

# Protecting and Caring For Our Most Vulnerable

A cross system collaboration to identify and care for Substance Exposed Newborns and their families.

Angela Mead, MSW, Deputy Division  
Manager

Larimer County Department of Human  
Services

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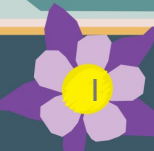


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# Learning Objectives

- Describe the evolving partnership between hospitals and child welfare over an 18-year time span to identify substance exposed newborns and engage families in a journey of safe care, recovery and hope.
- Describe the 7 essential tasks needed to implement the model.
- Describe the collaborative working model in Larimer County to identify and respond to substance exposed infants and their families; includes screening, assessment and plans of safe care.
- Describe barriers and challenges through out the process.
- Describe solutions to mitigate barriers and challenges.

# 7 Essential Tasks

Identify common purpose

Share knowledge, expertise and perspectives

Explore and align intended outcomes

Determine scope of problem

Develop strategies to fill gaps

Workgroup to implement solutions

Monitor implementation – feedback loop

Evaluate Impact



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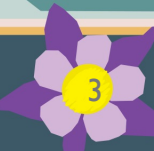


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## 7 Essential Tasks in Action

<b>Task</b>	<b>Action</b>	<b>How</b>	<b>Achieved</b>
<i>Common purpose</i>	Early identification of SEN, patient care, safety, treatment	Hospital Advisory Council	Established in 2006
<i>Expertise</i>	Shared perspectives of risk/impact/ needs	Hospital and CPS staff, law enforcement, TX providers, people with lived experience	Accomplished agreements on infant/maternal screening, patient care, mandated reporting
<i>Intended outcomes</i>	Early identification of SEN, improve patient care, safety, timely access to treatment	Visioning, Antepartum/discharge care conferences, developed POSC work group, implement model	Plans of Safe Care Pilot in 2017 Completed May 2021
<i>Scope of problem</i>	Increase in SEN Inconsistent practice, lack of engagement and good planning	Process analysis/mapping current and future state	Completed in August 2021
<i>Strategies</i>	Screening, Assessment Planning, Education	Infant and Maternal Screen, Care conferences, integrating plans, parent resources, cross training	Current
<i>Monitor</i>	Feedback Loop	Problem solve cases as needed.	Current
<i>Evaluate</i>	Track outcomes across systems	Data tracking, refine process	Need to develop

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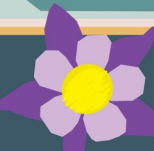


