessons learned over the last decade can help cope with the spread of the novel coronavirus."

STAT, March 10, 2020



Can I Boost My Immune System?

Why would vitamin D lower risk for respiratory illness? Our bodies need adequate vitamin D to produce the antimicrobial proteins that kill viruses and bacteria. "If you don't have adequate vitamin D circulating, you are less effective at producing these proteins and more susceptible to infection," says **Adit Ginde**, professor of emergency medicine at the University of Colorado School of Medicine and the study's lead author. "These proteins are particularly active in the respiratory tract."

The New York Times, March 10, 2020



<u>Disparities in Childhood Cancer Survival Biggest for Most-Treatable Tumors</u>

Treatment delays due to costs or travel might also disproportionately impact nonwhite children, said **Adam Green**, a pediatric oncologist at Children's Hospital Colorado [and assistant professor of pediatrics at CU School of Medicine].

The New York Times, March 10, 2020



African American, Hispanic lung cancer patients less likely to receive PET-CT imaging

"We started from the perspective of outcomes: we know that Black and Hispanic lung cancer patients tend to not do as well as non-Hispanic whites. We wondered if there could also be differences in how these groups are imaged at diagnosis," said **Rustain Morgan**, CU Cancer Center investigator and assistant professor in the CU School of Medicine Department of Radiology.

News Medical, March 11, 2020





Study Reveals Valuable Tool for Treating Pancreatic Cancer

"This is the only existing nomogram based on pre-operative objective variables able to assess the chance of long-term survival after surgery for PDAC," said Atsushi Oba, research associate for surgical oncology, University of Colorado Department of Surgery, and lead author of the paper.

"These results support the direction we're taking at the University of Colorado Anschutz Medical Campus," said **Richard Schulick**, Chair of the Department of Surgery and Director of the <u>University of Colorado Cancer Center</u> on the campus.

Technology Networks, March 11, 2020



Latest research draws attention to new ways in treating pancreatic cancer patients

"Our research suggests that a new concept of resectability should be considered that is meant to reflect the biology of the tumor and response to chemotherapy," explained **Marco Del Chiaro**, Chief of Surgical Oncology and Director of the National Pancreas Foundation Center of Excellence at the Anschutz Medical Campus.



"The new PDAC nomogram can become a useful tool for patients and counseling physicians in selecting therapy," explains Atsushi Oba, research associate for surgical oncology, University of Colorado Department of Surgery, and lead author of the paper.

Biopharmapress, March 11, 2020



8 Early Symptoms of Multiple Sclerosis Women in Their 20s and 30s Should Know

Typically, MS follows a classic relapse/remission pattern. "You get this burst of inflammation in a spot in the brain, and the inflammation runs its course," <u>Timothy Vollmer</u>, a neurologist at the University of Colorado who specializes in multiple sclerosis, tells SELF. After this "attack," you then "recover," and the symptoms retreat for a time period until the next attack.

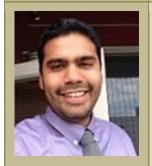
Self, March 1, 2020



How To Properly Pick Up Your Toddler, According To Experts

Margaret Siobhan Murphy-Zane, pediatric orthopedist at Children's Hospital Colorado [and assistant professor of orthopedics at CU School of Medicine], tells Romper in an interview that she has seen parents carry their kids by one leg and even by the head."

Romper, March 10, 2020



Why you should always visit a travel health clinic before heading abroad

While there's a strong focus on immunizations to combat potentially infectious diseases, patients at travel clinics are given advice to help them during every step of their journey, including how best to prevent diarrhea, mosquito bites and blood clots on long distance flights, said **Andrés Henao**, travel clinic director at the University of Colorado Anschutz Medical Campus.

MSN, March 11, 2020



<u>Lung Valves Are Alternative To Surgery For Advanced</u> <u>Emphysema</u>

Linda was facing surgery to remove the diseased lobe, or a lung transplant. But **Ali Musani**, interventional pulmonologist at University Hospital, offered her another option. "There is no incision or cutting of the chest wall required," Musani said.

CBS4, March 10, 2020



More Evidence That Ditching Red Meat Is Good for Your Heart

The "high-quality" part is key, experts stressed. It's not enough to simply cut out steaks, burgers and deli meat, according to **Andrew Freeman**, a cardiologist [and assistant professor of medicine at CU School of Medicine] who was not involved in the research. Those foods have to be replaced with healthy choices like nuts, legumes, vegetables and fiber-rich whole grains.

U.S. News & World Report, March 5, 2020



<u>Analyzing Opioid Intake After C-Section and Following Hospital</u> <u>Discharge</u>

Jacqueline Carrico, from the Department of Anesthesiology at the University of Colorado Anschutz Medical Campus, developed a questionnaire to quantify postoperative opioid use during the 4 weeks following discharge after a C-section. The team included questions from the National Institutes of Health Patient-Reported Outcomes Measurement Information System (PROMIS) to evaluate severity and pain interference post-discharge.

HCP Live, March 10, 2020



Colonoscopy Skills Report Card Boosts ADRs, for Some

"We saw that adenoma detection rate significantly improved by [an absolute] 3.2% among lower-performing colonoscopists, but did not significantly improve among all colonoscopists or among higher-performing ones," said **Anna Duloy**, a fellow in advanced therapeutic endoscopy at the University of Colorado School of Medicine.

Gastroenterology & Endoscopy News, March 9, 2020



Providing Contraceptive Care in Pediatric Emergency Department

The article entitled "Identifying a Golden Opportunity: Adolescent Interest in Contraceptive Initiation in a Pediatric Emergency Department" was coauthored by **Halea Meese**, University of Colorado School of Medicine.

Mirage News, March 10, 2020



<u>Dr. Natalia Vergara: Scientist with Her Sights Set on Using Stem</u> Cells to Study and Treat Reginal Degeneration

Natalia Vergara is an Assistant Professor of Ophthalmology at the Sue Anschutz-Rodgers Eye Center, University of Colorado School of Medicine on the Anschutz Medical Campus.... In our interview, Natalia tells us more about her life and science.

People Behind the Science Podcast, March 9, 2020