

**1302 Collaborative Learning Session**
**Monday April 21, 2025**
**Anschutz Medical Campus, Health Sciences Building – 2<sup>nd</sup> Floor**  
**1890 N Revere Ct, Aurora, CO 80045**

8:00 am – 8:45 am	<b>CLS REGISTRATION</b>	Don Elliman Foyer
8:00 am – 8:30 am	<b>Breakfast Buffet</b>	Don Elliman Foyer
8:45 am – 9:00 am	<b>Opening Remarks</b>	Don Elliman Conference Center

**KEYNOTE PRESENTATION 9:00 am – 10:00 am**
**Updates from the Colorado Department of Law**  
**Colorado Attorney General Phil Weiser**

Don Elliman Conference Center

**10:10 am – 10:55 am CONCURRENT BREAKOUT SESSION ONE**

<b>Room 1203</b>	<b>**Breaking Barriers: Addressing Stigma and Microaggressions in Pediatric Behavioral Health**</b> Verenea Serrano, PhD, Laurie Ivey, PsyD, Shaleeta Flagg, Ron-Li Law, MD, Brigitte McClellan, PsyD University of Colorado Department of Psychiatry
<b>Room 2004</b>	<b>Developing Financial Sustainability for Integrated Behavioral Health Practices</b> Dr. Lesley Manson, Psy.D., Arizona State University   College of Health Solutions
<b>Room 2007</b>	<b>Establishing Best Practices for Warm Hand Offs</b> Dr. Courtney Legge, PsyD, Shift Healing   Health Psychology
<b>Don Elliman Conference Center</b>	<b>Developing Your Value Proposition as an Integrated Care Practice</b> Mindy Klowden, Managing Director for Behavioral Health, Third Horizon

**11:05 am – 11:50 am CONCURRENT BREAKOUT SESSION TWO**

<b>Room 1203</b>	<b>The State of LGBTQIA+ and Behavioral Healthcare</b> Alex Floyd, LCSW, One Colorado
<b>Room 2004</b>	<b>Defining Roles and Optimizing Workflows in Integrated Care – Virtual Warm Handoffs and Collaboration</b> Mindy Craig, Danielle Peters, HealthTeamWorks
<b>Room 2007</b>	<b>** Child and Adolescent Psychiatry in Integrated Care; Cohesion as a team and considerations of development and adversity in child cases**</b> Jodi Zik, M.D., University of Colorado Department of Psychiatry and Pediatrics
<b>Don Elliman Conference Center</b>	<b>Implementing Sustainable Behavioral Health Integration Through the Collaborative Care Model</b> Lisa Rothgery, M.D., Cost Control & Quality Improvement Office CO Dept of Health Care Policy and Financing

**LUNCH PLENARY SESSION 12:00 pm – 1:00 pm**
**Simplifying Psychopharmacology:  
 Empowering Primary Care with an Introduction to  
*The Waco Guide to Psychopharmacology***
**Lance Kelley, PhD, Ryan Laschober, MD, Zach Sartor, MD**  
 Waco Family Medicine-Residency

Don Elliman Conference Center

**\*\*\* Pediatric Focused Content\*\*\***

Full session information and objectives found on page 3

**1:10 pm – 1:55 pm CONCURRENT BREAKOUT SESSION THREE**

<b>Room 1203</b>	<b>Conducting an Office Waste Walk</b> Pam Ballou-Nelson, RN, MSPH, FMC, CMPE, PhD, Healthcare Consulting Inc.
<b>Room 2004</b>	<b>Supporting Trauma Awareness and Nurturing Children's Environments (STANCE): A Multilevel Intervention Connecting Community to Care.</b> Sarah Gelinas, Jenn Leiferman, Colorado School of Public Health
<b>Room 2007</b>	<b>** Youth in Crisis: Assessing and Managing Suicidal Patients in Outpatient Settings**</b> Dr. Bruno Anthony, PhD, University of Colorado School of Medicine Department of Psychiatry
<b>Don Elliman Conference Center</b>	<b>Harm Reduction: A Love Story</b> Lisa Raville, Executive Director, Harm Reduction Action Center

