Colorado Perinatal Substance Use Integration Conference

May 3rd – May 4th, 2023

Avon, Colorado



Health Equity "But I treat everyone the same"

2023 Colorado Perinatal Substance Use Disorder Intergration Conference



Scan QR code to reference resources

Ashley Sherrill Jennifer Halfacre



May 4th, 2023

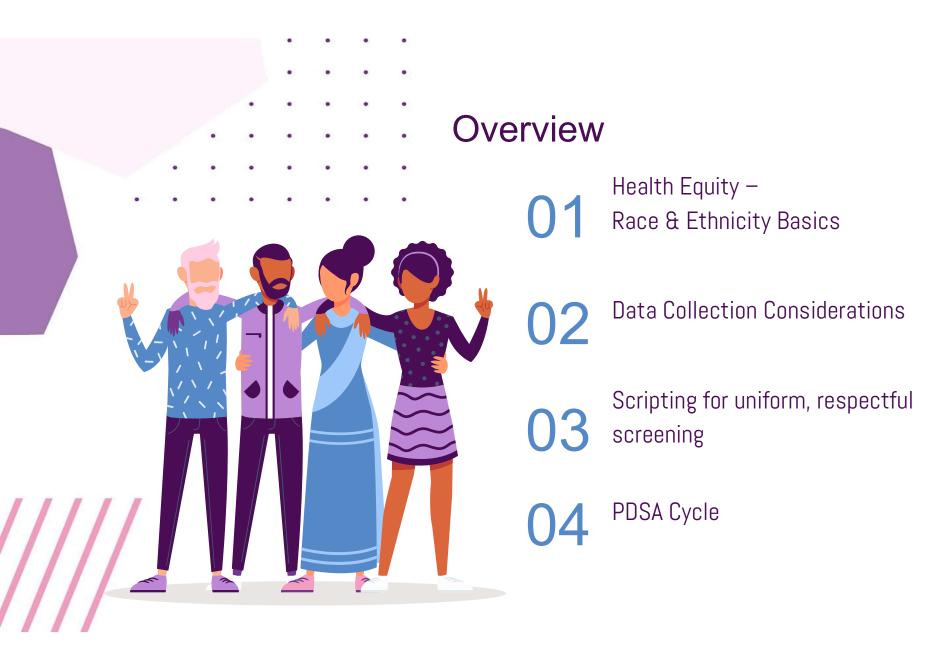
Land Recognition

*We recognize that the Town of Avon is located on the territories and ancestral homelands of the Ute peoples, past and present. We also recognize the 48 contemporary tribal nations that are historically tied to the lands that make up the State of Colorado.

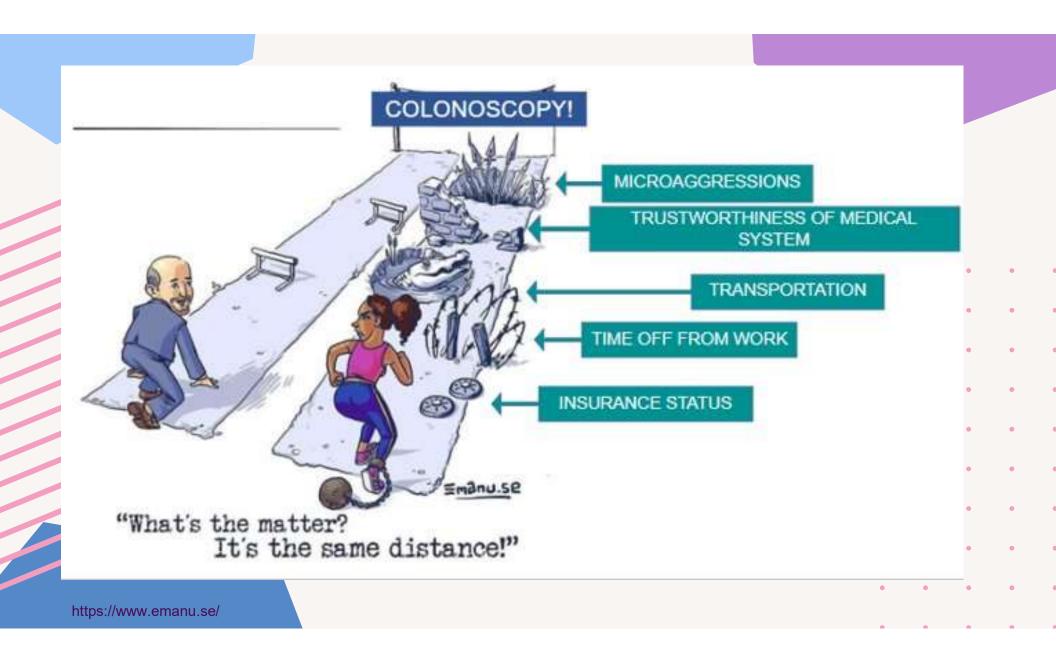
It is important to not only recognize the land that we are working and living on, but to also *take action* in your region to support the needs and rights of indigenous communities.

