



PRACTICE INNOVATION
PROGRAM COLORADO
INNOVATION SUPPORT PROJECT

Innovation Support Program Change Package



Department of
Family Medicine

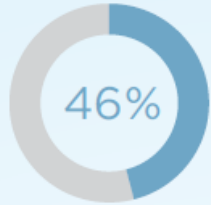
ISP Building Blocks and Milestones

- Organization similar to SIM
- Milestones modeled after SIM, TCPI, CPC+

- Building Blocks
- Milestones
- Phases

Behavioral Health Integration

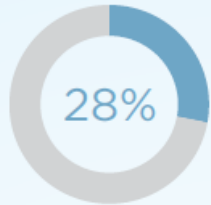
PREVALENCE



of adults will experience mental health illness or a substance abuse disorder at some point in their lifetime¹



of primary care office visits are mental health related²



of adolescents will experience mental health or a substance abuse disorder with distress or severe impairment³

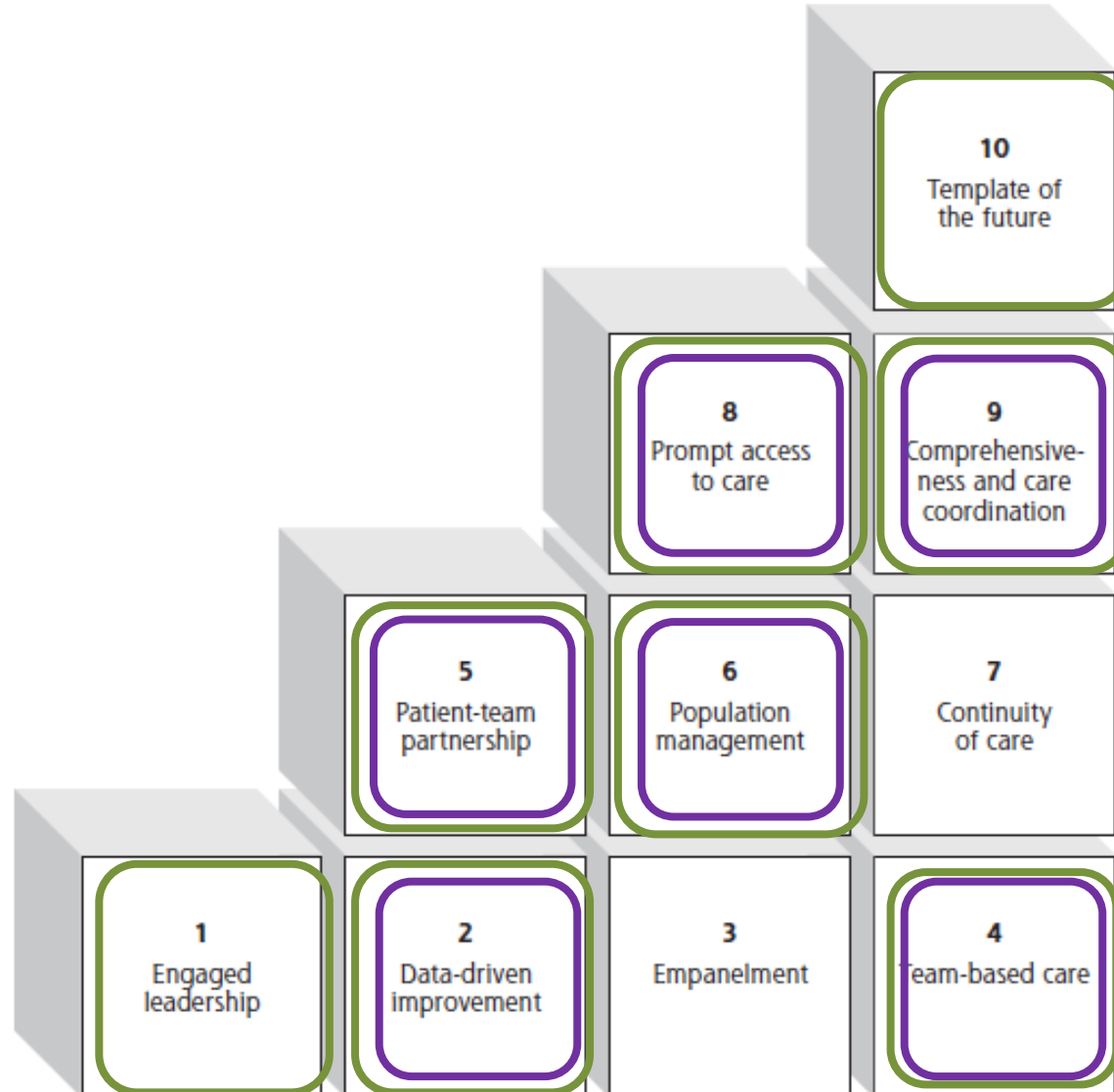
Depression goes undetected in **>50%** of primary care patients⁵

