



#### ISP PTO Touchbase

Wednesday, February 10, 2021 at 9:00 am

#### **Call Instructions:**

#### Please

- Mute your phone, microphone, and speakers on your computer/device
- Enter your name/organization in the chat box feature for attendance
- We encourage active participation via Chat or audio
  - Submit questions via the chat box feature
    - Questions will be answered as submitted
  - Unmute yourself to ask question and participate in discussions

Time to ask questions via audio will be offered for those on the phone

- \*6 Toggle mute/un-mute
- \*9 Toggle raise/lower hand

# Agenda

SUD – Kyle Knierim

Feedback Reports

Updates and Due Dates

Resources





# 3 takeaways

Addressing SUD matters now more than ever

We're seeing progress across the state by practices taking small incremental steps towards teambased solutions.

Support programs make a difference

### Progress on ISP's SUD Milestones

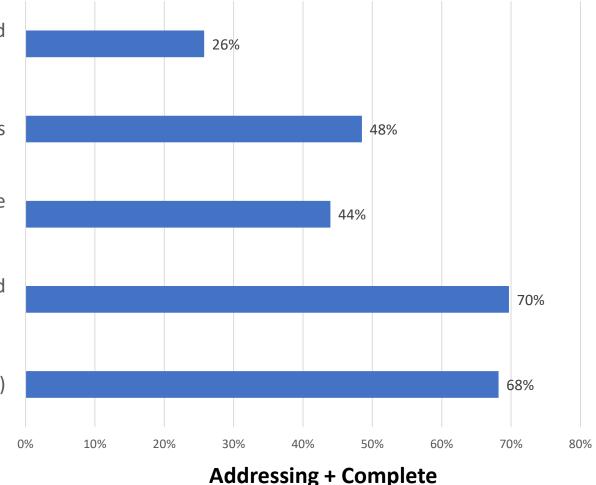
SUD 3.2 Practice provides outpatient medication assisted treatment for AUD or OUD

SUD 3.1 Practice implements documented process (including standing orders and followup) for connecting patients/families with substance use issues to community resources

SUD 2.2 Practice trains teams and prescribers on evidence based treatments for AUD or OUD

SUD 2.1 Practice screens patients for risky substance use and provides interventions for patients with positive screens

SUD 1.1 Practice chooses a substance use screening tool (unhealthy alcohol use, opioid misuse, other drug dependence) and workflow for screening appropriate patients



## Why are we still talking about this?



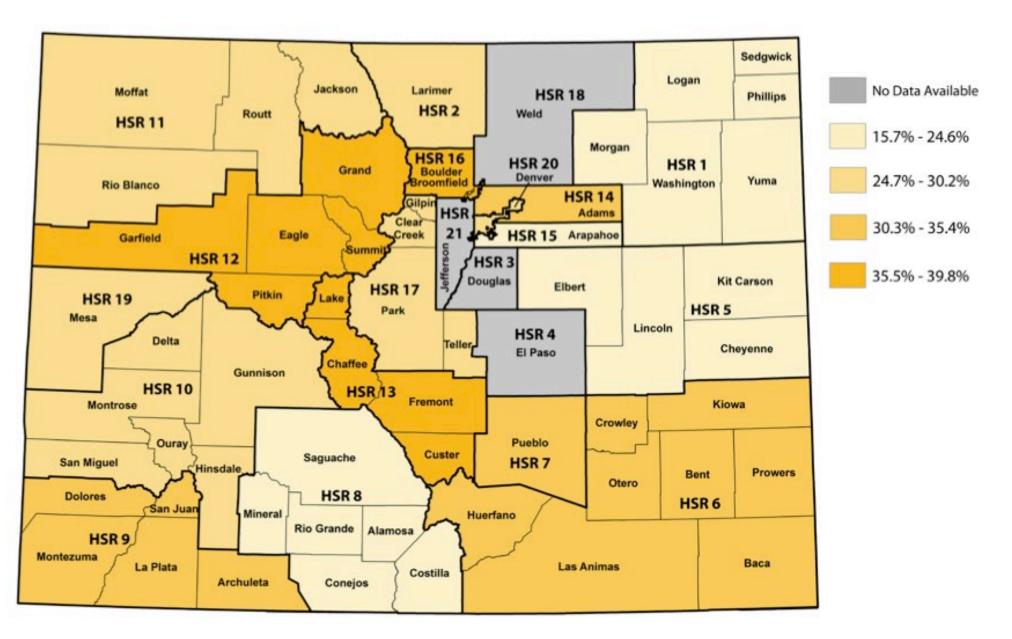
The number of <u>people who died</u>
<u>of fentanyl overdoses</u> in Denver
jumped to 119 last year, up from
17 just two years before.
Statewide, overdoses involving
fentanyl more than doubled.

