Helping Your Patient Choose a CGM: Quick Comparison

	Freestyle Libre 2	Freestyle Libre 3	Dexcom G6	Dexcom G7	Eversense	Medtronic Guardian
Finger sticks/ calibrations	None	None	None required (but optional)	None required (but optional)	Two per day for first 21 days, usually one per day after day 21	At least two per day required
Length of Use	Sensor must be changed every 14 days	Sensor must be changed every 14 days	Sensor must be changed every 10 days	Sensor must be changed every 10 days (up to 12 hour added grace period)	In-office procedure to change every 6 months	Sensor must be changed every 7 days
Startup period	1 hour	1 hour	2 hours	30 minutes	24 hours	1 hour
Alarms	Customizable	Customizable	Customizable	Customizable	Customizable	Customizable
Smartphone Integration	Android, iOS	Android, iOS (required)	Android, iOS	Android, iOS	Android, iOS	Android, iOS
External Reader (required by Medicare)	Available	Available	Available	Available	Not available	Not available
Ability to share data with others	Yes	Yes	Yes	Yes	Yes	Yes
Application	Patient applies themselves	Patient applies themselves	Patient applies themselves	Patient applies themselves	Inserted by an Eversense trained provider every 6 months	Patient applies themselves
Other	Measures glucose every minute; patient must scan sensor with smartphone or reader at least every 8 hours	Thinnest and smallest sensor; measures glucose every minute; transmits directly to smartphone	Measures glucose every 5 minutes; transmits directly to smartphone or receiver	Measures glucose every 5 minutes; transmits directly to smartphone or receiver	Implanted in arm; removable transmitter worn over implant site; transmits glucose to smartphone	Measures glucose every 5 minutes; transmits directly to smartphone

Navigating Common Problems

Common Concern	What you can do!
Patient is frustrated with alarms	• Use shared decision making to decide which alarms to turn on. • Consider minimal alarms initially as patients will already be adjusting to seeing their data. • At follow-up visits, review data and discuss adding alarms. • If concern regarding hypoglycemia, discuss together which alarms to set.
Sensor is causing rash	See the PANTHER skin solutions guide (available in Spanish and English) at https://www.pantherprogram.org/skin-solutions
I am confused by why my patient has not received their CGM	Contact either the DME company or the Libre or Dexcom representative for help!
I want to offer Professional CGM in my clinic but don't know how to use it	Contact the Libre or Dexcom representatives and they will provide training!

CU

Primary Care Diabetes Lab

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