



# FRIDAY'S FEATURES

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[Save the Date](#) to join us in honoring Dr. Frank deGruy recently named CU Distinguished Professor, March 12, 6-8PM MT, Elliman Conference Center on the CU Anschutz Medical Campus.

[Wait wait...Don't tell me!](#) is this week's letter from Ben Miller about how wait times for help have only gotten worse and what to do about it.

[How Healers Became Killers: Nazi Doctors and Modern Medical Ethics/War Crimes, Social Influences & Justice: Lessons from the Holocaust for Today](#) are two hybrid events January 29, noon to 2pm MT as part of the International Holocaust Remembrance Day program and presented by the Center for Bioethics and Humanities at the University of Colorado Anschutz Medical Campus, National Jewish Health, and Holocaust Awareness Institute at the University of Denver.



[Will your older self refuse to give up the car keys? Here's how to plan](#) is a story in *The Washington Post* by Judith Graham about how an "advance directive" for driving is a tool that can help seniors and their loved ones.

[Long COVID patients enduring symptoms, looking for answers](#) is a post in *Scripps News* by Clayton Sandell about how over the last year, nearly 15% of adults infected with COVID-19 reported symptoms lasting longer than three months.

[Tips for quitting smoking in the New Year](#) is a 3-minute interview with Jan Lowery, assistant director for dissemination and implementation at the CU Cancer Center, regarding a partnership with a company called Tomorrow

Health, a digital health company that has developed a smart phone program to help people overcome their addiction to nicotine.

[Effective Treatments for Opioid Use Disorder – Finding Recovery and Staying Safe](#) is a perspective video piece in *The New England Journal of Medicine* by Dr. Sarah Bagley and colleagues that reviews available medications for opioid use disorder and their mechanisms, and emphasizes that multiple types of health care providers, including those in primary care, can manage and treat opioid use disorder.

[Beyond Moral Injury – Can We Reclaim Agency, Belief, and Joy in Medicine?](#) is an article in *The New England Journal of Medicine* by Dr. Lisa Rosenbaum that addresses how the system quashes well-being, the individual's role in reclaiming joy, and whether it's still possible for the necessary sacrifices to feel worthwhile.

[Can the 'Dopamine Detox' Trend Break a Digital Addiction?](#) is a Q & A piece posted on the *CU Anschutz Medical Campus* site by Debra Melani with Emily Hemendinger, MPH, LCSW, assistant professor in the CU Department of Psychiatry, about how the Dopamine detox is misleading and not helpful, but rather another fad that people in the wellness industry are trying to make money from.

[CU Doctor Works to Increase HPV Vaccine Uptake to Prevent Cervical Cancer.](#) is a story on the *University of Colorado Cancer Centers* site by Greg Glasgow about how Dr. Sean O'Leary is involved in projects including lowering vaccination age and engaging rural communities.



[Many teens are rethinking college. This 87-acre campus near Colorado Springs wants to help them find careers without it.](#) is a story in *The Colorado Sun* by Erica Breunlin about how superintendents want to build an education park where they can explore vocational training and job certifications as student interest surges in careers that don't require a college degree, including those in the medical service area.

[Stopping the Vicious Cycle: Equitable Enforcement Strategies to Achieve Safe, Stable, and Accessible Housing for People with Disabilities](#) is an article on *The Milbank Quarterly* by Katie Hannon Michel of ChangeLab Solutions and colleagues that discusses how the underenforcement of laws designed to provide safe and accessible housing, such as housing safety codes and anti-discrimination laws, and the overenforcement of punitive laws, such as nuisance ordinances and evictions, contribute to the problem. The authors recommend

that policymakers focus on [equitable enforcement](#) of housing laws.

[Transforming Population Health – ARPA-H’s New Program Targeting Broken Incentives](#) is a perspective piece in *The New England Journal of Medicine* by Drs. Darshak Sanghavi and Dawn Alley in which the authors suggest that new approaches to financing illness prevention are desperately needed. Lack of incentives for implementing prevention-focused approaches result in the U.S. health care system failing to deliver effective interventions to the people who need them most.

[How hard is it for rural Colorado hospitals to hire CEOs? Ask the 24-year-old boss at the medical center in Julesburg.](#) is a story in *The Colorado Sun* by Gabrielle Porter about how the turnover among top managers of critical access hospitals in Colorado is double that of the nation. It’s a tough job, some say, even in cities with plenty of resources and mentors.

[Colorado officials thought they had 3 more years to spend \\$1.5B in federal COVID aid. They have 11 months.](#) is a story in *The Colorado Sun* by Brian Eason about how state officials blame the time crunch on shifting guidance from the U.S. Treasury Department.



[Palliative Care Works, Even When Delivered by Phone](#) is a post on *Health Day* by Dennis Thompson about a CU School of Medicine study led by Dr. David Bekelman, which showed that patients saw improvements in depression, anxiety and quality of life after regular calls made by a nurse and social worker, with improvements lasting months after the program concluded.

[Advancing Patient Safety: A Call for System Transformation](#) is an opinion piece in *The Milbank Quarterly* by Kushal T. Kadakia and Harlan M. Krumholz that discusses a 2023 report from the President’s Council of Advisors on Science and Technology calling for a [national initiative to advance patient safety](#). The authors offer guidance to policymakers and practitioners on how best to implement the report’s recommendations.



[Health Center MLP Planning, Implementation & Practice Webinar Series: Part 1 – What SDOH problems do we want to address?](#) is a virtual training session

February 1, 11a-12:30p MT in which the National Center for Medical Legal Partnerships is partnering with the Texas A&M University Institute for Healthcare Access to offer training to support health center- based MLP planning, implementation, and practice.

[Building Bridges between Healthcare Systems and Community-Based Organizations to Address Health Disparities](#) is the third session of the SDOH Academy Learning Series February 1, 1-2:30pm MT. Speakers will highlight unique SDOH challenges faced by special and vulnerable populations and the impact on their access to care and health disparities.

[Learning Collaborative: Medical-Legal Partnership to Improve Maternal Health Access and Outcomes](#) is a learning session designed to empower participants with a deeper understanding of how the social determinants of health impact maternal health, beginning April 2, 11-12:30pm MT.

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