

Project funded by the Colorado Department of Healthcare Policy and Finance per House-Bill 22-1302 Healthcare Practice Transformation



1302 Behavioral Health Integration Practice Learning Community Kickoff

December 5, 2023





Welcome!

Please put your name, pronouns, practice name, and role in the chat.

You can ask questions via the chat we will monitor it as we go along. We will also pause for questions periodically.

These slides and the recording will be made available on the

Practice Innovation Program website.



AGENDA

- 1302 Overview
- What to expect from your Practice Facilitator
- Introduction to Behavioral Health Integration Framework
- 1302 Assessments
- 1302 Practice Learning Community



Scan to complete evaluation



https://practiceinnovationco.co1.qualtrics.com/jfe/form/SV e2uPSVRptGKd3X8



1302 OVERVIEW



HB 22-1302 Health Care Transformation

Vision of the legislature:

- Coloradans will have enhanced access to Integrated Behavioral Health:
 - Behavioral Health at Primary Care office, or
 - Primary care at their trusted Behavioral Health Provider
- Grants to Primary Care and Behavioral Health Clinics
 - 150 sites; average award \$200,000
 - Maximum per site \$400,000



HB 22-1302 Operational Details

HCPF responsible for:

- Awarding the funds to practices
- RFA, grantee selection, contracting with practices

Practices responsible to HCPF to:

- Meet their goals
- Report progress
- Submit invoices to HCPF
- Practices are required to participate in practice facilitation with practice facilitator

Integrated Care | Colorado Department of Health Care Policy & Financing



HB 22-1302 Operational Details

Practice Innovation Program (PIP) responsibilities:

- Manage the practice transformation support to grantees
- Contract with CHES PTOs to provide practice facilitation
- Provide quality assurance for facilitation to the practices
- Provide subject matter experts to support the implementation goals of practices

Practice Transformation Organization (PTO) responsibility:

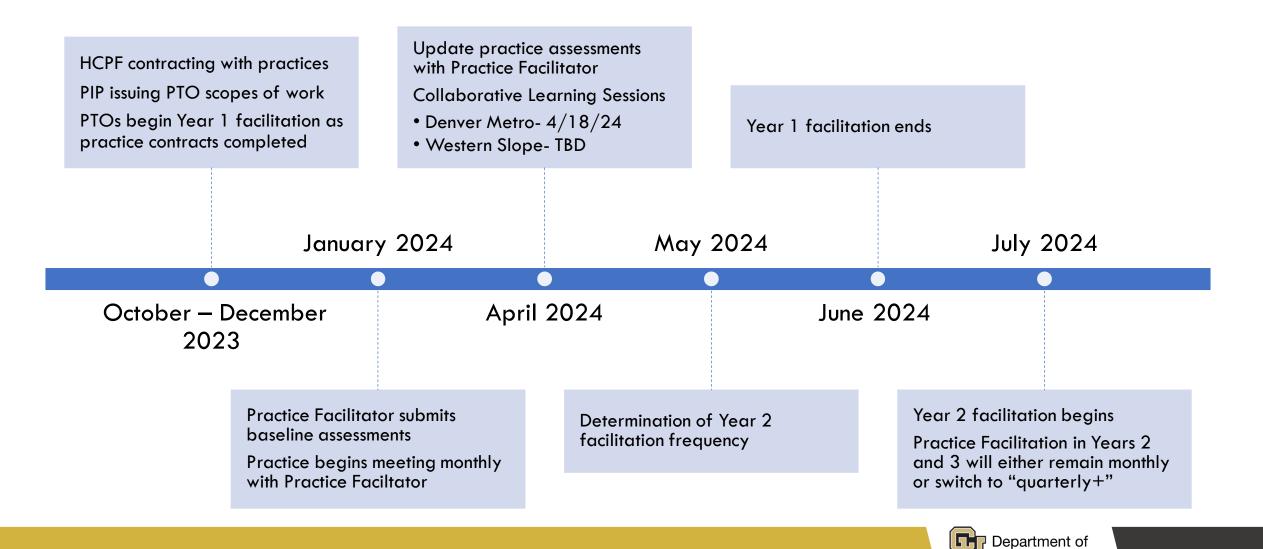
- Provide practice facilitation
- Support practices in achieving their goals to increase access to behavioral health services



