

PREPARE 4 CGM

CONTINUOUS GLUCOSE MONITORING (CGM)

Patients are asking for Continuous Glucose Monitoring...is your practice ready?



Join the PREPARE 4 CGM study: ([Click here to enroll](#))



The program will prepare practices to:

- Engage patients in managing their diabetes more effectively based on unprecedented and actionable data feedback
- Optimize glycemic quality metrics
- Help patients and care providers understand and respond to glucose readings
- Bill and code appropriately for this value-added service

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OPTIONS FOR ENGAGEMENT

REFER

CGM initiation can be time-consuming and challenging for practices to implement on their own.

Co-manage your patients with the project's virtual CGM Initiation Service (virCIS), which includes:

- An educational session on CGM
- Instructions on optimal use of virCIS
- The virCIS team: a clinical pharmacist, a diabetes educator, a nutritionist
- Education and shared decision making for patients
- Assistance with obtaining CGM for patients
- Patient training on use of the CGM device
- Assistance with billing and coding for CGM
- Preparing practices for ongoing CGM management when patients transition back to you at 6 months
- E-consults available with the virCIS team

LEARN

Either self-paced or facilitated training using American Academy of Family Physicians (AAFP) Transformation In Practice Series (TIPS)TM training program.

Training will support the practice team to become proficient in engaging patients in CGM, including:

- Patient selection
- Efficient workflows
- Shared decision making
- Billing, coding, and documentation for CGM

Practices will be randomized to one of two arms:

- 1) AAFP TIPSTM: A robust series of tools and training modules that are self-paced, on-demand, and will prepare your practice for CGM initiation and management.
- 2) Six months of practice facilitation (once/month) with access to the AAFP TIPSTM module mentioned above.

All practices will receive resources to help obtain CGM for their patients, to help with common concerns related to CGM (e.g., rash), and for diabetes management (in English and Spanish).

Data submission requirements are the same for both REFER and LEARN (QR):

Practice compensation is \$4000 over two years to support project activities.



Opportunities for patient and practice staff interviews and surveys (compensation via gift cards).

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