67% of adults with a behavioral health disorder do not get behavioral health treatment⁴

Behavioral Health Integration Milestones

<p>9.1.1 Practice assesses the services it provides to its patients and identifies key services that could be added to improve comprehensiveness of care, including for behavioral health.</p>	<p>9.2.1 Practice assesses the impact of any added services on quality and/or cost of care</p>	
<p>9.1.2 Practice develops a vision for behavioral health integration and chooses a strategy (such as full integration, virtual integration, collaborative care model) to improve comprehensiveness of behavioral health services.</p>	<p>9.2.2 Depending on chosen strategy, practice 1) hires and onboards or contracts for an onsite behavioral health professional, 2) contracts with virtual behavioral health service, 3) contracts for collaborative care model support, or 4) otherwise arranges for engaging the appropriate behavioral health</p>	<p>9.3.2 Practices implements protocols for identification and care management for high risk behavioral health populations.</p>
<p>9.1.3 Practice develops a plan to systematically measure and track patient behavioral health outcomes related to at least one of the following conditions: depression, obesity, or substance use disorder</p>	<p>9.2.3 Practice systematically measures and tracks patient behavioral health outcomes related to at least one of the following conditions: depression, obesity, or substance use disorder.</p>	<p>9.3.3 Practice implements a plan to systematically measure and track patient behavioral health outcomes related to a second of the following conditions: depression, obesity, or substance use disorder</p>
<p>9.1.4 Practice performs assessment of referral pathways and available after-hours support for behavioral health, working with RHCs when possible.</p>	<p>9.2.4 Practice establishes a collaborative agreement with at least one community behavioral health provider.</p>	<p>9.3.4 Practice develops and implements process for bi-directional data sharing with at least one community behavioral health provider.</p>

Related Milestones



Related Milestones



2 for 1



Additional Resources

- SIM resource hub
- SIM e-learning modules
- Core Competencies for Behavioral Health Providers, <http://farleyhealthpolicycenter.org/core-competences-for-behavioral-health-providers-working-in-primary-care/>

Building Block 10 – Value-based Contracting

10. Value based contracting	Practice succeeds in their value based contracts by reducing total cost of care while improving quality for their patients.	10.1.1 Practice considers mechanisms to maximize benefit of participation in alternative and performance payment arrangements	10.2.1 Practice evaluates impact of value-based payment agreements on financial stability of practice, quality of care provided, and/or clinician and staff satisfaction.	10.3.1 Practice develops value proposition and uses it to engage payers in value-based payment discussions.
		10.1.2 Practice identifies available cost of care reports that they can use to identify and manage high cost areas.	10.2.2 Practice incorporates management of cost of care into their quality improvement process, including selecting strategies to reduce costs.	10.3.2 Practice demonstrates improvement on at least one cost or utilization metric.
		10.1.3 Practice completes an annual budget that includes revenue and planned expenses for value-based revenue.	10.2.3 Practice monitors and adjusts budget for value-based revenue as necessary.	10.3.3 Practice shares financial data transparently with staff and providers and develops their capabilities in understanding the organization's finances and in using business practices and tools

Accomplishing the Milestones

- Phased Approach Timeline

Two Optional Areas of Focus

- Substance Use Disorder
- Addressing Social Needs of Patients

Substance Use Disorder

About 10% of U.S. adults (20.2 million) have a substance use disorder

>10 million people have both a mental and substance use disorder, also known as a co-occurring disorder.

