Edition: November 2020

## DEAR Creating Inclusivity through Learning



Welcome to the first addition of the BMG Diversity, Equity & Anti-racism bulletin! Within DEAR BMG: you will find a conglomerate of resources including books, articles, podcasts and videos on topics ranging from diversity, equity & inclusion to mental health and professional & personal development. By no means are you to become an expert in the topic introduced with only the content listed below. But the hope is with sharing resources, we can catalyze learning, spark interest, connect and become leaders of productive change in our community, society and selves.

## Racism in Science and the Workplace

read the book? Check out the Podcast below!

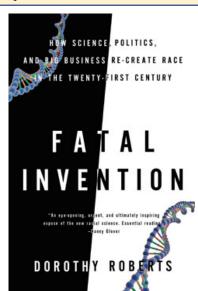
#### Fatal Invention - How Science, Politics, and Big Business recreate race in the twenty-first century

By Dr. Dorothy Roberts

George A. Weiss University Professor of Law and Sociology and the Raymond Pace and Sadie Tanner Mossell Alexander Professor of Civil Don't currently have time to

Book Description by The New Press:

This groundbreaking book by the acclaimed Dorothy Roberts examines how the myth of biological concept of race—revived by purportedly cutting-edge science, race-specific drugs, genetic testing, and DNA databases-continues to undermine a just society and promote inequality in a supposedly "post-racial" era. Named one of the ten best black nonfiction books 2011 by AFRO.com, Fatal Invention offers a timely and "provocative analysis" (Nature) of race, science, and politics by one of the nation's leading legal scholars and social critics.





#### Science Rules! With Bill Nye

Science is Racist. Here's how to fix it with Dorothy Roberts Sept. 30, 2020

Episode Info: Dr. Dorothy Roberts explains the long history of racism in science and medicine - and where we go from here. Click title above for episode link!

# **New York Times Opinion Article**

They Call Me Doctor Berry

By Dr. Carlotta A. Berry

Professor at the Rose-Hulman Institute of Technology

November 1, 2014

## JSTOR Article

How Insurance Companies Used Bad Science to Discriminate

By Jessie Write-Mendoza

September 17, 2018

#### **TEDxUGA**

<u>Practical Diversity: taking inclusion from theory to</u>

practice

with Dr. Dawn Bennet-Alexander Associate Professor

University of Georgia

May 5, 2015

Learn more about Practical Diversity here!



# **BURNOUT!**

## Unlocking Us with Brene Brown

Brene with Emily and Amelia Nagoski on Burnout and

How to Complete the Stress Cycle October 14, 2020

Episode Info: Burnout. We're all experiencing it and we're all desperate for a way through it.

In this episode, I talk to Drs. Emily and Amelia Nagoski about what causes burnout, what it does to our bodies, and how we can move through the emotional exhaustion. This has been a game-changer for me and for my family!

TEDSalon NY2014 The Art of Stillness With Pico Iyer August 2014

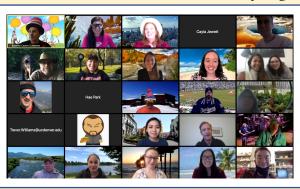


# Psychology Today Article

3 Signs of Burnout and 15 Ways to Reduce It

By Dr. Suzanne Degges-White October 23, 2019

# Recruitment Diversity Highlighted at MOLB Retreat



The Molecular Biology Retreat was held digitally via Zoom on October 22-24, 2020. Content included a speaker from GRIT, the Graduate Recruitment Initiative Team, from the University of Chicago.

"GRIT focuses on three central components: recruitment, retention, and sustainability in order to increase the recruitment and retention of students from marginalized backgrounds." Learn more about GRIT here!

Have ideas for DEAR BMG:? Interested in joining the BMG DEAR committee? Send inquiries, comments or recommendations via email

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