## Are you starting treatment for opioid use?

# Participate in the HOMER project!

Help others who will need treatment in the future!

Get paid \$200!

#### What is HOMER about?

This research project will help clinical care teams and patients better understand which option for starting treatment works best based on a patient's unique needs!

Your doctor will explain the process of starting treatment. Treatment can start:

- 1. at the clinic
- 2. at home (not at clinic), with a plan that you follow
- 3. with your doctor using phone calls or video contact, but not at the clinic

### What will you be asked to do?

- Agree to be randomly assigned (like the flip of a coin) to one of the three induction options.
- Complete a 40-minute survey before you start treatment.
- Complete a 20-minute survey 3 times (at 1 month, 3 months, and 9 months) after starting treatment.



HOMER can help future patients receive the best care. YOUR participation will help!



#### What will you receive?

You will receive a \$50 gift card for each survey you complete.

That's up to \$200!



#### Can you participate?

- Are you 16 years old or older?
- Are you seeking treatment with Buprenorphine/Suboxone for your opioid use?
- Do you agree to be randomly assigned to start your treatment using one of the three ways?
- Do you have access to a phone and/or internet?

If you said "YES" to these questions, contact us!

#### **HOMER Facts**

- Is a national research study with 1,200 people participating!
- Compares how 3 approaches to starting treatment with buprenorphine influence long term success for people with opioid dependence or use disorder.
- Stands for "Home vs Office vs Telehealth for Medication Enhanced Recovery".
- Is funded by the Patient Centered Outcomes Research Institute.

**Contact Us!** Help improve treatment for future patients!

Call: 303-724-6637

Email: homer@cuanschutz.edu



Study Title: Comparing Office, Home, and Telehealth Induction for Medication Assisted

Treatment for Opioid Use Disorder (HOMER study)

Principal Investigator: Linda Zittleman, MSPH

COMIRB No: 20-1692 Version Date: 3/31/2021

You are being asked to be in this research study because you are age 16 years or older, you have been identified by your primary care clinician as having opioid dependence or opioid use disorder (OUD), and you have agreed to receive medication assisted treatment (MAT) with buprenorphine.

If you join the study, you will participate in the following study activities over a nine-month period.

- Randomization: You will be randomly assigned (by chance, like the flip of a coin) to one of three study groups to begin your MAT with an induction at your clinic, at home, or at home via telehealth (phone or video contact with your care team). All of these options are standard care provided by your clinician and practice team.
- Surveys: You will be asked to complete a set of surveys when you begin treatment, one month later, three months later, and nine months later. The surveys can be done on-line, by mail, or by phone and will take 20 30 minutes to complete each time. The study team member contacting you will have access to your name, address, phone number and email address to send you the surveys.
- **Participant Clinical Tracker:** As part of the care, your health care team will record your prescription, refills, follow up visit dates for MAT, adherence to taking medication as prescribed, and urine buprenorphine test results. This information will be shared with the research team for research purposes.

This study is designed to learn more about if people receiving MAT have different treatment outcomes based on the induction method used, comparing home, office, and telehealth inductions.

Possible discomforts or risks include:

- **Surveys:** You may get tired or bored when we are asking you questions or you are completing surveys. Some people may feel uncomfortable or get anxious about answering some questions. You do not have to answer any question that you do not want to answer.
- **Confidentiality:** There is a potential risk of loss of confidentiality. Every effort will be made to keep your information confidential; however, this cannot be guaranteed.
- Randomization: Either group that you could be randomized into will receive slightly different care. Although all induction methods meet the standard of care for primary practices, one method might be better than the other. There is currently insufficient scientific evidence to recommend one induction method over the other.

There may be risks the researchers have not thought of.

If you tell us you are going to physically hurt yourself, we will need to share that with your health care team.

This study is not designed to benefit you directly.

Every effort will be made to protect your privacy and confidentiality by following all institutional, state, and federal laws that protect the information of research participants, like the Health Insurance Portability and Accountability Act (HIPAA). We will always keep the names of research subjects, like you, private.

This research is being paid for by the Patient-Centered Outcomes Research Institute.

You will receive a \$50.00 gift card each time you complete the set of questionnaires (before induction, one month after, three months after, and nine months after MAT induction), or up to \$200 in gift cards for your participation. If you choose not to complete all of the survey time points, you will only be compensated for the surveys you completed.

You have a choice about being in this study. You do not have to be in this study if you do not want to be.

The data we collect will be used for this study but may also be important for future research. Your data may be used for future research or distributed to other researchers for future study without additional consent if information that identifies you is removed from the data.

If you have questions, you can call Linda Zittleman, MSPH at 303-724-9716 or Donald Nease, MD at 303-724-7283. You can call to ask questions at any time.

You may have questions about your rights as someone in this study. If you have questions, you can call COMIRB (the responsible Institutional Review Board) at (303) 724-1055.

By completing this survey, you are agreeing to participate in this research study. *[optional]* 



# Participant Survey & Payment Schedule

You will receive a **\$50** gift card for each survey you complete! You will be asked to complete 4 surveys. This means you can receive up to \$200 in gift cards.

You will be asked to complete a 30-40-minute survey when you **start treatment** (**baseline**) and a 20-minute survey 3 times after starting treatment (**at 1 month, 3 months, and 9 months**). Use this form to help keep track of your upcoming surveys and gift cards.

Date survey completed	Date \$50 gift card received		
Baseline survey:	\$50:		
1-month survey:	\$50:		
3-month survey:	\$50:		
9-month survey:	\$50:		

**Have questions? Contact us! Call:** 

303-724-6637

Monday - Friday: 8am - 6pm MST

Email: homer@cuanschutz.edu