WHAT TO EXPECT FROM YOUR PRACTICE FACILITATOR



BHI 1302 Facilitation Timeline



Family Medicine







The Building Blocks of Behavioral Health Integration

Stephanie Gold, MD Emma Gilchrist, MPH Stephanie Kirchner, RD, MSPH Bahroze Rakeen, MA Larry Green, MD Perry Dickinson, MD

Acknowledgments: CJ Peek, key informant interviewees, PCC BHI Workgroup



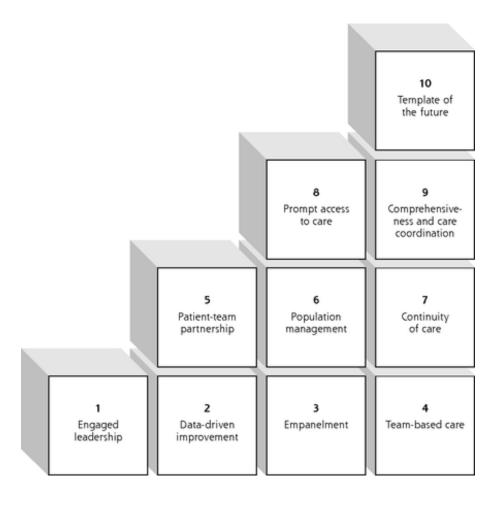
Grounding Principles

- Behavioral health and primary care services have both been chronically underfunded and traditionally separated in terms of training, delivery, payment, and administration.
- Integrating behavioral health in primary care is not a small quality improvement project but a transformative undertaking for the entire practice.
- Practices implement integrated behavioral health using a variety of approaches. There is not a single model of integrated behavioral health that will be the right fit for all practices.
- Different approaches to integrated behavioral health will require different levels of resources, including financial support.



Framework Development

- Selection of a nationally recognized organizing scheme
- Development of behavioral health integration milestones for a statewide demonstration project
- Refinement of behavioral health integration milestones and categorization into different implementation approaches
- Review of other frameworks to identify gaps
- Vetting with key informants and further refinement based on feedback





Components of Behavioral Health Integration

Foundational Care Delivery Expectations: requirements for any practice integrating behavioral health.

Additional care delivery expectations by components:

- Advanced Coordination and Care Management
- Integrated Behavioral Health Professional
- Psychiatry
- Advanced Care of Substance Use Disorders



How this framework is different

- 1. Components of different approaches to integrated behavioral health are separated so that:
 - Practices can flexibly choose their approach
 - Levels of financial support can be designed to match the selected approach
- 2. Not specific to a certain model of behavioral health integration
- 3. Not particular to a specific behavioral health diagnosis, reflects the wide spectrum of behavioral health services that can be provided in primary care
- 4. A core set of foundational expectations are established
- 5. Driven by practice-based evidence and experience and refined through input from key informants of diverse roles and backgrounds
- 6. The use of the building blocks as the overall organizing scheme allows for these behavioral health care delivery expectations to be overlaid on other work to advance primary care practice

PRACTICE ASSESSMENTS



Assessments

Building Block Assessment:

Looks at where practice stands in comparison to the Behavioral Health Framework (Baseline & every six months)

1302/BHI Building Blocks of Behavioral Health Integration Assessment (BBA)			Key	NR	No Response	l
[Practice Name]				1 - Not Started	Not Started	
				2 - Just Beginning	Just Beginning	
				3 - Actively Addressing	Actively Addressing	
				4 - Completed	Completed	1
		•				'
			Baseline	6 months	12 months	1
Building Block	Activity	Milestone	Nov-23	May-24	Nov-24	
Foundational Care	1.1	Practice has defined vision related to meeting behavioral health	NR	NR	NR	
Delivery	1.2	Practice has a defined behavioral health champion or team. (A				
Expectations		behavioral health champion is someone in the practice with the	NR	NR	NR	
Leadership		capacity and interest to help lead behavioral health-related				
	1.3	Practice has a budget with allocated resources for work related				
		to behavioral health, including behavioral health professional(s)	NR	NR	NR	
		if part of the care team, that incorporates planning for				

