



**2024**

**Colorado Perinatal & Substance Use Disorder  
Integration Conference**

Thursday, May 2nd & Friday, May 3rd

The Westin Riverfront Resort & Spa, Avon, Vail Valley





**Welcome to Avon!** Please read the following notes about this conference:



### **Need Help?**

Our Conference Hosts are happy to help. Please find a team member with a staff ribbon and we'll get you on your way.



### **SMILE! Photos will be taken at this event.**

By being at this conference, you're consenting to have photos of you taken to document the event, speakers, engagement opportunities and other candid moments. If you do not wish to be in any photos that are used in future media or publications, please notify a conference host immediately.



### **Continuing Education Opportunity**

This conference's speaker sessions can be redeemed for Continuing Education credit made possible by a generous donation from the Colorado Consortium for Prescription Drug Abuse Prevention. Please see page 7 for more details on how to redeem CEs for this conference.



### **Evaluate Our Conference and Speakers**

Thank you for attending this year's Perinatal SUD Integration Conference. We value your feedback! Please scan this QR code to review the conference and speaker sessions or use this link: <https://bit.ly/2024psudeval>.



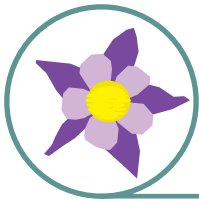
### **HAVING FUN? Send us your pictures!**

We want to see your pictures with your new connections, friends or just a good time. Scan this QR code to access our shared album or send us your photos to this email: [2024copsud@submit.memento.com](mailto:2024copsud@submit.memento.com).

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# 2024 Colorado Perinatal & Substance Use Disorder Integration Conference

Thursday, May 2nd & Friday, May 3rd at The Westin Riverfront Resort & Spa, Avon, Vail Valley

## Conference Agenda



### Day I - Thursday, May 2nd, 2024

**10:00 - 10:30** Registration & Light Refreshments  
Riverside Foyer

**10:30 - 10:45** Welcome Remarks  
Riverside Ballroom  
Dr. Kyle Knierim, MD, Practice Innovation Program Associate Director - University of Colorado, School of Medicine  
Special Presentation from Tough as a Mother

**10:45 - 12:15** Opening Keynote  
(90 mins)  
Riverside Ballroom  
Beyond the Blues: Understanding the Spectrum of Perinatal Mental Health Conditions  
Dr. Sarah Nagle-Yang, MD; University of Colorado, School of Medicine  
Meghan Cliffl

**12:15 - 12:45** Grab and Go Lunch - Transition to Breakout Session I  
Riverside Foyer

**12:45 - 1:45** Breakout Session I  
(60 mins)

Session A - Riverside Ballroom	Session B - Gondola Ballroom
<b>Long Term Outcomes for Infants Prenatally Substance Exposed: Knowns, Unknowns &amp; Strategies for Intervention</b> Dr. Laurie Halmo, MD; Childrens Hospital Colorado	<b>Recovery Coach Doula Program: Using Specialized Peer Support for Mothers with SUD</b> Britt Westmoreland, CAT Recovery Coach Doula; University of Colorado, College of Nursing Jessica Anderson, DNP, CNM, WHNP, FACNM; University of Colorado, College of Nursing

**1:45 - 2:00** Break - Transition to Breakout Session 2

**2:00 - 3:00** Breakout Session 2  
(60 mins)

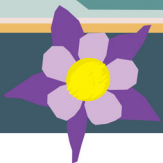
Session A - Riverside Ballroom	Session B - Gondola Ballroom
<b>Breastfeeding &amp; Substance Use: Best Practices &amp; Recommendations</b> Dr. Laurie Halmo, MD; Childrens Hospital Colorado Dr. Christine Gold, MD; University of Colorado, School of Medicine	<b>Preventing Alcohol-Related Concerns for the Pregnant Person-Infant Dyad</b> Carolyn J. Swenson, MSPH, MSN, RN Dr. Kaylin Klie, MD, MA, FASAM; University of Colorado, School of Medicine

**3:00 - 3:15** Break & Refreshments - Transition to Workshops  
Riverside Foyer

**3:15 - 4:30** Workshops  
(75 mins)

Session A - Riverside Ballroom	Session B - Gondola Ballroom
<b>Planning for Sustainability: Grants, Funding Sources, and Medicaid Services</b> Dr. JK Costello, M.D., M.P.H; The Steadman Group Anoushka Millear, Colorado Department of Health Care Financing Jose Esquivel, Colorado Consortium for Prescription Drug Abuse	<b>Perinatal and Adolescent Clinical Best Practices: Early Childhood Attachment Considerations and Substance Use Disorder Treatment Interventions in Sensitive Periods</b> Dr. Sukhmeet Sandhu, MD; University of Colorado, School of Medicine Dr. Aviva Olsavsky, MD; University of Colorado, School of Medicine

**4:30 - 4:45** Break [Day I continues on reverse]



## Day I continued

**4:45 - 5:45** **Panel Presentation with the HardBeauty Team**  
(60 mins)  
Riverside Ballroom  
Mama Recovers: Empowering Mothers on the Journey to Healing  
Moderator: *Racquel Garcia*  
Panelists: *Tiffany Kuhwede, Amy Walker, Allison Fulton, Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis*

**5:45 - 6:00** **Closing Remarks & Transition to Poster Session & Networking Reception**  
Riverside Ballroom

**6:00 - 7:00** **Poster Session & Networking Reception**  
(60 mins)  
Vendors in Riverside Foyer  
Posters in Riverside Ballroom

## Day 2 - Friday, May 3rd, 2024

**7:30 - 8:00** **Breakfast**  
Riverside Foyer

**8:00 - 8:10** **Day 2 Opening Remarks**  
Riverside Ballroom

**8:10 - 9:30** **Panel Presentation**  
(80 mins)  
Riverside Ballroom  
Building Bridges: Prioritizing Patients in Substance Use Policy Design  
Dr. *Christine Gold, MD; University of Colorado, School of Medicine*  
*Kristine "Lyle" Wagner, CPNP-PC, MSN, RN; University of Colorado, School of Medicine*  
*Dr. Kelly McMullen, MD; Denver Health*  
*Robyn Gustafson MSN, APRN, CPNP-PC, C-ONQS; UCHHealth North Region*

**9:30 - 9:45** **Break**

**9:45 - 11:30** **Closing Plenary**  
(105 mins)  
Riverside Ballroom  
Enhancing Child Welfare and Healthcare System Collaboration with Plans of Safe Care  
*Shannon Bryan, MPH; Colorado Department of Human Services, Division of Child Welfare*  
  
Protecting and Caring for Our Most Vulnerable: A Cross System Collaboration to Identify and Care for Substance Exposed Newborns and Their Families  
*Angela Mead, MSW; Larimer County Department of Human Services*

**11:30 - 11:45** **Closing Remarks**  
Riverside Ballroom

**11:45 - 12:00** **Grab and Go Bags**  
Riverside Foyer

**12:00 - 2:00** **Optional Team Time**

Continuing  
Education Details



Submit your  
conference photos



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We value your feedback!