Learn More:

- Spirit of the Sun, partnering with Native American communities in Colorado: <u>https://www.spiritofthesun.org/</u>
- Ute History and the Ute Mountain Ute Tribe: <u>https://coloradoencyclopedia.org/article/ute-history-and-ute-mountain-ute-tribe</u>
- The Original Coloradans: The Southern Ute Tribe: <u>https://blog.walkingmountains.org/curious-nature/2020/01/original-coloradans-southern-ute-native-american-tribe</u>

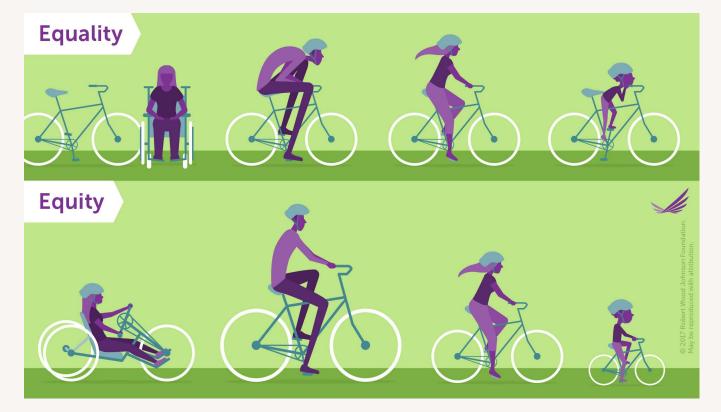






Health Equity

<u>Health equity means</u> that each person gets what they need to achieve optimal health.



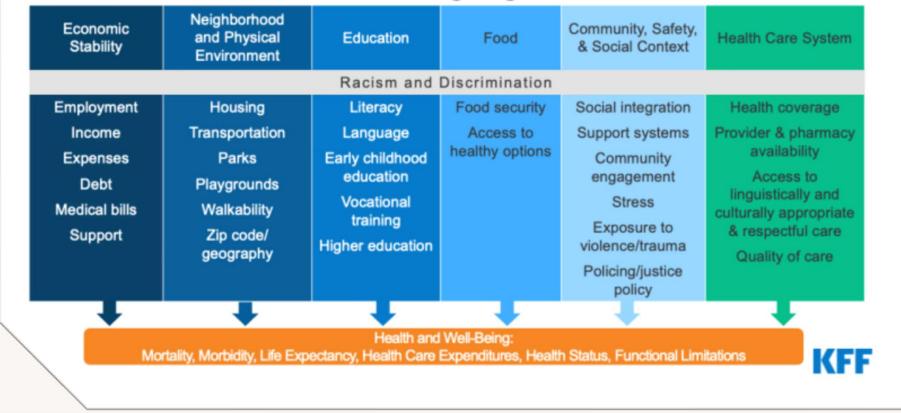
Disparities are preventable differences in health outcomes that may arise due to *health inequities*.



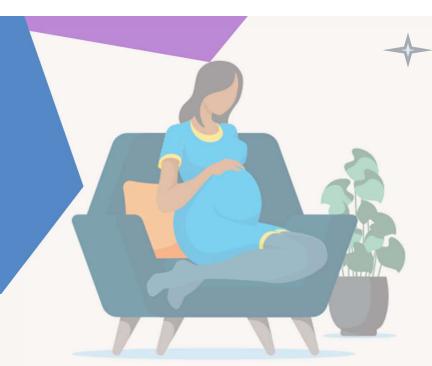


Figure 6

Health disparities are driven by social and economic inequities that are rooted in historic and ongoing racism and discrimination



https://www.kff.org/racial-equity-and-health-policy/issue-brief/racial-disparities-in-maternal-and-infant-health-current-status-and-efforts-to-address-them/



Pregnancy-related mortality rates

Black and American Indian/Alaskan Native (AIAN) women have pregnancy-related mortality rates about **three and two times higher, respectively**, compared to the rate for White women

> **Between ages 30 to 34** mortality widens to **over four times higher** for black women (and nearly 4 times higher AIAN) than the rate for White women

Black patients **were 70% less likely to receive a prescription for buprenorphine at their visit** when controlling for payment method, sex, and age (<u>Lagisetty</u> et al., 2019).

