



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

ISSUE 022820



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[*GW Names New Law Dean*](#) is a posting on *GW Today* that announces Dayna Bowen Matthew's new position. Dayna is a Farley Center Steering Committee member and a lawyer and legal scholar with three decades of industry and academic experience, as well as a nationally recognized expert in health equity and public health policy. She will be the first woman to lead George Washington Law and will begin this role July 1st. Congratulations, Dayna! You rock!

[*Under Pressure: Confronting the Epidemic of Stress and Anxiety in Young People*](#) is a book by Dr. Lisa Damour who will be the Mental Health Center of Denver's Speaker Forum presenter March 18th, 6-7:30PM, Hamilton Recital Hall, Newman Center for the Performing Arts, 2344 E. Iliff Avenue, Denver. Dr. Damour is a clinical psychologist and *New York Times* bestselling author.

[*A Fat Lot of Good*](#) is the title of the March 1th [Levitt lecture](#) sponsored by the CU Department of Family Medicine, as well as the title of Dr. Peter Brukner's latest book. Dr. Brukner is a world-renowned sports medicine clinician and researcher from Melbourne whose second passion is nutrition. "His book busts the dietary myths we've been living by for decades."

[*2020 Colorado Health Symposium*](#) will take place July 29-31 at Keystone Conference Center. The theme this year: "Bridging Ethnicity, Cultural Identity & Health."

[*Alzheimer's Center Gets a New Name*](#) is a story about how the Rocky Mountain Alzheimer's Disease Center has a new name: University of Colorado Alzheimer's and Cognition Center and why.

Medical Professionals Town Hall: Regarding Immigrant Detention, March 12th, 5:30PM refreshments, 6PM program begins, Anschutz Medical Campus, Education 2 North, Room #1103. jgarcia@afsc.org



COMMUNITY HEALTH AND PREVENTION

[*Early Milestones Colorado Resources*](#) contains a host of tools and resources that harness the research-policy-practice loop to create equitable and sustainable solutions to challenges facing children, families, and service providers.

[*‘It’s Not Your Fault’ CU Anschutz Students Talk with Teens about Mental Health*](#) is a story on *CU Anschutz Medical Campus* by Debra Melani about a an outreach program that targets suicide in Denver metro high schools and is taught by CU Anschutz students.

[*Experts by Experience: Patient stories that teach*](#) is an eBook compilation of stories from the 2019 series by Inspire, a leading social network for health that connects patients and caregivers in a safe permission-based manner.

[*Coronavirus vs flu in Colorado*](#) is a *9News* story in which Dr. Michelle Barron, UCHHealth Director of Infection Prevention, discusses the impact of coronavirus vs the flu in Colorado this winter. And [here](#) is another piece in which Dr. Barron answers questions about coronavirus.

[*Coronavirus: Expert Notes ‘Reasonable Probability There Are More U.S. Cases than We Are Actually Catching’*](#) is a post on the CU Anschutz Medical Campus site by Dr. Glen Mays, professor and chair of the Department of Health Systems, Management and Policy in the Colorado School of Public Health about the United States’ overall readiness for coronavirus outbreaks.

[*How this Barber Uses His Shop to Improve Black Men’s Mental Health*](#) is a story in *Forbes* by Janice Gassam who interviewed Eric “Kleankut” Dixon, a black barber in Maryland and his passion for helping people.

[*Survival of the Friendliest: How Our Close Friendships Help Us Thrive*](#) is an NPR story by Elena Renken about how a growing body of science shows that friendship is vital to our health, so “make friends a priority.”

[*Offline: Facts are not enough*](#) is a commentary in *Lancet* by Richard Horton about the need to look at health and the meaning of health from a different perspective if we are to protect the gains that have been made over time. “The courage to make that radical positional shift is our greatest challenge of all.”



POLICY EFFORTS

[*Short-term Health Plans Come Up Short*](#) is a graphic that demonstrates how short-term health plans come up short when compared to popular affordable care act plans.

[*The ACA at 10: Health Care Revolution*](#) is a post on the *Health Affairs Blog* by Ezekiel J. Emmanuel and Abbe R. Gluck that discusses the content of the blog series about the impact of the ACA, and thoughts of the authors included in the book, *The Trillion Dollar Revolution*.

[*They Fell in Love Helping Drug Users. But Fear Kept Him from Helping Himself*](#) is an NPR story by Will Stone about how prohibiting people with addiction (disability) from taking medication that can keep them alive and well violates the Americans with Disabilities Act, and the many obstacles to medical care that these people face.

[*Stress Is a Key to Understanding Many Social Determinants of Health*](#) is a post on the *Health Affairs Blog* by Aric A. Prather that concludes with the idea that policies to reduce stress exposures, particularly in populations that experience a disproportionate number of exposures, could lead to better health in those populations.

[*What 'Medicare for All' Means After a Six-Year Strike for Health Benefits*](#) is a *New York Times* story by Jennifer Medina about one woman's passion to collectively fight for others.



[*How to Improve Care for High-Need, High-Cost Medicaid Patients*](#) is a story in *Harvard Business Review* by Farhad Modarai and colleagues about findings and lessons from a complex, care-management program serving high-need, high-cost Medicaid patients in Memphis. The program lowered total spending by keeping patients out of the hospital.

[*Half of Us Face Obesity, Dire Projections Show*](#) is a story in *The New York Times* by Jane E. Brody who writes that scientists predict that by 2030 nearly one in two adults will be obese, and nearly one in four will be severely obese... dire predictions given the role obesity plays in fostering many chronic, disabling and often fatal diseases.

[*Bending the Cost Growth Curve and Expanding Coverage: Lessons from Germany's All-payer System – A tribute to Uwe Reinhardt*](#) is a story by Tsung-Mei Cheng for *Milbank Memorial Fund* who spotlights Uwe Reinhardt's book that focuses on Germany's all-payer system and lessons for the United States.

[*Trends in Alcohol-Induced Deaths in the United States, 2000-2016*](#) is an article by Dr. Susan Spillane and colleagues in *JAMA Network* who found that the recent acceleration of alcohol-induced deaths observed in their study indicates a broad public health challenge worthy of urgent attention.

[*The three biggest mental health centers in America are jails*](#) is a story by Ronnie Das for WTAJ about how local jails and prisons are the de facto mental health institutions...the three largest being: LA County, Cook County

(IL) and Rikers Island jail in NYC.

[*Mental-Health Researchers Ask: What Is 'Recovery'?*](#) is a story in *The New York Times* by Benedict Carey about how hard it is to predict, or even describe, the improvement that often follows.



MEDICAL-LEGAL PARTNERSHIPS

[*The legal determinants of health: Harnessing the power of law for global health and sustainable development*](#) is an article in *The Lancet* by Lawrence O.

Gostin and colleagues who suggest that to realize the full potential of law to advance global health with justice, the global health community should build legal capacity and establish a sustained dialogue with legislators, regulators, judges, civil society, and researchers.

[*Gender equality and gender norms: Framing the opportunities for health*](#) is an article in *The Lancet* by Dr. Geeta Rao Gupta and colleagues who propose an agenda for action to reduce gender inequality and shift gender norms for improved health outcomes.



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