It’s not just social is this week’s newsletter from Ben Miller with reflections on the urgency of addressing the structural side of mental health stigma.

Eating disorders in Colorado teens, young adults rose during pandemic is a story in The Tribune by Jennifer Mulson who writes how several factors coalesced to create a perfect disordered eating storm.

How substance use disorder often begins is a post on UCHealth Today by Susan Cunningham about how finding ways to manage unmanageable situations can take time, and how substances can give us the illusion that we’re relieving our stress or distress without altering or evolving our behavior.

An autistic teen needed mental health help. He spent weeks in an ER instead. is a story in The Washington Post by William Wan about how a teen languished for 76 days in a Maryland ER waiting for a psychiatric bed – part of a growing mental health treatment crisis for teens across the country.

Paying for mental health care leaves families in debt and isolated is an NPR story by Yuki Noguchi about the challenges of finding and paying for mental health care and then contending with the debt that follows.
How Emerging Telehealth Models Challenge Policymaking is an article on *The Milbank Quarterly* by Mitchell Tang and colleagues about how current telehealth policy discussions are focused on synchronous video and audio telehealth visits delivered by traditional providers, and have neglected the growing number of alternative telehealth offerings.

Colorado’s U.S. Senate candidate participate in first-ever forum focused on mental health is a *CBS News* story by Shaun Boyd about how for the first time in a Colorado U.S. Senate race, the Democratic and Republican candidates met for a forum focused solely on mental health.

Impending Relief for Medicare Beneficiaries – The Inflation Reduction Act Is an opinion piece in *The New England Journal of Medicine* by Drs. Stacie B. Dusetzina and Haiden A. Huskamp about how over the coming years many Medicare beneficiaries can expect reductions to their out-of-pocket spending for retail prescription drugs and how some effects will be carefully monitored by the CMS as the changes are implemented.

VOTE 2022: Candidates for governor diverge in views on tackling Oregon’s mental health crisis is a story in the *Oregon Capital Chronicle* by Holly Dillemuth about the ways OR governor candidates are approaching the problem of mental health in a state that is reported to be 50th in the national for such care.

Alabama elected officials, candidates sign pledge to advance mental health policy is a post in the *Alabama Political Reporter* by Jacob Holmes about how the candidates pledge to increase availability of mental health services, expand youth mental health services, and improve crisis response.

Health department medical detectives find 84% of U.S. maternal deaths are preventable is an *NPR* story by April Dembosky about how a NC maternal mortality review committee looks for clues to what contributed to the deaths… unfilled prescriptions, missed postnatal appointments, signs of trouble that doctors overlooked…to figure out how many of them could have been prevented and how.

Mass officials: COVID patients with behavioral health conditions saw longer hospital stays is a post on *Axios* by Steph Solis about a new state report that shows hospitalized COVID-19 patients with behavioral health conditions were staying at the hospital on average a day longer, and readmitted more, than COVID-19 patients without those coexisting conditions.
The Academic Medical-Legal Partnership is a report from the Georgetown University Health Justice Alliance and the National Center for Medical-Legal Partnership that combines experience and a mixed methods survey of MLPs operating with at least one academic partner.

Tool: Screening for Disability Discrimination is a post on the National Center for Medical Legal Partnership by Katie Hathaway about two new tools for determining if your patient is experiencing discrimination based on a disability or chronic disease.