



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

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Editor: Linda Niebauer

<https://medschool.cuanschutz.edu/farleyhealthpolicycenter>



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[Free Books from Previous Symposium Speakers](#) contains a list of free books available to nonprofits from the *Colorado Health Foundation*. Supplies are limited so take a look.

[UCCS Social Work Programs Fulfilling a Critical Need](#) is a story on the *University of Colorado* site about how new bachelor's and master's of social work programs at the University of Colorado Springs are already fulfilling a critical need in El Paso County.

[The hope generator](#) is this week's newsletter from Ben Miller about why hope matters.

[New behavioral health facility for Omaha children expected to open in 2025](#) is a *3 News Now* story about how The Mental Health Innovation Foundation is managing the \$89 million project geared toward the mental healthcare of teens and children.

[Selena Gomez honored for mental health advocacy work](#) is an *AP News* story by William J. Kole about how the Boston-based Ruderman Family Foundation honored the 30-year-old entertainer with its annual Morton E. Ruderman Award in Inclusion for "drawing inspiration from her personal journey: to help others worldwide get access to counseling and other services.



COMMUNITY HEALTH AND PREVENTION

[Colorado nonprofit provides free dental care for "instant impact" in lives of low-](#)

[Income students](#) is a story in *The Denver Post* by Megan Ulu-Lani Boyanton about a nonprofit started to provide dental care to the families of railroad workers and coal miners and how it is continuing its more-than-a-century-old legacy by serving the Denver area's low-income children.

[Fall viruses are hitting with a vengeance. Tips for a healthier holiday season.](#) is a post in *UCHealth Today* by Katie Kerwin McCrimmon who writes about the surge of flu, RSV and COVID-19 infections as we approach the holidays.

[Do you know the stages involved in recovery from substance use disorder?](#) is a story on *UCHealth Today* by Susan Cunningham who talks to a licensed behavioral health counselor at UCHealth Behavioral Health Clinic in Steamboat Springs about recovery.

[Bipolar Disorder Expert: Raw Look at Selena Gomez's Life Can Open Eyes](#) is a post on the *CU Anschutz Medical Campus* site by Debra Melani in which Dr. Chris Schneck, CU Anschutz expert on bipolar disorder, offers a medically focused film review of a recently released documentary on a superstar's journey with mental health struggles: "Selena Gomez: My Mind & Me."

[Expert Untangles Complexities of Grief for Suicide Loss Survivors](#) is a story on the *CU Anschutz Medical Campus* site by Laura Kelley about how embracing community and staying connected is at the top of the strategy list for healing.

[The Benefits of Mental Health Programs in Schools](#) is a *US News* story by Kate Rix about how community partnerships can help K-12 schools provide more robust mental health support for students.

[COVID Superspreader Events Still Exist. Here's What They Look Like Now.](#) is a story on *HuffPost* by Julia Ries about how such events after large gatherings like concerts, weddings, and conferences are still a thing even though testing and contact tracing programs in 2022 have been defunded and scaled back.



[Termites in the House of Health Care](#) is an opinion piece on the *Milbank Memorial Fund* site by John E. McDonough about how private equity firms are devouring the woodwork and foundations of the US. health care system.

[Colorado funds only one agency to help families and adopted kids with their trauma-filled past. And its budget just got slashed.](#) is a story in *The Colorado Sun* by Olivia Prentzel and colleagues who write that "no family who has received trauma-informed coaching by the nonprofit, Raise the Future, has reported a disrupted adoption." Colorado is at risk for going from being a leader in this space to being unable to continue to offer this essential assistance.

[Mental-Health Days Are Only a Band-Aid for Burnout](#) is a story in *The Atlantic* by Jonathan Malesic that discusses how workers don't need a new type of sick day; they need sustainable jobs.

A blue banner with a graphic of a magnifying glass over a bar chart and a molecular structure. The text "RESEARCH, DATA, EVALUATION" is written in white capital letters.

RESEARCH, DATA, EVALUATION

[CU Researchers Rethink Mental Illness](#) is a story in the *Coloradan Alumni Magazine* by Lisa Marshall who writes that the future for patients struggling with mental illness might include a brain scan to pinpoint regions that may be misfiring in addition to sharing their feelings with a therapist.

[Therapists say they can't meet high demand as anxiety, depression higher](#) is a post on *The Washington Post* by Teddy Amenabar about a survey by the American Psychological Association that found that 6 in 10 psychologists say they don't have openings for new patients.

[Study finds 'huge' increase in children going to the emergency room with suicidal thoughts](#) is a CNN story by Jen Christensen about the steady increase in the number of children who are seen in emergency rooms for suicidal thoughts.

[How loneliness is killing men](#) is a story on *Science Focus* by Ian Taylor about why friends are a kind of medicine.

[The health benefits of a random act of kindness](#) is a CNN story by Sandee LaMotte that discusses how putting the well-being of others before our own without expecting anything in return stimulates the reward centers of the brain, studies have shown.

A blue banner with a graphic of a scale of justice and a caduceus. The text "MEDICAL-LEGAL PARTNERSHIPS" is written in white capital letters.

MEDICAL-LEGAL PARTNERSHIPS

[Episode 74: Health Justice after COVID](#) is a podcast with Jeanne Hruska and Yael Cannon, professor of law at Georgetown Law, about health equity and justice, how they impact the conversation about being post-COVID, and the pivotal role that lawyers can play in achieving them.



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