Maternal death rates increased during the COVID-19 pandemic and racial disparities widened for Black women College educated or higher black women or higher have mortality rates **5.2 times higher than the rate for White women with the same educational attainment** and 1.6 times higher than the rate for White women with <u>less than a high school diploma</u>.

https://www.kff.org/racial-equity-and-health-policy/issue-brief/racial-disparities-in-maternal-and-infant-health-current-status-and-efforts-to-address-them/

Race & Ethnicity Basics

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What are the Definitions of Race and Ethnicity?

Race

A social construct based on skin color and other physical differences. No basis in biology.

Ethnicity

A construct that encompasses common cultural characteristics including language, religion, dietary practices, and nationality; it may also reflect common ancestry or geographic origin.

(Lu 2022)



Why It is Important to Collect Race, Ethnicity, Language Data

- 1. Identifying the populations you serve
- 2. Uncovering and addressing inequities in quality of care
- Meeting the needs of populations you serve through tailored care, fostering an inclusive environment, recruiting personnel that reflect your patients' communities

Self-reported race and ethnicity can change over time, depending on...



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ing on	•	•	•	•	
ssification of racial/ethnic categories	•	•	•	•	0
tural or federal changes	•	•	•	•	0
	•	•	•	•	•
Stage of life	•	•	•	•	
Leaving childhood home, getting married, etc	•	•	•	•	•
Context where it is being d	• isclo	osec	•	•	•
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Home vs work vs school vs other	•		•	•	

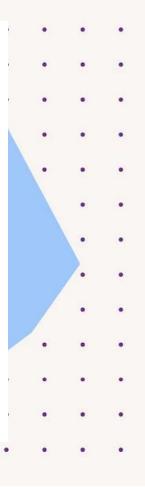
Bi/Multi-racial identity

In general, this can be a slowly changing dimension

(Lu 2022)

Data Collection Considerations

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Different Ways to Ask Race and Ethnicity



Two questions

Asking about ethnicity, then race

One question

Asking about race and ethnicity in the same question

Open Ended

Ask patients to identify their race and ethnicity in their own words

OMB Standards for Federal Data on Race and Ethnicity

NIH Inclusion Outreach Toolkit: How to Engage, Recruit, and Retain Women in Clinical Research

NIH POLICIES ON

INCLUSION



Office of Management and Budget (OMB) Standards

RECRUITMENT

The Revisions to the Standards for the Classification of Federal Data on Race and Ethnicity (OMB Statistical Policy Directive No. 15) define minimum standards for collecting and presenting data on race and ethnicity for all Federal reporting.

HUMAN SUBJECTS

PROTECTIONS

The race and ethnic categories are presented as separate questions, and individuals can select multiple racial categories. The OMB standards have one category for ethnicity—Hispanic or Latino—and five minimum categories for data on race. Click here for a further breakdown of each ethnic and racial group.

Ethnic Categories

WELCOME V

Hispanic or Latino

Racial Categories

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White

- OMB initially developed the <u>Statistical</u> <u>Policy Directive No. 15 (SPD 15)</u> in 1977 to enforce civil rights laws
- Revised in 1997 (Select multiple race selections, Asian and Pacific Islander categories are disaggregated, and "Hispanic" was changed to "Hispanic or Latino"
- Summer 2024 revisions more disaggregation for race and ethnicity, and potentially combining the race and ethnicity question

Proposed Combined Question with Minimum and Detailed Categories

Figure 3. Proposed Example for Self-Response Data Collections: Combined Question with Minimum

Categories

What is your race or ethnicity? Select all that apply.