Conference  
Evaluation



Win a Prize!

2024 Colorado Perinatal & SUD Care Integration Conference



Practice Innovation Program  
UNIVERSITY OF COLORADO  
ANSCHUTZ MEDICAL CAMPUS



INTEGRATED CARE  
FOR WOMEN AND BABIES

IMPACT  
BEHAVIORAL HEALTH



# ***A Thank You from Dr. Kyle Knierim***

Dear Attendees,

Welcome to the second Colorado Perinatal and Substance Use Disorders (SUD) Integration Conference in Avon, CO. Substance use impacts communities across Colorado; and for pregnant and parenting people and their families, this presents significant challenges. However, with the work of 17 medical practices all over Colorado, substance use treatment sites, and their communities, over 3000 pregnant and parenting people and their families have been supported on their perinatal and substance use journeys. Through both Integrated Care for Women and Babies (ICWB) and Improve Perinatal Access, Coordination, and Treatment for Behavioral Health (IMPACT BH), clinics are improving patient access, screening, treatment and referral in a compassionate and person-centered manner.

Over these two days, we are bringing together these leaders in integrated perinatal and substance use care, who through ICWB and IMPACT BH, are making real impacts to their communities, each and everyday. We hope that with the real perspectives brought by those working on the front, combined with the subject matter and policy experts we've convened, everyone here is contributing to the health and wellness of Coloradans and beyond.

This event is only possible with the generous support of many in attendance today. We are grateful for our partners who provide the funding and technical expertise required to support this important work. We are particularly in gratitude for the generous support from the Colorado Behavioral Health Administration who not only support these projects but are generous to support the convening of us today. Lastly, without the ICWB and IMPACT BH team members who have planned this event and are hosting us over the next two days, this opportunity to learn, share, and celebrate these accomplishments would not be possible.

Thank you again for your contribution to this important work.

Dr. Kyle Knierim, MD  
Associate Professor  
Associate Director of the Practice Innovation Program  
University of Colorado, School of Medicine  
Department of Family Medicine



# A Big Thank You To



**COLORADO**  
Behavioral Health  
Administration

This event was made possible by the generous funding from Colorado Behavioral Health Administration.

Thank you for your commitment to supporting this important work and for your dedication to making Coloradans healthier.

## ICWB and IMPACT BH Project Partners



## Continuing Education Credits Information



This conference's speaker sessions can be redeemed for 7.5 Continuing Education credit made possible by a generous donation from the Colorado Consortium for Prescription Drug Abuse Prevention.

Details will be email to attendees and posted at <https://bit.ly/2024copsudsite> or scan the QR code.





# Session and Speaker Profiles

(in order of agenda)

Opening Keynote - Thursday

## Beyond the Blues: Understanding the Spectrum of Perinatal Mental Health Conditions

*Dr. Sarah Nagle-Yang, MD; University of Colorado School of Medicine*

*Meghan Cliffel*

### Learning Objectives

- 1) Discuss the breadth of mental health conditions and substance use disorders that manifest in women across the perinatal period.
- 2) Collaborate with other clinicians in the treatment and management of women suffering from mental health conditions and substance use disorders during the perinatal period.
- 3) Reflect on implications of a Postpartum Psychosis survivor's experience for patient care, prevention, and ongoing work with women in their reproductive years.

### Your Speakers



#### **Dr. Sarah Nagle-Yang, MD**

*University of Colorado School of Medicine, Aurora, CO*

Dr. Sarah Nagle-Yang is the inaugural Vice Chair of Quality for the Department of Psychiatry and Deputy Executive Director of the Colorado Center for Women's Behavioral Health at the University of Colorado School of Medicine. She has been a specialist in reproductive psychiatry for over a decade and is passionate about providing high-quality psychiatric care to women across the reproductive lifespan, building innovative models of care to expand access to treatment, and developing interdisciplinary education on topics within reproductive psychiatry. She is a co-editor of the first comprehensive textbook on Women's Reproductive Mental Health, the president of the North American Society for Psychosocial Obstetrics and Gynecology and a founding contributor to the National Curriculum in Reproductive Psychiatry. In Colorado, she co-chairs the Colorado Maternal Mental Health Collaborative and Framework Leadership Team and is a member of the Colorado Maternal Mortality Review Board.

Dr. Nagle-Yang graduated from the University of Cincinnati School of Medicine and completed residency in psychiatry at Montefiore Medical Center/Albert Einstein College of Medicine in New York City. She completed fellowships in Consult Liaison Psychiatry and Public and Community Psychiatry at University Hospitals Cleveland Medical Center.



Opening Keynote - Thursday

## **Beyond the Blues: Understanding the Spectrum of Perinatal Mental Health Conditions**

*Dr. Sarah Nagle-Yang, MD; University of Colorado School of Medicine*

*Meghan Cliffl*



**Meghan Cliffl**  
*Cleveland, OH*

Motivated by social justice, Meghan worked in public education for twenty years: teaching, working at the nation’s largest district, founding a successful nonprofit consulting agency, and working as an independent consultant. She holds a bachelor’s from the University of Michigan, a Master in the Science of Teaching from Pace University, and a Master in Public Policy from Georgetown University.

In December 2015—while running a consulting firm and welcoming her second baby—she had a before-and-after experience. She suffered postpartum psychosis (PPP)—suddenly losing the mind she’d spent a lifetime collecting fancy degrees and accolades for—and narrowly escaped hurting herself or her family in the throes of psychosis. Afterward, Meghan worked for herself as a consultant in public education while pivoting to spend increasingly more of her time advocating for, and teaching, speaking, and writing about, things she learned from experiencing PPP and finding her way back to herself.

Meghan is a writer and mindfulness teacher who uses storytelling, yoga, meditation, and sound as mechanisms to liberate the mind in service of living our best lives. She’s working on getting her memoir about her experience with PPP out into the world and writes a regular newsletter about mindfulness. She lives in her hometown, Cleveland, Ohio, with her husband and three wonderful (and needy) small children.

Breakout 1 Riverside - Thursday

## **Long Term Outcomes for Infants Prenatally Substance Exposed: Knowns, Unknowns and Strategies for Intervention**

*Dr. Laurie Halmo, MD; Children's Hospital Colorado*

### **Learning Objectives**

- 1) Summarize the data regarding long-term health and neurodevelopmental outcomes for infants prenatally exposed to nicotine, alcohol, cannabis, amphetamines and opioids.
- 2) Describe the limitations of the data surrounding long-term outcomes for infants prenatally exposed to substances.
- 3) List three recommendations you can employ to improve long-term outcomes for infants prenatally substance exposed.

### **Your Speaker**



#### **Dr. Laurie Halmo, MD**

*Children's Hospital Colorado, Aurora, CO*

Dr. Halmo is a medical toxicologist and an assistant professor of pediatrics at the University of Colorado School of Medicine and Children's Hospital Colorado. In addition to her clinical work as a pediatric hospitalist and medical toxicologist, Dr. Halmo is a volunteer faculty member at Rocky Mountain Poison and Drug Safety, the region's poison control center. She is also involved in numerous quality improvement initiatives related to the care of hospitalized toxicology patients, with a particular focus on children and maternal-infant dyads affected by substance use and children in out-of-home placement such as foster or kinship care.

