



January 24 – 30, 2020

Distributed by the University of Colorado School of Medicine



[Inside A Risky, Rare Brain Surgery For OCD](#)

“For someone to be a candidate for deep brain stimulation, we want them to have tried all the standard therapies and to have had those not work,” explains **Rachel Davis**, a psychiatrist at UHealth and director of the OCD Clinic at CU Anschutz [and assistant professor of psychiatry at CU School of Medicine].



“There is a small but not trivial risk of a serious complication from surgery. We know that putting these electrodes in is safe for the vast majority of patients. But some, you can you run a risk of a stroke, of bleeding in the brain, of infection, of hardware-related complications. And so that’s not to be taken lightly,” **Steven Ojemann**, neurosurgeon at UHealth University of Colorado Hospital [and associate professor of neurosurgery at CU School of Medicine], told Newsy.

Newsy, Jan. 23, 2020



[INSIGHTS | Contraceptive questions answered quietly at Catholic hospitals](#)

“I think we all know what the outcomes are,” said **Maryam Guiahi**, an associate professor of obstetrics and gynecology at the CU Anschutz Medical Campus, who went to medical school and did her residency in the Catholic health care system in Chicago. “It’s just common sense that when women get denied good reproductive care they’re more likely to have poor outcomes.”

Colorado Politics, Jan. 23, 2020



['Traumatic as hell': Patients describe what it's like to be restrained in the ER](#)

"Rapid control of an out-of-control situation is the default in ER settings. That's definitely not ideal for someone in a psychiatric crisis," said **Matthew Wynia**, a physician and bioethicist at the University of Colorado Anschutz Medical Campus. Wynia co-authored an editorial that accompanied the new study.

STAT, Jan. 24, 2020



[Colorado patient tests negative for coronavirus, hospital says public health risk is low](#)

"It's actually a cold virus," said **Michelle Barron**, medical director of Infection, Prevention, and Control at UCHHealth's University of Colorado Hospital [and professor of medicine at CU School of Medicine]. "It's one of the most common cold viruses that we see every year."

9News, Jan. 24, 2020

[Worried About Coronavirus? Don't Stress Too Much, But Here Are 3 Things To Do That Can Help Keep You Healthy](#)

"Given the number of cases that we're seeing in China and other parts of the world, it won't be unexpected if we do have a positive case at some point," said **Michelle Barron**, the medical director of infection prevention at the University of Colorado Hospital [and professor of medicine at CU School of Medicine].

CPR News, Jan. 27, 2020



[Health officials on 'high alert' for AFM in 2020](#)

"While no one can predict the future, there's been a distinct seasonal biennial pattern to AFM outbreaks coming in the summer to fall of even-numbered years since 2014," **Kevin Messacar**, pediatric infectious disease physician and researcher at Children's Hospital Colorado and the University of Colorado, told *Infectious Diseases in Children*.

Healio, January 2020



[The Mystery of the Pro Runner and the Electric Shock](#)

Nerves are specifically designed to carry electrical impulses, so they're an obvious path for electrical current to flow along during a shock. "This is way more of a black box," says **Chris Davis**, an associate professor at the University of Colorado School of Medicine and lead author of the Wilderness Medical Society's [guidelines on lightning strikes](#). "We really don't understand all the ways that electrical or lightning injuries manifest in the nervous system."

Outside, Jan. 26, 2020



[Study Confirms CT Screenings Can Cut Lung Cancer Deaths](#)

A new Dutch study is being hailed as proof of the need for annual CT screenings of former and current longtime smokers to reduce deaths from lung cancer. **Debra Dyer**, a spokeswoman for the American College of Radiology and chair of radiology at National Jewish Health in Denver [and associate professor of radiology at the CU School of Medicine, called the findings "wonderful news."

U.S. News & World Report, Jan. 30, 2020



[The growing possibilities for stem cells in pharma](#)

Patricia Ernst, CU Cancer Center investigator and Professor in the CU School of Medicine Departments of Pediatrics, said: "When we knocked out this gene [MLL], we saw that haematopoietic stem cells couldn't retain their 'stemness' – instead of being HSCs, they would differentiate to become like normal cells of the blood system. So, we wondered what would happen if we increased it."

Drug Target Review, Jan. 28, 2020



[Human and Analogue Insulins Equivalent for Major Outcomes](#)

Robert Eckel, of the University of Colorado Anschutz Medical Campus in Aurora, who was not involved in the research, said the large number of human insulin users was unusual. Still, "with all of the limitations of retrospective analysis of medical records, the results are not surprising," he told *MedPage Today* via email.

MedPage Today, Jan. 24, 2020



[CU Medicine Partners with St. Mary's](#)

Bradley Corr, a Gynecologic Oncologist at CU Medicine [and assistant professor of obstetrics and gynecology at CU School of Medicine], talks about the new collaboration between CU Medicine and St. Mary's, which aims to provide more specialized gynecological care for women on the Western Slope by bringing specialists to the area once a month.

Western Slope Now (Grand Junction), Jan. 24, 2020



[How EHR improvements help both providers and patients](#)

The health industry should be excited about the advancements in EHR technologies, says **Larry Allen**, the medical director of advanced heart failure at University of Colorado School of Medicine.

Healthcare Finance, Jan. 29, 2020



[New device means new freedoms for patients with chronic illnesses](#)

"We can actually monitor a patient and detect illness before a patient feels as though they're short of breath, develops pain, thinks that they have a fever. We'll know that, before that," said **Richard Zane**, chief innovation officer for UCHHealth [and chair of emergency medicine at CU School of Medicine].

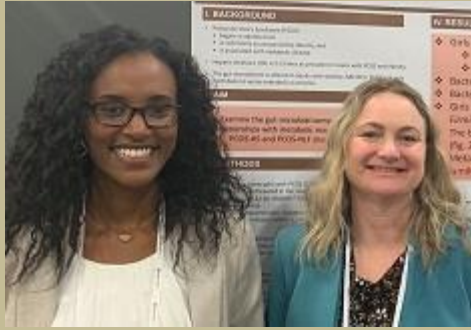
Fox21 (Colorado Springs), Jan. 28, 2020



[Unhealthy gut microbiome may be hallmark of PCOS among teens](#)

"Teens with PCOS [polycystic ovary syndrome] and obesity have an unhealthy stool microbiome pattern, which relates to testosterone as a marker of PCOS, but also worse markers of metabolic disease," **Melanie Cree-Green**, assistant professor of pediatric endocrinology and director of the adolescent PCOS multidisciplinary clinic at the University of Colorado, Anschutz and Children's Hospital Colorado, told Healio.

Healio, Jan. 24, 2020



[Gut Microbiome Is Less Diverse in Teens With Obesity and PCOS](#)

“We have for the first time demonstrated that obese adolescents with PCOS have an altered gut microbiome compared to girls without PCOS with similar body mass index (BMI), activity level, and dietary habits,” write **Beza Jobira**, and colleagues. Jobira is affiliated with Children’s Hospital Colorado, Anschutz Medical Campus, in Aurora.

“The unhealthy bacteria [were] related to higher testosterone concentrations and markers of metabolic complications. The gut microbiome may play a role in PCOS and its related metabolic complications, and these changes can be found in teenagers who are early in the course of the condition,” senior author **Melanie Cree-Green**, also of Children’s Hospital Colorado, said in a press release issued by The Endocrine Society.

MedScape, Jan. 29, 2020