## Why are we still talking about this?

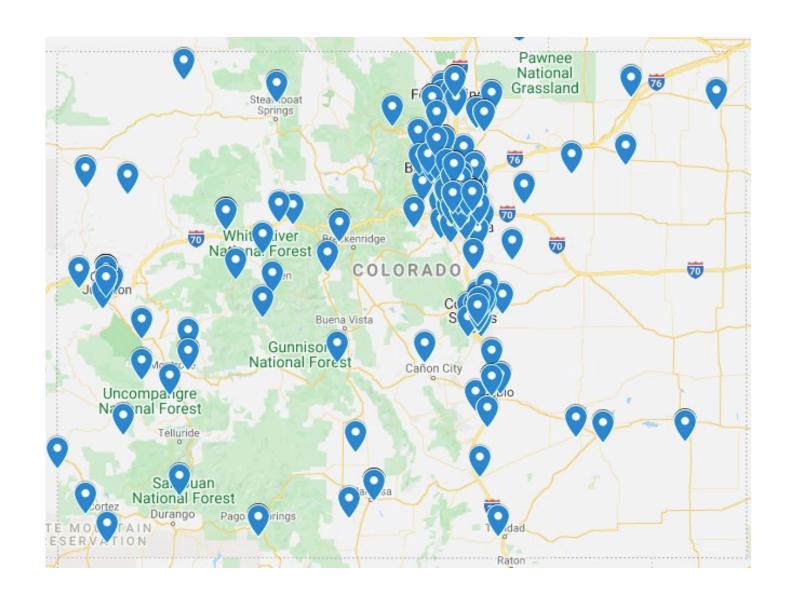
# 1 in 5

The number of adults in Colorado who report heavy alcohol use.

