Using PFE Metrics to Achieve the TCPI Aims - working draft --------------------

TCPI AIMS	NNE-PTN Contributing Metric	PFE Interventions	PFE Examples
AIM 02 Improve Health Outcomes	Hypertension – Controlling High Blood Pressure (BP <140/90) (NQF 0018) Depression Screening/Follow Up (NQF 0418) Tobacco Screening & Cessation (NQF 0028) Substance Use Disorder Screening (SUD)	Million Hearts – NH blood pressure patient wallet cards, exam room posters on taking a correct BP Encourage the use of Apps on smartphones to track BP daily (i.e. Blood Pressure Watch app or Smart BP Tracker app) ACP's Hypertension patient information "How Confident are you?" questionnaire to measure patient activation (Dr. Wasson article) Safe Opioid Use – ACP Choosing Wisely Chronic Pain Rack Card (locating SUD interventions to add to document)	• PFE #1-Practice has a process in place for including the perspective and active voice of the patient and family in the governance of the practice. • PFE #2-Practice is using methods to promote and teach shared decision making so that patients (and their families according to patient preference) are authentically part of the care team. • PFE #3-Practice is using standardized tools that measure a patient's skills, confidence or knowledge to self-manage their health. Examples may include: The Patient Activation Measure (PAM), AHRQ's Question Builder, motivational interviewing or teach-back techniques to improve patients awareness and self-management, etc. • PFE #4-Does the practice have an e-tool (patient portal or other #-Connectivity technology)
AIM 03 Reduce Unnecessary Utilization	Admissions (overall) – Inpatient UR (Hedis) Readmissions (30 Day All Cause) (NQF 1768) Emergency Department – Ambulatory Care Sensitive Conditions Utilization	**Choosing Wisely-generic** Choosing Wisely patient information on avoiding unnecessary care in the Emergency Room Choosing Wisely patient information on imaging for uncomplicated headaches Choosing Wisely patient information on OverUse Rack Card Other Choosing Wisely materials patient information sheets Choosing Wisely 5 Questions Rack Card Choosing Wisely 5 Questions wallet cards, posters Choosing Wisely app for iPhone/iPad or Android device/smartphone **Choosing Wisely – Low Back Pain** Choosing Wisely Low Back Pain patient information Choosing Wisely Low Back Pain rack card	• PFE #2-Practice is using methods to promote and teach shared decision making so that patients (and their families according to patient preference) are authentically part of the care team. • PFE #3-Practice is using standardized tools that measure a patient's skills, confidence or knowledge to self-manage their health. Examples may include: The Patient Activation Measure (PAM), AHRQ's Question Builder, motivational interviewing or teach-back techniques to improve patients' awareness and self-management, etc. • PFE #5-Practice systematically addresses health literacy through universal precautions and assessing how well patients understand information provided to help them manage their health, supplements instructions with appropriate materials (such as videos, models, pictures, etc.) Organizes information so that most important points stand out and repeats this information for the patients (using tools such as Ask Me 3 from the National Patient Safety Foundation). Uses feedback from patient and family advisors to revise health brochures, new patient letters, instructions and materials to ensure readability and comprehension. • PFE #6-Practice is using a systematic, standard method in place to evaluate and support patients and their caregivers in medication self-management. Provides brochures or booklets to patients that will help explain why medications are important and will help them succeed with their care goals.
AIM 04 Generate Cost Savings	UR driven (Admissions, Readmits, ED Utilization) Resulting from Outcomes Improvement Limiting Unnecessary Testing and Procedures (Advanced Imaging for Low Back Pain) (NQF 0052)	**Cost of Care - Low Back Pain** Low back pain patient decision aid Low back pain clinical workflow, Wallet card of resources nudging poster Low Back Pain scripting templates: providers, MAs, Front desk **AHRQ Activation Tools** AHRQ's Be More Involved in Your Health Care brochure for patients AHRQ's "Taking Care of Myself: A Guide for when I leave the Hospital" Use health literacy precautions toolkit and use everyday language and provide simple instructions guidelines to assist teams in patient communication. AHRQ Question Builder AHRQ "Follow Up with Patients" Tool	• PFE#2-Practice is using methods to promote and teach shared decision making so that patients (and their families according to patient preference) are authentically part of the care team. • PFE #3-Practice is using standardized tools that measure a patient's skills, confidence or knowledge to self-manage their health. Examples may include: The Patient Activation Measure (PAM), AHRQ's Question Builder, motivational interviewing or teach-back techniques to improve patients awareness and self-management, etc. • PFE #5-Practice systematically addresses health literacy through universal precautions and assessing how well patients understand information provided to help them manage their health, supplements instructions with appropriate materials (such as videos, models, pictures, etc.) Organizes information so that most important points stand out and repeats this information for the patients (using tools such as Ask Me 3 from the National Patient Safety Foundation). Uses feedback from patient and family advisors to revise health brochures, new patient letters, instructions and materials to ensure readability and comprehension. • PFE #6-Practice is using standardized tools that measure a patient's skills, confidence or knowledge to self-manage their health. Examples may include: The Patient Activation Measure (PAM), AHRQ's Question Builder, motivational interviewing or teach-back techniques to improve patients awareness and self-management, etc.
AIM 05 Reduce Unnecessary Testing & Procedures	Advanced Imaging for Low Back Pain (NQF 0052)	**Other Activation Tools** Ask Me 3 patient activation materials "How Confident are you?" questionnaire to measure patient activation (Dr. Wasson article)	• PFE #2-Practice is using shared decision making tools that could include Choosing Wisely® materials, other decision aids, advanced care planning tools, etc.

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