Breakout 1 Gondola - Thursday

## The Launch of a Recovery Coach Doula Program

*Britt Westmoreland, CAT; University of Colorado, College of Nursing*

*Jessica Anderson, DNP, CNM, WHNP, FACNM; University of Colorado, College of Nursing*

### Learning Objectives

- 1) Review data that supports recovery coach and doula care.
- 2) Outline development and implementation of RCD Program.
- 3) Review program implementation and outcome data.
- 4) Identify implementation of billing process.

### Your Speakers



#### **Britt Westmoreland, CAT**

*University of Colorado, College of Nursing, Aurora, CO*

Britt Westmoreland is a recovery coach and perinatal doula with the University of Colorado's College of Nursing. Britt is the program coordinator and head recovery coach doula for the University's Recovery Coach Doula Program. Britt also serves as the recovery coach at the University's FQHC, where she works directly with adults with SUD and runs a youth program for teens impacted by substance use and/or the criminal justice system.



#### **Jessica Anderson, DNP, CNM, WHNP, FACNM**

*University of Colorado, College of Nursing, Aurora, CO*

Jessica Anderson holds a faculty appointment as Associate Professor and Director of Midwifery & Women's Health Services at the CU College of Nursing. She earned her bachelor's in nursing from Viterbo University in Wisconsin, her master's in nursing from Marquette University in Wisconsin, her post-master's certificate as a Women's Health Care Nurse Practitioner and Doctorate in Nursing Practice (DNP) from the University of Colorado College of Nursing. Jessica's professional interests include maternal mortality, peer support, nitrous oxide for labor, health care policy, practice development, midwifery models of care and doula care. She has received several awards including the Colorado Nurses Association Nightingale Luminary, American Academy of Nursing Edge Runner, and CU CON Innovation in Practice. She is active on committees with the March of Dimes, Colorado Health Department, Colorado Hospital Association, and American College of Nurse-Midwives (ACNM). Jessica is the current Board Chair of the Colorado Perinatal Care Quality Collaborative.

## **Breastfeeding and Substance Use: Best Practices and Recommendations**

*Dr. Laurie Halmo, MD; Children's Hospital Colorado*

*Dr. Christine Gold, MD; University of Colorado, School of Medicine*

### **Learning Objectives**

- 1) Overview of foundational concepts reviewed in 2023 conference presentation.
- 2) Identify “what’s new” in lactation recommendations.
- 3) Discuss categories of substance use as they pertain to safe chest/breastfeeding.
- 4) Demonstrate motivational interviewing as a tool to empower birthing persons with SUD to safely feed newborns.

### **Your Speakers**



**Dr. Laurie Halmo, MD**

*Children's Hospital Colorado, Aurora, CO*

Dr. Halmo is a medical toxicologist and an assistant professor of pediatrics at the University of Colorado School of Medicine and Children's Hospital Colorado. In addition to her clinical work as a pediatric hospitalist and medical toxicologist, Dr. Halmo is a volunteer faculty member at Rocky Mountain Poison and Drug Safety, the region's poison control center. She is also involved in numerous quality improvement initiatives related to the care of hospitalized toxicology patients, with a particular focus on children and maternal-infant dyads affected by substance use and children in out-of-home placement such as foster or kinship care.



**Dr. Christine Gold, MD**

*University of Colorado School of Medicine, Aurora, CO*

Dr. Gold is an Associate Professor of Pediatrics certified in General Pediatrics and Pediatric Hospital Medicine who primarily works at the University of Colorado Hospital caring for newborns. Her focus is on improving care for newborns and their families impacted by substance use. She is actively working to improve toxicology testing practices and reduce bias, stigma, and care for newborns and birthing persons during the birth hospitalization. Currently, she serves as a co-chair for the SuP-PORT Colorado Policy Analysis Workgroup, a steering committee member of CHoSEN QIc, and the lead for families with substance use at the University of Colorado Hospital in Women and Infant units.

Breakout 2 Gondola - Thursday

## Preventing Alcohol-Related Concerns for the Pregnant Person-Infant Dyad

Carolyn J. Swenson, MSPH, MSN, RN

Dr. Kaylin Klie, MD, MA, FASAM; University of Colorado School of Medicine

### Learning Objectives

1. Describe why unhealthy alcohol use is an urgent health concern in people who may become pregnant.
2. Explore prevention of alcohol-exposed pregnancy (informed by SBIRT)
3. Examine treatment of alcohol and nicotine use disorders during pregnancy and lactation, including pharmacology.

### Your Speakers



**Carolyn J. Swenson, MSPH, MSN, RN**  
*Denver, CO*

Carolyn Swenson provides consultation, training, and coaching on substance use and suicide prevention, and motivational interviewing. She completed master's degrees in nursing and public health and is a certified Question-Persuade-Refer suicide prevention trainer. Her past work includes perinatal and pediatric nursing; public health work with migrant farmworkers, on the Navajo reservation, and with refugees in Sudan; epidemiology research; and quality improvement with clinics, hospitals, and public health departments. Born and raised in Minnesota, she now resides in colorful Colorado.



**Dr. Kaylin Klie, MD, MA, FASAM**  
*University of Colorado School of Medicine, Aurora, CO*

Dr. Kaylin Klie is a family medicine and addiction medicine physician at the University of Colorado and Denver Health. Her clinical focus is perinatal addiction which includes the care of families impacted by substance use. Dr. Klie enjoys teaching students, residents, fellows, and the community about caring for people with substance use conditions. She is the program director of the Addiction Medicine Fellowship at the University of Colorado School of Medicine. She serves on various local, regional, and national committees dedicated to serving and improving care for people with substance use.



Workshop Riverside - Thursday

## Planning for Sustainability: Grants, Funding Sources, and Medicaid Services

*JK Costello, M.D., M.P.H.; The Steadman Group*

*Anoushka Milliar, Colorado Dept. of Healthcare Policy and Finance*

*Jose Esquibel, Colorado Consortium for Prescription Drug Abuse*

### Learning Objectives

- 1) Identify grant opportunities for your organization.
- 2) Learn current and upcoming funding opportunities for sustainability.
- 3) Understand the landscape of possibilities for Medicaid around perinatal health services.
- 4) Co-imagine success stories of sustainability with other organizations.

### Your Speakers



#### **JK Costello, M.D., M.P.H**

*The Steadman Group, Denver, CO*

JK Costello, MD, MPH develops population health plans for substance use disorder prevention, treatment, and recovery. Inspired by the ongoing explosion of addiction and overdose, he works across medicine, public health, and community organizations to create a community of recovery in publicly-funded treatment systems. In addition, he is a person in long-term recovery, emphasizing the inclusion of people with substance use disorder in all he does. He is currently assisting CPCQC and its community partners in developing sustainability for the Impact BH work.