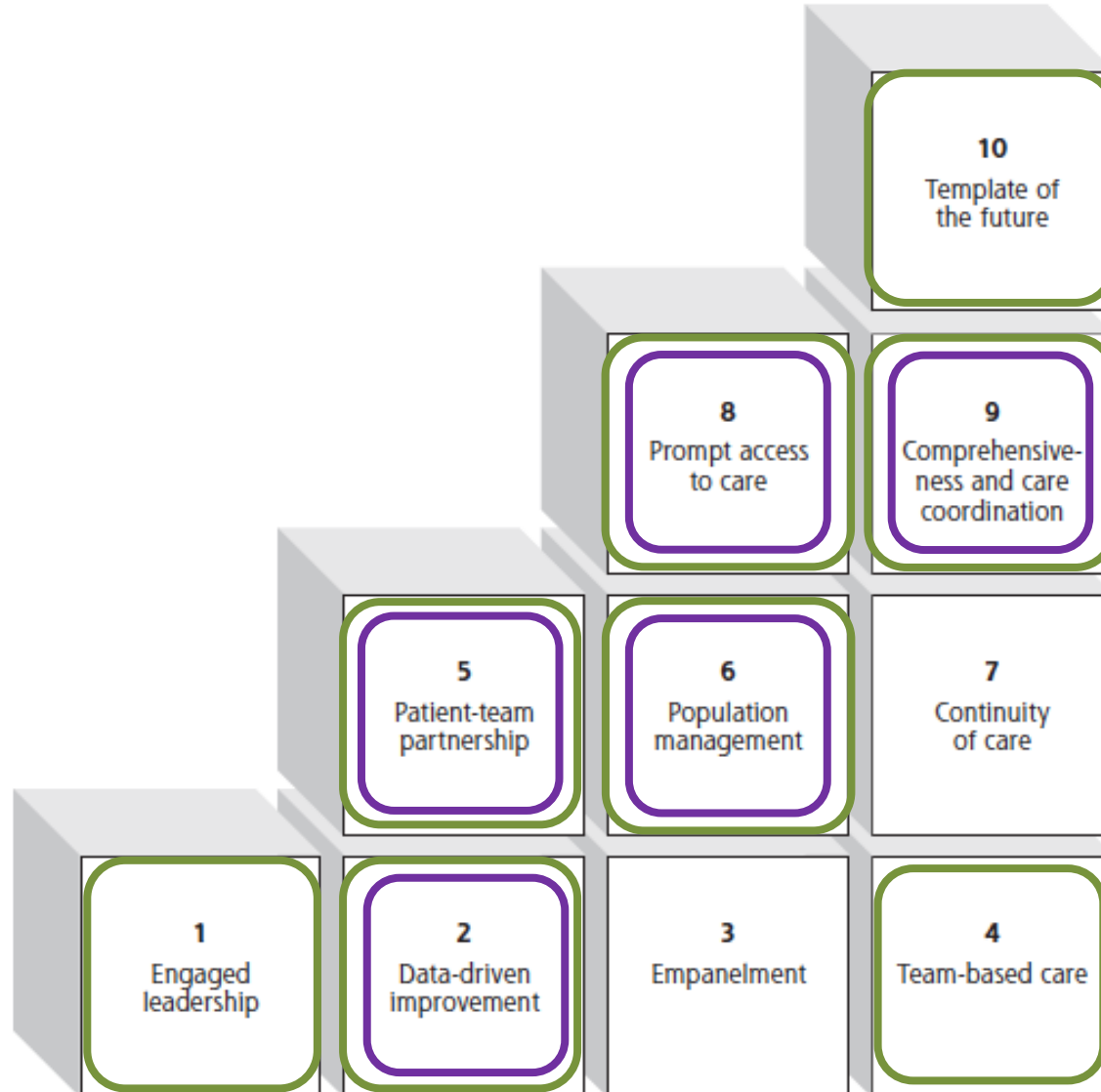
Only 10% of patients with a substance use issue receive proper care (Gentilello 2005).

Less than one in twenty patients with an addiction is referred for treatment (Gentilello 1999)

SUD Milestones

<p>Optional Focus on Substance Use Disorder</p>	<p>Practice systematically screens for substance use disorders and provides outpatient substance use disorder treatment for appropriate patients.</p>	<p>SUD.1.1 Practice chooses a substance use screening tool (unhealthy alcohol use, opioid misuse, other drug dependence) and workflow for screening appropriate patients.</p>	<p>SUD.2.1 Practice screens patients for risky substance use and provides interventions for patients with positive screens.</p>	<p>SUD.3.1 Practice implements documented process (including standing orders and follow-up) for connecting patients/families with substance use issues to community resources.</p>
			<p>SUD.2.2 Practice trains teams and prescribers on evidence-based treatments for alcohol use disorder or opioid use disorder.</p>	<p>SUD.3.2 Practice provides outpatient medication assisted treatment for alcohol use disorder or opioid use disorder</p>

Related Milestones



Related Milestones



2 for 1



Additional resources

- Substance Use Warmline
- E-learning modules for providers and staff on alcohol and (coming soon) opioids
- Connections to other PIP@CU support like FAST, MAT team training, MAT Expert Forums, online resources
- Collaborative Learning Session content
- Extra monetary incentives for practices who achieve SUD milestones while addressing opioid misuse; details coming soon.