

### FRIDAY'S FEATURES

ISSUE 040822 Editor: Linda Niebauer https://medschool.cuanschutz.edu/farleyhealthpolicycenter

#### NEWS, ANNOUNCEMENTS, CELEBRATIONS

Congratulations to Dr. Fred Thomas, associate professor of pediatrics and director of population health telemedicine and care innovation at Children's Hospital Colorado, has been elected an American Telemedicine Association Fellow. Fred has been working in telehealth for nearly two decades including serving as executive director of the Peer Mentored Care Collaborative.

There's a new nonprofit hospital system in Colorado. Here's how the CEO says it will keep down prices. is a story in *The Colorado Sun* by John Ingold about a merger with SCL Health that will work to provide patient care in the most affordable settings.

<u>ACCORDS Primary Care Research Fellowship</u> is a post on the ACCORDS site about a collaborative training program among CU Anschutz Medical Campus, Kaiser Permanente, and Denver Health to train post-doctoral professionals to become primary care research leaders addressing the nation's primary care health delivery challenges. Recruitment for the July 2023 cohort of 8 trainees is open and application reviews will begin June 1<sup>St</sup>.

Atlanta Hawks Trae Young Receives February NBA Cares Community Assist Award is a story on the *Community Assist* site and emphasizes how anyone can be a leader on mental health...from NBA point guards to your local barista. It's going to take all of us.



The Mass Marketing of Mental Health is this week's newsletter from Ben Miller

about how major brands are promoting self-care in efforts to connect with us, but to what end.

<u>COVID-19: Pandemic calm continues but global health is threatened</u> is this week's commentary from Dr. Jon Samet, dean of the Colorado School of Public Health, that points out that food insecurity is on the rise, a ripple effect of Russia's war on Ukraine.

How you can find affordable therapy is a story by Rachel Skytta for KDVR that provides local therapy resources.

<u>How to cope with social anxiety about returning to the office</u> is a story in *The Washington Post* by Angela Haupt that provides ideas for transitioning back to the office and suggests that employers have a responsibility to make the workplace a safe space for all, including those with anxiety.

People are developing trauma-like symptoms as the pandemic wears on is an NPR story by Kat Lonsdorf that discusses how generally speaking, trauma is an emotional response to a terrible event and results in feelings of significant fear or helplessness, and how these feelings of anxiety and stress are becoming increasingly common in the pandemic.

<u>Has the Pandemic Changed Your Mental Health?</u> is a story in *The New York Times* about how many of us are trying to adapt to the new normal with emotional and mental scars that didn't exist before the pandemic.

<u>With students in turmoil, U.S. teachers train in mental health</u> is a PBS story by Jocelyn Gecker about how the California Department of Education funds the Youth Mental Health First Aid program that teaches adults how to spot warning signs of mental health risks and substance abuse in children, and how to prevent a tragedy.

Suicide prevention in El Paso County moves to next level, calling on everyone to help reduce deaths is a story in *The Gazette* by Debbie Kelley about a suicide prevention collaborative that involves local, state and national scientists and public health officials working with health and social service agencies, nonprofit organizations, government offices, businesses, academic leaders and other residents to create and enact strategies to prevention suicide...a worthy model for others to consider.

# POLICY EFFORTS

<u>Opinion: Drugs don't work if we can't afford them</u> is a perspective piece by Kris Garcia in *The Colorado Sun* that suggests that drug prices can be lowered without jeopardizing innovations in medicines.

<u>Colorado needs preschool teachers. Will these incentives work?</u> is a story about the serious need for new preschool and childcare teachers in Colorado given that at least 10% of the workforce left the field during the last two years.

<u>Sen. Kirkmeyer and Sheriff Reams: Make fentanyl distribution and possession</u> <u>a felony, again</u> is an opinion piece by Barbara Kirkmeyer and Steven Reams for *The Colorado Sun* who write that fentanyl is poison and that it's time Colorado policy makers recognize it as such.

<u>Opioid Recovery Gets Bump with DOJ Disability Protection Guide</u> is a post on *Bloomberg Law* by Ian Lopez about the declaration from the DOJ that people recovering from opioid use disorder are legally protected under the Americans with Disabilities Act marks a critical step in lifting stigmas and encouraging them to seek treatment.

#### A Hidden Gem: How HCBS Can Support the Behavioral Health Crisis

**Continuum** is a post on *Crisis Talk* about how the innovative support from Home and Community-Based Services (HCBS) can begin filling gaps in behavioral healthcare given the long-standing unmet needs for substance use and mental health challenges.

<u>States look for solutions as US fentanyl deaths keep rising</u> is an AP story by Geoff Mulvihill about actions being taken by state governments to stem the destruction wrought by fentanyl and other synthetic opioids.

New York State Failed to Provide Legally Required Mental Health Care to Kids, Lawsuit Claims is a story on *ProPublica* by Abigail Kramer about the harms caused by inadequate and fragmented systems. Lawsuits like this could be filed in every state.

## RESEARCH, DATA, EVALUATION

Panic attacks, fatigue: Some doctors say they'll quit over COVID stress, study funds is a story on *McClatchy* by Madeleine List about the results of a study conducted by the Larry A. Green Center showed a quarter of physicians surveyed plan to leave their primary care jobs within the next three years because of stress over COVID-19.

<u>A survey on global mental well-being shows that the kids are not all righ</u>tis a story on *Vox* by Miranda Dixon-Luinenburg about how the Mental Health Million project at Sapient Labs queried more than 220,000 people in 34 countries on well-being. One standout finding was a worrying decline in mental well-being in the 18 to 24-year age bracket.

Mental Health Virtual Visits Surge During Pandemic is a story on *Everyday Health* by Lisa Rapaport about a new study that suggests people got left behind when care moved online.



<u>The Unique Role of Medical-Legal Partnerships in Helping Health Centers</u> <u>Address Disability & Chronic Disease Discrimination</u> is a webinar series the National Center for Medical-Legal Partnership and Health Outreach Partners are hosting April 27<sup>th</sup>, May 11<sup>th</sup>, 25<sup>th</sup> and June 8<sup>th</sup>.

<u>Social Determinants of Health Academy Innovations Showcase</u> is an online seminar about helping health centers build healthier communities May 12<sup>th</sup> 1-2:30PM MT.

Legal Support for Renters: Preventive Legal Medicine is a blog post on *City Health* by John Pollock and Kathryn Leifheit who write about a program designed to treat the problem and harm of evictions.

How a Health System Acknowledged Historic Racism to BuildCommunity <u>Trust</u> is an article on *Health Begins* by Kate Marple that details Cone Health's journey to acknowledge and remedy its racist past, including developing a partnership with the <u>Greensboro Housing Coalition</u>.



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