□ White

Hispanic or Latino

Black or African American

□ Asian

American Indian or Alaska Native

Middle Eastern or North African

□ Native Hawaiian or Pacific Islander

Figure 2. Proposed Example for Self-Response Data Collections: Combined Question with Minimum

and Detailed Categories

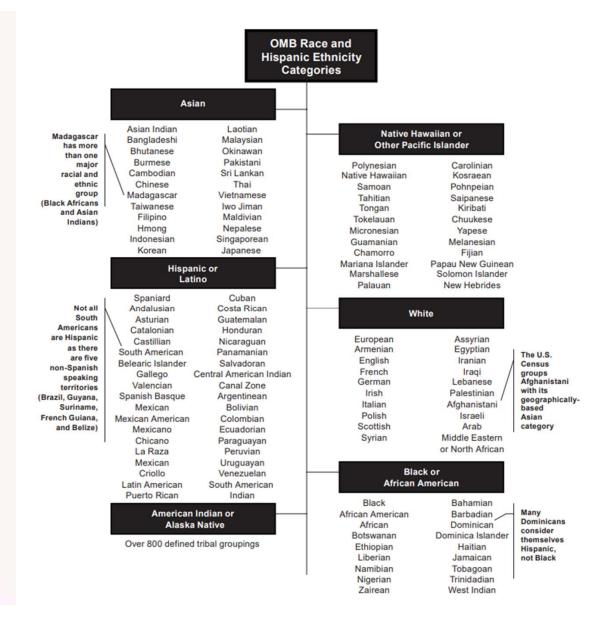
What is your race or ethnicity? Select all that apply AND enter additional details in the spaces below. Note, you may report more than one group.								
U WHITE – Provide details below.								
🛛 German	🗆 Irish	English						
🗆 Italian	🗆 Polish	French						
Enter, for example, Sc	ottish, Norwegian, Du	itch, etc.						
]						
□ HISPANIC OR LATINO – Provide details below. □ Mexican or □ Mexican American □ Puerto Rican □ Cuban								
Salvadoran	Dominican	Colombian						
Enter, for example, Gu	uatemalan, Spaniard,	Ecuadorian, etc.						
[
BLACK OR AFRICAN A	MERICAN – Provide d	letails below.						
African American	🗆 Jamaican 🛛 🔊	🗆 Haitian						
Nigerian	Ethiopian	🗆 Somali						
Enter, for example, Gl	nanaian, South Africa	n, Barbadian, etc.						
		<u> </u>						
ASIAN – Provide detai								
Chinese	Filipino	Asian Indian						
Vietnamese	🗆 Korean	□ Japanese						
Enter, for example, Po	ikistani, Camboalan, I	among, etc.						
AMERICAN INDIAN O Navajo Nation, Blackfi Barrow Inupiat Tribal	eet Tribe, Mayan, Azto	ec, Native Village of						
I MIDDLE EASTERN OR	NORTH AFRICAN - PI	rovide details below.						
Lebanese	🗆 Iranian	Egyptian						
Syrian	Moroccan	🗆 Israeli						
Enter, for example, Al	gerian, Iraqi, Kurdish,	etc.						
	R PACIFIC ISLANDER -	- Provide details below.						
Native Hawaiian	🗆 Samoan	Chamorro						
□ Tongan Enter, for example, Po	Tongan Grijian Marshallese Enter, for example, Palauan, Tahitian, Chuukese, etc.							
]						

