



Eugene S. Farley, Jr. Health Policy Center  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

# FRIDAY'S FEATURES

ISSUE 121319



## NEWS, ANNOUNCEMENTS, CELEBRATIONS

[2020 Academy Health Datapalooza](#) takes place February 10 and 11, 2020 in Washington D.C. Early registration discounts end 12/16.

["Giving Tuesday 2019"](#) campaign raised \$83,000 for student scholarships and programs.

[See Me](#) is newly developed anti-stigma campaign developed by the office of Colorado Human Services to run parallel to the work Farley Center team members are doing with governor's Behavioral Health Task Force. Please share widely.



## COMMUNITY HEALTH AND PREVENTION

[A mom describes her tween son's brain. It's a must read for all parents.](#) is a story in *Upworthy* by Annie Reneau about a mother's response to the question from another parent... "How do I tell my wonderful 11 year-old son that the way he has started talking to me makes me not want to be around him.

[We don't "move on" from grief. We move forward with it.](#) is a *TedWomen Talk* by Nora McInerney, that's heartbreaking and hilarious, who shares her hard-earned wisdom about life and death.

[Three Magical Phrases to Comfort a Dying Person](#) is a story in *Human Parts* by Jenny Harrington who had to deliver to her dying child the hardest message a mother will ever be called upon to do.

[\*How to cope with anxiety\*](#) is a *Ted Talk* by Olivia Remes, anxiety researcher who lays out a roadmap to getting rid of that “someone.”

[\*Crusader Against Child Abuse Wants Victims to Speak Up\*](#) is a story by Kathy Walsh for 4CBS Denver that features work and a call-to-action by one of our own, Dr. Richard Krugman, related to ending child abuse.

[\*Integrated care opens new doors to mental health, addiction care\*](#) is an opinion piece by Dr. Matthew Press (interim family medicine chair at in the Perelman School of Medicine at the University of Pennsylvania) and Cecilia Livesey *Stat News* about the movement to integrate mental health care, and about a particular program at Penn Medicine.

[\*A Construction Company Embraces Frank Talk about Mental Health to Reduce Suicide\*](#) is an *NPR* story by Yuki Noguchi about a model of suicide prevention for the construction industry and how one company has made mental health a part of its regular toolbox talks, where employees hear from managers and get a chance to stretch.



[\*The American Health Care Industry Is Killing People\*](#) is an opinion piece in *The New York Times* by Farhad Manjoo about who suggests that transitioning to a more equitable system might eliminate some jobs, but that the status quo is morally untenable.

[\*What are community health workers, and why are they becoming so important?\*](#) is a story in *Market Watch* by Liz Seegert about one of the ways health systems look to control costs, and reduce hospitalizations.

[\*Politics Unplugged\*](#) is Lori Poland’s story of her abduction and abuse and what she is doing now.

[\*Hundreds of parents say kids wrongly taken from them after doctors misdiagnosed abuse\*](#) is an NBC News story by Mike Hixenbaugh is about diagnostic mistakes made, lessons learned, and the need to close the loop through adequate feedback/communication.

[\*FCC moves to designate 988 a national suicide-prevention hotline number\*](#) is a posting on *The Hill* by Emily Birnbaum about a new proposal favored by all five FCC commissioners this week that would change the toll-free national suicide prevention lifeline from 1-800-273-TALK to 988.

[\*Regional trends in overdose deaths reveal multiple opioid epidemics, according to new study\*](#) is a posting on the *Iowa State University News Service* about county-level study analyses of death certificates from across the country that noted opioid overdoses as the cause of death... showed regional differences in the kind of opioids that cause the most overdose deaths. Dr. David Peters, a study author, suggests that these differences should lead to policymakers considering varying strategies to address the epidemics.



[\*Study: Memories of music cannot be lost to Alzheimer's and dementia\*](#) is a story in *Big Think* by Ned Dymoke about a study that indicates that the part of our brain responsible for autonomous sensory meridian response (a tingling in your brain/scalp when you hear music you're especially into), catalogs music and appears to be a stronghold against Alzheimer's and dementia.

[\*Chronic Pain Is an Impossible Problem\*](#) is a story in *The Atlantic* by Olga Khazan about how a "safe" alternative (gabapentin) to opioid painkillers turns out to be not so safe.

[\*The I.R.S. Sent a Letter to 3.9 Million People. It Saved Some of their Lives\*](#) is a story in *The New York Times* by Sarah Kliff who reports on new research that concluded that the bureaucratic mailing from the IRS to those who had recently paid a fine for not carrying health insurance and suggesting possible ways to enroll in coverage, saved lives. These notices increased health insurance sign-ups.

[\*Universities shouldn't just treat mental illness – they should help prevent it too\*](#) is an article in *Mosaic Science* by Anna Lewis about how UK universities are in the middle of a mental health crisis, and some approaches for prevention.

[\*International Survey: Primary Care Physicians in U.S. Struggle More to Coordinate Care and Communicate with Other Providers but Offer Patients More Health IT Tools\*](#) is a posting on *The Commonwealth Fund* site by Michelle M. Doty and colleagues who report findings from the 2019 Commonwealth Fund International Health Policy Survey of Primary Care Physicians that involved 13,000 primary care providers in 11 high-income countries to compare their experiences providing extended access to patients through home visits or after-hours care, coordinating care among different providers, and using health information technology.

[\*Social Innovation for Healthy South Texas\*](#) is a report about the Si Texas Study undertaken by Methodist Healthcare Ministries, which aimed to determine if

integrated behavioral health would be effective in clinics serving low-income, uninsured patients in primarily Hispanic communities in South Texas.

[\*Meeting the Needs of Justice-Involved People with Serious Mental Illness within Community Behavioral Health Systems\*](#) is an article in *Psychiatric Services* by Natalie Bonfine and colleagues who propose a new approach that focuses on addressing the multiple factors that contribute to justice involvement for this population in an integrated community-based behavioral health 'way.'

[\*Health Conundrum: How State Budgets Can Find the Balance between Social Versus Medical Services\*](#) is a blog post in *Health Affairs* by Ben Miller and colleagues who discuss the challenges.



[\*Impact\*](#) is a posting on the National Center for Medical Legal Partnership site that link to a host of studies that show what happens in peoples lives when legal expertise and services are used to address social needs.

[\*National Center Initiatives\*](#) highlights a few of the center's projects undertaken to create a culture shift.

[\*Brief: Improving outreach and enrollment efforts in health centers through MLPs\*](#) is an issue brief by Elizabeth Tobin Tyler from a couple of years ago that explores how partnerships with legal services are helping health centers with outreach and insurance enrollment for people who are eligible and entitled.



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