

Facilitating Alcohol Screening & Treatment (FAST)



Practice Letter of Agreement to Participate

Project Description: The Agency for Healthcare Research and Quality (AHRQ) has funded our Colorado efforts to help primary care practices increase efforts to address patients' unhealthy alcohol use. The Facilitating Alcohol Screening & Treatment (FAST) study will work with 132 primary care practices. Eligible practices will be randomized to receive virtual practice facilitation for six months or virtual practice facilitation complemented by e-learning modules for six months. The practice will also receive support for implementing an unhealthy alcohol use registry, and clinicians will be offered training and support for medication assisted treatment for alcohol use disorder.

Primary Facilitation and Technical Support

All participating practices will receive:

- Evidence-based interventions to help patients with unhealthy alcohol use
- Training for staff, medical providers and behavioral health professionals on Screening, Brief Intervention, Medication Assisted Treatment, and, when necessary Referral to Treatment (SBIRT plus MAT) for alcohol use
- Support of a highly trained practice facilitator
- Assistance with tracking your patients with an alcohol use disorder
- Access to experts in medical and behavioral treatments for Alcohol Use Disorder (AUD)
- Potential alignment with other projects
- Peer to peer support for Medication Assisted Treatment (MAT) will be available for all clinicians
- \$1,000 for practice time spent in completing assessments, providing data, and any research-related activities

Practice Participation Requirements

- Be a primary care practice serving adult patients
- Have leadership support for FAST practice improvement activities

Practice Participation Activities

- Report de-identified data with number of patients screened, provided with brief intervention, and treated for unhealthy alcohol use on a quarterly basis.
- Establish a QI team to meet monthly with practice facilitator for 6 months
- Complete baseline and 9-month assessments
- A few practices will be selected for brief interviews of 2 – 3 practice members regarding the project.

As members of (insert practice name) _____ we agree to participate in the Facilitating Alcohol Screening & Treatment (FAST) project, fully understanding the requirements and benefits of the project as described above.

Please sign and return the letter to the University of Colorado, Department of Family Medicine at practiceinnovation@ucdenver.edu or by fax to 303-724-9747, Attn: Kellyn Pearson

Practice signatory (print name)*

(signature)

Date

* Person authorized to sign for the practice.

Perry Dickinson, MD

Principal Investigator

(signature)

Date