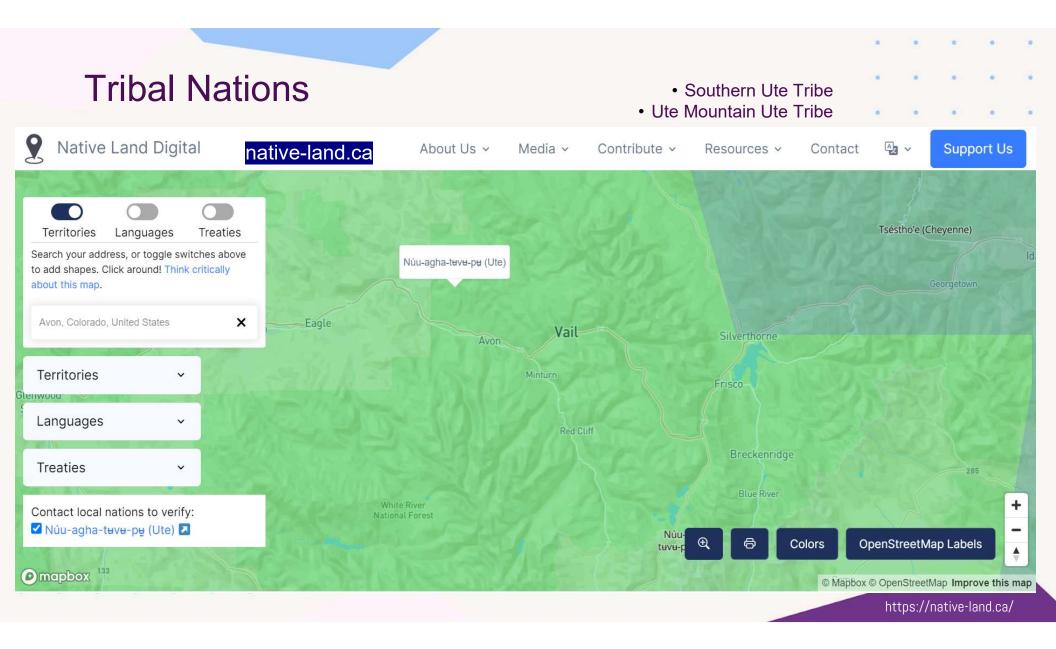
Expanded Ethnicity/Race Categories

nicity Data Standard	Categories
Are you Hispanic, Latino/a, or Spanish origin (One or more categories may be selected) aNo, not of Hispanic, Latino/a, or Spanish origin bYes, Mexican, Mexican American, Chicano/a cYes, Puerto Rican dYes, Cuban eYes, Another Hispanic, Latino, or Spanish origin	These categories roll-up to the Hispanic or Latino category of the OMB standard

Race Data Standard	Categories
What is your race? (One or more categories may be selected) aWhite bBlack or African American cAmerican Indian or Alaska Native	These categories are part of the current OMB standard
dAsian Indian eChinese fFilipino gJapanese hKorean iVietnamese jOther Asian	These categories roll-up to the Asian category of the OMB standard
kNative Hawailan lGuamanian or Chamorro mSamoan nOther Pacific Islander	These categories roll-up to the Native Hawaiian or Other Pacific Islander category of the OMB standard

Expanded Ethnicity/Race Categories (CDC)







Barriers to Collecting Race/Ethnicity Data

Concern about pushback from patients

Uncertain of benefit/usefulness

EMR constraints

Concerns about patient privacy

Questions about legality

Staff discomfort

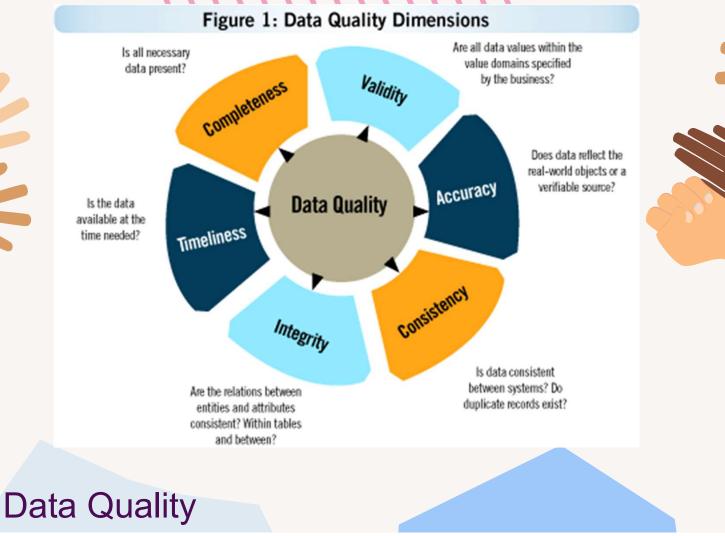


Accuracy of Electronic Medical Record Data...

Studies have shown that EMR data may underrepresent BIPOC and multiracial patients.

Klinger 2015 Samalik 2022





Scripting for Uniform, Respectful, Screening

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				White	Black	Hispanic/Latino	•	•	•	•	•
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				about their race and e	thnic background. (somewhat or	strongly agree)	•	٠	•	•	
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•	*	•	•	43%	47%	85%					
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Scripting – Introductory Statement

"In order to guarantee that all patients receive the highest quality of care and to ensure the best services possible, we are asking all patients about their race, ethnicity, and language."

- Tailor to your practice's uses, context, and experience
- Consider adding comment about confidentiality



Scripting – Ethnicity

"Are you Hispanic, Latino/a/x, or Spanish origin?"

