



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

ISSUE 100821

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<https://medschool.cuanschutz.edu/farleyhealthpolicycenter>



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[Dr. Lilia Cervantes Receives the 2021 Dr. Virgilio Licona Community Health Leadership Award](#) for her lived experience and long-standing, equity-driven career making her a critical leader on the forefront of community and systems-level change. She is also recognized for spearheading the change to a Medicaid payment rule so undocumented patients with kidney failure can access live-saving maintenance dialysis...and more. Congratulations!!!

[CU Anschutz Puts Strong Focus on Mental Health Needs](#) is a post on the CU Anschutz website in honor of World Mental Health Day that provides a sample of stories highlighting how physicians, researchers, educators, and healthcare leaders at the University of Colorado Anschutz Medical Campus offering innovative strategies, clinical approaches, and empathetic care in response to the crisis.

Annual CSTAHR Greg White/Levitt Lecture November 3, 112-1:30PM MT: *Gang Violence, Policing and Community Health: A Case Study* using Julian Rubenstein's recently released book, *The Holly: Five Bullets, One Gun*, and the Struggle to Save an American Neighborhood as the backdrop. It is a story that chronicles the history of gangs in the United States, and how gangs and policing have impacted the health of communities. Speakers will be the author, Julian Rubenstein and Terrance Roberts, a community activist whose story is a focal point of the book. If you would like to receive a link for the streaming of this event, please contact [Linda Niebauer](#) and it will be sent to you when available.

[It's not just social.](#) Is the topic for this week's newsletter from Ben Miller.

[State Approaches to Mitigating Health Provider Consolidation and its Effects and Prices](#) is a Millbank-sponsored webinar October 21, 1-2PM MT about steps that states are taking to foster more competitive health care markets and lower health care prices.

[Opinion: In 1993, Colorado lost a Black pioneer in medicine. Now it has lost his Denver home](#) is a commentary in *The Colorado Sun* by Dr. Terri Richardson and colleagues about the story of Dr. Charles Blackwood, one of Denver's most accomplished residents.

[Tracking Mental Health Stigma](#) is a webinar sponsored by the Wellbeing Trust, Changing Minds Globally, the National Center for Integrated Behavioral Health at the Mayo Clinic, the CU Anschutz Medical Campus, and the CU Department of Family Medicine October 13th, 10:30AM ET during which panelists that include Ben Miller, Daniel Goldberg, and Sarah Hemeida, among others, will discuss breaking barriers and the steps we can take to reduce mental health stigma.

[Mental Health Care in Flux: Exploring New Ways to Deliver Care](#) is a virtual conference October 29th 10am to 12:15PM MT cohosted by the Leonard Davis Institute of Health Economics and the Penn Center for Mental Health during which experts will take stock of mental health care delivery innovations; assess their impact on patients, providers, and payers; and discuss a research and policy agenda to inform a more effective, sustainable, and equitable mental health care system.



[Olympian and Grad Student Talks about Mental Health Seeking Balance](#) is a story on the *CU Anschutz News* site by Chris Casey about Maddie Godby who excels both on the cycling track and in public health as she sets her sights on the Olympics in Paris in 2024.

[COVID-19 Resilience at Work](#) is a story on the CU Anschutz Medical Campus site that highlights many of the contributions from folks across the campus to the pandemic.

[In one of the country's most vaccinated places, masks were still key to slowing COVID-19](#) is a CNN story by Rae Ellen Bichell who tells an interesting San Juan County, Colorado story.

[The pandemic has more people turning to a "therapist in your pocket"](#) is a post on *Marketplace* by Kimberly Adams about how with the greater need for help and the nationwide shortage of providers has led to more people turning to remote or virtual care.

[Community Initiated Care: Building Skills to Improve Mental Health](#) is a post on the *Well Being Trust* site from Ben Miller that reports on how the trust and Harvard Medical School are joining forces to scale-up and strengthen community-based mental health interventions.

[Americans, especially African Americans, are in a mental health crisis. Can churches help?](#) is a commentary in the *Louisiana Illuminator* by Brad Fulton

who calls out how African American communities have been hit disproportionately by the pandemic and suggests that strengthening relationships between churches and mental health providers is one way to increase access to needed services.

[How Nature Soothes Frazzled Family Caregivers](#) is a story on the AARP website by Barry J. Jacobs who writes how spending time outdoors can decrease worry and depression for family caregivers.



[California Bill Would Reduce Wait Times for Mental Health Appointments](#) is a story on KQED by April Dembosky who writes about a bill sitting on Gov. Gavin Newsom's desk that would require health insurers across the state to reduce wait times to no more than 10 business days.

[The AMA needs to declare a national mental health emergency](#) is a story on *Stat News* by Susan Hata and Thalia Krakower who write how primary care doctors have nowhere to turn to find mental health providers for their patients and indicate it's time for the AMA to declare a national mental health emergency.

[Harm reduction and addiction treatment need infrastructure investment](#) is an opinion piece on *The Hill* by Paul N. Samuels, Marcia Lee Taylor and Emily Feinstein that makes the case that as Congress moves legislation forward to strengthen the nation's critical infrastructure, investments to revitalize and modernize the addiction health care infrastructure must be included.



[Psychiatry in the Year 2500: Lessons Learned from History](#) is an article in *Psychiatric Times* by Dr. Joel Yager who shines a light on what psychiatric practice might look like in the future.

[Enhancing the Capacity of the Mental Health and Addiction Workforce: A Framework](#) is a paper posted on *Think Bigger Do Good* by Ben Miller and Anita Burgos that offers a framework and policy considerations to reconceptualize what's needed to enhance the overall capacity of clinics and communities.

[The Survey Results Are In! Almost Two Years into the Pandemic, Here's Everything We Know about How It's Affected Our Mental Health](#) is a post on *Parade* by Leigh Weingus that reports on survey findings from 2,000 people conducted by Parade and the Cleveland Clinic. Findings indicate that we're finally understanding just how important it is to prioritize mental health.

[The Devastating Ways Depression and Anxiety Impact the Body](#) is a story in

The New York Times by Jane E. Brody about how chronic, emotional distress is often overlooked by doctors and how such problems can have even more devastating effects on physical health.

[It's a New Era for Mental Health at Work](#) is a post on *Harvard Business Review* by Kelly Greenwood and Julia Anas write about a silver lining amid the disruption caused by the pandemic is the normalization of mental health challenges

['A Sinking Ship': Pandemic's Mental Health Toll Continues to Roil Health Care Workers](#) is a story on *Morning Consult* by Gaby Galvin that reports that half of health care workers say mental health has suffered during COVID-19.

[What Primary Care Physicians Should Consider When Hiring Mental Health Clinicians](#) is post on *SGIM Forum* by Ben Miller in which he talks of the importance of bringing mental health and substance use disorder services into primary care practices and briefly explains what mental health integration looks like in primary care.



[Case Study: Building a statewide subscription model for MLP services in Montana with help from a Primary Care Association](#) is the report of a Montana Case Study published last year that looks at how the Montana Primary Care Association helped develop a statewide, subscription model for MLP services.



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