#### **Anoushka Milliar**

*Colorado Dept. of Healthcare Policy and Financing, Denver, CO*

Anoushka Milliar is the Reproductive Health Equity Team Lead at the Colorado Department of Health Care Policy and Financing (HCPF), where she oversees HCPF's Maternal Opioid Misuse Model, Special Connections, the Maternity Advisory Committee, and other emerging reproductive health equity policy work. Anoushka's professional interests include medical geography, reproductive justice, and volunteering as a Doula at Denver Health. She previously worked in data and evaluation at the Colorado Department of Human Services and the Institute for Health Metrics and Evaluation.

Workshop Riverside - Thursday

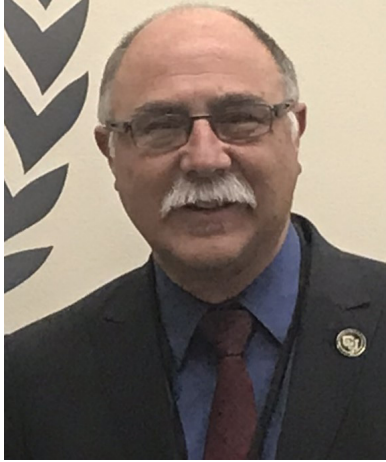
## **Planning for Sustainability: Grants, Funding Sources, and Medicaid Services**

*JK Costello, M.D., M.P.H.; The Steadman Group*

*Anoushka Millea, Colorado Dept. of Healthcare Policy and Finance*

*Jose Esquibel, Colorado Consortium for Prescription Drug Abuse*

### **Your Speakers**



#### **Jose Esquibel**

*Colorado Consortium for Prescription Drug Abuse, Denver, CO*

José Esquibel serves as the director of the Colorado Consortium for Prescription Drug Abuse, an organization that coordinates the statewide response to the opioid crisis and consist of a broad network of subject matter experts from multiple disciplines. In 2020 and 2021, the Consortium received funding from the Colorado General Assembly for the Perinatal Data Linkage Project and contracted with the Evaluation Lab of Denver University for implementation of that project.

Prior to his role as director of the Consortium, José served from 2015 to 2019 as the Director of Community Engagement in the Colorado Office of the Attorney General as an appointee of Attorney General Cynthia Coffman and then of Attorney General Phil Weiser. In that role, he advised the Attorney General on evidence-based strategies for addressing the opioid crisis.

By appointment of the President of the Colorado Senate, José was Vice Chair of Prevention from 2010 to 2019 for the Colorado Statewide Substance Abuse Trend and Response Task Force, a legislatively mandated task force chaired by the Colorado Attorney General. He continues to serve on this task force by appointment of Attorney General Weiser. The task force monitors state drug data trends, promotes evidence-based practices to respond to those trends, and provides drug policy recommendations.



Workshop Gondola - Thursday

## **Perinatal and Adolescent Clinical Best Practices: Early Childhood Attachment Considerations and Substance Use Disorder Treatment Interventions in Sensitive Periods**

*Dr. Sukhmeet Sandhu, MD; University of Colorado School of Medicine*

*Dr. Aviva Olsavsky, MD; University of Colorado School of Medicine*

### **Learning Objectives**

- 1) Differentiate the challenges posed by the pediatric substance use crisis which move beyond the pediatric mental health crisis.
- 2) Determine alternative approaches when referrals for treatment are declined: from SBIRT to SBIMI.
- 3) Enumerate core principles and practices for harm reduction.
- 4) Summarize the ways in which attachment processes “matter” for care during the perinatal and adolescent periods.
- 5) Apply the principles of motivational interviewing during small-group exercise.

### **Your Speakers**



#### **Dr. Sukhmeet Sandhu, MD**

*University of Colorado School of Medicine, Aurora, CO*

Sukhmeet Sandhu is an addiction medicine fellow at the University of Colorado. She is board certified in internal medicine, and completed her residency training Boston University Medical Center. Prior to joining the addiction medicine fellowship at the University of Colorado, she practiced primary care near Philadelphia, PA, in an underserved and underrepresented community. Sukhmeet is passionate about identifying and treating substance use disorders in the adolescent population.

Workshop Gondola - Thursday

## **Perinatal and Adolescent Clinical Best Practices: Early Childhood Attachment Considerations and Substance Use Disorder Treatment Interventions in Sensitive Periods**

*Dr. Sukhmeet Sandhu, MD; University of Colorado School of Medicine*

*Dr. Aviva Olsavsky, MD; University of Colorado School of Medicine*

### **Your Speakers**



#### **Dr. Aviva Olsavsky, MD**

*University of Colorado School of Medicine, Aurora, CO*

Dr. Aviva K. Olsavsky, MD, is an Assistant Professor and a perinatal/child psychiatrist at the University of Colorado School of Medicine with appointments in Psychiatry and Obstetrics/ Gynecology. She is a graduate of Harvard College and the UCLA School of Medicine. She completed her adult psychiatry residency training at UCLA, a clinical research fellowship at the National Institutes of Health, and her child and adolescent psychiatry and postdoctoral research fellowships at the University of Colorado.

Dr. Olsavsky's clinical work includes evaluation and treatment of perinatal people with mental health conditions and/or substance misuse, as well as working with parents and infants to improve their relationships. Dr. Olsavsky's NIH-funded research program aims to understand the impact of maternal substance use and mothers' early adverse experiences on their neural responses to infant cues and relationships with their infants.

Dr. Olsavsky serves as a consultant to the American Heart Association's EmPOWERED to Serve program, which provides health educational content through community-based programs which aim to support and empower communities of color. She has designed innovative virtual educational programming for psychiatric trainees as they become new parents, allowing them to learn about perinatal mental health and clinical neuroscience, while spending more time with their infants. In seeking to understand the mechanisms through which stress and substances act on the parental brain, Dr. Olsavsky hopes to improve preventive and treatment approaches, to support new families, and to impact the mental health of multiple generations.

Panel - Thursday

## **Hard Beauty - Mama Recovers: Empowering Mothers on the Journey to Healing**

*Panelists: Tiffany Kuhwede, Amy Walker, Allison Fulton,  
Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis; Hard Beauty  
Moderated by Racquel Garcia, Hard Beauty*

*Hard  
Beauty*

### **Learning Objectives**

- 1) Understand the challenges of perinatal substance use disorder (SUD) for mothers.
  - 2) Discover the impact of peer support and community connection on the recovery journey of mothers.
  - 3) Explore the foundational principles of Mama Recovers and its tailored approach to holistic well-being.
  - 4) Learn about evidence-based practices, trauma-informed care, and therapeutic modalities incorporated into the Mama Recovers program.
  - 5) Learn how Mama Recovers addresses the unique needs of mothers during pregnancy, postpartum and beyond.
  - 6) Recognize the importance of fostering both independence and interdependence in the recovery process for mothers.
  - 7) Understand the importance of parenting support and child development during recovery.
- Appreciate the value of inclusivity and equity in creating a supportive community for mothers in recovery.

