

COMIRB #: 20-1692 PI: Linda Zittleman





Home vs Office vs Telehealth for Medication Enhanced Recovery (HOMER)

- Is your community affected by opioid use disorder (OUD)? Do you provide medication assisted treatment (MAT) for your patients with opioid dependence or OUD?
- > What if you could provide a personalized recommendation of MAT induction for your patients with OUD and know you were offering the best chance for successful long-term management based in evidence?

HOMER is a new national study comparing three methods of induction for MAT for OUD. This study will help determine if certain patient and practice characteristics make patients better candidates for one method over the others. Results will help fill a gap in the evidence around effectively treating OUD with MAT in primary care settings. HOMER will equip primary care practices with useful information to help provide the best care.

The three methods compared are: 1) home induction (asynchronous, unobserved), 2) office induction (synchronous, observed), and 3) telehealth induction (synchronous phone or video contact, observed).

The HOMER study is a partnership between the State Network of Colorado Ambulatory Practices and Partners (SNOCAP) and the American Academy of Family Physicians National Research Network.

HOMER will work with 100 primary care practices across the country. Please let us know if you are interested!

Participants will be patients:

- Identified by their primary care team as having opioid dependence and OUD and opting to receive MAT with buprenorphine.
- Randomized to begin treatment with home induction (asynchronous, unobserved) *OR* office induction (synchronous, observed) *OR* telehealth induction (synchronous phone or video contact, observed).
- Enrolled begins in April 2021.

Practices will:

- Identify ~12 patients (between 6 20) over a 12-month period to participate.
- Receive \$200/enrolled patient and \$35/month/patient for 9 months of monitoring and data tracking.
 (Example: 12 patients enrolled and 10 followed for 9 months = \$5550.)
- Receive access to MAT resources, including treatment protocols, forms, and guidelines.
- Begin participation in early 2021.

Join us in this effort to support...

<u>patients</u> seeking to overcome the grip of OUD and <u>practices</u> looking to provide the most effective evidence-based treatment for individual patients.



Please consider joining us! To learn more scan the QR code or visit HOMER Interest to request more information!

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