#### Percentage of High Schoolers Who Drank At Least Once in the Past 30 Days



# What about all the work we've been doing?

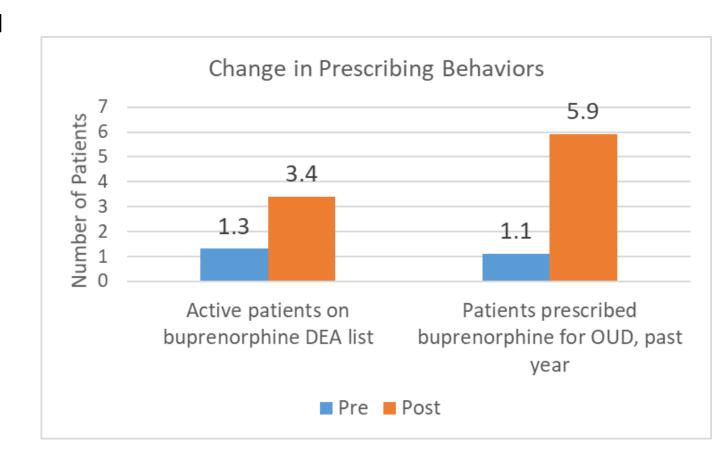


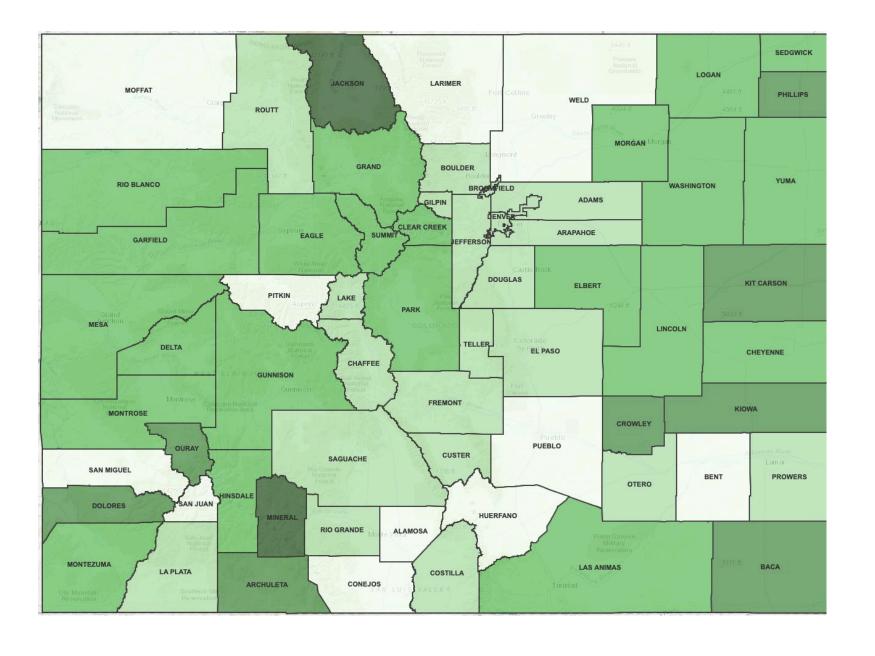
# Waiver training

**801** Colorado providers applied for a monetary incentive after completing DEA waiver training requirements for prescribing MAT for OUD.

## Results: Prescribing Behaviors

- Average of 5.5 months between baseline and follow up surveys
- Increase of 2 active patients per provider on buprenorphine DEA list (Z=-6.30, p<.0001)
- Increase of nearly 5 patients per provider prescribed buprenorphine for OUD in the preceding 12 months (Z=-9.24, p=<.0001)





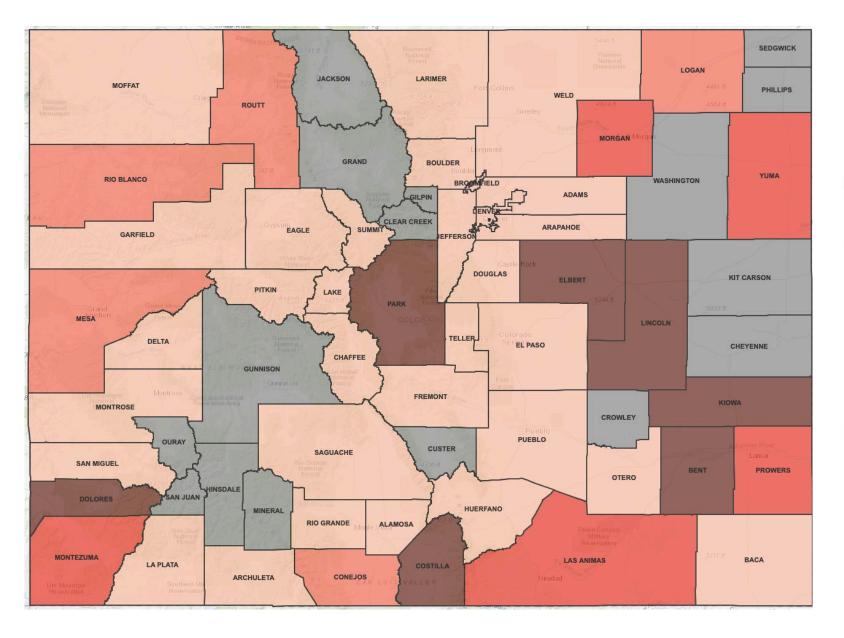
#### Percent of OUD Population Receiving Buprenorphine Treatment