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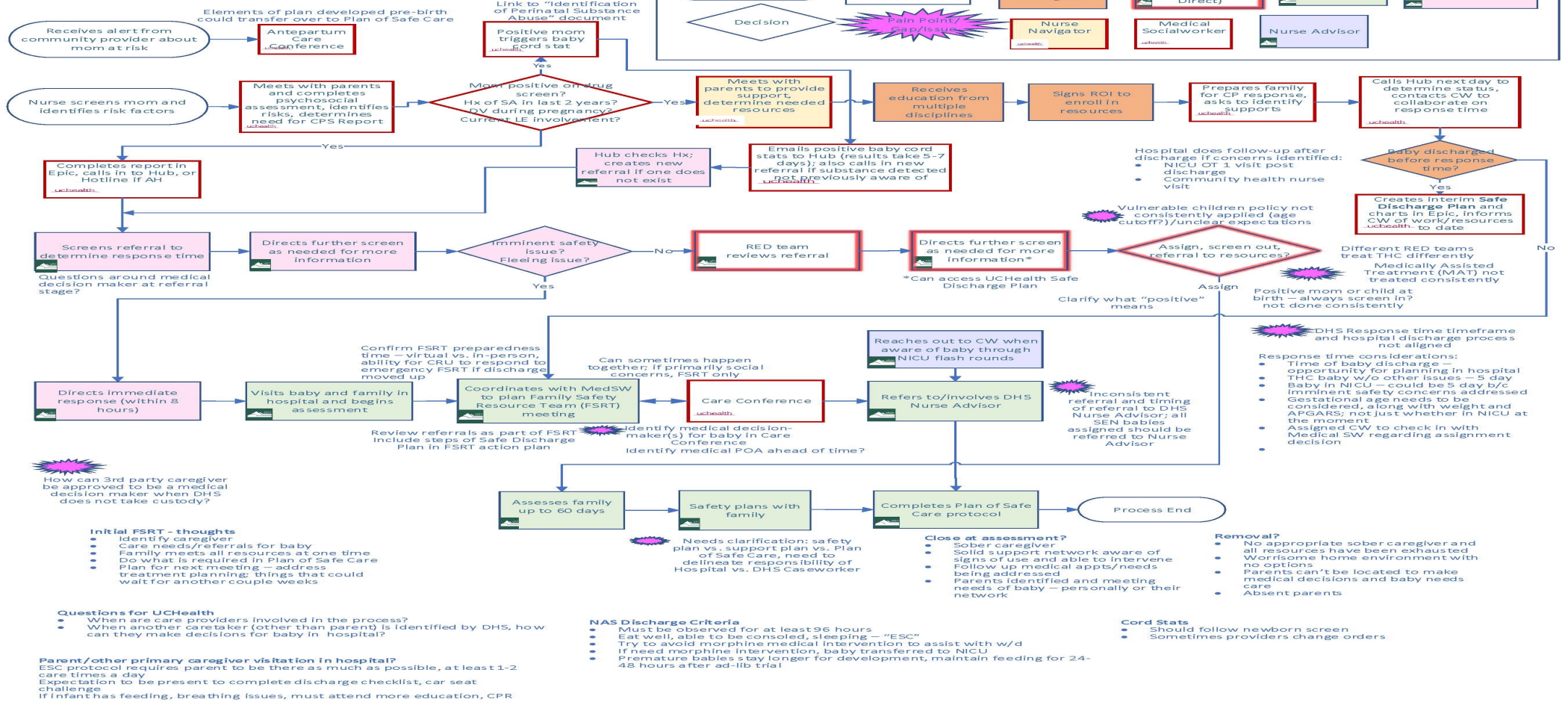


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**Plans of Safe Care Process – Current State**  
06/18/21

