

Training Opportunities for Older Adults



Multidisciplinary Center on Aging
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Health Navigators & Older Adult Research Specialists

Join Us For An Upcoming Virtual Information Session To Learn More:

**April 6, May 4, June 1, July 6,
August 3, September 7, October 5, November 2, or December 7**

All Sessions Meet Virtually 9:00am-10:30am

To Register:

Email: jodi.waterhouse@cuanschutz.edu or call 303-724-0832

Role

The University of Colorado Anschutz Medical Campus, located in Aurora, Colorado, is preparing diverse older adults to fulfill a role like none other in the nation: **Older Adult Research Specialists** who will help increase the participation of older adult peers in research.

Older Adult Research Specialists can serve a variety of roles. Older Adult Research Specialists can have flexibility to explore and pursue their strengths and interests. The role will call for:

- **Innovators and change agents**
- **Educators**
- **Community engagement specialists**
- **Communication specialists**

Preparation

You do not have to have a background in science or research. We invite older adults with no such background. We are seeking to engage diverse older adults who can help researchers more effectively connect and communicate with people like yourself – your peers.

Successfully complete the following training programs offered by the CU Anschutz Multidisciplinary Center on Aging (no registration fees, stipends available):

- 7-week (virtual) Health Navigator Training (~60 hours total)
- 7-week (virtual) Older Adult Research Specialist training program (~40 hours total). *All participants will complete a team-based solution-focused project that will contribute to the resources available to recruit and retain diverse older adults in research.*

Those who complete the Health Navigator training can pursue volunteer and paid health navigator positions. To become a certified health navigator, you must complete a competency-based assessment. Those who pass this assessment qualify to be listed on a state registry of certified health navigators maintained by the Colorado Department of Public Health and Environment.

Those who complete both training programs in sequence can apply for paid positions at the University of Colorado Anschutz Medical Campus to serve as Older Adult Research Specialists (options can include part-time and full-time positions).

Benefits To You

- **Engage with peers** through the Health Navigator and Older Adult Research Specialist training programs. The latter includes team-based, solution-focused projects – an opportunity to apply knowledge, skills and ideas.
- **Pursue an encore career opportunity** in a dynamic learning environment that will allow you to be a leader creating new ways to engage peers in research.
- **Interact with both young researchers**, as well as top researchers in the country; learn about leading innovations in older adult health.
- **Contribute to Age-Friendly University practices.** CU Anschutz is one of only two campuses in the State of Colorado to achieve the designation as an Age-Friendly University.



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To learn more, please visit our website: [Multidisciplinary Center on Aging](https://www.cuanschutz.edu/multidisciplinary-center-on-aging)

Inquiries can be directed to : Jodi Waterhouse (jodi.waterhouse@cuanschutz.edu)