



Eugene S. Farley, Jr. Health Policy Center
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

ISSUE 010320



NEWS, ANNOUNCEMENTS, CELEBRATIONS

[*All In: The True Story of a Physician Living on the Edge*](#) is a powerful and entertaining memoir written by one of our very own faculty members in family medicine, Dr. John Hill. In this book he chronicles his climb of Mount Manaslu capturing unexpected disasters, life and death, spiritual encounters and miracles with an innate sense of humor.

[*Using information technology in ways that free us to be healers*](#) is a book by another of our own, Dr. Marc Ringel. January 7th at noon in Ed 2 S, #1102 on the Anschutz Medical Campus, Marc will discuss, among other things, the smart use of technology; as well as sign books (which can be purchased at the campus bookstore across the hall from the presentation).

[*Health Datapalooza: BIG Opportunities, & Policy Hurdles for Improving Health Care*](#) is a 2-day event February 10-11, 2020, in Washington, D.C.

[*Motivational Interviewing for Health Behavior Change*](#) is a 2-day workshop being held March 20-21, 2020, on the Anschutz Medical Campus sponsored by the College of Nursing. Space is limited, so consider registering early.

[*My journey to thank all the people responsible for my morning coffee*](#) is a 15-minute Ted.com talk by author AJ Jacobs who embarked on a quest to personally thank every person who helped make his morning cup of coffee possible, and he shares his discoveries here.

[*Suicide Risk Identification and Management in the Veterans Health Administration*](#) is a noon presentation January 28, 2020 on the Anschutz Medical Campus (Bldg. 500, Rm. W3133) sponsored by the Program for Injury Prevention, Education & Research. Dr. Nazanin Bahraini, a clinical research psychologist at the Rocky Mtn. Mental Illness Research, Education and Clinical

Center for Veteran Suicide Prevention, will discuss the largest population-based suicide risk screening and evaluation strategy implemented in any U.S. healthcare system; and will describe the 3-stage screening and evaluation process and highlight strategies employed to facilitate implementation of the national program.

Reminder, Dr. Sandro Galea, will be our Levitt speaker here on the Anschutz Medical Campus January 22nd from noon to 1:30PM (Ed 2 S, #1102) to present: “Guns, Opioids and Obesity: A Population Health Science Lens on Three Contemporary Epidemics. A complimentary lunch will be provided if you [RSVP by 1/20 here](#). Don’t miss this great opportunity.

A banner with a blue background. At the top, there are silhouettes of a diverse group of people in various colors (green, purple, blue, pink). Below the silhouettes, the text "COMMUNITY HEALTH AND PREVENTION" is written in white, uppercase letters.

COMMUNITY HEALTH AND PREVENTION

[*Providers Are Bringing New Hope to Colorado’s Behavioral Health Crisis*](#) is a story in *5280 Magazine* by Hilary Masell Oswald who writes about how UHealth and others are spending millions to make sure patients get the access to care they need. This story includes work being done by Dr. Shandra Brown Levey and her team at the CU Department of Family Medicine’s Stapleton clinic, AF Williams Family Medicine Center.

[*Alaska: A Climate Frontier*](#) is a blog post on *Health and Climate Solutions* by Dr. Mark Mitchell, a preventive medicine physician specializing in environmental health, who writes about how climate change is hitting Alaska Native communities and some of the innovative, adaptive approaches they are taking.

[*Why Is America So Depressed?*](#) is an opinion piece by Lee Siegel in *The New York Times* who sees the uptick in “mental carnage” in this country connected to our political crisis and social consequences that exist in parallel.

[*A Denver High School Tests a New Approach to Teaching Kids After Trauma*](#) is a posting on *The Colorado Trust’s* site by Alan Gottlieb about a program at the Academy of Urban Learning (AUL) with a main focus of “trauma-informed instruction,” which uses brain science to help educators work in productive ways with students whose ability to focus on school is hampered by the emotional physiological impact of childhood traumas.

