



**PRACTICE INNOVATION**  
PROGRAM COLORADO  
*FACILITATING ALCOHOL SCREENING  
& TREATMENT (FAST)*

# FAST CHANGE PACKAGE

Presenters: Bonnie Jortberg and Robyn Wearner



Department of  
Family Medicine

# FAST Change Package Overall Goals

---

- Implement & sustain SBIRT (screening, brief intervention, referral, and treatment) in primary care practices through practice facilitation
- Implement and sustain medication assisted treatment (MAT)
- Assist practices with obtaining and utilizing UAU data.
- Virtual practice facilitation group – build a “learning community”

# FAST Change Package

---

- Practices randomized to in-person or virtual practice facilitation
- All practices will have 6 PF sessions, with in-person visits for Sessions 1,2 and 9-month final data collection
  - Virtual practice facilitation group will receive 4 virtual group sessions (4-7 practices/group)
  - eLearning modules will be utilized to structure the virtual group visits
- All practices will receive Medication Assisted Therapy (MAT) training via webinars; and have access to “warm line”
  - Will also have access to tools and resources, and educational eLearning modules on MAT and UAU. (See handout)

# Overview of PF visits

---

## In Person Arm\*

1. Orientation
2. Screening
3. Brief Intervention-Referral
4. Treatment & MAT
5. Team based Care
6. Sustainability
7. Final assessments at 9 mo

\*all visits in person at practice

## Virtual Arm+

1. Orientation (in person)
2. Screening (in person)
3. Brief Intervention-Referral (virtual group)
4. Treatment & MAT (virtual group)
5. Team based Care (virtual group)
6. Sustainability (virtual group)
7. Final assessments at 9 mo (in person)

+Visits 1, 2, 7 in person at practice  
3 – 6 with virtual group

# Practice Facilitation Guides

---

- Just that – meant to be a guide
  - Short, focused intervention
- Goal is still to “meet practices where they are” and use your professional judgement
  - This may be challenging in the VPF group with multiple practices – we will learn quite a bit!

# Session/Module 1    Orientation (in person)

---

## Intro packet

- 1 page project overview (specific to arm)
- Assessments- (PF enters into SPLIT, provide paper for PF)
  - Complete monitor (40 min)
  - Review baseline data, if available
  - SBIRT- Implementation checklist
  - HIT needs assessment/registry functionality (20 min although not during the meeting block-TBD)
- Identify practice champions and QI team
- Introduce Change package
- Resources that “we” offer (modules, toolkits, etc.)
  - List of evidence-based screening tools, “qualifying” screening questions
  - eLearning modules: Alcohol Screening and Treatment in Primary Care: Part I and Part II

# Session/Module 2 Screening (in person)

---

## In Person Arm

- Orientation all trainings available (arm specific)
- SBIRT overview/training
- Clinical decision support tools – intro
- Process mapping – Screening (interpretation of screening, risk stratification)
- + practice assignment- identify issues that occur between screening and BI (prepares group for visit 3)
- goals, aims established (use module for virtual/pdsa plan for in person)
- tracking and documentation
- Review data and address registry functionality
- Resources

## Virtual Arm (In person)

- Orientation all trainings available (arm specific)
- SBIRT overview/training
- Clinical decision support tools – intro
- Process mapping – Screening (interpretation of screening, risk stratification)
- + practice assignment- identify issues that occur between screening and BI (prepares group for visit 3)
- goals, aims established (use module for virtual/pdsa plan for in person)
- tracking and documentation
- Review data and address registry functionality
- **Session 2 eLearning Module**

# Session/Module 3 Brief Intervention & Referral

---

## In Person Arm

- Review screening
- Brief intervention troubleshooting and QI opportunities
- Process mapping – Brief Intervention (BI can keep happening)
- BI+ Referral (R=broad category, including medication)
- Dx- tracking and documentation
- Review data and address registry functionality
- Resources

## Virtual Group

- Review screening
- Brief intervention troubleshooting and QI opportunities
- Process mapping – Brief Intervention (BI can keep happening)
- BI+ Referral (R=broad category, including medication)
- Dx- tracking and documentation
- Review data and address registry functionality
- **eLearning Module: MAT- clinician**
- **eLearning Module 3: BI+R, data**



# Session/Module 4 Treatment +MAT

---

## In Person Arm

- Process mapping – Referral loop (int/ext?)
- Process mapping – MAT process, including follow up plans with patients
- tracking and documentation
- Review data and address registry functionality
- Resources
- **eLearning Module: Clinician MAT training**

## Virtual Group

- Process mapping – Referral loop (int/ext?)
- Process mapping – MAT process, including follow up plans with patients
- tracking and documentation
- Review data and address registry functionality
- **eLearning Module and Clinician MAT training**

# Session/Module 5 Team based care

---

## In Person Arm

- Team-based care – how can team be maximized related to processes (SBIRT, MAT plans)
- tracking and documentation-facilitating the workflow
- Review successes and trouble shooting
- Review data and address registry functionality
- Resources

## Virtual Group

- Team-based care – how can team be maximized related to processes (SBIRT, MAT plans)
- tracking and documentation-facilitating the workflow
- Review successes and trouble shooting
- Review data and address registry functionality
- **eLearning Module- Team Based Care**

# Session/Module 6 Sustainability

---

## In Person Arm

- Sustainability
- Review SBIRT processes
- Review data and address registry functionality
- Resources

## Virtual Group

- Sustainability
- Review SBIRT processes
- Review data and address registry functionality
- **eLearning Module-Sustainability**

# Session/Module 7 Final Assessments

## Both arms at 9 mo in person

---

- Assessments- (PF enters into SPLIT, provide paper for PF)
  - Complete monitor (40 min)
  - Review final data, if available
  - SBIRT- Implementation checklist

# Virtual PF Group

---

- Let's look at the eLearning modules!
- Goal is to use the eLearning modules to structure each virtual session; create a learning community
- Dedicated time at beginning and end of each session for practices to work together to evaluate their data and PDSA cycle from previous session; and share with the group
  - Goal is for the group to learn from each other

# Resources for Both Groups

---

- 2 modules on Unhealthy Alcohol Use (UAAU)
  - Alcohol Screening and Treatment in Primary Care Part I: Evidence-Based Guidelines
  - Alcohol Screening and Treatment in Primary Care Part II: Implementation Strategies
- Practice SBIRT Resource Module
- Clinician MAT Module
- MAT “Warm Line”