

## FRIDAY'S FEATURES

**ISSUE 090420** 



Black Man in a White Coat: A Doctor's Reflections on Race and Medicine kicks off a year-long lecture series that explores how racism directly and indirectly impacts health and health care in the United States. This presentation by author and psychiatrist, Dr. Damon Tweedy takes place October 19<sup>th</sup> at noon MT.

<u>A Mighty Girl</u> is the world's largest collection of books, toys, movies, and music for parents, teachers, and others dedicated to raising smart, confident, and courageous girls and, of course, for girls themselves! This page lists books about Virginia Apgar and pioneering female doctors, with a really nice accompanying refresher about Dr. Apgar's contributions.

My Quest for Health Equity: Notes on Learning While Leading is an announcement on the Decatur Book Festival site for an interview with Dr. David Satcher September 7, 2020, 4:30PM MT about his long career in medicine and the importance of gaining equitable treatment in healthcare.

New master's program in addiction policy and practice is being offered at Georgetown University...multi-disciplinary course of study that seeks to build a national policy workforce to respond to one of the most untreated chronic health condition in the United States. Applications open this fall.



How to start a conversation about suicide is a 12-minute Ted Talk by Jeremy Forbes who shares his approach to helping a group of traditionally silent men in his community open up about their struggles.

A brief history of melancholy is a 5-minute Ted Talk by Courtney Stephens who details our still-evolving understanding of sadness – and even makes a case for its usefulness.

How Men Can Feel More Open Talking About Suicide Prevention is a story in Men's Health by Adrianna Freedman who talked with Drs. Moutier and Brown about how men are 3.5 times more likely to battle these types of thoughts compared to women, the theory being that women are raised to talk to other women about their emotional issues.

How is in-person learning going in Colorado? So far, so good, parents and experts say is a story in the Daily Camera by Christine Ricciardi who reports that Colorado schools that have brought kids back in person haven't seen a lot of COVID-19 cases in the first weeks. The CDPHE has identified two school outbreaks, each with two cases since classes started. Another story, Infectious disease specialist says Colorado schools are 'doing well' minimizing spread of COVID-19 covered by Emily Allen for Fox 31 reports a similar story.

Addiction and overdose are dirty words. That only makes them more dangerous. is an opinion piece by Lauren Sisler, ESPN sports reporter, for NBC News who tells a family story of opioid overdose with the hope of helping others.

How to Meet New People, Even at a Distance is a NY Times story by Julia Hotz about how online and offline platforms are helping strangers form social connections, "crucial for our health, especially in a pandemic."

<u>College students brace for the 'second curve' of COVID-19 – its mental health impact</u> is a story by Susanne and colleagues for NBC News who call out how some students report that this moment in time is the most anxious they've ever been.



The 2020 Election Is Important, but the Immediate Priority Is Still the Coronavirus Pandemic is a Forbes story by Anand Parekh, chief medical advisor for the Bipartisan Policy Center, who lists eight things that federal, state and local governments need to prioritize to contain the COVID-19 pandemic.

Why Is "Psychological PPE" Important for the Health Care Workforce? Is a post on the IHI website by the multimedia team about the importance for health care systems to proactively protect the psychological well-being of their workforce.

Health Care Accountability in the Time of COVID-19 Is a post on Center for Health Progress by Joe Sammen, executive director, who discusses the complicated and often conflicting feelings people have about the U.S. health care system, and suggests that "we need to find tangible ways to wrest the immense political and financial power away from the current actors in the

health care system who will always preserve their self-interest and multiply their power, no matter the cost."

<u>California Rx: State May Dive into Generic Drug Market</u> is a story on <u>California Healthline</u> by Angela Hart and Samantha Young about how California is poised to become the first state to develop its own line of generic drugs, targeting soaring drug prices and stepping into a fiercely competitive drug market dominated by deep-pocketed pharmaceutical companies.

Charlayne Hayling-Williams: Dismantling structural racism, disrupting DC mental health care is a USA Today story about Dr. Hayling-Williams who has opted to work on the problems caused by structural racism from the inside out: moving from the government offices into the community that most needed the solutions.

*California Legislature Passes Mental Health Parity Law* is an NPR story by Yuki Noguchi about how California lawmakers have cleared a bill for one of the country's strongest mental health parity laws. If signed, it would improve insurance coverage for substance use disorders and addiction.

Baltimore City Council President Brandon Scott readies his mayoral equity, safety platform is a story in USA Today by Maia Spoto and colleagues who write about Brandon Scott, a man who is able to sit down with different people from different backgrounds and bring them all together...skills he will need if he becomes mayor of "one of America's most beleaguered cities."



The Green Center's Quick COVID-19 Primary Care Survey, Series 19 yielded responses from 636 clinicians in 47 states. In the last month 2% of practices have closed, 2% are considering bankruptcy, and 10% are unable to be certain of their solvency 4 weeks out. Series 3 of their patient survey yielded responses from 1,111 patients. 9 of 10 report that racism in the United States impacts health, 1 in 5 indicated that the killing George Floyd and related events impacted their health negatively, and though face to face visits are slow, the use of primary care services outpace pre-COVID numbers.

Well-Being in the Nation: A Living Library of Measures to Drive Multi-Sector Population Health Improvement and Address Social Determinants is a perspective piece in The Milbank Quarterly by Somava Saha and colleagues about the work of the NCVHS to develop a measurement framework for community health and well-being grounded in the social determinants.

How Can Data Integration Promote Personalization, Availability of Health Care? is an article in the American Journal of Managed Care by Matthew Gavidia who talk about how the partnership between Innovaccer (chief transformation officer, Paul Grundy) and Emtiro Health (CEO, Kelly Garrison) facilitates data utilization that will work to delineate and address social aspects known to affect the health of populations nationwide.

Even with a license to prescribe a popular addiction treatment drug, many doctors aren't giving it to their patients is a story in the Bangor Daily News by the Tribune Content Agency that reports on a national study from the Pew Charitable Trust that shows the need for more doctors to be licensed to prescribe buprenorphine, or to remove the licensing requirement altogether.

<u>Pandemic's Emotional Hammer Hits Hard</u>, an NPR story by Rhitu Chaterjee reports on a study by a public health student from Brown University who found that the mental health toll of the coronavirus pandemic appears to be far greater than previous mass traumas...reflecting both the widespread nature of this particular trauma as well as the fact that there are multiple traumas.

Signal of increased opioid overdose during COVID-19 from emergency medical services data is an article posted on NCBI by Svetla Slavova and colleagues about their study designed to evaluate changes in daily number of Kentucky emergency medical services (EMS) runs for opioid overdose between January 14, 2020 and April 26, 2020.

Why do you feel lonely? Neuroscience is starting to find answers. is an article in MIT Technology Review by Adam Piore is about how a neuroscientist's hunt for loneliness could help us better understand the costs of social isolation.



What the CDC eviction ban means for tenants and landlords: 6 questions answered is a post on The Conversation that addresses questions relating to the CDC eviction ban order issued September 1st.

Leveraging the Electronic Health Record to Link Health Center Patient with Medical-Legal Partnership Services is an issue brief from the National Center for Medical-Legal Partnership that calls out the need for MLP-focused, structured data collection and sharing to reduce inefficiencies in current data tracking to decrease missed opportunities for legal needs screening, and to mitigate the difficulties in tracking patient health and other outcomes after MLP intervention.

Some doctors can write a prescription for legal services that might mean housing for a family is an article from last year on Denverite.com by Donna Bryson who discusses MLPS as a way to look out for patients' legal concerns and wellbeing...as exemplified by folks in Colorado.





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