



FRIDAY'S FEATURES

ISSUE 010821

Editor: Linda Niebauer

NEWS, ANNOUNCEMENTS, CELEBRATIONS

[Ethics Grand Rounds: COVID and Moral Distress](#) is a Zoom conference January 14th, 12-1PM MT sponsored by the CU Center for Bioethics and Humanities designed to define moral distress and distinguish it from other sources of stress during COVID times, and discuss mitigation strategies and resources for moral distress mitigation.

[12 truths I learned from life and writing](#) is a Ted Talk by Anne Lamott, a writer who dives into the nuances of being a human who lives in a confusing, beautiful, emotional world, offering her characteristic life-affirming wisdom and humor on family, writing, the meaning of God, death and more.

COMMUNITY HEALTH AND PREVENTION

[The Incompatibility of Patient-Centered Care with Fee-for-Service Payment](#) is a perspective piece by Dr. Jen DeVoe in *JAMA Internal Medicine* who suggests that primary care teams should be trusted with a predictable, prospective budget that makes it easier for them to listen to patients and implement plans that include doing less and doing more at the same time.

[Bridging the Gap Between Where the Quality Metric Ends and Real Life Begins – A Trusting Relationship](#) is a perspective piece by Dr. Jen DeVoe posted on *JAMA Internal Medicine* who discusses how evidence-based guidelines are critical, but they are often contained in a finite box, and many patients present to trusted primary care clinicians with situations and questions that fall outside that box.

[COVID-19 Vaccine Update: Distribution Plan](#) describes the three-phased

[Westfall: A brief discussion of the social contract](#) is an opinion piece by Tom Westfall in the *Journal-Advocate* who shares thoughts about the social contract theory of society and how it seems we focus more energy on our personal liberties rather than our corresponding responsibilities.

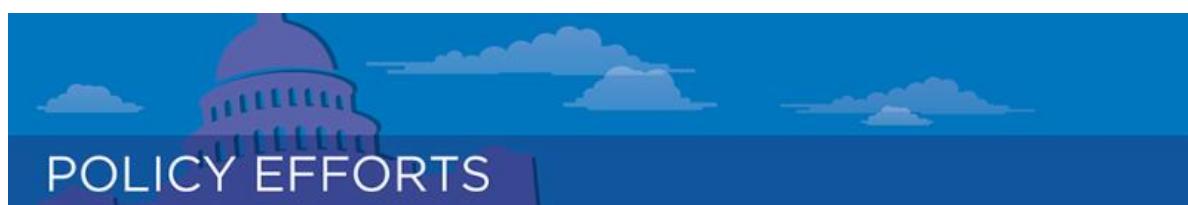
[What to Say to Kids When the News Is Scary](#) is an *NPR* story by Anya Kamenetz and Cory Turner published a year ago with advice about how to address frightening media and current events with young children.

[Statement on Yesterday's Events on Capitol Hill: Weaponized White Privilege is a Threat to Our Democracy, Health](#) is a post on *The Colorado Health Foundation*'s website that states that what happened at the Capitol "was a clear display of white privilege (whether recognized or unrecognized), and a stark contrast to the force used for decades, and in recent months, against peaceful protestors standing up for racial justice."

['Relapsing Left and Right': Trying to Overcome Addiction in a Pandemic](#) is a story in the *New York Times* by Emma Goldberg who reports that in the 80-year history since addiction treatment began, the field has never experienced anything as challenging as the realities of the coronavirus conspires against putting people in social settings to heal.

[Amid coronavirus pandemic, teachers' mental health suffers in ways they've never experienced](#) is a story by Shefali Luthra for *USA Today* about how a predominantly female workforce (teachers) is trying to juggle careers, home schooling their own children, and taking care of themselves in these difficult times. It's an overwhelming proposition to say the least.

["No Health without Mental Health": The Urgent Need for Mental Health Integration in Universal Health Coverage](#) is a new resource from United for Global Mental Health, which emphasizes the importance of investing in mental health NOW.