> 61

41 - 60

21 - 40

1 - 20



#### Proportion Actively Prescribing (%)



#### Progress on SUD Milestones

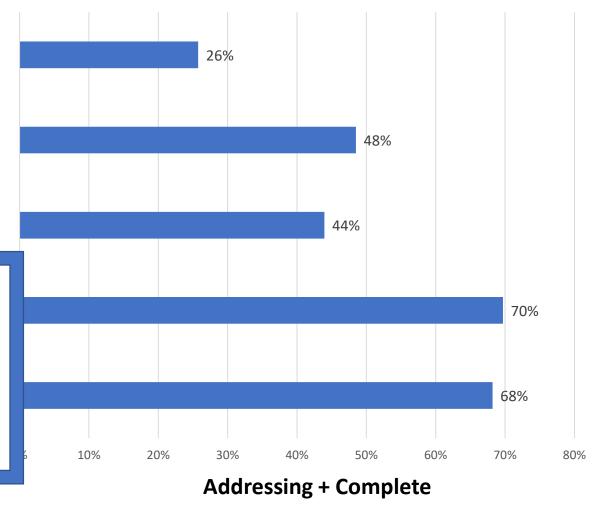
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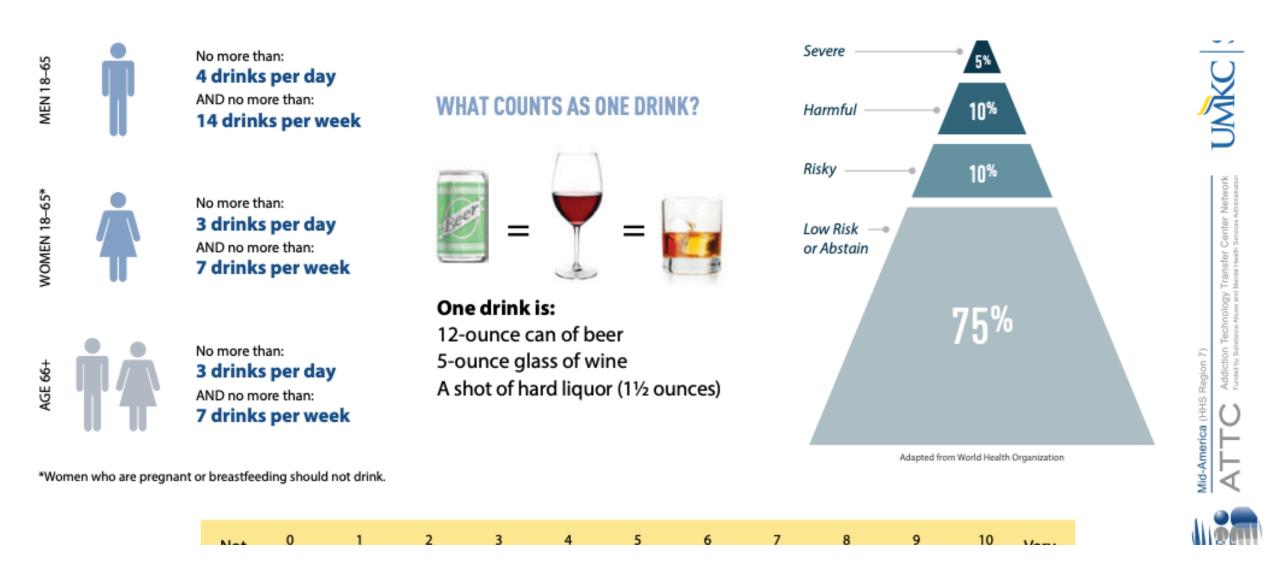
## Picking a Screening Tool

• <a href="https://www.drugabuse.gov/nida">https://www.drugabuse.gov/nida</a>
<a href="med-medical-health-">med-medical-health-</a>
<a href="professionals/screening-tools-resources/chart-screening-tools-resources/chart-screening-tools">professionals/screening-tools-resources/chart-screening-tools</a>

#### Screening and Assessment Tools Chart

#### Choose evidence-based screening tools and assessment resource materials

Tool		Substance type		Patient age	How tool is administered	
		Drugs	Adults	Adolescents	Self- administered	Clinician- administered
Screens						
Screening to Brief Intervention (S2BI)	X	Х		Х	Х	х
Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)	х	Х		х	х	Х
Tobacco, Alcohol, Prescription medication, and other Substance use (TAPS)	×	Х	Х		х	Х
NIDA Drug Use Screening Tool: Quick Screen (  NMASSIST)	Х	Х	Х	See APA Adapted NM ASSIST tools	See APA Adapted NM ASSIST tools	х
Alcohol Use Disorders Identification Test-C ( AUDIT-C (PDF, 41KB))	×		Х		х	Х
Alcohol Use Disorders Identification Test ( AUDIT (PDF, 233KB))	х		Х			Х
Dpioid Risk Tool (PDF, 168KB)		Х	Х		Х	
© CAGE-AID (PDF, 30KB)	Х	Х	х			х
☐ CAGE (PDF, 14KB)  ☐	Х		Х			Х
Helping Patients Who Drink Too Much: A Clinician's Guide (NIAAA)	Х		Х			х



#### How to frame the conversation

RISK ZONE	I—LOW RISK	II—RISKY	III—HARMFUL	IV—SEVERE
AUDIT Score	0-3	4-9	10-13	14+
DAST Score	0	1-2	3–5	6+
Description of Zone	"At low risk for health or social complications."	"May develop health problems or existing problems may worsen."	"Has experienced negative effects from substance use."	"Could benefit from more assessment and assistance."