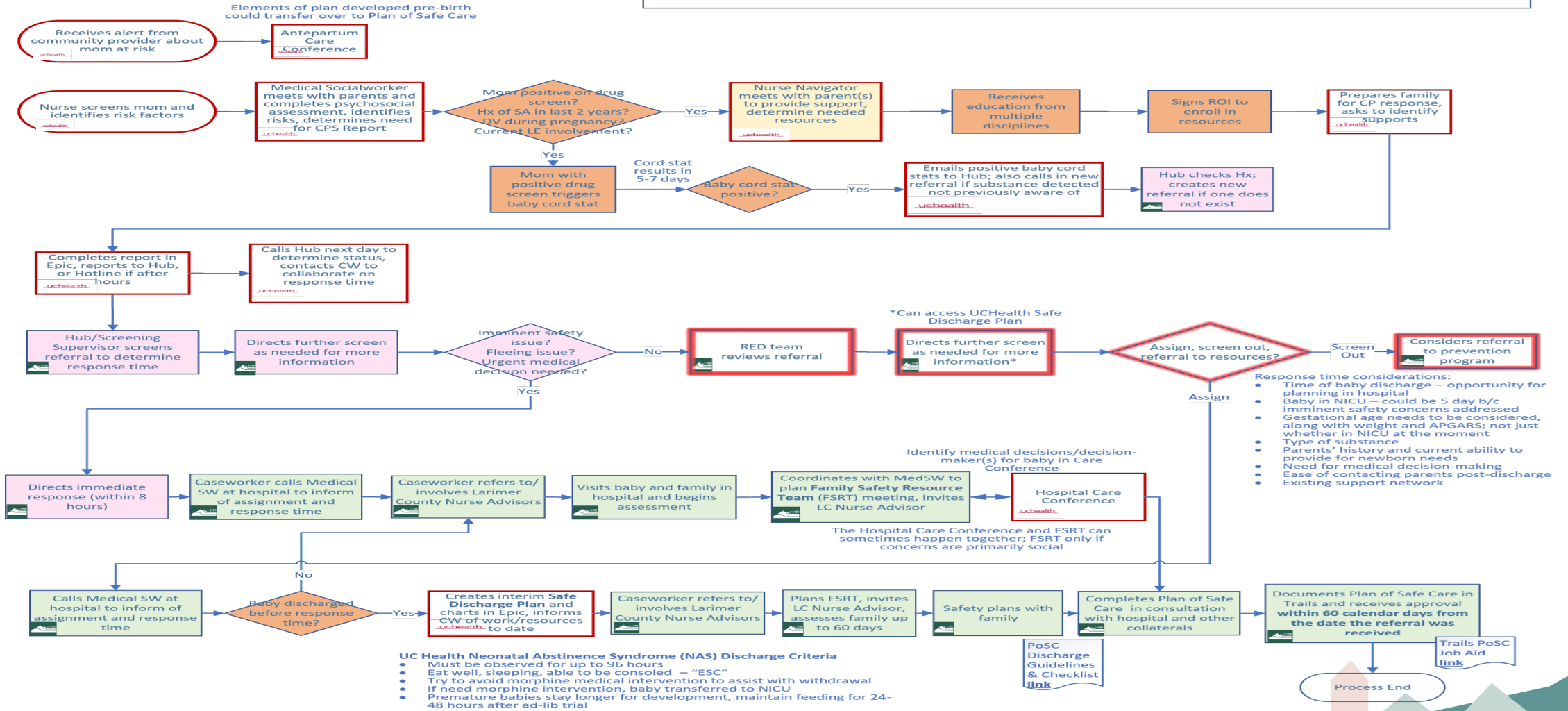
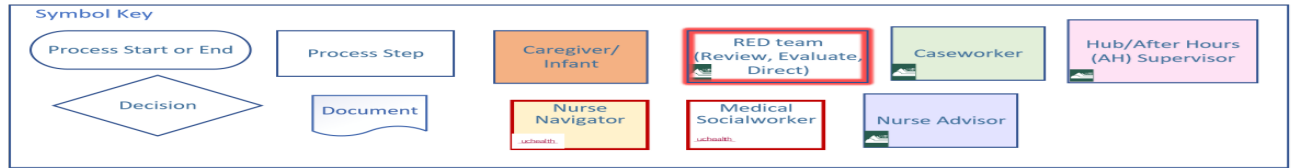


Larimer County Human Services Department/Children, Youth and Family/Plans of Safe Care Work Group  
Angela Mead, CYF Deputy Division Manager  
06/18/21

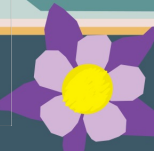
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**Plan of Safe Care Process – April 1, 2022**  
for infants with prenatal substance exposure