### **Your Panelists**



**Tiffany Kuhwede**  
*Hard Beauty, Colorado*

Having experienced violence and trauma in her own life, and overcoming the adverse effects that came with it, Tiffany works with others who are in recovery from abuse, neglect, trauma, mental illness, and addiction. Tiffany Kuhwede has grown with HardBeauty from her role as Peer Recovery Coach into the Director of Coaching, Program Developer, and HBYOUniversity facilitator. She is a CPFS through COPA and a nationally certified Peer Recovery Support Specialist, through NAADAC, walking along side those in recovery at the intersection of Intimate Partner and Family Violence and mental health challenges. Tiffany is also a Master level Reiki Practitioner and Sensi providing calm support in helping people take deep breaths. Combining all of these tools to create the Unbroken Program is what Tiffany is most proud of. Unbroken includes Peer Groups, 1:1 coaching, and Peer Coach Training at a state and national level.

Panel - Thursday

## **Mama Recovers: Empowering Mothers on the Journey to Healing**

*Panelists: Tiffany Kuhwede, Amy Walker, Allison Fulton,*

*Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis; Hard Beauty*

*Moderated by Racquel Garcia, Hard Beauty*

### **Your Panelists**



#### **Amy Walker**

*Hard Beauty, Colorado*

Amy brings a wealth of recovery experience to the coaching world being in recovery from substance misuse, mental health, chronic pain and illness. She has been in recovery from SUD since 2016. Amy is proud of her Texas roots, but fell in love with small-town Colorado life in 2005 and has called it home since. As a devoted mom of five, she has been homeschooling for three years. Amy is committed to living her recovery out loud to show other women and moms that there is a way out.



#### **Allison Fulton**

*Hard Beauty, Colorado*

A Denver resident and Colorado native, Allison Fulton received a Bachelor of Arts from Metro State University. Allie also received a CNA from Emily Griffith and has worked as a caretaker for 30+ years. She has been a single mother and never been married. Her daughter was born at 26 weeks with SUD. Allie tried for 17 years to get sober, and nothing was working until a friend suggested she reach out to HardBeauty and find a coach. Allie has been in recovery from alcohol, domestic violence, and substances since 2020. Her home was full of neglect, which turned to using substances, specifically alcohol, and enduring toxic relationships. Allie completed the CHOICES Peer Recovery Coach Training and joined the HardBeauty team. Allie strives to continue her education and has become a certified birth doula and is now working toward her death doula certification. Her passion is to walk alongside mamas and help them explore what recovery looks like for them.



Panel - Thursday

## **Mama Recovers: Empowering Mothers on the Journey to Healing**

*Panelists: Tiffany Kuhwede, Amy Walker, Allison Fulton,*

*Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis; Hard Beauty*

*Moderated by Racquel Garcia, Hard Beauty*

### **Your Panelists**



#### **Mandy Chapman**

*Hard Beauty, Colorado*

Mandy has lived in Pueblo, Colorado since 1976. Having experienced anxiety, depression, ADHD, substance misuse, domestic violence and suicide attempts, she is in recovery from a number of mental health challenges as well as trauma. After trying many different paths of recovery, her success came by finding a community of people like her who had achieved and built a life in recovery.

In 2015, her two daughters encouraged her to apply for a position as a Peer Supporter at a Crisis center. Despite her hesitation about holding this position, she became passionate about the work. Now, she is here at HardBeauty, nationally certified through Mental Health America as a Peer Support Specialist, and state-certified through COPA.



#### **Cortnie Watson**

*Hard Beauty, Colorado*

Cortnie, a dedicated member of HardBeauty since its inception, now serves as the Restore Program Director and Client Liaison. As a registered trauma-informed yoga teacher, certified Reiki Practitioner, and Auricular Acu-Technician, Cortnie's open heart and authentic demeanor foster deep and caring connections. Her intuitive ability creates a supportive space for recovery. Cortnie holds a special place for women and birthing humans, drawing from her own experiences as a mother to provide empowerment, safety, information, respect and a heard voice throughout pregnancy and the birthing process.

Panel - Thursday

## **Mama Recovers: Empowering Mothers on the Journey to Healing**

*Panelists: Tiffany Kuhwede, Amy Walker, Allison Fulton,*

*Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis; Hard Beauty*

*Moderated by Racquel Garcia, Hard Beauty*

### **Your Panelists**



#### **Jessica Waddell**

*Hard Beauty, Colorado*

Jessica is a compassionate Peer Recovery Coach and Recovery Doula, whose personal journey through addiction recovery fuels her dedication to helping others. Jessica offers holistic support to individuals navigating the complexities of sobriety. Drawing from her own experiences, she provides empathetic guidance, practical resources, and unwavering advocacy to her clients.



#### **Jamie Davis**

*Hard Beauty, Colorado*

Jamie Davis is a dedicated Peer Recovery Coach with a passion for guiding individuals through the journey of recovery. With eight years of personal recovery experience, Jamie brings empathy, understanding, and firsthand knowledge to her coaching practice. As a mother of four, including two teenagers and two young children, Jamie's journey has been shaped by her experiences as a teen mother and her traumatic childhood.

Despite facing numerous challenges, alongside her husband, also a seasoned recovery professional, have navigated the path to healing from substance use disorder, trauma, and mental health struggles. Known as an "Unbroken Coach," Jamie is committed to empowering her clients to embrace their resilience and rewrite their stories. Through her guidance, individuals are equipped with the tools and mindset necessary to navigate the challenges of recovery and build fulfilling lives.

Jamie's own struggles to achieve recovery have given her a unique insight into the complexities of the journey. Drawing from her experiences, she specializes in coaching individuals on self-care, self-love, and the importance of building a solid foundation for recovery. Her approach extends beyond individual healing by fostering a sense of community and support.

Jamie is actively involved in advocacy efforts aimed at reducing stigma surrounding addiction and mental health. Her dedication to supporting others on their journey to recovery serves as an inspiration to all those she encounters.

Panel - Thursday

## **Mama Recovers: Empowering Mothers on the Journey to Healing**

*Panelists: Tiffany Kuhwede, Amy Walker, Allison Fulton,*

*Mandy Chapman, Cortnie Watson, Jessica Waddell, Jamie Davis; Hard Beauty*

*Moderated by Racquel Garcia, Hard Beauty*

### **Your Moderator**



#### **Racquel Garcia**

*Hard Beauty, Colorado*

Racquel is a passionate advocate for change, working tirelessly to destigmatize and educate on the challenges of overcoming substance misuse and systemic and familial obstacles. She is deeply committed to advocating for underserved populations, particularly on the issues of racial equity, the power of peer coaching, and criminal justice reform. Racquel is the owner & Chief Innovation Officer of HardBeauty and serves as the Executive Director of the HardBeauty Foundation. Her foundation is the first and only peer-led organization in Douglas County, Colorado, offering hybrid coaching and programming that serves the entire state.

Racquel's educational background includes an Associates Degree in Addiction Counseling from ICDC College. She is also a National Certified Peer Recovery Specialist with NAADAC and possesses qualifications as an ARISE Interventionist, Subject Matter Expert and Training Facilitator for Opioid Response Network, working at the national level on behalf of SAMSHA.