Raise the subject	<ul> <li>Explain your role; ask permission to discuss alcohol/drug use screening forms</li> <li>Ask about alcohol/drug use patterns: "What does your alcohol/drug use look like in a typical week?"</li> <li>Listen carefully; use reflections to demonstrate understanding</li> </ul>
Provide feedback	<ul> <li>Share AUDIT/DAST zone(s) and description; review low-risk drinking limits; explore patient's reaction:         "Your score puts you in the zone, which means The low-risk limits are What do you think about that?"</li> <li>Explore connection to health/social/work issues (patient education materials): "What connection might there be?"</li> </ul>
Enhance motivation	<ul> <li>Ask about pros/cons: "What do you like about your alcohol/drug use? What don't you like?"</li> <li>Explore readiness to change: "On a scale of 0-10, how ready are you to make a change in your alcohol/drug use?"</li> <li>If readiness is greater than 2: "Why that number and not a (lower one)?"</li> <li>If 0-2: "How would your alcohol/drug use have to impact your life for you to think about changing?</li> </ul>
Negotiate plan	<ul> <li>Summarize the conversation (zone, pros/cons, readiness); ask question: "What steps would you be willing to take?"</li> <li>If not ready to plan, stop the intervention; offer patient education materials; thank patient</li> <li>Explore patient's goal for change (offer options if needed); write down steps to achieve goal; assess confidence</li> <li>Negotiate follow-up visit; thank patient</li> </ul>

# findtreatment.samhsa.gov/TreatmentLocator, To find a Treatment Provider go to: Adapted with

permission from

JUNE 2016

#### How to frame the conversation



E-Learning modules on Unhealthy Alcohol Use (UAU)

- Alcohol Screening and Treatment in Primary Care Part I: Evidence-Based Guidelines
- Alcohol Screening and Treatment in Primary Care Part II: Implementation Strategies

Practice SBIRT Resource Module

Clinician MAT for AUD Module

MAT "Warm Line"

#### Progress on SUD Milestones

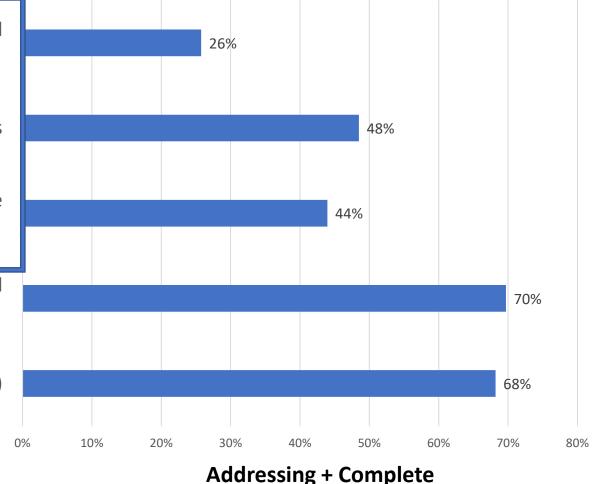


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# Making Team Training Available to All

- Goal: Make this resource available and continue to train individual practices or systems
- IT MATTTRs Train the Trainer Program
  - Trained over 100 local "Trainers" to deliver the Team Training to local practices
  - In Colorado, Montana, California, North Carolina...
- IN COLORADO: 609 practice members across
   132 practices received IT MATTTRs Team Training in Colorado through funding from SAMSHA (STR + SOR) and Consortium funding





#### Results: Implementation of MAT Components

#### Average number of MAT components implemented by waivered clinician status

	Baseline	Follow up
All practices*	4.7	13.0
No waivered clinician*	4.1	8.4
With waivered clinician*	4.9	16.0

P < .001

- Significant improvement overall.
- Improvement was significantly greater in practices with a waivered clinician.
- Significant improvement even in practices that never had a waivered clinicians.