- No
- Yes

OR

- No
- Yes, Mexican, Mexican American, Chicano/a
- Yes, Puerto Rican
- Yes, Cuban
- Yes, Another Hispanic, Latino/a/x or Spanish origin:_



Scripting – Race

"Which category or categories best describe your race? (You may choose more than one)."				•	•	•
 American Indian/Alaska Native Asian 	•	•	•	•	•	•
 Black or African American 	•	•	•	•	•	•
Native Hawaiian/Other Pacific Islander	•	•	•	•	•	٠
 White Some other race: 	•	•	•	•	•	•
Declined	•	•	•	•	•	•
Unavailable/Unknown						
	•	•	•	•	•	•
	•	•	•	•	•	•
	•	•	•	•	•	•
	•	•	•	•	•	•

Asking About Language

How well do you speak English?

- Very well
- Well
- Not well
- Not at all

Would you like an interpreter?

- Yes
- No
- Declined
- Unavailable

What language do you feel most comfortable speaking with your doctor or nurse?

In which language would you feel most comfortable reading medical or healthcare instructions?

Provide a list of languages reflecting languages spoken in the practice's community



Responding to Tough Questions from Patients .

Patient Response	Suggested Response	Context (Historical, etc.)	Recommended Documentation
"I'm American"	Typically, we would classify this as your nationality. Is there another term to describe your ethnicity/race?	People may question the validity of racial identities. The grouping of race can be interpreted as divisive.	Respect their answer and refer to your data plan for classification.
"Can't you tell by looking at me?"	We think it's better to let people tell us. I don't want to put in the wrong answer. I'm trained to not make assumptions.		This can be classified as unknown or did not answer. Refer to your data plan for classification.
"Why do you care? We're all human beings."	We are all human. However, our social identities (age, race, gender, abilities etc.) can impact health. With this information we can correctly set up a healthcare plan with resources relevant to your needs and our communities needs.	People may question the validity of racial identities. The grouping of race can be interpreted as divisive.	Respect their answer and refer to your data plan for classification
"I was born in Nigeria, but I've really lived here all my life. What should I say?"	*show choices* There is value in understanding how we classify race/ethnicity to ensure quality of care, however if these don't work for you, it is more valuable that you use the terms you prefer.	Our categories for race and ethnicity can't fully capture a patient's lived experiences. Self-identifying honors their experience.	Document how they chose to identify. Understanding groups of people that emigrated from other countries can be valuable to determining needs, describing, and stratifying your patient population
A patient returning for care with the "DECLINED" code	Respect their decision to decline.	Work on building trust, then utilize an annual visit to try again	Document that they declined.
A patient returning for care with the "UNKOWN" or "Unable to provide information" code.	Proceed to ask for the information per routine.	As we are constantly building trust with patients, they may be more willing to share their social identities.	Review your PDSA. Utilize a pre- specified periodic visit to try again



DO

Have a data plan! Consider how the data will be linked to clinical data and analyzed

Ask about demographic data periodically – racial and ethnic identities can change over time Understand and disclose why this data will be useful to your organization

Train and retrain staff on demographic scripts / PDSAs

Allow patients to select multiple races



PRACTICE EXAMPLE

Pediatric Partners







Practice Innovation Program ANSCHUTZ MEDICAL CAMPUS

How do we go from training and education to improvements in practice?



Introduction and Background

- Pediatric Partners, Glenwood Springs, CO.
- Inclusivity and equity building blocks into the Innovation Support Project (ISP) program.
- Health equity and inclusion conversations from a quality improvement perspective began.
- The topic of Spanish resources resonated with the practice.
- The project focused on language preferences for Well Child checks communications.





Results

- The practice realized they were not sending recalls for patients due for WCC in the patients preferred language.
 - Pediatric Partners found that patients with a preferred language of Spanish were more likely to be due or overdue for a WCC. (35% vs. 31%).
 - The practice also noticed that they were not capturing preferred language for all patients.

Baseline Data and PDSA Cycle #1

Baseline Data – October 2022

	English Language Preference	Spanish Language Preference	Unknown/ Not Answered
Active Patients	3,877	1,161	321
Due for Preventative Visit	1,222 31%	407 35%	124 38%

PDSA Cycle 1 Plan (10/01/22 - 01/31/2023)

- Translate recalls in Spanish
- Pull preferred language reports monthly
- Send recalls in patients preferred language
- Unknown language is sent in English

Data and PDSA Cycle #2

PDSA Cycle 1 – January 2023

	English Language Preference	Spanish Language Preference	Unknown/ Not Answered
Active Patients	3969	1266	401
Due for Preventative Visit	1,414 35.6%	490 38.7%	168 41.8%

PDSA Cycle 2 Plan (02/01/2023 - 05/31/2023)