In March of 2023, Racquel began a 2-year term on the Colorado Opioid Abatement Council. Her appointment by the Attorney General highlights her expertise in the field. She serves as a member of the Behavioral Health Administration Advisory Council (BHACC). In this capacity, she collaborates to create a people-first behavioral health system in Colorado.

Racquel's involvement extends nationally as the Vice-Chair of the National Naloxone Project, where she is a leader in MOMs+. Her contributions have made her a powerful influencer, particularly with the "Tough As A Mother Stronger Than Addiction" campaign, which acknowledges her impactful work with mothers in Colorado and across the nation.



Panel - Friday

## **Building Bridges:**

### **Prioritizing Patients in Substance Use Policy Design**

*Dr. Christine Gold, MD; University of Colorado School of Medicine*

*Kristine “Lyle” Wagner, CPNP-PC, MSN, RN; University of Colorado School of Medicine*

*Dr. Kelly McMullen, MD; Denver Health*

*Robyn Gustafson MSN, APRN, CPNP-PC, C-ONQS; UCHHealth North Region*

#### **Learning Objectives**

- 1) Review expert guidance around toxicology testing and lactation support for patients with substance use during pregnancy.
- 2) Identify policy ideas that support patients with SUD during the peripartum period and lactation.
- 3) Discuss different strategies to implement patient supportive policy in hospital systems and healthcare settings.

#### **Your Panelists**



#### **Dr. Christine Gold, MD**

*University of Colorado School of Medicine, Aurora, CO*

Dr. Gold is an Associate Professor of Pediatrics certified in General Pediatrics and Pediatric Hospital Medicine who primarily works at the University of Colorado Hospital caring for newborns. Her focus is on improving care for newborns and their families impacted by substance use. She is actively working to improve toxicology testing practices and reduce bias, stigma, and care for newborns and birthing persons during the birth hospitalization. Currently, she serves as a co-chair for the SuPPORT Colorado Policy Analysis Workgroup, a steering committee member of CHoSEN QIc, and the lead for families with substance use at the University of Colorado Hospital in Women and Infant units.



#### **Kristine “Lyle” Wagner, CPNP-PC, MSN, RN**

*University of Colorado School of Medicine, Aurora, CO*

Lyle Wagner is a pediatric nurse practitioner and Senior Instructor at the University of Colorado School of Medicine. She works clinically as a newborn hospitalist and serves as the the Advanced Practice Provider Lead at the University of Colorado Hospital Newborn Nursery. Lyle is actively involved in improving care for substance-exposed newborns and substance-affected families across Colorado, serving on the CHoSEN QIC Steering Committee and the Illuminate/SuPPoRT Colorado Policy Analysis Workgroup.

Panel - Friday

## **Building Bridges:**

### **Prioritizing Patients in Substance Use Policy Design**

*Dr. Christine Gold, MD; University of Colorado School of Medicine*

*Kristine “Lyle” Wagner, CPNP-PC, MSN, RN; University of Colorado School of Medicine*

*Dr. Kelly McMullen, MD; Denver Health*

*Robyn Gustafson; UCHHealth Poudre Valley Hospital*

#### **Your Panelists**



#### **Dr. Kelly McMullen, MD**

*Denver Health, Denver, CO*

Dr. Kelly McMullen is a family physician and certified lactation counselor who has dedicated her career to care of people through the transition to parenthood, especially those in marginalized communities. She was born and raised in Denver. She attended Rice University in Houston, Texas, and graduated with a BA in Anthropology. Following graduation she worked for a non-profit agency promoting public health in Latin America where she found her calling to be a physician. She returned to Denver and attended the University of Colorado School of Medicine and Residency at Saint Joseph’s Hospital. There, she helped to establish the obstetrics training track and Maternity Care Fellowship for Family physicians seeking advanced training in operative and higher risk obstetric care. Following residency, she worked at the Salud Clinic in Brighton, Colorado providing full spectrum family care, delivering patients at Platte Valley Hospital. From 2010-2021 she was the Associate Director for the Maternity Care/Obstetrics Family Medicine Fellowship at Saint Joseph’s Hospital where she also provided medical counsel for the Jefferson County Family planning department and family planning care at Planned Parenthood of the Rockies. In 2016, she became a Certified Lactation Counselor and used this expertise to support lactation innovation at Saint Jo’s including assisting with achieving Baby Friendly Hospital status. From 2017 to 2022 she was director of the Lactation Journal Club educational program for the Mother’s Milk Bank of Colorado. Since 2017, she has helped chair the planning committee for the Colorado Maternal Morbidity and Mortality Summit. She is currently part of the faculty for the Family Medicine Residency at Denver Health and works at the Lowry Family Health Clinic where she continues to provide care for the underserved and advocate for peripartum and lactation health. She was recently elected as the Co-Chair of the Denver Health Lactation Task Force.

At home, she loves to get out in the sunshine to run, bike and swim. She is an avid knitter, mother of 2 kids and 2 cats, wife to another doctor, daughter to wonderfully supportive parents, and always grateful when anything ever gets done in this chaotic world.

Panel - Friday

## **Building Bridges:**

### **Prioritizing Patients in Substance Use Policy Design**

*Dr. Christine Gold, MD; University of Colorado School of Medicine*

*Kristine "Lyle" Wagner, CPNP-PC, MSN, RN; University of Colorado School of Medicine*

*Dr. Kelly McMullen, MD; Denver Health*

*Robyn Gustafson MSN, APRN, CPNP-PC, C-ONQS; UCHHealth North Region*

#### **Your Panelists**



#### **Robyn Gustafson, MSN, APRN, CPNP-PC, C-ONQS** *UCHHealth North Region, Fort Collins, CO*

Robyn received her Masters of Science in Nursing from Yale School of Nursing in 2000. She has more than 20 years' experience working with families and patients from infancy through adulthood in the acute care hospital setting and outpatient clinics. She has worked as a Pediatric Nurse Practitioner in an outpatient clinic, as a bedside nurse caring for patients in the perinatal setting, as well as a Clinical Educator for postpartum, antepartum and nursery staff. Robyn has served as the APRN for Women and Children's Services for UCHHealth North since 2014 and received her certification in Obstetric and Neonatal Quality and Safety in 2020. In this role Robyn focuses on supporting staff to provide families in Northern Colorado with safe, high quality evidence based care. She does this with an emphasis on patient education, preventative care, and providing families with the resources and knowledge to care for their children in the healthiest way possible. Robyn works to bridge nursing and medical practice to provide safe, high quality care to all patients in the Women and Children's Service line. Through the ongoing development, implementation and evaluation of evidence based policies and practices led by Robyn patients and families in Northern Colorado receive world class health care and support through their health care journey.