#### **HIGHLIGHTS**

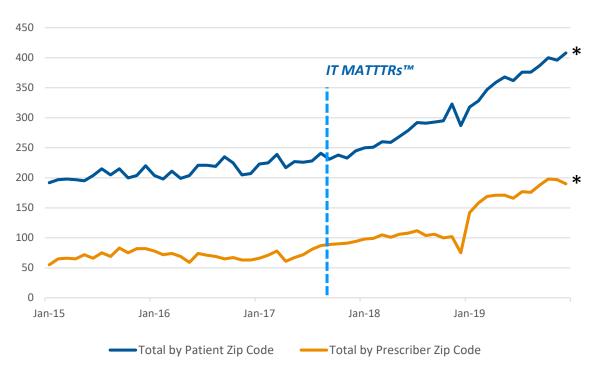
- Prescriber with waiver to prescribe buprenorphine (15.6% vs 56.4%, p = .001)
- Screening (43.8% vs 82%, p < .01)</li>
- Patient treatment agreement (15.6% vs 51%, p < .01)
- # of practices reporting either providing MAT or referring their patients for MAT increased from 18.8% to 74.4%.



#### Prescriptions for buprenorphine

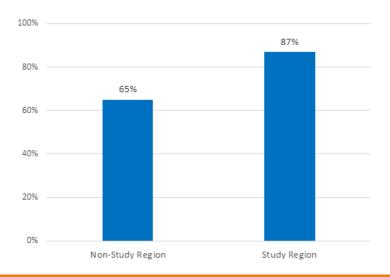
#### (Prescription Drug Monitoring Program Data)

Number of patients with prescription for buprenorphine by patient location and provider location - 2015 to 2019



 Increase in the # of patients with a prescription for buprenorphine was significantly greater in the study region from 2015 – 2019 compared to the rest of the state (Poisson regression; P < .001).</li>

Percent Change in Number of Patients in Colorado with Prescription for Buprenorphine (2015 – 2019)



# Where can practices go to go to get more support?

- Enrolling now for 12 practices to receive IT MATTTRs team training: <a href="https://www.practiceinnovationco.">https://www.practiceinnovationco.</a> org/opioids/for-practices/
- FAST also enrolling practices: <u>https://www.practiceinnovationco.</u> <u>org/alcohol/</u>
- Free Virtual MAT Learning Series: <u>https://www.practiceinnovationco.</u> org/opioids/mat-forum/

# Where can practices go to go to get more support?



Login | Register | Donate

Clinician Consultation

Clinical Resources

About the Center

You are here: Home > Clinician Consultation > Substance Use Management

#### **Substance Use Management**



Clinically supported advice on substance use management for healthcare providers

Peer-to-peer consultation from physicians, clinical pharmacists, and nurses with special expertise in substance use evaluation and management.



Substance use warmline:
 https://nccc.ucsf.edu/clinicia
 n-consultation/substance-use-management/

How are your practices making progress addressing SUD?

What types of support do you want?

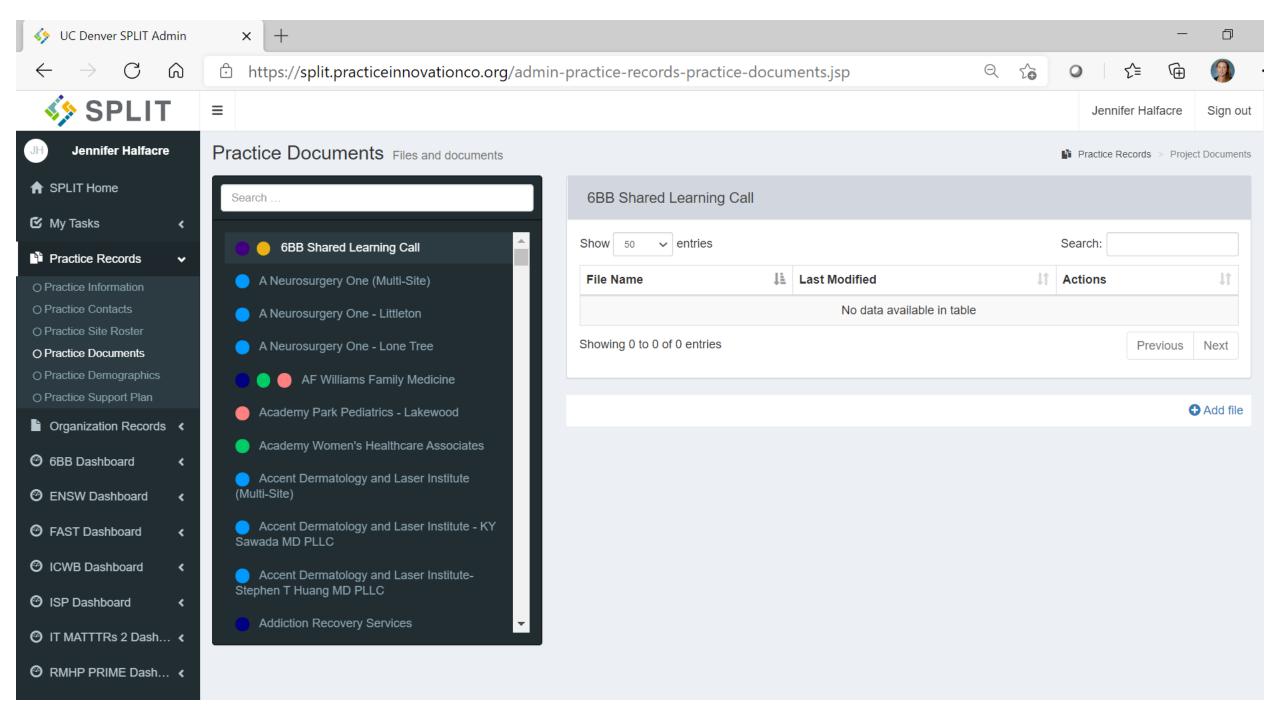
What types of support do they need?

