The Arts and Humanities in Medical Education: Integral, Innovative, and Inclusive

Monday, November 15th
12:00pm—1:00pm

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You must register to access this meeting:
https://som.ucdenver.edu/Events/Event/Details?EventID=448

Session Overview:
The AAMC has deemed the arts and humanities as integral to medical education across the continuum of training, and growing interest in innovative and interdisciplinary educational modalities from trainees educators alike indicates that all medical educators should consider weaving arts- and humanities-based approaches in their educational practice. This highly interactive session will provide an overview of the evidence for the integration of the arts and humanities in medical education, describe case studies of the innovative ways in which humanities-based approaches can create inclusive learning environments and serve as a scaffold for health equity, and provide attendees with a portable framework and best practices for integrating the arts and humanities into their own teaching practices. Attendees will also have the opportunity to engage with a work of art during a brief experiential component.

By the end of this talk, participants will be able to:
1) Understand the impacts of arts and humanities in medical education
2) Describe the components of the PRISM model for the integration of the arts and humanities in medical education
3) List best practices for integrating arts and humanities into their own educational practice

Dr. Kamna Balhara, MD, MA is an Assistant Professor of Emergency Medicine (EM) at Johns Hopkins and Assistant Director of the EM residency program. After obtaining a Master’s degree in French Cultural Studies from Columbia University, she completed medical school and residency training at Johns Hopkins, serving as chief resident. Dr. Balhara is an innovator in the health humanities with experience with implementing humanities curricula for medical students, residents, and faculty from across specialties. She is a co-Director of the Health Humanities at Hopkins EM initiative, which offers social justice and humanities-based programming to institution, community, and national audiences. She has developed and taught the Hopkins EM residency’s longitudinal humanities and social justice curriculum for three years. She also directs a unique longitudinal interdisciplinary institution-wide health equity and humanities track for residents and fellows, and has been invited to speak to national audiences on the humanities in medicine. She was selected as a Harvard Macy Institute Art Museum-Based Health Professions Education Fellow and serves on the steering committee of the Health Humanities Consortium. She has authored multiple publications on the humanities, social determinants of health, and disparities in healthcare access.

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