



School of Medicine

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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[CU med students are helping older Coloradans get vaccine appointments](#)

“We are very excited to spend time one by one, reaching out to our patients and we are using any means possible,” said **Hillary Lum**, a geriatrician at the clinic. She helped organize about 30 medical students to reach out directly to about 1,000 UCHHealth patients, answer any vaccine questions they might have and help make their appointments.

Fox31, March 5, 2021



[A Good Shot: Scientist Stresses J&J Vaccine’s Efficacy In Preventing Severe COVID-19](#)

The one-dose Johnson and Johnson vaccine is easier to store and has a longer shelf life than the Pfizer and Moderna shots. **Richard Zane**, chair of emergency medicine at University of Colorado, told the Mountain West News Bureau in February that the “less logistically cumbersome” vaccine would make it easier for vaccinators to take the shot right to people’s homes.

KUNR (Reno, Nevada), March 7, 2021

[Dispelling myths about the Johnson & Johnson COVID vaccine](#)

“They are medically equivalent. I promise they are medically equivalent,” **Richard Zane**, chief innovation officer with UCHHealth, said of the Johnson & Johnson vaccine and the others on the market.

9News, March 4, 2021

[Can you spread coronavirus after getting the COVID-19 vaccine?](#)

“It’s hard to crystal-ball this,” said **Richard Zane**, chief innovation officer with UCHHealth, a nonprofit health care system headquartered in Colorado. . . . “The short answer is there’s some emerging evidence

that vaccines protect you from not just getting sick but also getting infected and spreading COVID. And it's scientifically intuitive that that should be the case," said Zane.

Oklahoma News 4, March 5, 2021



[Covid Q&A: Is It OK to mix different vaccines?](#)

[Ross Kedl](#), an immunologist at the University of Colorado Anschutz School of Medicine, says there is some prior evidence that mixing vaccines can be a boon. "We have used this method in animal studies for decades, and it is well known that this promotes a much better immune response than when immunizing with the same vaccine twice," says Kedl.

Bloomberg, March 7, 2021



[Doctors Say Do These 2 Things the Morning of Your Vaccine Appointment](#)

"You want to [follow your normal routine](#) of making sure you've had something in your tummy," UCHealth's Medical Director of Infection Prevention [and Professor of Medicine at CU School of Medicine] **Michelle Barron**, told NBC affiliate 9News. The experts at Nebraska Medicine add that proper nutrition may be able to help combat any dizziness or lightheadedness that can occur in those nervous about getting the jab.

Best Life, March 5, 2021



[Your Healthy Family: Recovered COVID patient meets his convalescent plasma donors](#)

Thanks to a lot of cooperative behind-the-scenes work from Vitalant and UCHealth, Paul was introduced to his donors. One of them is **Amos Bailey**, a palliative care physician at UCHealth University of Colorado Hospital in Aurora and faculty member at the CU School of Medicine.

KOAA (Pueblo), March 10, 2021



[She Barely Survived a Severe Form of COVID-19 Hitting Kids](#)

"It simply reflects the growing epidemiology. We saw a huge surge in cases here in the U.S. in October, November, December, January, and so at the same time, we also saw a lot more cases of MIS-C," said **Sean O'Leary**, [professor of pediatrics at CU School of Medicine] who specializes in pediatric infectious diseases at the hospital and is vice

chair on the committee on infectious diseases for the American Academy of Pediatrics.

U.S. News, March 4, 2021



[Some children’s hospitals see a surge in rare COVID-19 complication MIS-C](#)

Sam Dominguez [professor of pediatrics at CU School of Medicine] said his hospital, Children’s Hospital Colorado, also saw “a dramatic increase” in cases in December through February. It’s part of a multicenter study that will follow up with patients for up to a year to make sure there are no long-term complications from MIS-C. “The kids we are seeing are pretty sick and about half to two thirds need our ICU,” Dominguez said. “Thankfully, most of our kids do very well with aggressive therapy.”

CNN, March 8, 2021



[Long-haul Covid patients can experience ‘waves of symptoms,’ early research suggests](#)

Covid-19 symptoms are variable, but overall, the first few waves of symptoms — flu-like illness, gastrointestinal issues and neurologic symptoms — tend to mirror what a typical non-long-hauler patient would experience, said **Rebecca Keith**, an associate professor of pulmonary and critical care medicine at National Jewish Health [and CU School of Medicine]. Keith is a co-director of National Jewish Health’s post-Covid-19 clinic.