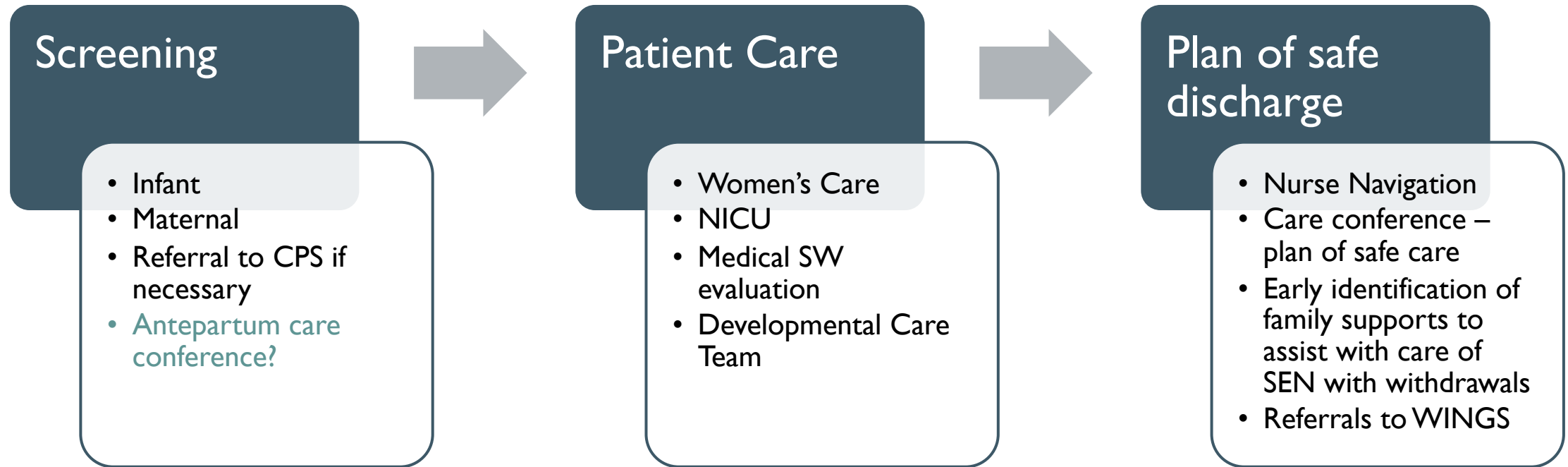
*A Plan of Safe Care is a collaborative process to create a documented plan for the health, safety, and well-being of an infant reported with prenatal substance exposure, following the infant's release from the care of a healthcare provider, and address the health, support, and substance use treatment needs of the affected family or caregiver(s) according to the requirements outlined in section 7.107.5 (12 ccr 2509-2).*



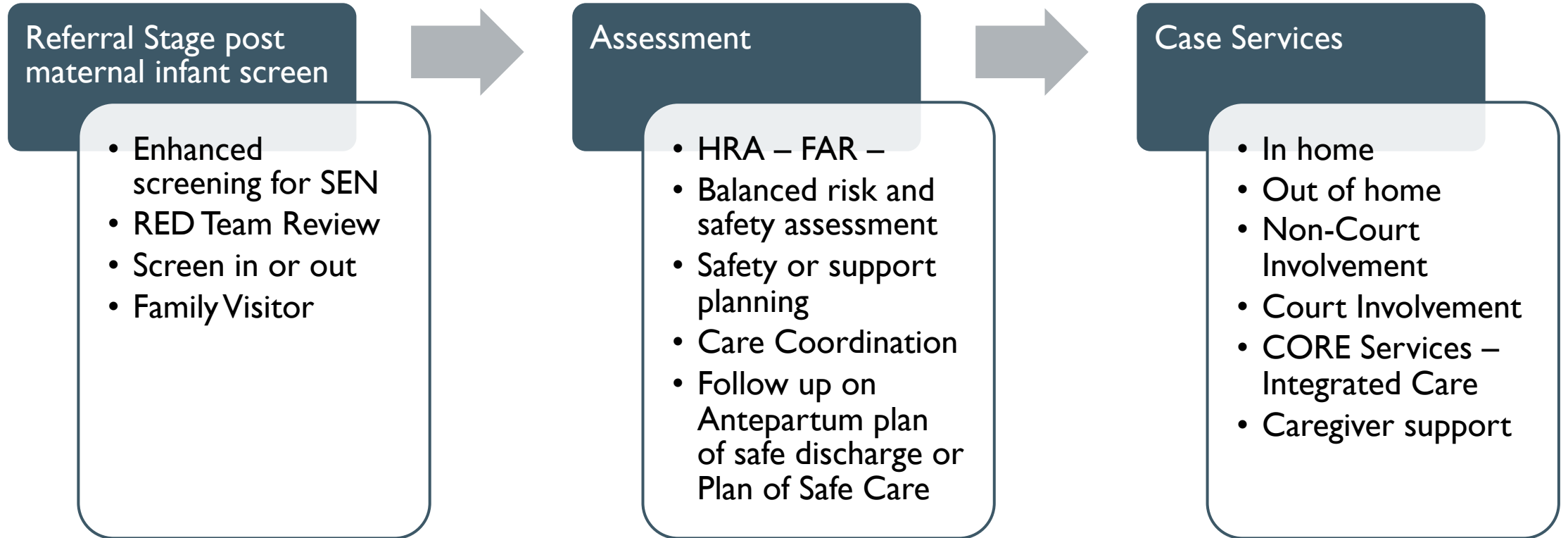
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# Plans of Safe Care - Medical