A banner with a blue background. At the top, there is a stylized illustration of a government building dome (like the Colorado State Capitol) under a sky with clouds. Below the illustration, the text "POLICY EFFORTS" is written in white, uppercase letters.

POLICY EFFORTS

[*El Paso County sheriff to double size of mental health units*](#) is a story by The Associated Press about how a sheriff in Colorado Springs plans to add a second deputy and a clinician from the UHealth system by mid-February to form a team to work alongside an existing two-person team that will be joined

by a case manager to prioritize follow-up calls to help connect residents with mental health services and minimize future 911 calls.

[*Our struggling youth deserve access to mental health treatment*](#) is an opinion piece in *The Seattle Times* by Emily Kemper, a pediatrician, about the challenges for kids in need of help in Washington state, a place that lags far behind most other places in the country. Dr. Kemper makes a plea to lawmakers to treat this situation like the crisis it is...improving access by increasing reimbursement rates for Medicaid to equal Medicare rates for mental health treatment.

[*Utah and Idaho Set to Expand Medicaid Programs*](#) is an NPR interview by Nate Hegyi with folks, including Ben Miller, about how Utah and Idaho will join 35 other states who have done this under the ACA to give more low-income people health coverage.

[*Integrating mental health care into primary care will require big changes*](#) is an opinion piece on *The Hill* by Hewett Chiu about the need to move past the idea that integrating mental health into primary care is a good idea (with robust evidence), and to begin having the meaningful conversation about the policy changes required to make it a standard of care.

[*What the U.S. health care system assumes about you*](#) is a *Ted Med talk* by Dr. Mitchell H. Katz, public health advocate and director of NYC Health + Hospitals (largest public healthcare system in the country), who has spent his career shaping and implementing policies to improve health outcomes for some of the most vulnerable patients in urban settings. In this talk he points out the many assumptions healthcare in the United States makes about those seeking care...a primary reason it's been so difficult to close the disparity gap in healthcare.

[*Gov. Wolf to announce statewide mental health initiative*](#) is an announcement by WHTM staff for *ABC 27* that "Reach Out PA: Your Mental Health Matters," an all-agency effort in Pennsylvania to remove the stigma associated with mental health care, is a new state initiative.

[*US Oks Medicaid funds for large mental health facilities*](#) is a story by the AP in *The Sacramento Bee* about a waiver that allows Indiana, for the first time, to offer the full continuum of treatment of Hoosiers with co-occurring mental health and substance use disorders.



[*Study: Costs from out-of-network billing at in-network hospitals top \\$40B*](#) is a

posting on *Fierce Health Care* by Tina Reed who reports on a new study that puts a price on how much it's costing when patients are unwittingly treated by out-of-network providers in in-network hospitals.

[*Opioid Deaths Rise When Auto Plants Close, Study Shows*](#) is a story in *The New York Times* by Niraj Chokshi about a study that found 85% more deaths among those of prime working age in places where car factories closed compared with where they stayed open.



MEDICAL-LEGAL PARTNERSHIPS

[*Sometimes, good legal help is the best medicine*](#) is a 10 year-old story by Anna Gorman (who now works with the LA County DHS lawyer/doctor in the story) that still rings true. Dr. Mangia was quoted as saying, "The socioeconomic condition in which our families live are slapping doctors in the face."

[*Health Centers and Medical-Legal Partnerships*](#) is a webinar recording from last fall that was sponsored by the National Center for Medical Legal Partnerships and the National Legal Aid & Defender Association about shared experiences with setting up and running medical-legal partnerships in health centers.

[*"Make the VA Great Again": Medical-Legal Partnerships for Veterans*](#) is a posting on the *Swords to Plowshares* website by Rose Goldberg a few years ago who encourages us to build on the VA's strengths that involves broadening its existing integrated service model to include legal assistance for veterans.



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