NBC News, March 10, 2021



[U.S. initiative to understand long-hauler COVID-19 syndrome](#)

Sarah Jolley [assistant professor of medicine at CU School of Medicine] runs UHealth’s post COVID clinic, one of at least 21 facilities run by U.S. hospitals and health systems currently treating people who suffer this way.

CGTN, March 4, 2021



[Denver hospital uses telehealth to keep COVID-19 patients out of ICU](#)

“Telehealth will be here to stay,” said **Patrick Ryan**, an internal medicine physician at Denver Health [and assistant professor of medicine at CU School of Medicine]. . . .“Before the pandemic started, we had not done any telehealth at all,” said Ryan. That changed within a matter of weeks for Ryan and his team at Denver Health. They’ve now had more than 200,000 appointments over the phone or on video chat since the pandemic started.



“Almost 40 percent of our patients through this pandemic were accessing our system through telehealth,” said **Connie Price**, the chief medical officer for Denver Health and an infectious disease specialist [and professor of medicine at CU School of Medicine].

Channel 7, March 5, 2021



[Coronavirus is straining Colorado kids’ mental health. The state hopes free counseling sessions will help.](#)

“The mental health concerns of youth in the state of Colorado have always been of concern,” said **Jessica Hawks**, a clinical child psychologist and the clinical director of the ambulatory mental health services at Children’s Hospital Colorado [and assistant professor of psychiatry at CU School of Medicine]. “We’ve always seen higher rates than other states across the country when it comes to the prevalence of emotional and behavioral mental health challenges.”

Colorado Sun, March 11, 2021



[Coloradans excited about new CDC guidelines](#)

Doctors agree this is great news for a lot of people. “This means that the CDC is saying it is now perfectly safe to take off your masks and hug your grandchildren,” said **Richard Zane**, Chief of Emergency Services at UHealth. But he points out the CDC still wants vaccinated people to wear their masks in public.

Fox31, March 8, 2021



[Why do some people believe health misinformation?](#)

Lead author **Laura D. Scherer**, with the University of Colorado School of Medicine, explains the implications of these findings: “Inaccurate information is a barrier to good healthcare because it can discourage people from taking preventive measures to head off illness and make them hesitant to seek care when they get sick. Identifying who is most susceptible to misinformation might lend considerable insight into how such information spreads and provide us with new avenues for intervention.”

Medical News Today, March 4, 2021



[Time to Rethink Prognosis After Prolonged Unconsciousness?](#)

“The results of our study, we think, show that caution is warranted in making decisions to withdraw or hold care in patients with these serious brain injuries,” lead author **Robert G. Kowalski**, Department of Neurology, University of Colorado School of Medicine, told *Medscape Medical News*. “A meaningful recovery is possible, even when loss of consciousness occurs after the brain injury,” he added.

Medscape, March 4, 2021



[Obesity drives higher CV, renal risks for adolescents with type 1 diabetes](#)

“Insulin resistance is commonly present in type 1 diabetes and contributes to the increased risk for cardiovascular disease,” **Kristen J. Nadeau**, professor of pediatrics and research director of pediatric endocrinology and pediatric bariatric surgery at the University of Colorado Anschutz Medical Campus, told *Healio*.

Healio, March 4, 2021



[Weight loss linked to poorer survival outcomes in HER2-positive early breast cancer](#)

“Is our general advice to [patients with obesity or overweight] to exercise and lose weight wrong?” **Anthony D. Elias**, professor of medicine and medical oncology at University of Colorado Anschutz Medical Campus and member of the NCCN Clinical Practice Guidelines Panel for Breast Cancer, who was not involved with the study, said in the release.

Healio, March 11, 2021



[THC From Pot Lingers in Breast Milk for Weeks: Study](#)

“Just as we now caution mothers to avoid tobacco and alcohol in pregnancy, we recommend that all clinicians counsel women who are pregnant or considering pregnancy to abstain from marijuana throughout pregnancy and in the postpartum period,” said senior investigator Maya Bunik. She is the medical director of the Child Health Clinic at the University of Colorado School of Medicine.

HealthDay, March 11, 2021



[Breast Cancer Mortality in Under 40s Resparks Screening Debate](#)

“It’s clear that mortality rates in women under 40 are no longer decreasing,” lead author **R. Edward Hendrick**, clinical professor from the Department of Radiology at the University of Colorado School of Medicine, stated in a press release. “I estimate that in two to three years, the mortality rate will be increasing significantly in these women.”

Medscape, March 4, 2021