***1:55 – 2:05 Transition to Closing Plenary Session***

Pick up refreshments in the foyer and take a seat in **Don Elliman Conference Center**

**CLOSING PLENARY SESSION 2:05 pm – 2:50 pm**

**ACC Phase 3: Sustaining Integrated Care**

**Britta Fuglevand and Mark Queirolo**

Colorado Department of Health Care Policy and Financing

Don Elliman Conference Center

**2:50 – 3:00**

**Closing Remarks**

Don Elliman Conference Center

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**\*\*\* Pediatric Focused Content\*\*\***

Full session information and objectives found on page 3

## Keynote Session

### Updates from the Colorado Department of Law

Objectives: Attorney General Phil Weiser will discuss current work in Colorado related to behavioral health and substance use disorder, including updates and priorities from his office to address the state's opioid crisis and support integrated behavioral health services.

**Speaker(s): Colorado Attorney General Phil Weiser**

## Concurrent Breakout Session 1

### \*\*Breaking Barriers: Addressing Stigma and Microaggressions in Pediatric Behavioral Health\*\*

Objectives:

1. Increase awareness of microaggressions and introduce language that can be used to address them
2. Examine commonly cited reasons for behavioral health stigma and review strategies to reduce its impact
3. Summarize the guiding principles for providing trauma-informed care and illustrate strategies for effective use of these principles
4. Identify strategies that can be used for increasing access to appropriate pediatric behavioral health supports

**Speaker(s): Verenea Serrano, PhD, Laurie Ivey, PsyD, Shaleeta Flagg, Ron-Li Law, MD, Brigitte McClellan, PsyD**, Department of Psychiatry, University of Colorado School of Medicine

### Developing Financial Sustainability for Integrated Behavioral Health Practices

Objectives:

1. Identify three essential strategies for successful fiscal sustainability strategic planning
2. Identify and critique healthcare financing and management techniques related to integrated care
3. Appraise and implement specific simple formulas to design cost savings and direct revenue return on investment calculations

**Speaker(s): Dr. Lesley Manson, Psy.D.**, Arizona State University | College of Health Solutions

### Establishing Best Practices for Warm Hand Offs

Objectives:

1. Articulate the characteristics of different primary care behavioral health models along the continuum of integration.
2. Identify common barriers and solutions for implementing warm handoffs into practice.
3. Discuss how to implement warm handoff best practices into the context of one's clinical setting.

**Speaker(s): Dr. Courtney Legge, PsyD**, Licensed Clinical Psychologist, Shift Healing | Health Psychology

## Developing Your Value Proposition as an Integrated Care Practice

Objectives:

1. Practices will learn what a value proposition is and why it's important
2. Practices will gain a step-by-step process and best practices to develop and utilize a value proposition

**Speaker(s): Mindy Klowden, MNM**, Managing Director for Behavioral Health, Third Horizon

## Concurrent Breakout Session 2

### The State of LGBTQIA+ and Behavioral Healthcare

Objectives:

1. Participants will have a basic understanding of current state policies and how they impact LGBTQIA+ behavioral health care.
2. Participants will increase their understanding of specific macro level tools that can support clients experiencing systemic level stress.
3. Increase participants understanding in the ways they can advocate at an individual, organizational, and system level.

**Speaker(s): Alex Floyd, LCSW**, One Colorado

### Defining Roles and Optimizing Workflow in Integrated Care – Virtual Warm Handoffs and Collaboration

Objectives:

1. Gain a clear understanding of key roles, responsibilities, and functions in integrated care.
2. Explore best practices for interdisciplinary collaboration in a virtual setting.
3. Identify strategies to streamline workflows for seamless patient care.