- Continue cycle 1 intervention of sending recalls in patients' preferred language
- Training registration staff collecting
 preferred language
- Increase availability for WCC openings
- Collect missing preferred language



Conclusion



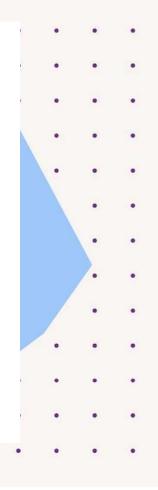
- Pediatric Partners has completed one PDSA cycles and is currently in their second PDSA cycle.
- Changes that Pediatric Partners has implemented:
 - New workflow to ensure completion of preferred language
 - Translated reminders in Spanish
 - WCC data by preferred language reviewed quarterly in QI meetings

Next steps for PDSA:

New data is suggesting decreases in patients overdue for previous visit in both population. Practice completed language preference for those who were unknown or blank. Making the preferred language question a mandatory field for patients to answer upon check-in will ensure that this process remains sustainable.

Resources

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We Ask BecauseWeCare.

By asking about your race, ethnicity and language, we are better able to deliver health care equally to all patients.

Respecting every difference, treating each equally.

What is your race?

What is your ethnicity?

What is your preferred language?

> Hospita Logo

Preguntamos porque nos importa. porque nos importa.

Al preguntar sobre su raza, descendencia étnica e idioma, nosotros estamos mejor capacitados para proveer cuidado médico a todos los pacientes por igual.

Preguntamos

Al preguntar sobre su raza, descendencia étnica e idioma, nosotros estamos mejor capacitados para proveer cuidado médico a todos los pacientes por igual.

¿Cuál es su descendencia étnica?

¿Cuál es su idioma preferido?

¿Cuál es su descendencia étnica?

¿Cuál es su idioma preferido?



Respetando cada diferencia, tratando cada uno por igual.

GET REAL Race, Ethnicity, and Language

Respetando cada diferencia, tratando cada uno por igual.

GET REAL

http://forces4quality.org/node/4185.html

Resources			
Agency for Healthcare Research and Quality		DATA COLLECTION ESSENTIALS	
	t & utilization project	 STEPS TO IMPROVE DATA COLLECTION 1. Mow would you describe your team's current practice for data collection? It is mortant that you know how race and ethnicity data are currently being collected from your patients. a. Do you first provide information to patients regarding why meas and ethnicity data are important before saking for their response? B. Do you sak patients to self-report their rese and ethnicity. Do you have a standard process for collecting rate Dia you have a standard process for collecting rate 	
DO YOUR OWN ANALY	515	and ethnicity data in the electronic health record (EHR)?	
DATABASE RESEARCH TOOLS	REQUEST DATA	2. What gaps do you see in your team's education and training? Build your team's knowledge and skills to accurately downeed team and thereight and a skills to accurately to the second skills to accurately the second skills to accurate the second skills	
RACE AND ETHNICITY DATA IMPROVEMENT TOOLKIT Data Improvement through Education and Training of	INVENTORY OF RESOURCES FOR STANDARDIZED DEMOGRAPHIC AND LANGUAGE DATA COLLECTION	document race and ethnicity data. •. Watch the Target: EP face & Ethnicity Data. Collection webhar (free OME/OE credit), or •. Start with the face. Ethnicity. and Language Data Collection, Patients Data: Improving Health. Equity. In Your. Practice (free CME credit) 3. How can your team's processes be strengthened?	
The documents in this section were developed by the <u>AHRQ Enhanced State</u> particular needs. Investigators from California used training and educational staff and patients to evaluate factors that influence and impede data collect stakeholders of their population demographics, existence of healthcare disp Once resources for undertaking a project to educate and train hospital staff <u>Ensuring Adequate IT Infrastructure</u> <u>Training Frontline Data Collectors</u> <u>Collecting R/E/L Data from Patients</u> <u>Measuring the Effectiveness of Education and Training Efforts</u>	Collecting standardized patient demographic and language data across health care systems is an important first step toward improving population health. Comprehensive patient data on race, ethnicity, language, and disability status are key to identifying disparities in quality of care and targeting quality improvement interventions to achieve equity. Here you will find an overview of: • Minimum standards for data collection as outlined by the U.S. Department of Health and Human Services; • Best practices and guidelines for health care organizations in implementing standardized data collection, including information to address key challenges in	 preference version for the medical record. e. Service a standard proceedures for your health care toam in directive communication. Offer patients written information about the infor	Reducing Health Care Disparities: Collection and Use of Race, Ethnicity and Language Data August 2013 Equity of Care
• • •	 collecting these data; Training tools and webinars to help health care organizations educate their staff on the importance of standardized data collection and best practices for data collection; and 	Demographic Data Collection' for additional examples of how to achieve equilable health outcomes. Internet when the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the source of the	Contract the second sec
	 Sentinel articles and books that provide in-depth discussion of issues, challenges, recommendations, and best practices in standardized data collection. The resources in this document are grouped by REaL and Disability categories as well as by the type of resource it is. Please click on the desired topic area or type of 	and protected in scontract with table and Mainri laws. PAGE 2 OF 2 tradinance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA Douthersiand and protected. Distance of the AMA and AMA and AMA and AMA Douthersiand and protected. Distance of the AMA and A	La recenter - parateri -
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• • •	March 2022	http://www.hpoe.org/Reports-HPOE/Equity_C	are_Report_August2013.PDF

