Is Colorado heading toward a second spike in COVID-19 cases? We asked a doctor

Michelle Barron, an infectious disease specialist at UCHealth [and professor of medicine at CU School of Medicine], said the uptick in cases isn’t all bad news, and that hospitalizations have held more or less steady on recent weeks.

9News, June 22, 2020

Coronavirus Has Been In Colorado For More Than 100 Days. How Are We Doing?

Ivor Douglas, an ICU pulmonologist at Denver Health [and professor of medicine at CU School of Medicine], said the number of patients in his ICU is far below its peak in April. “The volume of very gravely ill patients with COVID-19 has settled to a low plateau,” Douglas said. At the same time, he said, those patients still in the hospital have acute health problems related to the virus.

CPR News, June 19, 2020
COVID-19 cases rise as hospitalizations remain low in Colorado

“We don’t know what’s gonna happen in the future, and I think that’s creating a little stress in people,” said Director of Critical Care at UCHealth University of Colorado Hospital Marc Moss [professor of medicine at CU School of Medicine]. Moss says during the peak, their hospital was taking care of more than 140 COVID-19 patients. That number is now less than 10.

Fox31, June 21, 2020

Colorado’s COVID-19 patients fared better in May than at pandemic’s start, hospital data shows

The hospitals are still collecting data. So far, fewer patients are needing hospital-level care in June, said Connie Savor Price, chief medical officer at Denver Health [and professor of medicine at CU School of Medicine]. The patient population also appears to be skewing younger than in previous months, perhaps reflecting who feels safe to go out.

Denver Post, June 23, 2020

As COVID-19 Continue In West, Researchers Hope Antibody Surveys Will Inform Next Steps

Rosemary Rochford, a viral immunologist with the University of Colorado Anschutz School of Medicine, is leading the research team. She said the group has a number of goals. “With first responders, there’s not actually a lot of good studies that really focus on them, but they have a lot more exposure to the public, and the greater risk for being infected,” she said.

KUNR (Reno, Nevada), June 18, 2020

We Still Don’t fully Understand The Label ‘Asymptomatic’

The findings are consistent with several studies following asymptomatic patients in China, which have found that many can develop lesions in the lungs despite having no outward symptoms, says Jennifer Taylor-Cousar, a pulmonologist at National Jewish Health [and professor of medicine at CU School of Medicine] not involved with the paper. “It probably is, at least in this disease, pretty common,” she says.

NPR, June 23, 2020
We’re dealing with a pandemic, but remember the opioid crisis? Coronavirus is likely to make it worse.

What’s hard to know, though, is whether there were more overdoses or whether other clinics were closed and that pushed more patients to the emergency department, said Scott Simpson, medical director of psychiatric emergency services at Denver Health [and associate professor of psychiatry at CU School of Medicine].

*Colorado Sun, June 22, 2020*

The Difficulty Of Counting the COVID-19 Pandemic’s Full Death Toll

“You have some stakeholders who want to downplay things and make it sound like we’ve had a wonderful response, it all worked beautifully,” says Matthew Wynia, director of the University of Colorado Center for Bioethics and Humanities and a member of the study committee. “And you’ve got others who say, ‘No, no, no. Look at all the people who were harmed.’”

*Time, June 22, 2020*

COVID-19 cancels charity galas and walks. Science is paying the price

Early this year, University of Colorado cancer researcher Patricia Ernst [professor of pharmacology at CU School of Medicine] was thrilled when her postdoc Therese Vu won a grant from the Leukemia & Lymphoma Society, a nonprofit that has pumped more than $1.2 billion into blood cancer research since its founding in 1949.... Then, last month, the pair got bad news: The philanthropy organization canceled the grant, citing “unprecedented” revenue losses caused by the COVID-19 pandemic. “I did anticipate there would be cutbacks,” Ernst says. “But I didn’t think it would be that serious, and I didn’t think it would happen to us.”

