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[One in eight people struggle with infertility. Colorado lawmakers want insurance to cover treatment](#)

A woman under 35 has only a 25% chance of getting pregnant from IUI, after three rounds of treatment. For women over 40, that drops down to a 15% chance, according to **Leslie Appiah**, a doctor [who specializes in infertility and reproductive health problems](#) at the University of Colorado Anschutz Medical Campus.

Colorado Sun, Feb. 14, 2020



[Fresh Donor Egg Better Than Frozen for IVF: Study](#)

“We can now confidently say that choosing to utilize fresh donor eggs along with transferring a single embryo instead of multiple embryos will provide the best chances for a healthy mother and a healthy baby,” senior author **Alex Polotsky** said in a University of Colorado news release. He’s chief of the Division of Reproductive Endocrinology at the university’s School of Medicine.

U.S. News & World Report, Feb. 13, 2020



[New Technology Sheds Light On Bladder Cancer](#)

Carol was referred to urologic oncology surgeon **Janet Kukreja** [assistant professor of surgery at CU School of Medicine] at UCHealth University of Colorado Hospital. She pointed to a photo of Carol’s bladder when she examined it under white light. “This is normal bladder here and you don’t see any tumors,” she said.

CBS4, Feb. 17, 2020



[Cancer doctor talks about safety of cancer treatment](#)

“Radiation does not make patients radioactive,” said **Sana Karam**, Physician Scientist [assistant professor of radiation oncology] at the University of Colorado. “The minute they leave the room, they’re fine. This is not the kind of radiation that stays in the body. I hug my patients, it’s safe to be around infants, children, family.”

KKTV (Colorado Springs), Feb. 17, 2020



[Why Are More Women Dying From Alcohol Use?](#)

“They’re at more risk for liver damage and heart damage,” said **Christian Hopfer**, Professor of Psychiatry [at CU School of Medicine] and Medical Director of the [Center for Dependency, Addiction and Rehabilitation](#) at University of Colorado Hospital. “It could be surprising because sometimes men can drink for 10 or 20 years before they start getting organ damage. But for some women, even after six months or a year of heavy drinking, they can be surprised that they already have pretty major organ damage.”

Newsy, Feb. 18, 2020



[We’re Cutting Through the Confusion About Heart Disease in the First Episode of Our New Health Video Series](#)

“In general, I tell people to take 30 minutes a day to do something mindful. It could be yoga, meditation or prayer—whatever it takes to cast off the stresses that accumulate,” says **Andrew M. Freeman**, cardiologist at National Jewish Health [and assistant professor of medicine at CU School of Medicine].

Parade, Feb. 18, 2020



[The Best Way to Do Intermittent Fasting](#)

The best approach to intermittent fasting for patients' heart health may be a combination strategy, according to **Andrew M. Freeman**, director of cardiovascular prevention and wellness at National Jewish Health [and assistant professor of medicine at CU School of Medicine]. Freeman, who serves as co-chair of the American College of Cardiology's nutrition and lifestyle workgroup, answered *MedPage Today's* questions about the popular diet.

MedPage Today, Feb. 18, 2020



[Coming soon to you smartwatch: CGM for healthy adults](#)

In a study published in April in *The Journal of Clinical Endocrinology & Metabolism*, **Viral Shah**, assistant professor of medicine and pediatrics at the Barbara Davis Center for Diabetes and the School of Medicine at the CU Anschutz Medical Campus, and colleagues wrote that there are limited data on CGM-measured glucose concentrations for people without diabetes.

Healio, February 2020



[Viral N. Shah, MD, on Bone Density in Patients With Type 1 Diabetes](#)

Several studies have shown that patients with diabetes are at greater risk for bone fractures. But is this because of lower bone density? **Viral N. Shah**, and colleagues sought to answer this question in a study published in *The Journal of Clinical Endocrinology & Metabolism*.

MedPage Today, Feb. 19, 2020



[Hashimoto's Encephalopathy Diagnostic Criteria Don't Predict Treatment Response Does the Disorder Actually Exist?](#)

The study “raises the question of whether there is such a thing as HE,” commented **Kenneth L. Tyler**, Louise Baum Endowed Professor and chair of neurology at the University of Colorado School of Medicine. “There aren't any validated diagnostic criteria, and the breadth of clinical presentations and lab criteria across patients labeled with it is pretty broad.”

Neurology Today, Feb. 20, 2020



[Religious exemption for vaccines would be dropped for kids in Illinois schools under proposed law. 2nd bill would require HPV shots.](#)

For the HPV vaccine, specifically, some parents don't understand that the vaccine is not only safe, but most effective when given early, even if that's long before a child is sexually active, said **Sean O'Leary**, associate professor of pediatrics and infectious diseases at the University of Colorado School of Medicine.

Chicago Tribune, Feb. 19, 2020



[Pediatrician who delivered Colorado's first sextuplets in 1973 dies at 96](#)

James E. Strain, a pediatrician who practiced in Denver for 36 years and who lead a medical team in 1973 delivering the first sextuplets in Colorado, died Feb. 4 after a brief illness. Strain was 96. On Sept. 16, 1973, Strain oversaw the delivery of the Stanek sextuplets — four boys and two girls — at Colorado General Hospital.

Denver Post, Feb. 16, 2020

[1923-2020: 'One of the giants of the Academy,' Dr. Strain dies at age 96](#)

The only pediatrician to serve the AAP as chapter and district chair, president and executive director, **James E. Strain**, died on Feb. 4 after a brief illness. A true lifelong learner Dr. Strain continued to attend the AAP National Conference into his 90s and stayed involved through the Historical Archives Advisory Committee. (Read his 2015 [oral history](#).) In 2015, he was promoted to distinguished clinical professor of pediatrics at the University of Colorado School of Medicine. He previously served as chair of the Clinical Faculty Advisory Committee and was director of Genetics Services at Denver Children's Hospital.

AAP News, Feb. 14, 2020



[COMMENTARY: A pivotal moment for Las Vegas Medical District](#)

The partnership forged between the University of Colorado Anschutz Medical Campus and its community — founded around the same time as Las Vegas Medical District — provides a good template. By aligning government and private resources, Aurora, Colorado, transformed what was once a decaying, decommissioned military base into one of the most desirable places to live and work in the Rocky Mountain West.

Las Vegas Review-Journal, Feb. 15, 2020



[Colorado History: President Dwight Eisenhower's 1955 Heart Attack in Denver](#)

Eisenhower complained of chest pains which he thought was minor indigestion from a hamburger with onions that he ate earlier in the day....An electrocardiogram determined the president had suffered a massive heart attack. He was rushed to the Fitzsimons Army Hospital in Aurora, which closed in the 1990s. The building is now part of the University of Colorado Anschutz Medical Campus.



Tours of the Eisenhower Suite are offered by request. To book one, email **Ron Washington**, Lead Ambassador at the CU Anschutz Medical Campus. ron.washington@cuanschutz.edu

9News, Feb. 17, 2020