

# Training Opportunities for Older Adults



Multidisciplinary Center on Aging  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

## Health Navigators & Older Adult Research Specialists

**Join Us For A Virtual Information Session:**

**9/6, 10/4, 11/ 1**

**All Sessions Meet Virtually 9:00am-10:30am**

**To Register:**

**[olderadultresearch@cuanschutz.edu](mailto:olderadultresearch@cuanschutz.edu)**

## **Role**

The University of Colorado Anschutz Medical Campus, located in Aurora, Colorado, prepares older adults from diverse backgrounds for new roles as **Older Adult Research Specialists** to facilitate the participation of underrepresented groups in clinical trials.

**Older Adult Research Specialists** draw upon both their lived experience and training. They work to build trust in the research process among those who are currently underrepresented in research, communicate complex concepts in ways that are understandable to individuals from diverse backgrounds, and facilitate discussions that help older adults decide whether participating in a specific clinical trial is right for them (as a part of the informed consent process).

## **Preparation**

**You do not have to have a background in science or research.** We invite and are seeking older adults from diverse backgrounds to engage older adults who can help researchers more effectively connect and communicate with people like yourself – your peers.

**Successfully complete the following training programs offered by the CU Anschutz Multidisciplinary Center on Aging (no registration fees, stipends available):**

- 7-week (virtual) Health Navigator Training (~80 hours total)
- 7-week (virtual) Older Adult Research Specialist training program (~80 hours total)

***Those who complete both training programs in sequence can apply for paid positions at the University of Colorado Anschutz Medical Campus to serve as Older Adult Research Specialists (options can include part-time and full-time positions).***

## **Benefits To You**

- **Participate in on-going computer training** to enhance your computer literacy skills
- **Engage with peers** through the Health Navigator and Older Adult Research Specialist training programs. .
- **Pursue an encore career opportunity** in a dynamic learning environment that will allow you to be a leader creating new ways to engage peers in research.
- **Learn about leading innovations** in older adult health.
- **Contribute to Age-Friendly University practices.** CU Anschutz is one of only three campuses in Colorado to achieve the designation as an Age-Friendly University.



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To learn more, please visit our website: [Multidisciplinary Center on Aging](#)

Inquiries can be directed to : [olderadultresearch@cuanschutz.edu](mailto:olderadultresearch@cuanschutz.edu)