# Plan of Safe Care – Child Welfare





# Challenges throughout process

## Medical

- Hospital resistance to change
- Process and documentation
- Staff accessibility and consistency
- Determination of roles
- Resource availability
- Workflow of NICU and well newborn
- EPIC

## Solutions

- Getting the right people involved in planning
- Support staff who find it difficult
- Build internal processes – staff inclusion
- Craft implementation strategies and address barriers
- Training; increase awareness, access and completion of online training, round robins

# Challenges throughout the process

## Child welfare

- Engagement with families, mitigating risk
- Navigation and communication across systems
- Integrating types of planning with family; discharge, safety & support
- Understanding roles
- Documentation

## Solutions

- Family meetings in hospital setting, building connections & support
- Plans of safe discharge
- Integrated plans
- Cross training with hospital
- Plan of Safe Care
- CQI – change it up if it's not working

# Impacts of a successful collaboration

- Proactive verses reactive
- Improved patient care
- Integrated plans of support & care
- Increased safety
- Reduce trauma
- Strengthen caregiver capacity
- Cross system education
- Strengthen partnerships



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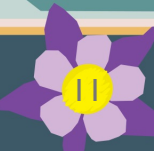


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# Parent Education Resources

Drug and alcohol use during pregnancy and while breast feeding

Marijuana (THC) use during pregnancy and while breast feeding

Prescription pain medication use during pregnancy and while breast feeding

Neonatal abstinence syndrome: How substance use in pregnancy affects your baby after birth

Information about your infant's umbilical cord testing

Think You Won't Fall Asleep? Think Again: Infant Safe Sleep and the Impact of Substance Use

Care conference/Plans of Safe Care Family Meeting

Postpartum Support International – online support groups



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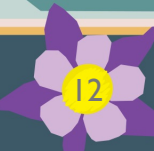


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# Training resources for child welfare

- Access to educational resources provided to families
- Description of program services; Nurse Navigation, Developmental Care Team, Medical Social Work
- Description of Community Resources to coordinate care; Nurse Family Partnership, Visiting Home Nurse, Healthy Harbors, Health Care Program for Children and Early Intervention
- Training video – A visit to the NICU – collaborating with hospitals for Substance Exposed Newborns and their families
- What to know about Safe Sleep
- Maternal Newborn Risk Screener
- What to know about the impacts of prenatal exposure by types; tobacco, opioids/Heroin, Methamphetamine, Marijuana, Cocaine, Alcohol. Information on brain development.
- Eat. Sleep, Console Protocol
- Legislation, Volume VII Regulations, County Policies and Procedures
- Assessment tool check list, Job Aid, Discharge Considerations and Guidelines and centralized location for accessing information



***“Coming together is a beginning, staying together is progress and working together is success.” Henry Ford***

## Q & A



# Thank you!

Angela Mead, MSW

Larimer County Department of Human Services

970-498-6562

meadxxad@co.larimer.co.us

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