

FRIDAY'S FEATURES

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Researching Health Together: Engaging Patients and Stakeholders, from Topic Identification to Policy Change is a book edited by Emily B. Zimmerman that brings together authors who have produced innovative methods or implemented projects focused on different stages of the research process, from question development to evaluation and translation. Our friends and colleagues from the High Plains Research Network, Linda Zittleman, Jack Westfall, Maret Felzien, and Ashley Espinoza authored two chapters, "Free Range Human: Engaging Patients, Practices, Providers and People on the High Plains"; and "Boot Camp Translation." Kudos to all.

Coronavirus update from the University of Colorado Anschutz Medical Campus...non-essential employees are encouraged to work remotely, beginning Monday most classes will be taught virtually, all in person large events (>75 people) are cancelled, work-related travel domestically and internationally is suspended and for the most part group meetings will be by Zoom, etc. until further notice.



For Alaska Native Youth, A Tradition-Rooted Program Teaches Resilience is a story on OZY by Kaelyn Forde about how suicide rates among American Indian and Alaska Native teens are high, but community-based programs are making a difference.

<u>Singapore Wins Praise for Its COVID-19 Strategy. The U.S. Does Not</u>ls an NPR story by Jason Beaubien about how governments respond to COVID-19, matters. "Hope is not a strategy."

Mental Health Professionals Are Preparing for an Epidemic of Anxiety Around the Coronavirus is a story in Mother Jones by Will Peischel about how this is a time when general anxiety is heightened but to take necessary precautions and do our best to manage uncertainty.

'We Are In Pandemic Territory': All Hands On Deck As Hospitals Prep for Coronavirus Surge is a CPR story by John Daley about how we are in the throes of a 'public health stress test.'

The facts on coronavirus aren't all scary. So why so much fear? is a USA Today by Alia E. Dastagir who points out that lack of information, looming vulnerability, mixed messages, and media sensationalism lead to fear. And why stock up on toilet paper...for some it makes them feel in control.



Colorado wants to ensure coronavirus won't affect low-income, minority communities disproportionately is an article in the Colorado Sun by Michael Booth about how past research on pandemics show inequities by race, ethnicity and income groups in everything from the level of exposure to the pathogen to health care outcomes. Dr. Mark Wallace, public health director for Weld County suggests that the public health emergency decisions be made with wider social problems in mind, and he believes that Colorado health leaders are doing that well.

Thousands of Foster Children Were Sent Out of State to Mental Health
Facilities Where Some Faced Abuse and Neglect is a story in Mother Jones by
David Jackson and Duaa Eldeib about how state officials are supposed to
send foster children to out-of-state facilities only a last resort, but it's happening
a lot more frequently.

America's health insurance gaps could speed spread of coronavirus is a story in the Berkeley News by Kara Manke about how more than 27 million Americans live without health insurance and may opt to delay testing or treatment for coronavirus over concerns about cost, potentially worsening the extent of outbreaks.

Kennedy Forum highlights need to solve mental health crisis is a story on Urban Health Media Project by Skye-Ali Johnson who quotes Patrick Kennedy as saying, "the only thing missing to solve the mental health crisis is the political will." And forum speakers emphasized how the solution needs to be fully integrated into the healthcare system, schools, communities and criminal justice system.

<u>Paid sick leave is a public health policy</u> is an opinion piece on <u>The Hill</u> by Keshia M. Pollack about how there is no federal law requiring that workers receive paid sick leave...fewer than a dozen states provide such, yet it's critical for decreasing the spread of infectious diseases and for public health

broadly.

Does coronavirus outbreak make a case for Medicare-for-all? Is a story on Amazon by Megan Henney who quotes Dr. Matt Wynia, a doctor and the director of the CU Center for Bioethics and Humanities, as saying, "anxiety about incurring massive expenses is the opposite of what is wanted with the emergency of a potential pandemic."

Trump administration blocks states from using Medicaid to respond to coronavirus crisis is a story in the LA Times by Noam N. Levey who reports that despite mounting pleas from states, the Trump administration isn't allowing them to use Medicaid more freely to respond to the coronavirus crisis by expanding medical services.



What teenage brains can teach us about thinking creatively is a story in The Washington Post by Steven Johnson about how neuroscience went a long way toward explaining adolescents' often-impulsive behavior but left adults more focused on the teenage brain's role in risk-taking rather than its role in learning and creating. A new report on adolescent development released by NAM that is part of reframing how different disciplines and the general public think about adolescence.

Social isolation, loneliness in older people pose health risks is an article on the NIH National Institute on Aging site about research designed to study the differences between social isolation and loneliness, their mechanisms and risk factors, and how to help people affected by these conditions.

<u>Survey: The biggest obstacles health systems face in adopting SDOH</u> <u>programs</u> is a story on *Fierce Healthcare* by Robert King who reports that survey findings indicate that a lack of direct reimbursement and a failure to determine a return on investment are the top reasons hospital systems don't adopt social determinants of health programs.

Mental Health Outcomes among Homeless, Runaway, and Stably Housed Youth is an article in Pediatrics by Janna R. Gewirtz and colleagues who sought to assess differences in mental health outcomes between runaway youth and homeless youth.

General Practitioners in US Medical Practice Compared with Family
Physicians is an article in Ann Fam Med by Dr. Bill Phillips and colleagues who describe self-identified GPs and compare them with board-certified FPs, and conclude by saying that researchers, educators and policy-makers should not lump GPs and FPs together given the differences.

MEDICAL-LEGAL PARTNERSHIPS

<u>Understanding Restorative Justice</u> is an effort in partnership between Longmont Community Justice and PenLink's Innovation Team to understand the effectiveness of a 10-year restorative justice effort.

<u>Restorative Practices in Schools</u> describes the training and consultation available by the Longmont Community Justice Partnership for those interested in implementing "restorative practices in schools."

<u>Click here</u> for a 'map' that points to hundreds of the nation's leading health organizations that recognize the importance of leveraging legal expertise and services to address their communities' health-related social needs.





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