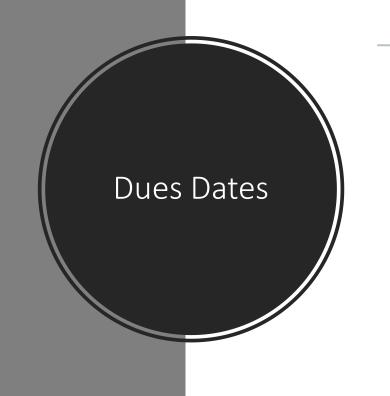




## **Practice Feedback Reports**

- By practice feedback reports will be available in SPLIT practice folders:
  - CQMs: Available Now
    - To include baseline, Q2, and Q3 data
  - MAC: Available Now
    - To include baseline MAC and 1st update
- Located in SPLIT under Practice Records, Practice Documents





DUE

Jan 2021 Field Note Feb 8, 2021

CQM Quarter 1 ends 3/31

Apr 30, 2021

Feb 2021 Field Note

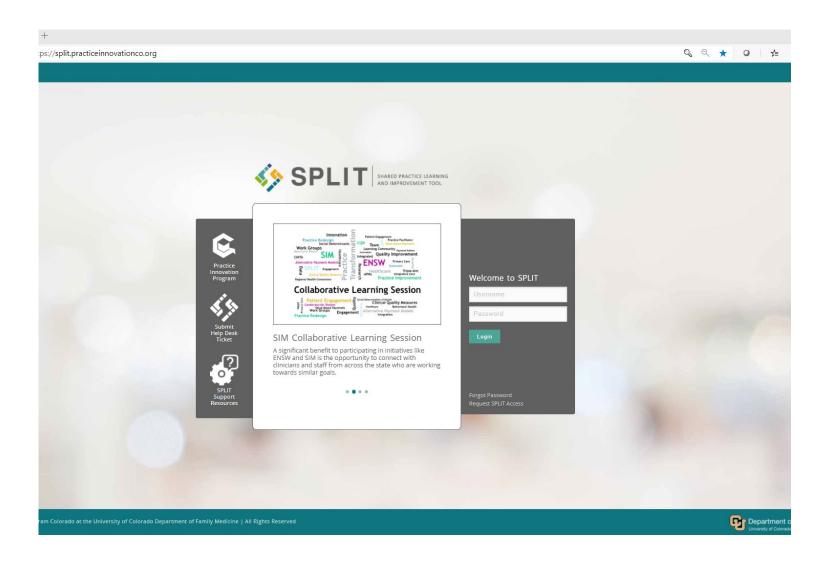
Mar 8, 2021

#### **Practice Learning Community**

#### Schedule

Monthly the 3<sup>rd</sup> Thursday 12:00-1:00 pm

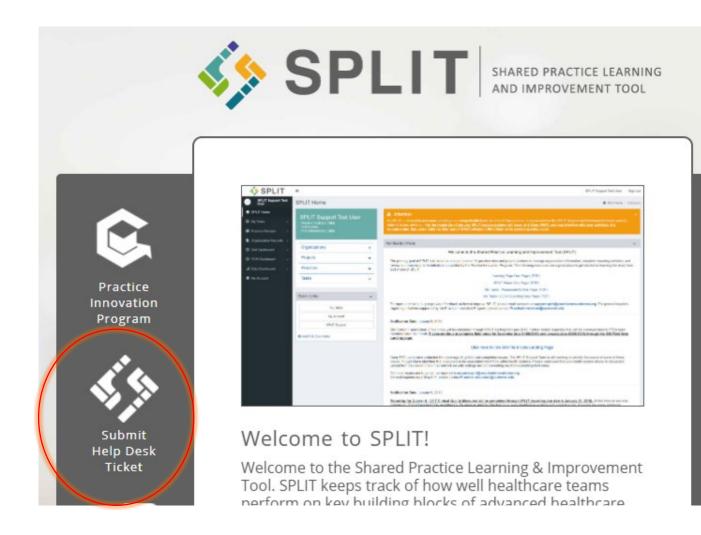
Date	Topic/title	Speaker
February 11,	Providing Value: Strategies for	Pam Ballou-Nelson
2021	Creating Value for Patients'	
(rescheduled)	Payers & Your Practice	
February 18, 2021	E&M Coding Part 2	Nancy Enos



# Any SPLIT Issues?

#### **ISP** Issues

- Please submit a help desk ticket if you are still having issues
- Using the help desk helps us see any trends and more quickly resolve errors.
- URL <a href="https://split.practiceinnovatio">https://split.practiceinnovatio</a> <a href="nco.org/">nco.org/</a>
- SPLIT questions incorporated into monthly Touchbase calls







# RHC Meeting on 2/18

The RHCs would like to invite PFs to attend their 2/18/2021 meeting to share your experience with SDOH.

The meeting is in the morning – please let Jennifer Halfacre know if you would like to attend. You can chat in or email at

jennifer.halfacre@cuanschutz.edu





#### **Future Events**

#### February 2021

- 02/09 -- Family Medicine United for Colorado Practice Lounge, 12:00-1:00 pm
