

Training Opportunities for Older Adults



Multidisciplinary Center on Aging
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Health Navigators & Older Adult Research Specialists

Join Us For An Upcoming Virtual Information Session To Learn More:

**June 1, July 6, August 3,
September 7, October 5, November 2, or December 7**

All Sessions Meet Virtually 9:00am-10:30am

To Register:

Email: jodi.waterhouse@cuanschutz.edu or call 303-724-0832

Role

The University of Colorado Anschutz Medical Campus, located in Aurora, Colorado, is preparing older adults from diverse backgrounds for new roles as ***Older Adult Research Specialists*** who apply knowledge and skills as health navigators to facilitate the participation of underrepresented groups in clinical trials.

Older Adult Research Specialists will draw upon both their lived experience and training as they work to build trust in the research process among those who are currently underrepresented in research, communicate complex concepts in ways that are understandable to individuals from diverse backgrounds, and facilitate discussions that help older adults decide whether participating in a specific clinical trial is right for them (as a part of the informed consent process).

The role will call for:

- **Innovators and change agents**
- **Educators**
- **Community engagement specialists**
- **Communication specialists**

Preparation

You do not have to have a background in science or research. We invite older adults from diverse backgrounds. We are seeking to engage diverse older adults who can help researchers more effectively connect and communicate with people like yourself – your peers.

Successfully complete the following training programs offered by the CU Anschutz Multidisciplinary Center on Aging (no registration fees, stipends available):

- 7-week (virtual) Health Navigator Training (~60 hours total)
- 7-week (virtual) Older Adult Research Specialist training program (~40 hours total)

Those who complete the Health Navigator training can pursue volunteer and paid health navigator positions. To become a credentialed health navigator, you must complete a competency-based assessment. Those who pass this assessment qualify to be listed on a state registry of credentialed health navigators maintained by the Colorado Department of Public Health and Environment.

Those who complete both training programs in sequence can apply for paid positions at the University of Colorado Anschutz Medical Campus to serve as Older Adult Research Specialists (options can include part-time and full-time positions).

Benefits To You

- **Participate in on-going computer training** to enhance your computer literacy skills
- **Engage with peers** through the Health Navigator and Older Adult Research Specialist training programs. The latter includes team-based, solution-focused projects – an opportunity to apply knowledge, skills and ideas.
- **Pursue an encore career opportunity** in a dynamic learning environment that will allow you to be a leader creating new ways to engage peers in research.
- **Learn about leading innovations** in older adult health.
- **Contribute to Age-Friendly University practices.** CU Anschutz is one of only two campuses in the State of Colorado to achieve the designation as an Age-Friendly University.



Multidisciplinary Center on Aging
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

To learn more, please visit our website: [Multidisciplinary Center on Aging](https://www.cuanschutz.edu/multidisciplinary-center-on-aging)

Inquiries can be directed to : **Jodi Waterhouse** (jodi.waterhouse@cuanschutz.edu)