



April 1 – 7, 2022

Distributed by the University of Colorado School of Medicine



[Number of COVID patients in US hospitals reaches record low](#)

In Colorado, **Michelle Barron** said the consistently low COVID-19 hospitalizations prompted smiles among staff, even as she double-checks the numbers to make sure they're actually correct. "I had one of these moments like, oh this is amazing," said Barron, medical director of infection prevention and control at UHealth University of Colorado Hospital [and professor of medicine at CU School of Medicine]. "It feels unreal."

*Associated Press, April 1, 2022*



[CDC allows fourth COVID shots for people over 50. Should you get one?](#)

Making the guidance less prescriptive could be a positive step, because it allows people to make their own decisions about risk, in consultation with their health care provider, said **Ross Kedi**, an immunologist and microbiologist at the University of Colorado School of Medicine. He recommends that people who are over 75 or who are over 65 and have chronic conditions get a fourth dose in the near future. "If you have Type 2 diabetes... I would be on a booster pretty quickly," he said.

*Denver Post, March 31, 2022*

[State health department to close mass COVID-19 vaccination sites](#)

"One could make the argument that over time, [COVID-19 vaccines] could become much more limited and access would be more through insurance or through other payment methods. We're definitely not there yet though," said **Ross Kedi**. "So access and distribution of vaccines is still critical in ensuring that this doesn't come roaring back out of the background."

*Channel 7, March 30, 2022*



### [Q&A: Colorado looks at COVID overseas to predict possible trends](#)

Here is part of our conversation with infectious disease expert **Michelle Barron** with UHealth [and CU School of Medicine] and Jonathan Samet, the dean of the Colorado School of Public Health which models COVID behavior.

*9News, April 6, 2022*



### [Researchers Mine EHR Data to Identify Long-COVID Patients](#)

In a [story on the Colorado-based UHealth website](#), co-author **Tell Bennett**, head of the Informatics and Data Science section in the Department of Pediatrics at the University of Colorado School of Medicine, said the paper was the first produced by the RECOVER study, which is recruiting patients nationwide to study long COVID.



The story also quotes co-author **Sarah Jolley**, assistant professor of Pulmonary Sciences & Critical Care Medicine at the University of Colorado School of Medicine and medical director of the Post-COVID Clinic at UHealth's University of Colorado Hospital: "Using the EHR to inform those pathways will increase access to more standardized post-COVID care, particularly in rural and underserved areas where patients may not have access to a specialized long COVID clinic," she said.

*Healthcare Innovation, March 31, 2022*



### [Panic attacks, fatigue: Some doctors say they'll quit over COVID stress, study finds](#)

A major contributing factor to the mass exodus of doctors is the high rate of depression, anxiety, sleep disturbance and post-traumatic stress disorder among frontline medical workers, **Lotte Dyrbye**, chief wellbeing officer for the University of Colorado School of Medicine told JAMA.

*McClatchy DC, April 1, 2022*



### [Magic Mushrooms Might Be the Next Frontier in Mental Health Care](#)

**Stacy Fischer**, an inpatient palliative care physician and researcher at UCHHealth University of Colorado Hospital [and associate professor of medicine at CU School of Medicine], says the fear of death is one of the most challenging things her patients face. “Worse, we don’t have therapies to help with demoralization,” Fischer says. “Antidepressants don’t work in this population.”

*5280, April 2022*



### [How you can find affordable therapy](#)

**Liz Chamberlain**, a licensed psychologist with CU Anschutz Health and Wellness, is one of many forced to put patients on a waitlist. “The numbers are so telling that people continue to need mental health help and continue to seek it,” said Chamberlain.

*Fox31, April 4, 2022*



### [Half of Liver Transplants Last Year Resulted from Alcohol Use](#)

“Where we used to see older patients, it has shifted to people in their late 20s and early 30s who have severe alcohol-use disorders and have developed liver disease severe enough to warrant transplant,” said **James Burton**, professor of medicine at the University of Colorado School of Medicine and medical director of liver transplantation at UCHHealth University of Colorado Hospital. “Fifty percent of the transplants we did last year were on account of alcohol.”

*Food and Beverage Reporter, April 6, 2022*



### [Clinical trial underway in Colorado to see if new medication can reduce alcohol cravings](#)

“Alcohol use disorder is a major public health problem. I think that it’s gotten worse during the pandemic,” said **Joseph Schacht**, a clinical psychologist, and neuroscientist at the University of Colorado Anschutz Medical Campus.

*Fox31, April 6, 2022*



### [Cop or doctor? In new policy, Hennepin Healthcare tells physicians to choose one job](#)

This professional dynamic is unusual, said **Eric Campbell**, a bioethics professor at the University of Colorado School of Medicine, who was not aware of any other hospital systems where doctors also work as police. Campbell said the dual allegiance poses a clear conflict of interest in areas of patient privacy and consent.

*Star-Tribune (Minneapolis), April 3, 2022*



### [PROMPT-HF, SODIUM-HF, and Improving Data-to-Practice Heart Failure Care](#)

In the second segment of an interview with *HCPLive* during ACC 2022, **Larry Allen**, medical director of heart failure at University of Colorado School of Medicine, discussed his interest in some of the meeting's key contributions to heart failure research.

*HCPLive, April 3, 2022*



### [Consider the Whole Patient When Choosing Treatment, Says Dr. Marc Bonaca](#)

Patients often have comorbidities that make it important to consider them holistically and not bucket them into one disease state, and the findings on rivaroxaban show broad benefits and a favorable risk-benefit profile, said **Marc Bonaca**, executive director of CPC Clinical Research and CPC Community Health and director of vascular research, associate professor of medicine, and the William R. Hiatt Endowed Chair in Cardiovascular Research at the University of Colorado School of Medicine.

*AJMC, April 5, 2022*