



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

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<https://medschool.cuanschutz.edu/farleyhealthpolicycenter>



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[The Kids Aren't Alright](#) is this week's newsletter topic from Ben Miller who writes about his experiences as a teacher and the barriers to thriving, and what to look for when concerned about kids' wellbeing.

[Prioritize Your Health](#) is a NAMI Homefront website with health, wellness and recovery resources for veterans, military service members and their families.

[Relentless: A mother helps other families navigate mental health coverage](#) is a post on *WLOX* by Rachel DePompa about how navigating the healthcare system is complicated enough and insurance companies often make it even more complicated, and how a woman who fought to get critical help for her son for years partnered with Well Being Trust and Ben Miller to create [a guide](#) to give families the tools they need to access their own benefits.

[USPS just delivered a letter from an American soldier in Germany. It was 76 years late.](#) is a story on *The Washington Post* by Cathy Free about how a soldier's letter to his mother in 1945 was finally delivered last month. The U.S. Postal Service included a letter about what they did to find the family when the letter turned up at a processing and distribution center in Pittsburgh. [Editor's note: a happening worth celebrating.]



COMMUNITY HEALTH AND PREVENTION

[Duty to Plan: Health Care, Crisis Standards of Care, and Novel Coronavirus SARS-CoV-2](#) is a post on the *National Academy of Medicine* site by Mathew K. Wynia and colleagues about the application of crisis standards of care

principles to clinical care, including personal protective equipment, and outpatient and emergency department capacity challenges posed by a coronavirus or other major epidemic or pandemic event for health care planners and clinicians.

[**Eight Things You Should Know About Omicron**](#) is a story on the *CU Anschutz Medical Campus* site by Debra Melani about how some experts believe that omicron is not only far from the ugly past but how it might signal a brighter future.

[**Can Climate Change Affect My Health?**](#) is an interview with Dr. Jay Lemery on the *CU Anschutz Medical Campus* site by Kiley Kudrna in which Dr. Lemery discusses how extreme weather and increasing temperatures can have negative health outcomes, and what we can do about it now.

[**Hospitals Are in Serious Trouble**](#) is a story in *The Atlantic* by Ed Yong about how Omicron is inundating a health-care system that was already buckling under the cumulative toll of every previous surge.

[**It's Okay to Be Exhausted**](#) is a post on *Steady* by Dan Rather about Elliot Kirschner who write about the myriad of exhaustive issues in today's world and how it is ok to take a break and how resilience is a perspective that requires rest as well as determination. And to be able to take a break is its own form of privilege.

[**Decision Fatigue Is Real. Here's How to Beat It This Year**](#) is a story in the *Wall Street Journal* by Rachel Feintzeig who writes that the author of "The Power of Pressure" suggests replacing individual choices with overarching principles that do the work for us.

[**Kids Are Just as Anxious as You about COVID. Here's the Most Important Thing to Tell Them**](#) is a story on *Pure Wow* by Rachel Bowie who reports that kids are feeling anxious and afraid just like adults, and the most reassuring words, according to Dr. Mirela Loftus, psychiatrist, are: *I'm worried, but, but we will get through this together.*



[**Leading a Medicaid Program During the COVID-19 Public Health Emergency: Reflections on My Experience and Ways to Support State Medicaid Leadership**](#) is a post on the *Milbank Memorial Fund* by Kate McEvoy that offers ideas for ways the federal and state officials can support Medicaid directors.

[**Ginger Zee on how she overcame the stigma of mental health to talk about suicide, therapy**](#) is a story on *Good Morning America* by Katie Kindelan about how Zee, an NBC meteorologist, encourages those suffering from depression to talk about what's going on.

[**'Crisis situation': Mental health services in NJ stretched thin as pandemic boosts demand**](#) is a story on *North Jersey* by Scott Fallon about all are at

capacity and those in dire need of help have a 3- to 5-month wait. Another problem is getting new social workers and counselors licensed.

[The pandemic has taken a big toll on the mental health of children](#) is an MTPR interview with U.S. Surgeon General Vivek Murthy who issued an advisory last month, highlighting what he calls an urgent public health crisis.

[New York Plans to Install 'Vending Machines' with Anti-Overdose Drugs](#) is a story in *The New York Times* by Isabella Grullon Paz about how NYC vending machines will distribute free syringes, toiletries and safe-sex kits in addition to Naloxone, a medication used to reverse opioid overdoses.

[New law on mental health curriculum goes into effect with state of the new year](#) is a story on *Ed Source* by Carolyn Jones who writes about a new California law that requires high schools to provide students with classes about depression, schizophrenia, mood disorders and other serious mental health conditions.

[Access isn't everything: To make the most of mental health benefits, we must measure impact](#) is a story on ebn by Michael Boroff about how organizations are looking to offer a mental health solution as part of their benefits package.

[A mental health hold can help Coloradans in crisis. But for many who are seriously ill, that's where the help stops.](#) is a story in *The Colorado Sun* by Thy Vo about how mental health advocates want to overhaul the state law for 72-hour involuntary holds. But the author points out that helping people with serious mental illness will require a lot more than that.



[GP consultation rates for sequelae after acute covid-19 in patients managed in the community or hospital in the UK: population based study](#) is an article in *The BMJ* by Hannah R. Whittaker and colleagues who set out to describe the rates for consulting a general practitioner for sequelae after patients admitted to hospital with acute covid-19 and those managed in the community, and to determine how the rates change over time for patients in the community and after vaccination for covid-19.

['Grim' outlook for California children's well-being, report finds](#) is a post on *Ed Source* by Carolyn Jones who writes that COVID, wildfires, economic uncertainty and persistent racial injustices have upended nearly every aspect of children's lives in California according to a survey of young people's overall well-being since the pandemic began.

[Enforcing Legal Compliance for Covering of Services Promoting Family Mental Health](#) is a paper published in the *American Journal of Preventive Medicine* by Nathaniel Z. Counts and colleagues that analyzes the requirements of existing federal health policy as it relates to interventions to promote children's mental health and recommends how the Administration could improve children's mental health by fully implementing these policies.

[An omicron curveball: At two Colorado hospital systems, most COVID patients aren't there for COVID](#) is a story in *The Colorado Sun* by John Ingold who reports that Denver Health and UCHHealth report that 60% or more of their patients who are COVID positive are there for other reasons, a change from previous coronavirus waves that comes amid the more contagious omicron variant.

[Children Are up to 2.5 Times More Likely to Develop Diabetes After COVID-19 Infection, Study Finds](#) is a post on *Prevention* by Jake Smith that discusses results from a new CDC study.



[The Role of Medical-Legal Partnerships for Socially Vulnerable Older Adults](#) is a fact sheet about the benefits of partnering with legal services to address social and structural issues that impact older adult health and well-being posted on the *National Center for Medical Legal Partnership*.

[Every year medical-legal partnerships help thousands of people of 49 states and the District of Columbia](#) is a post on the *National Center for Medical Legal Partnership* site about the impact these partnerships are having.

[Webinar: The Role of MLPs in Harm Reduction Models](#) is a recording of a webinar in which MLP practitioners shared strategies to help health centers and MLP staff increase their understanding of current public health approaches to designing and implementing effective harm reduction models.



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