*Science, June 24, 2020*
Denver Health ophthalmologist says eye injuries of protesters were ‘startling’ and ‘unexpected’

Prem Subramanian [professor of ophthalmology at CU School of Medicine] was the ophthalmologist on call at Denver Health during the height of the downtown protests. They saw six patients with eye-related injuries over the course of about 96 hours.... Subramanian says the extent of the injuries was startling and unexpected. “These were the kind of injuries I had seen in soldiers injured in blasts in Iraq and Afghanistan. These were very severe injuries,” said Subramanian.

Fox31, June 21, 2020

Remote reading is here to stay: How radiology can prepare for a virtual future

There are a number of other challenges to think of when constructing remote imaging workstations, according to Mike Silosky, assistant professor of Radiological Sciences at the University of Colorado Anschutz Medical Campus. Silosky said his facility was initially trying to keep remote reading to a minimum. They moved radiologists around the building and campus to abide by social distancing requirements. And for a while, communication was an issue, he said.

Health Imaging, June 24, 2020

For those in addiction recovery, telehealth has pros and cons

“It has made treatment available to some people who otherwise wouldn't be able to get it because they're in rural areas or far away, but it is lacking some of that in person interaction, accountability,” Christian Hopfer, an addiction psychiatrist [and professor of psychiatry at CU School of Medicine], said. He is with the UCHealth Center for Dependency, Addiction and Rehabilitation in Colorado. “A lot of the treatment is connecting with other people in person.”

KXXV (Waco, Texas), June 24, 2020

Why spine surgery became even more essential during the pandemic: Key ideas from Dr. Evalina Burger

Evalina Burger, is the Robert D’Ambrosia Chair of Orthopedics at the University of Colorado Anschutz Medical Campus. Burger focuses her practice on spine surgery and has been a leader in the field for many years.

Becker's Spine Review, June 22, 2020
**The most essential tech in spine and orthopedics post-pandemic: 4 surgeon predictions**

**Evalina Burger.** University of Colorado Anschutz Medical Campus: “The first one is data collections with outcomes. There are multiple platforms available for quality outcomes collection, and I think it would be essential to have this. If you cannot participate in this, I think it would be very detrimental. It’s absolutely a must.”

*Becker’s Spine Review, June 23, 2020*

---

**Hospital-based violence intervention program set to start in Aurora**

Trauma surgeons like Catherine Velopulos [associate professor of surgery at CU School of Medicine] see hundreds of patients that could benefit every year. “We need to have programs that are actually able to help the whole person and intervene in people’s lives instead of just putting band aids on things,” Velopulos said.

*9News, June 23, 2020*

---

**Poor Fitness May Impede Long-Term Success in Weight Loss Programs**

“This research could help us improve the design of our weight loss programs and suggests that adults with very poor fitness may benefit from additional exercise support during a weight loss program to achieve higher levels of moderate to vigorous physical activity and improve long-term weight loss,” says lead researcher Adnin Zaman, of the University of Colorado Anschutz Medical Campus.

*Today’s Dietitian, June 23, 2020*

---

**Survey: More Parents Hesitant About Influenza Vaccine**

These findings “underscore the importance of better communicating to providers and parents the effectiveness of influenza vaccines in reducing severity and morbidity from influenza, even in years when the vaccine has relatively low effectiveness,” noted Allison Kempe, professor of pediatrics and director of the Adult and Child Consortium for Health Outcomes Research and Delivery Science at the University of Colorado, and colleagues.

*Medscape, June 19, 2020*
World Sickle Cell Day highlights disease predominantly affecting people of color

In Colorado, the state legislature created The Sickle Cell Research and Treatment Center in the early 1970s as part of the CU School of Medicine. With an emphasis on research and education, the purpose of the Center is to “help to assure that persons living with sickle cell disease across the lifespan have the specialty services that they need [and] to be champions in the systems where sickle cell patients receive care,” says Director Kathryn Hassell.

We recently spoke with Hassell and her colleague Rachelle Nuss, associate director of the Center in charge of the pediatric program, about sickle cell, the challenges to treatment and the possibility of a cure.

Boulder Weekly, June 18, 2020