



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

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NEWS, ANNOUNCEMENTS, CELEBRATIONS

"Every time you tear a leaf off a calendar, you present a new place for new ideas." ~Charles Kettering
Cheers to all for a wonderful holiday break!

[Diving Deep: The Life and Times of Mike deGruy](#) is a wonderful story with fabulous cinematography about Mike deGruy's life and legacy as told by his wife and filmmaking partner. Currently it is being shown in theaters across the country on a limited basis...but do check it out if you see it in a theater near you, you won't be sorry you made the time. The next Colorado showing will be at the Cinebarre Boulder Theater in Louisville January 11th, 12th and 15th. Enjoy!

The Colorado Behavioral Health Task Force posts personal stories related to behavioral health by people in the community on its website that can be [viewed here](#). If you or those you know wish to contribute, you can do so [here](#). Also, you can get committee updates and more at the link above as well.

[Making a Difference in 2020](#) is a year-end letter from CO School of Public Health Dean Jon Samet, and Farley Center steering committee member who talks about accomplishments, lessons learned, and what's next.

On Monday, leaders from the House of Representatives and the Senate announced a major bipartisan agreement to fund a bill that includes dedicated funding for gun violence prevention research. It will fund \$25 million for this research at the CDC and NIH. Advocacy by multiple pediatric organizations made the difference.

The CU Department of Family Medicine is sponsoring a book discussion/signing by Dr. Marc Ringel for his book, "*Digital Healing: People, Information, and Healthcare*" on the Anschutz Medical Campus January 7, 2020. In this book, Marc talks about using information technology in ways that frees providers to be healers. This "brown bag" session will take place from



COMMUNITY HEALTH AND PREVENTION

[*EPA declares Colorado a “serious” violator of federal air quality standards, forcing stricter efforts to reduce pollution*](#) is a story in the *Denver Post* by Bruce Finley about how Colorado must reduce pollution by 2021, and how the state health department plans to issue permits for any industrial operation that emits more than 50 tons of pollution a year

[*A Doctor’s Diary: The Overnight Shift in the E.R.*](#) is an essay in *The New York Times* by Gina Siddiqui who talks about how demand far outpaces the care that workers can provide in the typical emergency room.

[*A guide to collaborative leadership*](#) is an insightful Ted Talk by Lorna Davis who talks about the difference between heroes and leaders...and the need for “radical interdependence” to make real change happen.

[*How stress affects your body*](#) is a brief animated piece hosted by Ted.com developed by Sharon Bergquist about what goes on inside our bodies when [we are chronically stressed](#).

[*Well Being Trust Toolbox: Solutions for advancing mental health and well-being in your community*](#) is a posting on the Well Being Trust website containing a link to tools to equip community leaders and decision-makers with solutions and resources for improving mental health and well-being outcomes in their organizations and communities.

[*Prevention Institute: Partnering to achieve thriving, equitable communities*](#) is a 6-minute video that describes the Prevention Institute’s equity-driven, upstream, community-level approach to public health. It focuses on two communities (in Honolulu and Milwaukee) that brought together community members, government agencies, grassroots nonprofits, and health organizations to improve the community conditions that shape health.

[*Mental Health in the Office: Difficult Conversations*](#) is a *Harvard Business Review* podcast in which the host speaks with Amy Gallo, author of “HBR Guide to Dealing with Conflict” about when and how to disclose a mental health issue to your employer. And Dr. Rebecca Harley, Mass General and Harvard Medical School psychologist, discusses the connection between mental health and recognizing boundaries at work.



POLICY EFFORTS

[*California law created to prevent Black women from dying during childbirth*](#) is a story by Blue Telusma in *The Grio* about how the law will now require hospitals and other healthcare to train health care providers to pay special attention to minorities' perinatal services due in part to Serena Williams' advocacy on this issue.

[*What States Preparing for Opioid Lawsuit Funds Can Learn from Tobacco Settlements*](#) is a posting on *The Milbank Blog* by Ann W. St. Claire and colleagues that warns “by considering how states used tobacco settlements, opioid litigation stakeholders may avoid mistakes that moved the bulk of these funds away from tobacco control.”

[*Attorney General Becerra: State, Unions, Employers, and Workers Reach Settlement to Address Alleged Anticompetitive Practices by Sutter Health that Increased Healthcare Costs for Californians*](#) is a press release about a settlement that resolves allegations that Sutter Health's anticompetitive practices led to higher healthcare costs for patients in Northern California compared to other places in the state, requiring they pay \$575 million in compensation and make significant changes in its operations and practices.

[*Mental Health: A Crisis in Colorado*](#) is an ongoing series in *The Gazette* about Colorado's broken mental health care system. A team of journalists investigates the gaps in care for children, for veterans, and for the community-at-large; and focus on solutions that might come as state officials and community leaders sharpen their focus on what for many is a vicious cycle of despair and ruin.

[*We have a solution for the opioid epidemic. It's dramatically underused.*](#) Is a story in *VOX* by Herman Lopez about how medications work really well for opioid addiction, yet most rehab facilities don't use them (part of the rehab racket: the high cost of addiction care).



RESEARCH, DATA, EVALUATION

[*Large-Capacity Magazine Bans Linked with Fewer Mass Shootings, Deaths*](#) is an article in *JAMA Network* by Jennifer Abbasi about a recent study it was reported that states without large-capacity magazine bans had more high-fatality mass shootings and higher death rates during these assaults...results that could support banning these efficient ammunition-feeding devices.

[*Moving Upstream to Improve Children's Mental Health through Community and Policy Change*](#) is an article on Springer.com by Alex R. Dopp and Paula M. Lantz who used a social determinants of health framework to demonstrate that most evidence-based interventions focused on child and adolescent mental health are limited by their focus on individual youth.

[*For Hospitals, A Blueprint for Fighting the Opioid Epidemic*](#) is an article in *Health Affairs* by Don Berwick and colleagues about the tremendous opportunity hospitals have to influence the opioid epidemic.

[*Health Care Costs of Unhealthy American Diet? At Least \\$50B a Year, Study Estimates*](#) is a story on WBUR by Carey Goldberg about a study by Boston researchers who calculated the impact of 10 major food groups, and figured at least 20% of the costs for heart disease and diabetes care can be chalked up to unhealthier choices with those foods...from not eating enough whole grains and nuts to having too much processed meat and soda.

[*A CT scan costs \\$1,100 in the US – and \\$140 in Holland*](#) is a Vox story by Dylan Scott that explains America's health care prices problem in four charts as reported by the Health Care Cost Institute.

[*Surprise medical bills inflate everyone's health insurance premiums*](#) is a story for AXIOS by Caitlin Owens who reports on a study in *Health Affairs* that indicates that providers are more likely to be out-of-network at for-profit hospitals and those located in concentrated markets.

[*Study: Lifting addiction meds rule would save NY lives, costs*](#) is a story in *Times Union* by Bethany Bump about a new study that finds how NY could save roughly 586 lives a year if prior authorization requirements were removed on medications used to treat opioid addiction in the state's Medicaid population.

[*Private insurance's costs are skyrocketing*](#) is an AXIOS article by Drew Altman, Kaiser Family Foundation, about how the cost of private health insurance is out of control, compared to Medicare and Medicaid.



[*"I can't imagine practicing medicine without a lawyer."*](#) is a very short YouTube video about how pediatrician, Alicia Turlington, in Hawaii, sees the value of MLPs in her work.

[*The Enormous Health Costs of Living in Poverty*](#) is a commentary in the *Honolulu Beat* by Victor Geminiani and David Derauf about how social and

economic factors are the largest influences on an individual's health.



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