[Duty to Plan: Health Care, Crisis Standards of Care, and Novel Coronavirus SARS-CoV-2](#) is a discussion paper posted on the *National Academy of Medicine* site by John L. Hick, Dan Hanfling, Matthew K. Wynia and Andrew T. Pavia that represents a response from The National Academies to the COVID-19 pandemic. The authors discuss the application of crisis standards of care (framed by the IOM in 2009) to clinical care, including personal protective equipment, critical care, and outpatient and emergency department capacity challenges posed by a coronavirus or other major epidemic or pandemic event.

[Despite Early Success, Vermont's All-Payer Waiver Faces Persistent Implementation Challenges: Lesson from the First Four Years](#) is a post on the *Health Affairs Blog* by Adam Atherly and colleagues who describe and discuss lessons learned from the CMS all-payer model waiver granted Vermont in

2016.

[Engaging Consumers in Medicaid Program Design: Strategies from the States](#) in article on *The Milbank Quarterly* site by Jane M. Shu and colleagues who stress how consumer engagement early in the process of health care policymaking may improve the effectiveness of program planning and implementation, promote patient-centric care, enhance beneficiary protections, and offer opportunities to improve service delivery.

[States Struggle to Administer their Doses of COVID-19 Vaccines](#) is an *NPR* story by Martha Bebinger and colleagues who look at where bottlenecks for vaccine administration are occurring in various parts of the country.

[Once a bus, it's now a mobile office for mental health assessments and more in St. Paul](#) is a story in the *Twin Cities Pioneer Press* by Mara H. Gottfried who writes about how the St. Paul police department's Community Outreach and Stabilization unit that pairs specially-trained officers with social workers, rolled out the community outreach vehicle this week to provide chemical dependency, housing and mental health assessments in St. Paul.

[COVID-19 is taking a heavy toll in America's mental health-care deserts](#) is a *National Geographic* story by Rebecca Renner about the root crisis of the inadequate number of trained professions to treat those needing mental health care.

[UCHealth doctor urges patience as state enters next vaccine phase](#) is a story covered by Rachel Skytta for *KDVR News* who updates Coloradans about COVID-19 vaccine distribution that includes an interview with Dr. Michelle Barron, head of infection prevention with UCHealth, who discusses the complexity of the problem.



[Children's Hospitals Grapple with Wave of Mental Illness](#) is an article on the *Kaiser Health News* site by Carmen Heredia Rodriguez about how increased mental health demand for kids has worsened issues/gaps that have long plagued the system, and how some children's hospitals are grappling with the influx.

[National Poll Shows COVID-19 Taking Heavy Toll on Farmers' Mental Health](#) is a story on the *American Farm Bureau Federation* site by Mike Tomoko and Bailey Corwine who report findings from a national poll that indicate how COVID-19 is impacting the mental health of many farmers/ farmworkers and the need for support is dire.

['Deaths of despair' during COVID-19 have risen significantly in 2020, new research says](#) is a story on *MarketWatch* by Quentin Fottrell who reports on a recent study that showed these deaths to be experienced disproportionately by working aged men, driven in part by synthetic opioids.



MEDICAL-LEGAL PARTNERSHIPS

[Law & Ethics Roundup: Federal Appeals Court supports IL gov, Framework for Equitable Homeless Policy, COVID legal needs, medical-legal partnership resources, safety net policies, the moral determinants of health & more](#) is post on the *Indiana CTSI*/website that begins with guidance from Don Berwick (from a [viewpoint published in JAMA](#) last summer) who argues for health professionals and systems to embrace the moral determinants of health, including a “strong sense of social solidarity” to help address racism and other social determinants of health.

[5 questions with Dr. Eric Elbogen about the links between social determinants and suicide attempts](#) is an interview with Dr. Elbogen, professor in psychiatry and behavioral sciences at Duke, whose research looks at the connections between social determinants and mental health problems and suicide risk. He discusses his latest study examining the links between financial well-being and suicide attempts.



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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