### UCHealth Wants To Destigmatize Mental Health By Investing $100 Million Into Behavioral Health Services

“One of the big benefits of treating patients in a primary care practice is you demystify and destigmatize mental health care,” said [Neill Epperson](#), chair of the Department of Psychiatry at the CU School of Medicine on the Anschutz Medical Campus. “It helps the patient feel like ‘OK, I’m just getting my medical care, it just so happens to be for something that’s going on with my brain.’ We wouldn’t be feeling stigmatized if you had to go and get treatments for migraines.”

*CPR News, 9.4.19*

### UCHealth pledges $100M toward mental health services in Colorado

“Attending to our patients' behavioral health needs in a timely manner is critical to their overall health and well-being,” said [Neill Epperson](#), professor and chair of the Department of Psychiatry at the CU School of Medicine. “This comprehensive approach to mental health and substance abuse treatment has the potential to improve the lives of hundreds of thousands of Coloradans.”

*Denver Post, Sept. 4, 2019*

### Abbey Alexander Stands Again After “DocLine” Helps Get Her To Colorado

On Aug. 15, the call came from Cambodia about Abbey. Within hours, [Patrick Duffy](#), a burn surgeon [at the UCHealth Burn Center and assistant professor of surgery at CU School of Medicine], read her case. “She absolutely needed to come to us or to a major burn center as quickly as possible,” said Duffy. Nine days and a 28 hour flight later Abbey arrived in Aurora.

*CBS4, Sept. 3, 2019*
**When Climate Change Kills: Chronic Kidney Disease of Unknown Origin (CKDu)**

Cecilia Sorensen of the Department of Emergency Medicine at the University of Colorado, US, and her colleague see the symptomatic illness CKDu as a "sentinel disease in the era of climate change". They call for better awareness by health professionals of climate change risks, writing in the *NEJM* that “we can learn from this epidemic and choose a wiser path forward”.

*Medscape, Sept. 2, 2019*

**Study presents new ways of developing chronic inflammation treatment**

Professor Charles A Dinarello from the University of Colorado [School of Medicine] (who discovered the important cytokine IL-1(β), which plays an important role in countless diseases), in collaboration with researchers from Aarhus University Hospital and Aarhus University in Denmark, have investigated a more efficient way of reducing the effect of the IL-1 family and improve treatment of chronic inflammatory diseases.

*Drug Target Review, Sept. 2, 2019*

**Researchers make key finding related to pre-mRNA splicing**

In the study, published in the Advanced Online Publication of *Nature* on September 4, Rui Zhao, professor of biochemistry and molecular genetics at CU School of Medicine and the lead author of the study, and her colleagues report cryoEM structures that provide “the first view of the earliest event in the splicing cycle that commits pre-mRNAs to splicing.”

*Phys.org, Sept. 4, 2019*

**VA Medical Centers’ Quality Measures for TAVR Pay Off**

John C. Messenger (University of Colorado School of Medicine, Aurora), in his editorial, also emphasizes that the study is comparing unadjusted outcomes over slightly different periods, during which TAVR was a shifting target.

*TCTMD, Aug. 30, 2019*
Should I Give My Child Juice? Here’s What Experts Say

If buying fresh fruit is too costly or inconvenient, Matt Haemer, a pediatric nutrition specialist at Children’s Hospital Colorado [and associate professor of pediatrics at CU School of Medicine], recommends offering frozen or unsweetened canned versions over juice. “It’s about establishing a behavioral pattern long-term … and attempting to improve what we have currently: an epidemic of children growing up in our country for whom it’s not normal to eat fruits and vegetables,” he says.

*Time, Sept. 5, 2019*

Your Healthy Family: Biggest reasons experts believe so many teens vape

Grace Houser, a pediatric pulmonologist with Children’s Hospital Colorado, Colorado Springs, [and assistant professor of pediatrics at CU School of Medicine] says the data also says that Colorado teens see vaping differently than smoking cigarettes.

*KOAAS News 5 (Colorado Springs), Sept. 3, 2019*

How I Tried to Sell the ‘Healing’ Crystals in My Ears

For most of human history, the cause of vertigo was unknown, said Carol Foster, an otolaryngologist at the CU School of Medicine and author of *Overcoming Positional Vertigo*.

*Gizmodo, Sept. 3, 2019*

Researchers test air in Broomfield to see impact of oil and gas sites in area

“I think we’ll still need more time to see what those near effects are for the local population,” said Anthony Gerber, an Associate Professor of Medicine at National Jewish Health [and at CU School of Medicine]. “We have a lot of people very concerned about living near oil and gas extraction activities who also live near a highway which also have well-established effects on health.”

*9News, Sept. 3, 2019*

CNCC to host CU Mini Med School sessions in Craig

A free lecture series provided by CU School of Medicine and Colorado Northwestern Community College will take place in Craig in the coming weeks. The program Mini Med School will run from 7 to 8:30
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<th>Time/Location</th>
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<td>p.m. Wednesday nights at CNCC, 2801 W. Ninth St.</td>
<td>Dates will be each week beginning Sept. 4 with a break Oct. 9. Topics will range from a day in the life for different medical specialists to opioid addiction issues to immune systems.</td>
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_Craig Press, Aug. 30, 2019_

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<tr>
<td>Long-time Sterling ophthalmologist John Elliff dies at 87</td>
<td>John Elliff, a retired ophthalmologist who practiced in Sterling for more than 50 years, passed away Monday in Denver at the age of 87. A Sterling native, Elliff joined his father in practice after graduating from the CU School of Medicine in 1956....Elliff was honored in 2017 by the CU School of Medicine with the Distinguished Achievement Award, which recognized his benefitting the community, the practice of medicine, the provision of health care and the Alumni Association and the CU School of Medicine.</td>
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_Sterling Journal-Advocate, Aug. 30, 2019_