



Circle Of Parents In Recovery



illuminate
Building Brighter Childhoods

What is Circle of Parents?

Its a Peer Support Program designed for parents and caregivers.

Mission

Prevent child maltreatment and strengthen families through mutual self-help parent support groups.

- It provides a **friendly, supportive** environment **led by parents** and other caregivers.
- It's a space where anyone in a parenting role can openly **discuss the successes** and **challenges of raising children**.
- It's a space where they can **find and share support**.

Foundations of the Model

Nationally Recognized Model

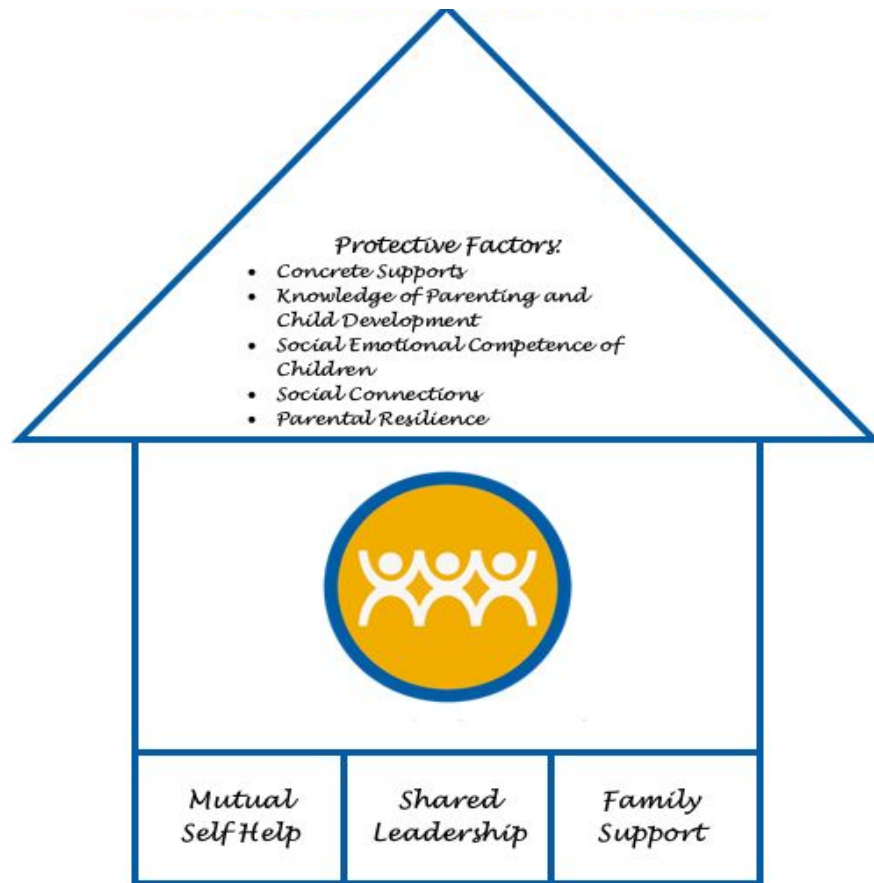
The Circle of Parents peer support group addresses all five Strengthening Families' Protective Factors by promoting healthy social connections for parents, and improving parental resiliency.

The Model

- Strengths-Based
- Focus on Supporting Parent Leadership
- Free, Weekly Support Groups
- Parent-led, Professionally Facilitated
- Trauma-Informed
- Sharing, Learning, Support, & Friendship
- Children's Circle/Childcare

Model Foundations

- ✓ Mutual Self-Help
- ✓ Shared Leadership/Ownership
- ✓ Family Support
- ✓ Protective Factors



Overview - Logistical Aspects

- “Readiness meeting” to talk more about the logistics of starting your Circle group
- MOU, budget & contract with Illuminate
- Training and Technical Assistance (Illuminate)
 - All facilitators must be trained through the Illuminate Circle of Parents training program (2-day training)
 - Next training will be held in June
- Minimal data needed (simplified data needs)
- Monthly invoices with supporting documentation
- “Kick off meeting” prior to your Circle group starting.