Closing Plenary - Friday

## **Enhancing Child Welfare and Healthcare System Collaboration with Plans of Safe Care**

*Shannon Bryan, MPH; Colorado Department of Human Services, Division of Child Welfare*

## **Protecting and Caring for Our Most Vulnerable: A Cross System Collaboration to Identify and Care for Substance Exposed Newborns and Their Families**

*Angela Mead, MSW; Larimer County Department of Human Services*

### **Learning Objectives**

- 1) Describe the evolving partnership between hospitals and child welfare over an 18-year time span to identify substance exposed newborns and engage families in a journey of safe care, recovery and hope.
- 2) Describe the collaborative working model in Larimer County to identify and respond to substance exposed infants and their families. Includes screening, assessment and plans of safe care.
- 3) Describe the 7 essential tasks that needed to implement the model.
- 4) Describe barriers and challenges through out the process.
- 5) Describe solutions to mitigate barriers and challenges.

### **Your Speakers**



#### **Shannon Bryan, MPH**

*Colorado Department of Human Services,  
Division of Child Welfare, Denver, CO*

Shannon Bryan is the Substance Use Disorder and Substance Exposed Newborn Specialist for the Colorado Department of Human Service Division of Child Welfare. Shannon holds a master's in public health with a focus in Family and Child Health, and has over 10 years of experience leading multi-system projects to improve outcomes for children, youth and families. Shannon currently serves as co-chair for SuPPoRT Colorado as Plans of Safe Care Work Group, Chair of the Division of Child Welfare Substance Use Disorder Working Group, and the CDHS representative on the Attorney General's Substance Abuse Trend and Response Task Force. She is passionate about bridging diverse perspectives to develop new ideas and support innovative change.



Closing Plenary - Friday

## Enhancing Child Welfare and Healthcare System Collaboration with Plans of Safe Care

*Shannon Bryan, MPH; Colorado Department of Human Services, Division of Child Welfare*

## Protecting and Caring for Our Most Vulnerable: A Cross System Collaboration to Identify and Care for Substance Exposed Newborns and Their Families

*Angela Mead, MSW; Larimer County Department of Human Services*

### Your Speakers



#### **Angela Mead, MSW**

*Larimer County Department of Human Services,  
Fort Collins, CO*

Angela Mead, MSW is currently a Deputy Division Manager and has worked with the Larimer County Department of Human Services for 40 years. As an administrator she oversees casework practice in child protection, foster and kinship services. She is a member of the Larimer County Child Fatality Review teams and has been a member of CSU School of Social Work adjunct faculty. She has extensive experience in child welfare curriculum development and training for caseworkers and supervisors. She has been part of many practice initiatives to improve Child Welfare Services in Colorado focusing on the implementation of Differential Response and developing a Trauma Informed Care System model. A passion of hers is working with families impacted by substance abuse, specifically strategies to protect drug endangered children. She serves on the SuPPort CO Plan of Safe Care Work Group developing Practice guidelines for child welfare and the medical community. She published, "The Methamphetamine Crisis – Strategies to Save Addicts, Families and Communities."



### **Continuing Education Opportunity**

This conference's speaker sessions can be redeemed for Continuing Education credit made possible by a generous donation from the Colorado Consortium for Prescription Drug Abuse Prevention.

Please see page 7 for more details on how to redeem CEs for this conference.



### **Evaluate Our Conference and Speakers**

We value your feedback! Please scan this QR code to review the conference and speaker sessions or use this link: <https://bit.ly/2024psudeval>.

# Poster Session Participants

Posters will be presented during the Poster Session & Networking Reception.

## **Addressing Perinatal Substance Use Disorder: A Multi-Faceted Approach**

Presenters: Aly Boral, Kylie Hibshman  
CPCQC

## **Our Pot of Gold Ending**

Presenters: Sarah Rauch  
Canyon View Women's Health

## **VOTE for Your Favorite Poster!**

Scan the QR code to vote for your favorite poster from the session. The winning poster will receive a prize at the start of the second day!



## **Primary Care Addiction Consultation Service: Colorado's Implementation Support Project**

Presenters: Tristen Hall, Lauren Quintana, Kathy Cebuhar, Kim Wiggins, Jacob Weiss, Chelsea Sobczak, Susan Mathieu, David Mendez, Kyle Knierim  
Practice Innovation Program at University of Colorado School of Medicine

## **Knowledge Is Power, But Does Knowledge Impact Bias?**

Presenters: Jodi Hasenack, Alexis Skelton, Leslie Dempsey  
CommonSpirit Southern Colorado Family Medicine Residency

## **Sustainability for Women in our Special Connections at Wings**

Presenters: Desiree Flores, Sheri Hein  
Wings Program at North Range Behavioral Health

## **MOUD Team Trainings: A Tool to Help Practices Expanding Their Scope and Skill**

Presenters: Kathy Cebuhar, Thomas Bao, Kyle Knierim, Susan Mathieu, Lauren Quintana  
Practice Innovation Program at University of Colorado School of Medicine

## **It Takes a Village – The Significance of the Community in the Perinatal Period**

Presenters: Bruck Gezahegn, Jennifer Halfacre, Susan Mathieu  
Practice Innovation Program at University of Colorado School of Medicine

## **Prenatal Booklet: Setting Parents Up For Success**

Presenters: Alyssa Milan, Sarah Jaquith  
CommonSpirit High Country

## **Mandated Reporting Policies for Perinatal Substance Use: A Review of U.S. State-by-State Policies and Systematic Review of the Literature**

Presenters: Leah Peloff, Sandra Appiah, Keinada Anderebas, Christina Bodison, Aamir Abdullah, Aviva K. Olsavsky  
University of Colorado School of Medicine, Children's Hospital Colorado

## **Developing the Recovery Coach Doula Program: Applying the Transcreational Framework for Design and Implementation**

Presenters: Elizabeth Phillips, E. Brie Thumm, Britt Westmoreland, Heather Thompson, Sarah Lopez, Jessica Anderson  
University of Colorado School of Nursing

# About Our Projects

## ICWB – Integrated Care for Women and Babies

ICWB is a program established by the Colorado Department of Human Services, Behavioral Health Administration (BHA), the University of Colorado, Department of Family Medicine's Practice Innovation Program to integrate the obstetric and gynecological (OB/GYN) health care services of clinics with behavioral health and substance use disorder treatment (SUD), including Medication-Assisted Treatment (MAT) services, of treatment facilities, by coordinating and providing such services at the same location. The program started in 2020 as a pilot program and became permanent in 2021.



**INTEGRATED CARE**  
FOR WOMEN AND BABIES

Currently, seven partners, two SUD treatment facilities and five clinics where OB/GYN services are provided, are participating in the project, along with advising from professionals in areas including clinical health information technology, behavioral health training, and sustainability planning. The program has graduated six additional partners who started in 2020. We are also excited to be welcoming six new partner clinics and sites in July 2024, who will make up the third cohort.

Funding for this project is provided by the Colorado State Legislature based on Senate Bill 19-228, Part 2.

Learn more at: <https://medschool.cuanschutz.edu/practice-innovation-program/current-initiatives/integrated-care-for-women-babies>.

