

Choosing Wisely NRHI Virtual Learning Lab

Choosing Wisely Worksheet 1 – The Why

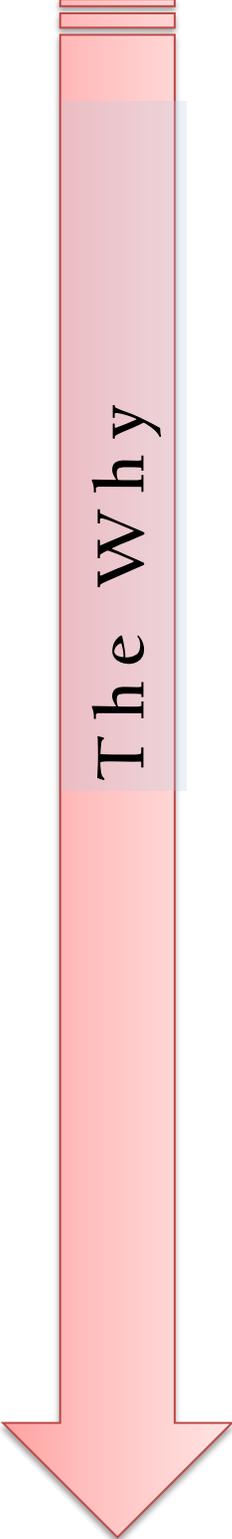
Assignment: Dr. Erik Steele's Vlog

Review the 14 minute Vlog by Dr. Steele, "[Appropriate Use of Care: Engaging Patients & Care Teams Using the Choosing Wisely Approach](#)" and document your responses to the questions below:

- 1. Why at the practice does the Choosing Wisely information/intervention effectively engage and activate patients in their own care?**

- 2. Why is it so important to provide patients with the 5 Questions and have patients ask the 5 questions?**

- 3. Why is it important to consider cost concerns as well as health concerns in every interaction with patients?**



The Why