



Eugene S. Farley, Jr. Health Policy Center  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

# FRIDAY'S FEATURES

ISSUE 111519



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[Our Views, Our Voices](#) is the latest issue of *Precipice: Pushing the Edge of Family Medicine* that features essays and interviews involving the experiences of 11 women across the country about the rising predominance of women in the field and the insights, challenges and calls to action accompany this change.

Dr. Sandro Galea, Dean, Robert A. Knox, School of Public Health Boston University will be the Levitt speaker on the Anschutz campus January 22<sup>nd</sup>, noon to 1:30PM. His presentation: "Guns, Opioids and Obesity: A Population Health Science Lens on Three Contemporary Epidemics" will be held in Education 2 South, #1102. Lunch provided.

The Anschutz Medical Campus website for clinical trials has been updated to make it easier for potential participants to find research studies. [Check it out here.](#)

*Prevention First: Policymaking for a Healthier America* is a book by Dr. Anand K. Parekh scheduled for release next month.

[Spero Manson receives lifetime mental health contribution award](#) is a posting on the Colorado School of Public Health site about Dr. Spero Manson, Director of the Centers for American Indian and Alaska Native Health, and how his career has elevated awareness of the experiences of Native people, actively introduced preventive health strategies into under-studied communities, and introduced new paradigms for AI/AN health and research.

[Bernard Tyson, CEO and Chairman of Kaiser Permanente, Dies](#) is a story covered by NBC Bay Area about the passing of Bernard Tyson, who started with Kaiser in 1997 as a hospital administrator and division president, and who

was an outstanding leader, visionary and champion for high-quality, affordable health care for all Americans.



## COMMUNITY HEALTH AND PREVENTION

[\*Gun Violence: What are we to do?\*](#) is a posting in *CU Medicine Today* by Dr. Shale Wong, professor of pediatrics and family medicine and director of the Eugene S. Farley, Jr. Health Policy Center, in which she talks about stepping up as health professionals to impact the problem of gun violence in our communities.

[\*Burnout is rampant among doctors and nurses. Can the arts help?\*](#) is a PBS news story by Elizabeth Flock who writes about Dr. Marc Moss, pulmonologist at the University of Colorado Anschutz Medical Campus, who is heading a new federally funded research lab to look at how different art therapies can alleviate psychological stress in health professionals.

[\*Seven Years in the Making, 'Crazy Idea' Now a Reality\*](#) is a story in *Memphis Medical News* about how Dr. Scott Morris, founder and CEO of Church Health (family doc and ordained United Methodist minister), and others redeveloped an historic, 1.3 million square foot, 10-story tall Sears building in Memphis, to consolidate Church Health's operations under one roof (previously operating out of 13 separate buildings) and create a vertical urban village. [So much more to this story.]

[\*Burnout is Now Officially a Diagnosable Condition, and It's about Time\*](#) is a story in *Working Mother* by Audrey Goodson Kingo about how burnout can be just as mentally and physically draining as many other illnesses, and how the WHO has recognized it in its International Classification of Diseases or the ICD-11.

[\*Hasan Minhaj on Mental Health, Taboo, and the Right to Get Therapy\*](#) is an interview in *Teen Vogue* by Samhita Mukhopadhyay with Hasan Minhaj, whose opening episode of his final season of "Patriot Act" focuses on how insufficient health insurance coverage is for mental health related needs, why it's so hard to find a therapist, loopholes that insurers use to deny coverage, and how one proves a mental ailment.

[\*How healthcare organizations are fusing primary care and behavioral health\*](#) is a story in *Med City News* by Erin Dietsche about how Montefiore in NY is equipping primary care patients with Valera's behavioral health app, while Cherokee Health Systems in Tennessee utilizes an integrated care model that involves a behavioral health consultant and a primary care doctor working on the same team.

[\*Internalized Stigma Sets Up Barriers to Mental Health Care\*](#) is an article in *Psychiatry Advisor* by Laurel Ranger about how untreated depression, a major risk factor for suicide, and persistent stigma surrounding mental health conditions make determining barriers to treatment an important public health goal.



## POLICY EFFORTS

[\*State Legislators' Support for Behavioral Health Parity Laws: The Influence of Mutable and Fixed Factors at Multiple Levels\*](#) is an article in *The Milbank Quarterly* by Jonathan Purtle and colleagues who provide policy points useful for closing the knowledge gap when communicating with legislators and others about health parity.

[\*Medicaid Tweak Might Offer Means to Improve U.S. Maternal Health\*](#) is a story in *Kaiser Health News* by Rachel Bluth about a fairly minor policy option that could make a major difference in the health of postpartum women...that of increasing access to Medicaid.

[\*U.S. Needs to Cure the Health-Care Cost Disease\*](#) is an opinion piece in *Bloomberg* by Noah Smith, former assistant professor of finance at Stony Brook University, about how any plan that doesn't get spending under control would be a failure.



## RESEARCH, DATA, EVALUATION

[\*Medicaid block grant risks and considerations\*](#) is a Milliman paper that offers perspectives about the differences between a block grant funding model and 1115 Waiver budget neutrality.

[\*Hospital Consolidation Tied to Rising Costs by Medicare Panel\*](#) is a story on the *Bloomberg Law* site by Tony Pugh writes about report findings, requested by the House Energy and Commerce Committee, that appear to validate a move by CMS to push ahead in 2020 with a plan for Medicare to pay the same rate for care provided at doctors' offices and at off-campus, hospital-based clinics despite a loss in court.

[\*Escalating Millennial Health Problems Raise Economic Concerns\*](#) is a story on *BNN Bloomberg* by Emma Court about findings in a new report from the Blue Cross Blue Shield Association that indicate a spike in conditions like depression, hypertension and high cholesterol among younger people that could increase health care costs and lower incomes in coming years.

[\*The Ecology of Medical Care Before and After the Affordable Care Act: Trends from 2002 to 2016\*](#) is an article in *Annals of Family Medicine* by Drs. Michael E. Johansen and Caroline Richardson who used a modified ecology framework to estimate rates of use of medical services before and after implementation of the ACA within trends from 2002-16: did individuals with lower family income

levels have increased contact with the medical care system given the provisions of the law to provide greater rates of insurance.

[\*Economic value of protected areas via visitor mental health\*](#) is an article in *Nature* by Ralf Buckley and colleagues who discuss how visits to national parks around the world may result in improved mental health valued at about \$U.S. 6 trillion.

[\*More Adolescents Seek Medical Care for Mental Health Issues\*](#) is an article on *California Healthline* by Phillip Reese about how ERs throughout California are reporting a sharp increase in adolescents and young adults seeking care for a mental health crisis.

[\*In the Emergency Room, Patients' Unmet Social Needs and Health Needs Converge\*](#) is an article in *Morning Consult* by Yusra Murad who reports on an analysis of the relationship between ED visits at the state levels and 28 indicators of the determinants reveals a strong relationship between ED use and markers of education, employment and mental health in states with the highest and lowest use of emergency care.



## MEDICAL-LEGAL PARTNERSHIPS

[\*Brief: A closer look at operations and financing for health center-based MLPs\*](#) features a report by Alanna Williamson and colleagues from the National Center for Medical-Legal Partnership about how MLPs have the potential to resolve some of the most intractable social problems that our nation's vulnerable and underserved patients face.

[\*Evaluating the Impact of Medical-Legal Partnerships on Health and Health Inequities\*](#) is a posting on the AAMC site about a three-year project designed to evaluate the impact of MLPs on patient/community health and health inequities, cost savings, institutional benefits and efficiencies and student/resident/fellow educational outcomes.



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