- 02/11 -- Practice Learning Community; Providing Value; 12:00-1:00 pm
- 02/17 -- PF Learning Community: 9:00-10:00 am
- 02/17 -- Denver Health MAT Learning Collaborative; 12:15-1:15 pm
- 02/18 -- E&M Coding Part 2; 12:00-1:00 pm
- 02/23 -- Family Medicine United for Colorado Practice Lounge, 12:00-1:00 pm
- 02/23 -- CO QPP Coalition Office Hours; 12:00-1:00 pm
- 02/24 -- FAST PTO Touchbase; 9:00-10:00 am
- 03/09 -- Induction Basics: Tips from the Trenches; 12:30-1:30 pm



What's on Your Mind?





#### Resources

- Practice Innovation Program Colorado; <a href="http://www.practiceinnovationco.org/">http://www.practiceinnovationco.org/</a>
- Events: <a href="http://www.practiceinnovationco.org/events/">http://www.practiceinnovationco.org/events/</a>
- Innovation Support Project (ISP);
   <a href="https://www.practiceinnovationco.org/isp/">https://www.practiceinnovationco.org/isp/</a>
- PIPCO: Coronavirus Resources;
   https://www.practiceinnovationco.org/covid-19/
- CMS Medicare Quality Payment Program (QPP); <a href="https://qpp.cms.gov/">https://qpp.cms.gov/</a>





#### **University Practice Innovation Team Contact Information**

**Practice Transformation** – <u>Stephanie.Kirchner@cuanschutz.edu</u>

**Learning Community** – <u>Kathy.Cebuhar@cuanschutz.edu</u>

**CQMs** – Andrew.Bienstock@cuanschutz.edu; Jennifer.Halfacre@cuanschutz.edu

e-Learning – Bonnie.Jortberg@cuanschutz.edu or Robyn.Wearner@cuanschutz.edu

ISP - Jennifer.Halfacre@cuanschutz.edu

ISP Project Manager - Kristin.Crispe@cuanschutz.edu

ISP Faculty – Pam Ballou-Nelson; <a href="mailto:Pam@healthcareconsultinginc.com">Pam@healthcareconsultinginc.com</a>

**SPLIT** – Help Desk