## IMPACT BH – Improve Perinatal Access, Coordination, and Treatment for Behavioral Health



IMPACT BH brings together hospitals, primary healthcare services, and community-based organizations as active collaborators and partners in providing wrap-around support and care navigation to pregnant and postpartum people and their families. IMPACT BH is a partnership led by CPCQC (Colorado Perinatal Care Quality Collaborative) in partnership with University of Colorado Practice Innovation Program, Illuminate CO, and Stader Opioid Consultants and is currently working in Garfield, Pitkin, Eagle, and Summit counties.

The program is intended to focus on more than just hospital improvement by creating an integrated delivery system that brings together hospitals, community-based healthcare services, and patients as active partners in perinatal and postpartum care. We are advancing the traditional model that focuses solely on hospital improvement to create an integrated delivery system that supports the whole patient through access to hospital- and community-based care and treatment, wrap-around support services, individualized care coordination, and increased social and peer support.

Learn more at: <https://cpcqc.org/qii/impact-bh/>.

### Learn More About Both Programs

You can learn more on the Practice Innovation Program website at the QR code to the right or at <https://bit.ly/2024copsudsite>.





# ***Shoutout to Our Partner Clinics***

The true stars of this Conference are the providers and staff at the clinics and SUD treatment sites in ICWB and IMPACT BH that the changemakers improving their organizations and providing compassionate patient care to every person that enters their doors.

**We extend our thanks to the following organizations:**

## **ICWB Cohort 1 Graduates (2020-2022)**

Addiction Research and Treatment Services (ARTS) - Denver, CO  
Denver Health Women's Care Clinic (Denver, CO)  
Mind Springs Women's Recovery Center (Grand Junction, CO)  
San Luis Valley Health (Alamosa, CO)  
Sheridan Health Services (Denver, CO)  
Sunrise Community Health Center (Greeley, CO)

## **ICWB Cohort 2 (2022-2024)**

Canyon View Women's Health (Grand Junction, CO)  
CU College of Nursing Midwifery Practices (Aurora/Lone Tree, CO)  
Montrose Health Alpine Women's Clinic (Montrose, CO)  
North Range Behavioral Health/Wings (Greeley, CO)  
Salida Health Center (Salida, CO)  
CommonSpirit Southern Colorado Family Medicine (Pueblo, CO)  
CommonSpirit St. Anthony North Family Medicine (Westminster, CO)

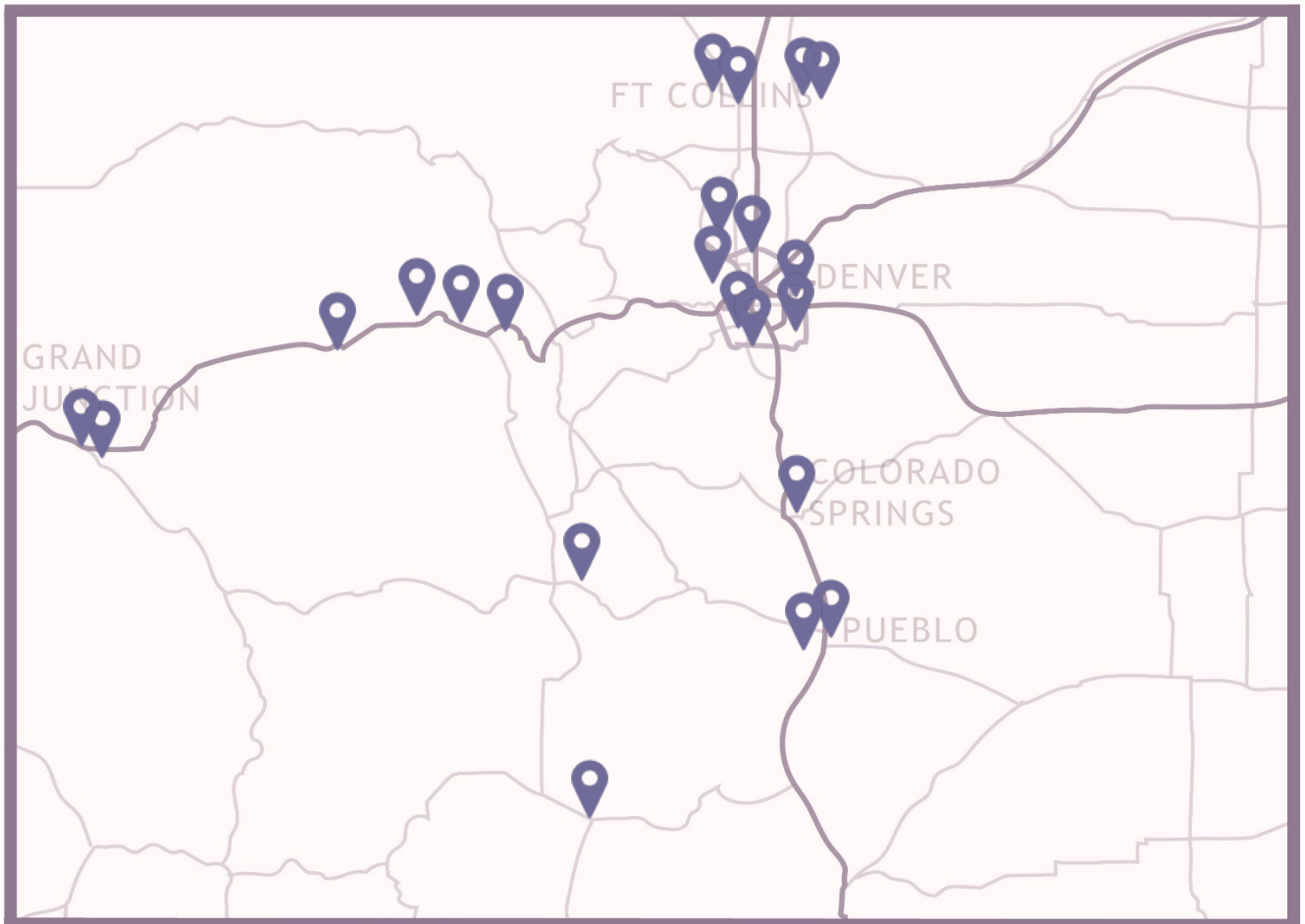
## **IMPACT BH**

CommonSpirit High Country (Frisco, CO)  
Mountain Family Edwards (Edwards, CO)  
Summit Community Care Clinic (Frisco, CO)  
Women's Health at Valley View Hospital + Pediatric Partners (Glenwood Springs, CO)

## **ICWB Cohort 3 (2024-2026)**

UCHealth Family Medicine Center (Fort Collins, CO)  
SummitStone Health Partners (Fort Collins, CO)  
Aurora Mental Health and Recovery (Aurora, CO)  
CU College of Nursing Midwifery Practices (Longmont/Highlands Ranch, CO)  
Clinica Family Health Center (Boulder, CO)  
Elevate Healthcare (Pueblo, CO)





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Please thank the following people for all the hard work to plan, coordinate, execute this conference.

Thomas Bao

Danika Buss

Kathy Cebuhar

Bertha Gonzalez

Jennifer Halfacre

Lauren Quintana



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