• ISP HE&I Milestones



More Resources

• IHI PDSA Video



• AHRQ PDSA Cycle Template



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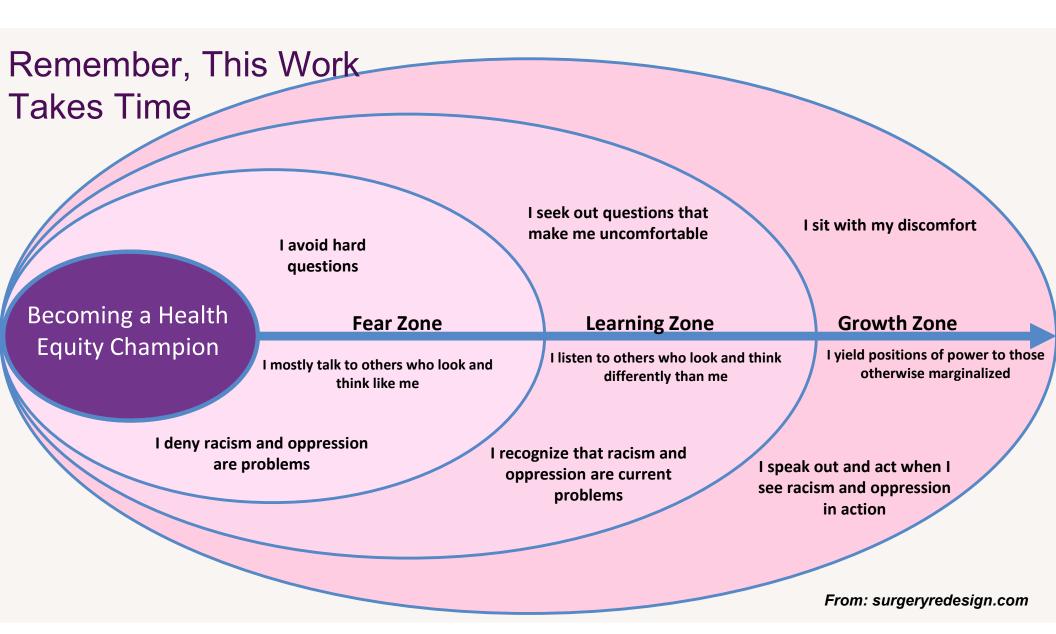
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Thank You!





Top Ten Maternal Equity Actions Health

1. Engage maternal voices and community

stakeholders to craft, build and sustain a holistic maternal health program. Form public and private partnerships to address root causes of disparities, inequalities and social determinants of health (SDOH).

2. Provide access to cultural humility and unconscious bias training for everyone in the maternal care continuum.

3. Include nurse-midwives and birthing centers in provider networks and **design programs to increase education and awareness** for health plan members.

4. Facilitate access to doulas and community health workers for maternal support services.

5. Implement facilitated self-management or

peer prenatal care models such as CenteringPregnancy.™

6. Expand benefit coverage to **ensure postpartum care** including behavioral health care to one year postpartum.

7. Align quality measurement with national standard-setting organizations and tie back to provider quality programs.

8. Join and participate in a **Perinatal Quality Collaborative.**¹²

9. Implement value-based contracts specific to maternal health.

10. Amplify programs of special significance such as **vaccination programs** with a focus on COVID-19 and influenza.

https://www.bcbs.com/the-health-of-america/reports/racial-and-ethnic-disparities-maternal-health#key