

FRIDAY'S FEATURES

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The Colorado Health Foundation is offering a nonprofit sabbatical program (3-4 months away) to recognize and reward long-term and respected nonprofit Colorado leaders by offering funds for interim leadership and staff capacity building. <u>Applications are now being accepted</u> through March 31 2020.

The Body Language of Collaborative Leaders is a piece in Forbes by Dr. Carol Kinsey Goman who talks about the two sets of body language cues that people instinctively look for in leaders...one projects warmth and caring, the other signals power and status. [I don't have the perfect category for a piece such as this, but thought it interesting and wanted to include.]

Michael Jordan Just Opened a Medical Clinic for Low-Income Families is a story on the Simple Most site by Kathleen St. John about Michael's desire to give back to his home state of North Carolina by opening the first of two planned health clinics dedicated to serving low-income families that will provide primary care services, dental care, physical therapy and access to social workers and behavioral health experts.

The Well Being Trust is hiring an executive fellow. If you are passionate about mental health, policy and "movement building," read more here.



<u>Taking Action Against Clinician Burnout: A Systems Approach to Professional</u>
<u>Well-Being</u> is a summary of the National Academies Press's consensus study report of the alarmingly high rates of clinician burnout in the United States that

are detrimental to the quality of care being provided, harmful to individuals in the workforce, and costly; and the importance of taking a systemic approach to address burnout that focuses on the structure, organization, and culture of health care.

<u>To Confront Effects of Trauma, Start with Self Care</u> is a story by Jay Walljasper for *Yes Magazine* about how resilience practices and culturally rooted health traditions show promise for overcoming trauma in real-life settings through the Catalyst Initiative, a project of the Minneapolis Foundation that is aimed at honoring and fostering culturally authentic self-care practices.

Column: Is homeless battle really becoming mental health care vs. housing? As a story in The San Diego Union-Tribune by Michael Smolens about how most of the people living outdoors in San Diego have problems with either mental health or substance abuse or both, requiring a multi-faceted approach to the homeless problem.

<u>The Scottish city trying to make urban living less miserable</u> is a story by Fleur Macdonald for *Quartz* about how men in Glasgow are more likely to die young than their counterpart in other UK cities...from diseases of despair. City planners are learning from past mistakes to enhance city dwelling and lessen stress.



Colorado End-of-Life Options Act: A Clash of Organizational and Individual Conscience is an opinion piece for JAMA Network by Dr. Matthew Wynia, director of the Center for Bioethics and Humanities and professor of medicine at the CU School of Medicine, about the 2016 Colorado End-of-Life Options Act that includes a provision unique among states with such laws...specifically privileging individual health care professionals to choose whether to write and fill prescription for life-ending medications. This law was challenged in August 2019, pitting the conscience rights of individual health care professionals against those of religiously affiliated corporations.

Colorado's Public Option Proposal is a Promising Approach to Address
Consumer's Concerns is a post on the United States of Care blog by Elizabeth
Hagan, senior policy manager, that provides an overview of the Colorado draft
proposal to create a state health care coverage option (final report due to the
legislature November 15th) and offers a perspective on how this can be
implemented most effectively.

A man was charged \$41,000 to identify his Stage 3 cancer after his insurance wouldn't cover the procedure is a story on the KXLF site about a patient's appeals to get a cancer surgery covered, initially denied by his insurer. The

Milwaukee man got a medical billing expert involved who discovered that the CPT coding was faulty.

SPLC sues Louisiana for 'nonexistent' mental health services for Medicaideligible children and families is a post on the Southern Poverty Law Center site by Brad Bennett about a lawsuit that states that the state health department in Louisiana has failed to provide intensive home and community-based mental health services for Medicaid-eligible children with mental illnesses or conditions even though federal law requires it.

Warren Has Her Plan. Buttigieg Suggests Another Way to Cut Health Prices.is a post by Margot Sanger-Katz for The New York Times about Mayor Pete's plan to limit the prices that hospitals and doctors can charge patients, even if they get their insurance from a private company.

Cities Lobby Congress on Substance Use, Mental Health and Homelessness is a post on the *National Leagues of Cities* site by Stephanie Martinez-Ruckman about how an effective response by municipal leaders requires a comprehensive, multi-sector approach.

'Rehab Racket': High Costs of Addiction Treatment and Questions Over

Efficacy is an WBUR interview by Meghna Chakrabarti and Anna Bauman with a Vox correspondent and a co-director of addiction recovery services in Cleveland. One of the big issues is that there aren't many regulations for these facilities in some states.



Health-care system causing rampant burnout among doctors, nurses is a story in *The Washington Post* by William Wan that talks of the NAM study above that found as many as half of all clinicians suffer from the problem, creating risks to patients, malpractice claims and absenteeism.

Anti-vaxxers may be exploiting widespread religious exemptions, research suggests is a story by Arman Azad for CNN Health about a new study that analyzed data from the U.S. Centers for Disease Control and Prevention and found that religious exemptions have been increasing since 2011, and were significantly more likely in 2017 than six years prior.

Why mental health care deserts persist for U.S. children is a PBS story by Laura Santhanam about how 1 child in 5 live in a county with no child psychiatry, and those specialists are largely concentrated in certain pockets of the country...which leaves only half of U.S. children needing help getting treatment.

State Options for Medicaid Coverage of Inpatient Behavioral Health Services is a report, the first in a series, co-published by The Milbank Memorial Fund and the Kaiser Family Foundation authored by MaryBeth Musumeci and colleagues. The aim of this series is to help state health policymakers improve their mental health systems and promote coordination of care across the care continuum.

Growth and Distribution of Child Psychiatrists in the United States: 2007-2016 is an article in Pediatrics by Ryan K. McBain and colleagues who did a study to update trends in the growth and distribution of child psychiatrists over the past decade.

<u>Seniors struggle to afford health care</u> is post on *AXIOS* by Caitlin Owens who reports on findings from recent studies that indicates the existing Medicare program has many holes.

In the Emergency Room, Patients' Unmet Social Needs and Health Needs
Converge is a story in Morning Consult by Yusra Murad about findings from the
Healthcare Cost and Utilization Project, the largest collection of longitudinal
hospital care data in the United States, showing that education, employment
and poverty concentration had nearly as strong a relationship with ED use as
health status.



<u>Joining the dots</u> is a post on the *Health Justice Australia* site about health justice partnerships, a quiet revolution in service delivery that is connecting legal and healthcare in places that people already turn to for help.

<u>Sometimes, good legal help is the best medicine</u> is an older story by Anna Gorman in the *Los Angeles Times* about a trend that is growing and making a difference in the health of people.





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