

Schedule at a Glance : November 3, 2025

**Available on Zoom +Available with Spanish translation*

11:30am	Check in & Boxed Lunch in the Main Conference Room			
12:00pm	Welcome & Introduction Dr. Samantha Holden*+			
12:15pm	Guiding an Improved Dementia Experience: Journeying Together Dr. Hillary Lum*+			
1:00pm	Break and Transition to Sessions; Option to visit community resource tables, photo booth, and engagement stations			
1:15pm	Main Room	Room 2007	Room 2004	Room 2002
1:15pm	Mindful Movement with QiGong+ - Lisa Lowe	Experiencing and coping with a diagnosis - Mary O'Hara	Improv for Communication Skills for Dementia Caregivers - Josh Nicols	In Spanish - Understanding Dementia: A Guide for Patients and Caregivers*+ -Victor Salinas, MD, PhD
2:00pm	Break and Transition to Sessions; Option to visit community resource tables, photo booth, and engagement stations			
2:15pm	Mindful Movement with QiGong+ - Lisa Lowe	Being a Team: Building skills together for the dementia journey - Mary O'Hara	Improv for Communication Skills for Dementia Caregivers - Josh Nicols	In Spanish: Caregiver support, resources, and advance care planning*+ - Ilian Mino and Joanna Fitzgibbons
3:00pm	Wrap Up			
3-3:30pm	Option to visit community resource tables, photo booth, and engagement stations			