**Speaker(s): Mindy Craig, Danielle Peters**, HealthTeamWorks

### \*\*Child and Adolescent Psychiatry in Integrated Care; Cohesion as a team and considerations of development and adversity in child cases\*\*

Objectives:

1. Audience will understand the value of integrated care approaches to treatment of children and adolescent mental health, including pitfalls and supports
2. Audience will be able to apply key principles of developmental expectations to their treatment of children and adolescents, including impacts on medication approaches
3. Audience will be able to apply key principles of trauma informed care and consideration of context in their treatment of children and adolescents, including impacts on medication approaches

**Speaker(s): Jodi Zik, M.D.**, University of Colorado Department of Psychiatry and Pediatrics

## Implementing Sustainable Behavioral Health Integration Through the Collaborative Care Model

Objectives:

1. Recognize both the structure of the collaborative care model and the team members needed to support it
2. Understand billing and coding practices specific to the collaborative care model
3. Review the components needed to develop a sustainable collaborative care model practice workflow

**Speaker(s): Lisa Rothgery, MD**, Chief Medical Officer, Colorado Department of Health Care Policy & Financing

### Lunch Plenary

#### Simplifying Psychopharmacology: Empowering Primary Care with an Introduction to *The Waco Guide to Psychopharmacology*

Objectives:

1. Understand the primary care clinician's role in evaluating and treating behavioral health disorders.
2. Understand the importance of decision support tools to empower primary care clinicians to provide high-quality behavioral health outcomes
3. Utilize *The Waco Guide to Psychopharmacology* to treat behavioral health disorders throughout the lifespan.

**Speaker(s): Lance Kelley, PhD**, Chief Behavioral Health Officer, **Ryan Laschober, MD**, **Zach Sartor, MD, FAAFP**, Associate Program Director—Curriculum and Evaluation Lead, Waco Family Medicine-Residency

### Concurrent Breakout Session 3

#### Conducting an Office Waste Walk

Objectives:

1. Introduce the concept of Lean and how the eight wastes are associated with it.
2. Introduce the concepts of Waste – inventory, lost time, movement, transport, etc.
3. Energize staff to understand the benefits of removal of waste.
4. Explain how to identify and eliminate waste.
5. Practically examine the benefits of removing waste and the potential savings.

**Speaker(s): Pam Ballou-Nelson, RN, MSPH, FMC, CMPE, PhD**, Healthcare Consulting Inc.

## **Supporting Trauma Awareness and Nurturing Children's Environments (STANCE): A Multilevel Intervention Connecting Community to Care**

Objectives:

1. Describe how we utilized a community engaged research approach to develop and implement STANCE in the San Luis Valley (SLV) of Colorado
2. Provide a short overview of Adverse Childhood Experiences (ACEs) & Benevolent Childhood Experiences (BCEs)
3. Review the STANCE Study Methods and Results
4. Explain the development of the STANCE Toolkit and Dissemination Plan

**Speaker(s): Sarah Gelinas, Jennifer Leiferman**, Rocky Mountain Prevention Research Center, Colorado School of Public Health

## **\*\*Youth in Crisis: Assessing and Managing Suicidal Patients in Outpatient Settings\*\***

Objectives:

1. Participants will be able to plan the use of evidence-based suicide risk screening tools in outpatient practice.
2. Participants will be able to assign youth with suicidal thoughts to relative risk levels based on risk factors, protective factors, and warning signs.
3. Participants will be able to provide same-visit interventions for patients at increased risk for suicide in the outpatient medical setting.

**Speaker(s): Bruno J. Anthony, PhD**, University of Colorado Department of Psychiatry

## **Harm Reduction: A Love Story**

Objectives:

1. Have an understanding of harm reduction and how it applies to our everyday lives, drug use, etc.
2. Learn 2-500 harm reduction strategies to support people who use drugs.
3. Hear about what is on the horizon in Colorado for harm reduction 2.0 approaches.

**Speaker(s): Lisa Raville**, Executive Director, Harm Reduction Action Center

## **Closing Plenary**

### **ACC Phase 3: Sustaining Integrated Care**

Objectives:

1. Have a high-level understanding of ACC 3.0 primary care structure, timeline and incentive payments.
2. Understand how ACC 3.0 supports sustaining the gains made to integrate behavioral health in primary care through the work of 1302.
3. Know where to gain access to continued training and resources related to ACC 3.0 implementation.

**Speaker(s): Britta Fuglevand, Mark Queirolo**, Colorado Department of Health Care Policy and Financing