Baseline Goal Collection:

Practice Facilitator works with practice to document the main goals the practice will work on over the course of the project. This should tie into or be the same as the goals that the practice documents on HCPF's Work Plan Template. (Baseline)

1302 Assessments Reference Tool - 10-30-2023 (xlsx)





Assessment Schedule

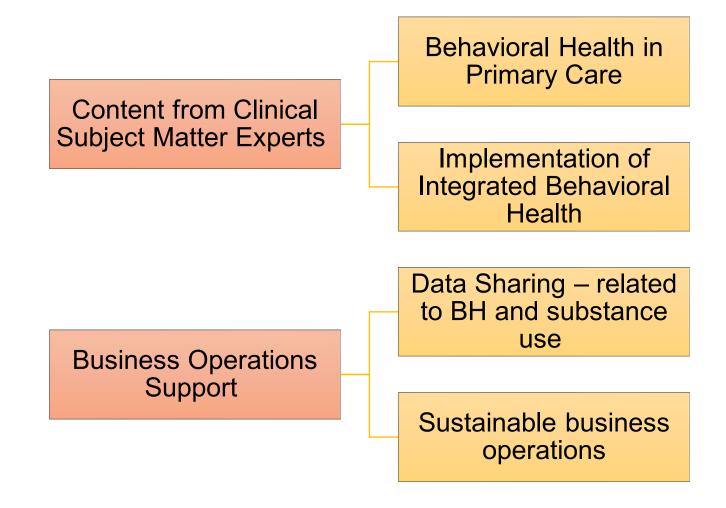
- Building Block Assessment (BBA) due the end of the month after first visit with practice.
 - Baseline and every 6 months
- Baseline Goal Collection due the end of the month after first visit with practice.
 - Baseline and update as needed with your PF



Practice Learning Community



Practice Learning Community Topics





Upcoming 1302 Practice Learning Community Opportunities

Learning Community Calls

January 24, 2024, 12:00-1:00

Deep dive into the BHI Framework, and Introduction to Trauma-Informed Care
Stephanie Gold, MD, Marisa Kostiuk, PhD, Licensed Psychologist

February 28, 2024, 12:00 – 1:00

Billing & Coding to Launch and Sustain Integrated Behavioral Health Pamela Ballou-Nelson, RN, MSPH, FMC, CMPE, PhD,

Healthcare Consulting Inc.

March 12, 2024, 12:00 -1:00

Establishing Best Practices for WHOs? Warm handoffs and more!
Courtney Legge, PsyD, Licensed Psychologist

Collaborative Learning Sessions

April 18, 2024

Anschutz Medical Campus Aurora, Colorado Details to come

April 2024

Grand Junction, Colorado Details to come



Where to Direct Your Questions

Dept. of Health Care Policy & Financing

- Contracting with practices
- Practice payments
- Metrics identification & collection from practices
- Practice accountability and reporting
- Steering committee

HCPF_integratedcare@state.co.us

Practice Innovation Program

- PTO matching with practices
- Contracting/payments to PTOs
- Facilitation management and quality assurance
- Practice assessments
- Management of learning community, including kick off meeting and collaborative learning sessions
- Contracting with subject matter experts and valuebased payment consultants



QUESTIONS?

Scan to complete evaluation







Contacts

Stephanie Kirchner – Practice Transformation Program Manager

Stephanie.Kirchner@cuanschutz.edu

Kathy Cebuhar – Learning Community Lead Kathy.Cebuhar@cuanschutz.edu

Kristin Crispe – Practice Innovation Project Manager Kristin.crispe@cuanschutz.edu

Allyson Gottsman - Colorado Health Extension System Program Manager

Allyson.Gottsman@cuanschutz.edu

Rachel Shuck – HCPF Section Manager HCPF integratedcare@state.co.us



THANK YOU!

